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STANDING ON GUARD - The happy and hard-working ladies of the Shelburne Kinettes served customers with a smile throughout the Canada Day activities at Fiddle Park on July 1. Thanks go out to, left to right, Carol Egan, Nikki Williams, Micayla Vanderbent, Kelly Vanderbent, Kristin Murdock, Christine Walker, Sandra Cormier and Cheri Sample for a delicious job well done! All proceeds of the Kinettes go to charitable causes across the area.
PHOTO BY MARNI WALSH

Rain keeps early crowds away on Canada Day

BY MARNI WALSH

Rainy skies kept the crowds away from the 4 p.m. opening ceremonies of Canada Day at Fiddle Park in Shelburne.

The wide open space of the park is really ideal for the fun events that the Canada Day Committee worked so hard to put together. However, the lack of shelter from wind and rain proved unattractive to families in the early hours of the July 1 festivities.

VIPs at the opening, included Mayor Ken Bennington, who said he wasn't too worried about the rain.

"If you don't like the weather, wait ten min-

utes," he said.

Also on stage were Town of Shelburne CAO John Telfer, Reverend Gord Horsley, Canada Day Committee Chair Councillor Dan Sample and Dufferin-Caledon's Member of Provincial Parliament Sylvia Jones.

John Telfer sent out appreciation to "MPP Sylvia Jones for attending and to our Federal Government for the Canada Day funding and the representative from David Tilson's office who attended."

Melissa Maodus represented Mr. Tilson who was recovering from knee surgery.

The Town would also like to "acknowledge Jamie Lee Higginson and her family who

pitched in last minute to assist the committee with a stage problem," he added.

"Thank you for your community spirit and willingness to help."

The soggy start to the event that dampened more than spirits may be more evidence that the much anticipated pole barn planned for Fiddle Park, spearheaded by Greg and Heather Holmes, can't come soon enough. According to the CAO, contractors are currently submitting bids for its construction.

Constable Jeff McLean was also on hand at the opening ceremonies, to present two free bicycles to the winners of the Shelburne

Continued on Page 7

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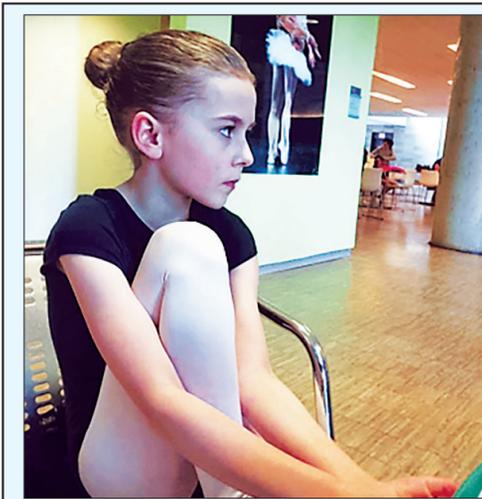
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Local Dancer chosen for National Ballet Associates Program

BY MICHELLE JANZEN

Acacia de Krijger has been accepted into the country's foremost training institutions for aspiring young dancers, Canada's National Ballet School.

She will spend two days a week at the school in Toronto honing her talent.
Continued on Page 9

Enbridge Gas assists Fire Department

BY MICHELLE JANZEN

On Tuesday July 5, Enbridge Gas Distribution, who is partnering with the Fire Marshall's Public Fire Safety Council were on hand to present the Shelburne and District Fire Department with a \$5,000 credit to be used towards purchasing firefighter training materials from the Safety Council.

Project Assist is a program that supplements existing training for Ontario volunteer and composite fire departments in communities where Enbridge operates.

This year, Enbridge has donated \$100,000
Continued on Page 3

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FEATURED ITEMS

Silver Willow Creek Classic Country Crusin' is show like no other

BY MICHELLE JANZEN

Once again, Silver Willow Creek Classic is holding its one of a kind Country Crusin' July 9 and 10 at Silver Willow Farm Rescue Center in Mansfield.

Silver Willow Farm Rescue Center is a unique farm animal rescue center located on a sprawling 100-acre farm in the hills of Mulmur near the village of Mansfield. This event helps raise funds for the animal rescue center. Each year, this rescue facility is responsible for saving and rehabilitating hundreds of abused or abandoned farm animals in a full service facility that is involved with every aspect from the actual rescuing of the animals to rehab, recovery and eventual adoption for some.

There are two large barns on the property which house everything from birds to horses, and even some potbellied pigs. Many of these animals will be on site in their barns during this event so you can see where your money is going.

"The fundraising event to help the farm animals has been developed over the years to encompass all age generations" says Farm Manager Laura McArthur.

Now, if you have not yet been to this unique automotive event, you have quite the treat in store. From the moment you drive through the gates you will find groomed green grass, hills overlooking a sparkling pond, wooden pad-

docks and barns, and country music playing in the background, making the perfect backdrop to this "show like no other."

Classic cars, hot trucks, tractors and bikes all seemed like a natural fit at her show. Laura herself drives and shows trucks, so of course the trucks always get big billing at the show. With over 100 Trophy classes offered each year at the Silver Willow Classic Country Crusin', at least 50 of them are for truck classes.

"Personally I prefer a little more excitement," says McArthur.

And that's why she added the Diesel Doctors Dyno machine, which measures the horsepower and torque of your vehicle, ATV races and pulls on Saturday and Sunday. There is the Open Mud Race competition, with classes being determined by tire size, which will run one on Saturday and one on Sunday. And who could forget the ever popular Dirty Girls Dash for Cash with the race for the "naked chicken." The race will be split into two age divisions, one being called "SWEET YOUNG THINGS" and the other being called "OLD ENOUGH TO KNOW BETTER."

The Silver Willow Classic is all about having a great time while still enjoying some serious show competition.

Judging for the Show 'n Shine classes starts at 12 noon on Saturday, July 9. With a full field of trophy classes. Along with the typical Show 'n Shine Classes this show offers something



SUPPLIED PHOTO

for everyone including Best Work Truck Classes, Best Truck owned by a "beard", Best ATV Modified, most original classic car, and the list goes on.

A full list can be seen at www.SilverWillowClassic.com. Awards for the Show 'n Shine will be given out Saturday in the early evening before the Open Mic night, which is new to campers only this year.

"We will be having performances by Dozer, the Trick Pig, who performs with his friends: two chihuahuas, a giant poodle and a collie. Also, we will be having Bam Bam of Backroad

Bounties as a Celebrity Judge," says McArthur.

"Camping is offered again this year, as it's just too much fun to go home. However, if you're only coming for the day, don't forget to pack lots of sunscreen, lawn chairs and remember there are no ATMs or a store on the grounds. However, there will be food vendors as well as some artisans selling their wares" says McArthur.

The Animal Rescue website can be viewed at www.SilverWillowFarmRescue.com

Please see the website for more info and make sure your camp sites are booked early.



On Tuesday, representatives Enbridge Gas and the Shelburne and District Fire Department, as well as representatives from the Shelburne and District Fire Board, Town of Shelburne, Town of Mono, Township of Melancthon, Township of Amaranth, including Fire Chief Brad Lemaich and deputy Fire Chief Ed Walsh were on hand to accept a grant from the energy company.

PHOTO BY DEBBIE FREEMAN

Enbridge grant will assist fire fighter training

Continued from FRONT

which will be shared by twenty Ontario Fire Departments. "Safety is a priority at Enbridge and we are proud to support Ontario firefighters who share in our commitment to help keep our communities safe," said Mark Wilson of Enbridge Gas.

Since the launch of the Project Assist in 2012, 84 Ontario Fire Departments have additional firefighter training.

"We plan to use the funds to update and refresh our firefighter training library here at the station," Chief Brad Lemaich tells the Free Press. "We will purchase various formats of training materials to ensure our firefighters are training to the most current standards and practices."

"We are very pleased to be selected to receive this funding and truly appreciate Enbridge Gas's commitment to safety in the communities they service."

"The Fire Marshal's Public Fire Safety Council is proud to partner with Enbridge Gas Distribution for Project Assist," says Arthur Pullan, Executive Director of the fire Marshal's Public Fire Safety Council. Firefighting is a dangerous and unpredictable profession and firefighters need to be prepared for any hazardous situation. Project Assist helps fire departments

access a variety of training materials to supplement their regular training programs and ultimately contributes to the firefighter safety on the job."

Notes Lemaich: "We certainly appreciate the support from Enbridge. It helps us to boost our training resources, yet eases budget concerns, allowing us to ensure our resident get the best service possible from our department."

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Please check www.ontariocourts.ca/ocj/jpaac/advertisements for an updated listing of advertised vacancies.

At the request of the Attorney General and in accordance with the *Justices of the Peace Act*, the Justices of the Peace Appointments Advisory Committee invites applications for vacant Justice of the Peace positions in the Province of Ontario.

A Justice of the Peace is an independent judicial officer who presides in court over various proceedings under federal and provincial statutes. Applicants must meet minimum qualifications as set out in the *Justices of the Peace Act*.

The Justices of the Peace Appointments Advisory Committee reviews and evaluates applications and classifies candidates as "Not Qualified", "Qualified" or "Highly Qualified". Classifications are reported to the Attorney General, who recommends candidates for Order-in-Council appointments to the Ontario Court of Justice.

In addition to reflecting the diversity of Ontario's population, applicants should also display the fundamental skills and abilities, personal characteristics and community awareness attributes set out in the Committee's General Selection Criteria.

Bilingual positions require a high degree of proficiency in English as well as a superior level of oral and written proficiency in French. As First Nations people comprise a large percentage of the population in the areas being serviced by the courts in *Sarnia and *Timmins, we especially encourage people of Indigenous heritage and people with an in-depth understanding of Indigenous communities and the issues affecting those communities to apply for these vacancies.

For detailed information about the vacancies noted above, minimum qualifications and the General Selection Criteria, the required application form, and the Committee's process, please visit the website of the Justices of the Peace Appointments Advisory Committee at www.ontariocourts.ca/ocj/jpaac.

Applications for current vacancies must be submitted on the current prescribed application form and received by **4:30 p.m. on Wednesday, August 17, 2016**. Applications received after this date **WILL NOT** be considered.

PLEASE NOTE: Future vacancies and deadlines for applications will be posted on the Committee's website as they occur. Interested individuals can receive e-mail notification of vacancies by registering at www.ontariocourts.ca/ocj/jpaac/advertisements/registration/.

Pour voir cette annonce en français, consulter le site Web du Comité à www.ontariocourts.ca/ocj/fr/jpaac/annonces.

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Government Backs Down on Removing Children from Accessing IBI Therapy

BY SYLVIA JONES, MPP
DUFFERIN-CALEDON

When the provincial government announced their new Autism Program on March 29, it included removing children over the age of five from receiving Intensive Behavioural Intervention (IBI) therapy.

As a result of this decision, approximately 3,500 children who were on a waitlist, or were receiving therapy, became ineligible for IBI therapy.

My Progressive Conservative colleagues, led by Patrick Brown and I, immediately began to hear from families across Ontario. Many parents spoke of the benefits their child experienced from receiving IBI therapy even after the age of five.

Over the course of the spring session at the Ontario Legislature, both opposition parties called on the government to reverse their decision. In addition, individuals, organizations and municipalities across the provinces voiced their opposition to the government's announcement.

Last week, after three months of pressure, and a new Minister, the provincial government announced changes to their new Autism Program, including backing down on their controversial decision to remove children over the age of five from accessing IBI therapy. No longer will a child be removed from receiving this life-changing therapy simply because of how old they are.

Other changes announced by the Minister include shortening the timeline for imple-

menting the new program by a year from 2018 to 2017, as well as ensuring children over the age of five that were on the waitlist for IBI therapy, will receive the necessary supports until the new program is in place.

As the Progressive Conservative critic for Children and Youth Services, I am pleased the new Minister of Children and Youth Services listened to our concerns. We owe it to our province's future generations to ensure they are provided every opportunity to reach their fullest potential.

That includes having access to supports that promise to make a difference in a child's life.

I want to thank the thousands of parents for their tireless work in pressuring the government to reverse their decision. I also want to thank the experts and organizations for voicing their opposition, as well as the over 40 municipalities, including six in Dufferin-Caledon that passed resolutions to support families in their community and calling on the government to allow children of all ages to access IBI therapy.

It is because of these efforts that we were able to pressure the government into making these changes to ensure children, regardless of their age, will continue to receive this life-changing therapy.

I look forward to continuing to advocate on behalf of families as the government moves forward with the implementation of their new Autism Program; ensuring every child in Ontario reaches their fullest potential.

Ottawa Journal: The Liberals' Uncontrollable Debt

BY DAVID TILSON, MP
DUFFERIN-CALEDON

Last week, the Parliamentary Budget Officer issued the Fiscal Sustainability Report 2016. This report provides an assessment of the long-term sustainability of federal and provincial government debt (whether the debt will remain stable under current taxation and spending trends).

The 2016 report finds that since last year, Canada's overall public debt has become unsustainable, primarily due to higher federal spending. Public debt is growing uncontrollably and the Liberal government will have no choice but to raise taxes.

The PBO also warned that, given increasing public debt, the single biggest challenge facing the Liberal government is funding health care.

The PBO confirmed that reckless Liberal spending is causing public debt to grow uncontrollably. Borrowed money must be paid back, and the only way the Liberals can do that is by raising taxes. In fact, the Liberals have already raised taxes on middle-class families, students and small business owners.

Less than a year into their mandate, the Liberals have seriously weakened Canada's finances, leaving no room to respond to a crisis like the Fort McMurray wildfire or an economic slump due to the Brexit.

While the previous Conservative Government offset rising provincial debt by balancing the federal budget, the Liberals just cannot help themselves when it comes to spending taxpayer money.

Conservatives will continue to hold the Lib-

eral Government accountable for its spending binge. The Liberal government's out-of-control spending shows disregard for the fact that the cost of essential health care services is increasing.

Provinces and territories will eventually need more money to address rising health care costs, and given the current state of the country's finances, the Liberals will be forced to either raise taxes further, or cut health care services.

It must be remembered that the previous Conservative government created jobs during the worst economic downturn since the Great Depression, Canada had the best job creation and economic growth record among G7 countries. We lowered taxes to their lowest point in 50 years, with a typical family of four saving almost \$7,000 per year, and we balanced budgets after running a targeted stimulus program that created and maintained approximately 200,000 jobs. We kept our promise to balance the budget and left the Liberals with a surplus.

On the other hand, the Liberal government is increasing taxes. The Liberals recently introduced a CPP tax-hike on youth, middle-class families and small business owners. Budget 2016 also increased taxes on Canadian families and small businesses by cancelling the Children's Fitness Tax Credit, and the Children's Art Tax Credit, keeping the small businesses tax rate at 10.5% instead of lowering it to the scheduled 9% and ending the hiring credit for small businesses.

The Liberals are also bent on deficit spending. Despite not being in a recession, the Liberals are borrowing billions of dollars and plunging the country into deficit to pay for their out-of-control spending.

Shelburne Legion News

BY LESA PEAT

Thank you to our hard-working volunteers for the Canada Day Breakfast.

Bingo is back in full swing on Monday evenings at 6.45 p.m. We're sorry for any inconvenience last week; we tried our best to get the information out there regarding last week's cancellation.

Our renovations are going well and on schedule.

The next Wing Night will be on July 15 in the Museum Room. This is a much smaller area, so we are asking that the children to remain in their seats with their parents as there is no room

to run around. The entertainment that night is the Pat & Tim Bovaconti Band.

Tim is the lead guitarist for Burton Cummings and Ron Sexsmith.

Every week the Veterans meet on Wednesdays at 10 a.m. for casual conversation and coffee.

They are always looking for new people to join them. If you are a Veteran, or know a Veteran, please come and join them.

This Sunday, July 10, is our monthly breakfast.

We will be introducing the "Hungry Man" breakfast this week for \$10. An adult breakfast is \$7 and children are \$4.

Normac Chapter #311 O.E.S.

BY JUNE TYLER

Normac Chapter, Shelburne, held its last regular stated meeting of The Year of Music, Wine and Roses - Our Precious Moment of Time on June 14, under the direction Gail Elderfield and Dave Smiley.

Sister Morog O'Hara, General Grand Chapter Committee member on Regenerative Medicine and Ambassador of Scotland, Past Grand Matron of Ontario was present, as was Past Grand Patron, Brother Alstair Milligan, and our own Arnold Townsend. Many visitors from District, 9 and 10 were in attendance.

Donations were given to the three local Food Banks - Grand Valley Concern, Shelburne Food Bank and Dundalk & District Christmas Cheer - in recognition of the Worthy Matron's Special Project, in which tickets had been sold on the following prizes.

The winners were as follows: 1st-hand knit afghan, Shirlye Brown; 2nd-bath and body set, Sandra Keates; 3rd-Guy Dieri, roaster, Alyson Short; 4th-two lawn chairs, Shirlye Brown and 5th - Magic Bullet, Lenora Banfield.

We are very appreciative of the people who purchased tickets and made donations to the Worthy Matron's Special Project.

Gifts were presented to Gail and David on behalf of the Officers and the Past Matron's and Patrons by Gwen Acheson and Susan Smiley.

We received word that the Worthy Grand Matron-elect will visit us on our Chapter's 55th birthday, next May 2017.

Our Annual Beef Supper is coming up on August 4, and I certainly hope to see everyone there.

We will be serving, and there will be great music to listen to while waiting.

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Results from last week's poll:

Was the United Kingdom leaving the European Union a good idea?

a) Yes 40%
b) No 60%

THIS WEEK'S QUESTION

Did rain keep you from this year's Canada Day celebrations?

a. Yes
b. No

So go to our website at shelburnefreepress.ca and cast your vote!

The results of this poll are in no way considered to be valid or infallible.

Niagara Wine at Farmer's Market

BY MARNI WALSH

Pillitteri Estates Winery from Niagara-on-the-Lake, famous for its production of ice wines, has become a popular vendor destination at the Shelburne Farmers' Market this summer.

It is a welcome addition for local connoisseurs and cottage traffic heading north for holidays and weekends.

"Although the winery isn't as local as our other vendors - we simply don't have many local wineries," says Shelburne Farmers' Market board member, Rebecca Landman, who notes the group "jumped at the chance" when a winery applied for a vending position at the market's new location on First Street.

"It had been a great success so far," says Ms. Landman, who also runs a popular fresh produce and bakery booth at the market each week. "Pillitteri has many different wines including white, red, rose and ice wines."

The company is the world's largest producer of ice wines and has won more than 800 prestigious awards for their products. Ice wines are popular for their intense flavour and aroma due to the "concentration of sugars and acids" as a result of the grapes being harvested when temperatures reach -8 degrees Celsius or colder.

The history of Pillitteri Estates Winery links back to Sicily where grape growing was "the way of life for the Pillitteri family in Racalmuto."

Gary Pillitteri, who immigrated to Canada at the age of 12, was raised tending vines and reaping the harvest alongside his father and grandfather.

Ethan Lavereau, who sells the wine for Pillitteri during market hours, is from Orangeville. Rebecca says he is "very enthusiastic about supporting local farmers" and having the winery join the other vendors "brings a completely different element to the market because customers are able to sample and purchase wine as well as their vegetables, baked goods, meat and eggs."

The Shelburne Farmers' Market runs every Thursday from 3 - 7 p.m. until September 22. Information about the Market and special events can be found on the Shelburne B.I.A. website: shelburnebia.ca.

Alongside Pillitteri Wines, come see the produce of Besley Country Market, Black Willow Farm, Connie's Kitchen & Fresh Produce, Es-



Ethan Lavereau from Orangeville presents Pillitteri wines to customers at the Shelburne Farmers' Market on First Street. The company, world famous for its ice wines, will be at the market on Thursdays from 3 - 7 p.m. throughout the season. PHOTO BY MARNI WALSH

carpment Foods, Landman Gardens and Bakery, Leitch's Honey, Levendale Farms, Maple Grove Farm, Organic Gardens Farm, Triple H Farm and Woodfield Farm, Dainty Bites, Main St Cafe, Santa Maria, Shine Baking Co., Speers Quality Meats & More, and Walters Pierogies, as well as artisan and craft vendors: 2nd Lines Rustic Rehab, Crafty Nanny, Mother Nature's Candles & Melts, Petals Flower Farm, and Shamettes Jewellery.

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Be Bearwise this summer: OPP

On June 29 at 12 noon, police received a report of a black Bear spotted on 19th Line in East Garafraxa Township.

The Ministry of Natural Resources and Forestry is working collaboratively with the Ontario Provincial Police (OPP) and police services to protect public safety and educate communities across Ontario about black bear behaviour.

Black bears that come into a populated area aren't always a threat to public safety.

Call 9-1-1 if a black bear poses an immediate threat to personal safety by exhibiting threatening or aggressive behaviour, such as

- Entering a school yard when school is in session
- Stalking people and is lingering at the site
- Entering or trying to enter a residence
- Wandering into a public gathering
- Killing livestock/pets and is lingering at the site

Police are the first responder for any emergency situation. At the request of police, during daylight hours, the Ministry of Natural Resources and Forestry will respond to emergency situations to assist.

In non-emergency encounters, call the toll-free Bear Wise reporting line at 1-866-514-2327 (TTY 705-945-7641) if a black bear is:

- Roaming around, checking garbage cans
- Breaking into a shed where garbage or food is stored
- In a tree
- Pulling down a bird feeder or knocking over a barbecue
- Moving through a backyard or field but is not lingering.

This line operates 24 hours a day, seven days a week from April 1 until November 30. Trained staff can provide advice about black bear behaviour, how to avoid human-bear conflicts, and how to remove attractants from property.

Even if they're not causing a threat to public safety, black bears should be discouraged from staying in populated areas. People can take steps on their property and in their neighbourhood to avoid attracting black bears into populated areas. Visit ontario.ca/bearwise for tips and to learn about bears.

~ 1st Annual ~

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ACROSS

1. Maui greeting

6. "Ben-Hur," e.g.

10. Completely developed

14. Quiet

16. Sylvan clearing

17. Press (clothing)

18. Chitchat

19. A Zimbalist

20. Grain storage building

21. Emergency signal

23. Spray-paint container

25. Level

28. Avoid

31. Profit

32. Hit

33. Sector

34. Rag

38. Fair

40. Basketry material

41. Make eggs, in a way

42. Move down a runway

43. Sobriquet

46. The Dynamic ____ (Batman and Robin)

47. Cuckoo

49. "Titanic" obstacle

51. Playing card

54. Outlaw

58. Matterhorn's range

62. Stable

64. Distribute

65. Ring

66. Church songbook

68. Duration

69. Lee's side: abbr.

70. Rush

71. Scowl

73. Salt Lake ____

74. Arms storehouse

78. Close by

80. Sly gaze

81. Dull

84. Moderator

88. Creche figures

89. ____ which way

90. Household

91. Poor-box opening

92. Pacific goose

93. Station

DOWN

1. Petition

2. Hawaiian keepsake

3. Celestial body

4. Holdup

5. Person opposed

6. Gnome

7. Bogey beater

8. Inkling

9. Concrete ingredient

10. Italian rice dish

11. Pupil surrounder

12. Game on horseback

13. Organic compound

15. Hebrew prophet

16. Not trademarked

22. Avoidance

24. Farm machine

25. Worry

26. Volcanic overflow

27. Highest point

29. Smell strongly

30. Mountain pool

35. Bit

36. Former French coin

37. It comes after pi

39. Zilch

40. "____ upon a Time in America"

44. Tummy

45. Get together

48. Decree

50. Miss

51. Residue

52. Affectedly shy

53. Nightmare street of film

55. Vittles

56. Valley

57. Previously

59. Sites

60. Assignment

61. Neuter

63. Acquire by will

67. Raise

72. Enlarge

73. Whooping bird

74. Gifts to charity

75. Legitimate

76. Lily variety

77. Cleanse

79. Tucked in

82. Cage

83. Bad temper

85. Hines/Davis film

86. Id's cousin

87. Steep hemp

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DCAFS Celebrating Success

Gary Putman Award Winner for 2016

Dorothy McLachlan is the recipient of the Gary Putman Award for 2016.

Dorothy McLachlan recently retired Program Manager for Developmental Support Services at Dufferin Child and Family Services.

Dorothy was a constant leader, advocate and campaigner for those in our community who may have been less fortunate or needed aid or support that wasn't available. Dorothy identified the gaps and created pathways so others can walk with ease along the path to reach goals and achieve hope and happiness.

The Gary Putman award is named after Gary Putman, who was the Executive Director of DCAFS for 29 years. After retiring in 2007, the Agency created this award to honour Gary's contribution and dedication to children and families in Dufferin County on an annual basis.



Gary Putman, Dorothy McLachlan, Jennifer Moore

Gloria Campbell Recipient of the "Mental Health Hero" Award

The Mental Health Hero Award was awarded to Gloria Campbell, recently retired Child and Youth Mental Health Manager at Dufferin Child and Family Services.

The Award is for unique and outstanding contributions to child and youth mental health in Dufferin County. Gloria gave significantly of herself over her years of service to enhancing and bettering the lives of those we serve.

This gift of her time is clearly reflected in the quality programming that she developed, enhanced and delivered in the Child and Youth Mental Health Services.



Gloria Campbell and Jennifer Moore

Thanking Donors For Their Contribution

Jennifer Moore, Executive Director of DCAFS thanked Michael Fisher of Kushindokai Karate and Terry Doel and Vanessa Kreuzer of Lavender Blue for their significant contribution to the Dufferin Children's Fund.



Michael Fisher, Kushindokai Karate and Fitness, and Jennifer Moore

Kushindokai Karate has held an annual Kick-a-thon for the past three years and has raised over \$15,000 for the Dufferin Children's Fund.

Lavender Blue has been very generous in supporting our Wellies to Wishes Fundraiser, our Annual Volunteer and Resource Family Recognition Dinner as well as supporting a family during the holiday season.

The Dufferin Children's Fund raises money for additional supports to improve the lives of children, youth and families receiving service from DCAFS.



Vanessa Kreuzer and Terry Doel, Lavender Blue and Jennifer Moore

LGBTQ Group Holds First Annual Rainbow Prom



Dufferin's LGBTQ Group held its first annual Rainbow Prom due in part to the generosity of the Aston Family Foundation. The Prom was a great success, with fun had by all who attended.

Centre Dufferin Students Presented "Stomp Out The Stigma"



During Mental Health Awareness Week, Centre Dufferin's Social Equity group encouraged students and staff to reflect on their own attitudes towards people living with mental health issues. Reducing discrimination and stigma is paramount, so that people with mental health issues no longer feel shame due to mental illness and will no longer think twice about getting the support and the help that they need. The Social Equity Club created a video that promotes empathy and presents an opportunity to "walk in the shoes" of others and to understand the different realities and experiences of students and staff in our school community. Student's traveled the halls with whiteboards and video cameras encouraging students to be brave and to share their personal experiences to help "stomp out the stigma" and normalize the conversation around Mental Health. Some of the testimonials shared in the film were eye-opening and really seemed to impact both students and staff in a very positive, inspiring and hopeful way.

The Talk-In Clinic

Child and Youth Mental Health Services

Single-Session Walk-In Counselling for Children/Youth Under 18

Service is voluntary, confidential and free of charge

What is the Talk-In Clinic?

- Quick access to trained Counsellors
- Immediate problem solving
- Information and Support
- Therapeutic conversations
- Connections to other DCAFS and Community Services

When: Tuesdays from 3:00pm-7:00pm

(July and August)

at 655 Riddell Road, Orangeville

Who can attend the Clinic?

- Family members or others living in the home
- Youth from 12-18 can attend on their own
- Parents/Guardians who need help supporting their child

What kind of issues?

- New or recent problems
- Difficulties that have been around for a long time

The Talk-In Clinic is not an Emergency or Crisis Service.

In a Crisis situation, contact our Crisis Response Service at 519-941-1530 and speak to a Counsellor. If threat of harm to self or others, go directly to the hospital or call 911



Services Available at



Dufferin Child and Family Services is a multiservice agency providing Child and Youth Mental Health, Developmental Support and Child Protection Services to residents of Dufferin County.

Child and Youth Mental Health Services are provided to Dufferin residents under 18 and their families. The Talk-In Clinic is the main door to service. Any Tuesday between 3pm-7pm during July and August you may visit DCAFS office at 655 Riddell Road for a single-session walk-in counselling session. Service is voluntary, confidential, and free of charge.

Developmental Support Services provides a variety of services to infants, children and adults with a developmental delay including ABA and IBI Services for children under 9 who have autism.

The staff also offer a variety of outreach, group work and educational forums.

Child Protection Services are available for times when there is risk of harm or neglect for children. When a request for help or a report is made to Dufferin Child and Family Services that a child has been or is suspected of being mistreated or harmed, a Child Protection Worker will become involved by speaking with everyone in the family to determine what is happening and what services may be of help to enhance the family's strengths and reduce potential risk factors. If you suspect child abuse or neglect report the information to Dufferin Child and Family Services at 519-941-1530, 24 hours a day, 7 days a week.

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Happy 149th Birthday, Canada! Shelburne celebrates in style



IT'S THE MAYOR BY A NOSE – Mayor Ken Bennington has been on a winning streak since placing first in the Bed Races at the Shelburne Street Festival last month. Here, he is seen bouncing his Canada Day horse across the finish line, just a nose ahead of Canada Day Committee Chair Councillor Dan Sample at the Derby Express Race Bounce sponsored by S. Burnett & Associates. Unfortunately, for Town of Shelburne CAO John Telfer, seen in the background, his horse pulled up lame in the first quarter not long after a fast start out of the gate.



Happy faces filled the fields of Fiddle Park, while balloon swords and puppy dogs flew through the air as "Party Face" face painting and balloon sculpting worked to entertain the kids. (Group shot) Cousins, the Letourneaus from Brampton and Defedico families were enjoying Canada Day the Shelburne way. Little swordsman Josh Letourneaus "stands on guard."



Katie Richards, age 10, Sawyer Gillett, 4, and Charleigh Gillett, 2, of Shelburne are having great fun enjoying the Castle Maze sponsored by S. Burnett & Associates, one of many activities for kids and families at the Canada Day.

ALL PHOTOS BY MARNI WALSH

Continued from FRONT

Police Services' bicycle safety draw. The girl's bike was won by Maddy Ralli and the boy's bike by Liam VanPoelgest. Entertainment at the event included five area bands arranged by Canada Day Committee member Kyle Fegan of Shelburne. The bands that took to the stage throughout the day included Shekinah Prais, a gospel band from Orangeville, Please and Thanks a band out of Barrie, Dufferin County Line from Orangeville, Troup Adore from Shelburne and Visual Negative also from Shelburne. Also on stage July 1st were young performers from LP Stage Productions. Other free activities included rides on the Giant Tiger Train, courtesy of Andrew Lewis owner of Giant Tiger; a bouncy Derby Express Race and Castle Maze sponsored by S. Burnett & Associates; a giant Bouncy Water Slide courtesy of Crewson Insurance; as well as Balloon Sculpting and Face Painting by Party Face. The Beer Garden was open for adult enjoyment and soap bubbles blew from Bubbles Ice Cream stand where kids could buy a frosted treat. The Shelburne Kinettes were busy serving delicious burgers, hotdogs, fries, and more, throughout the event as crowd began to build for the grand finale of fireworks. "[The Canada Day Committee] thanks

those that braved the elements and attended the event on July 1," said Mr. Telfer, who also expressed "thanks to all the performers who played during the day and to all the volunteers and Town staff who provided help with logistics all day." "Many thanks to the Shelburne and District Fire Department, the Kinsmen, the Kinettes, and the Canada Day organizing committee [and to] our corporate sponsors, Crewson Insurance and Stephen Burnett and Associates for their financial support towards the kids' events. "Although the weather was not on our side, we did hear a lot of positive feedback from the community. We hope to continue the new tradition at the Fiddle Park next year and hope for better weather. We look forward to 2017 and Canada's 150th birthday with enthusiasm." Following the celebrations, Mayor Bennington sent out his thanks to everyone who made it possible. "On behalf of Shelburne Town Council, I would like to thank the Canada Day Committee for their tireless efforts to host another wonderful Canada Day Celebration," he said. "Even Mother Nature's best efforts couldn't dampen the community spirit as we celebrated Canada Day in Shelburne. "I am grateful for the ambitious group of volunteers that make up the Canada Day committee, and I thank them for their efforts."



Constable Jeff McLean was on hand at the Canada Day Celebrations to present two free bicycles to the winners of the Shelburne Police Service Board "bicycle safety" draw. The girl's bike was won by Maddy Ralli and the boy's bike by Liam VanPoelgest. Shelburne kids have been getting citations for good bike safety from the Shelburne Police Service Officers since early June. Their names were entered into the draw every time they were "caught" obeying the laws of bike safety. The winning tickets were drawn out by Councillor Dan Sample Chair of the Canada Day Celebrations.



Karl Bowman gives Canada a wave on July 1st on the road around Fiddle Park. Karl, an employee of Giant Tiger in Shelburne, was driving the Giant Tiger train giving free rides to families until early evening on Friday, courtesy of store owner Andrew Lewis. Thanks for the fun ride, Giant Tiger. Your participation is always looked forward to by area kids!



The performers of Shekinah Prais, a gospel band out of Orangeville, were the first up to fill the air with the beautiful sounds of local music on Canada Day. The band was the first of five bands to perform on the stage in Fiddle Park on July 1 thanks to the hard work of new Canada Day Committee member Kyle Fegan.



The Honeywood Hockey Moms, the Organizing Committee, the deLaat and the Widbur families would like to express their absolute gratitude once again to all of the individuals, businesses, and teams that made the **9th Jennifer Widbur Memorial Hockey Tournament** such a wonderful success. Your generosity towards cancer care at the Headwaters Health Care Centre is absolutely overwhelming and greatly appreciated! With the 2016 Tournament, we were able to donate **\$53,000.00** to Headwaters Health Care Centre.

Please know that we appreciate your kindness, your generosity, your time and your support that you give to the success of this tournament. We are so thankful for our community, as well as the surrounding communities that have also contributed to this amazing event.

To our teams: Without YOU, this would not happen...

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- Fifty Shades of Grey
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- Hope Chests
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- 3rd Line Wings B
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- The 2 Mother/Daughter Teams Saturday
- Goal Diggers
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- The 2 Mother/Daughter Teams Friday Night

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SHELBURNE SPORTS

Senior Cubs give up 9-4 loss to Lisle



The Mansfield Senior Cubs hosted the Lisle Astros on the diamond in Mansfield on Wednesday, June 29. The Cubs gave up a three-run lead in the sixth inning when the Astros cashed in on a three run home-run.

PHOTO BY BRIAN LOCKHART

BY BRIAN LOCKHART

The Mansfield Senior Cubs came up short in their Wednesday, June 29, game against the Lisle Astros when the visitors got the bats moving in the fifth and sixth inning to take the lead.

With not scoring from either team in the first two innings, the Cubs got things moving in the third with Adam Coe leading off with a single.

Bill Hawkins followed up with another single that drove in the first run of the game and loaded the bases for the Cubs.

The second run came when Jess Ragazzon hit to left field to bring in a second Mansfield run.

Two more runner crossed the plate when Tyler Greer dropped one to shallow left field and bought enough time for both runner to cross the plate and give Mansfield a 4-0 lead.

The Astros got on the scoreboard in the fourth inning on a single run homer.

A ground rule double in the fifth brought in two more Astros runs to make it a 4-3 game, followed by a nice bunt that brought in third Lisle run for the inning.

The Astros took a lead on a missed throw to first base that allowed a runner to make it across home plate from third base.

The Astros delivered the coup de grace in the sixth inning when a three-run home run topped their score at nine for the game.

Mansfield had some success in their final inning getting two men on base, but that's all they could do for the night and they had to settle for a 9-4 loss.

The Ivy Leafs are currently leading the Senior division of the NDBL followed by the New Lowell Knights and the Midland Indians.

The Cubs will be back at their home diamond in Mansfield on Wednesday, July 6, to host the Nobleton Cornhuskers.

The first pitch is scheduled for 6.30 p.m.

Junior Cubs win over New Lowell



The Mansfield Junior Cubs hosted the New Lowell Knights on the diamond in Mansfield on Sunday, July 3. The game was tied after two innings, but the Cubs managed to go ahead to leave the game with a 7-5 win.

PHOTO BY BRIAN LOCKHART

BY BRIAN LOCKHART

The Mansfield Junior Cubs won their eighth game of the season on the diamond in Mansfield on Sunday, July 3, taking a 7-5 win over the New Lowell Knights.

The Cubs first at-bat started off with singles from Bailey Durocher and Jordan Metz.

They advanced to put the Cubs on first and second base but then the inning ended before they could score.

Jeff Christman led off on the mound for the Mansfield team.

New Lowell got the first run of the game after advancing runners to second and third base, and following up with a hit to left field that drove in a run.

The inning ended with an infield fly.

The game was tied at one in the second inning when the Cubs led off with a single from Matt Cameron. Cameron managed to steal second base.

Another Mansfield single bought enough time to bring a runner across the plate to end the inning with a tie game.

At the end of the game, the Cubs managed to hang on to take the win 7-5 – their eighth game on the plus side this season.

After the weekend, the Junior Cubs have an 8-5 record and a first place in the Junior Division standings, with a one point lead over the Ivy Rangers.

The Knights are in third place followed by the Midland Twins in fourth.

With a four team division this season, the Junior division of the North Dufferin Baseball League has seen some tight games and a lot of exciting baseball action.

The Cubs will be in Ivy on July 7 to face the Rangers.

They return to Mansfield on Friday, July 8, to play a make-up game against the Midland Twins that was canceled back on June 9.

The first pitch is scheduled for 6.30 p.m.



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The Shelburne Schooners Squirt division team took on Hopeville during fastball action in Shelburne on Wednesday, June 29. The game took place at KTH Park.

PHOTOS BY BRIAN LOCKHART

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ATHLETE OF THE WEEK

Proud Team Sponsor **WOLVES**



Name: JORDAN METZ
Team: MANSFIELD JUNIOR CUBS
Position: THIRD BASE / PITCHER

Mansfield Cubs third baseman / pitcher, Jordan Metz has been playing baseball "his whole life."

In his first year with the newly formed Junior Cubs, Jordan brings a lot of experience to the diamond.

"You play as a team. It's just good to hang out with

the guys. You have your own place on the diamond and you can help the team out," he said of why he likes the sport.

During the winter, Jordan also plays hockey in Shelburne.

He said he plans to continue with the Junior Cubs for the next several years.

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Christian Perspectives: Seeking Wisdom

BY JAN OOREBEEK
HIGHLANDS YOUTH FOR CHRIST

Do you consider yourself a smart person? Maybe your answer is yes because you might have a university degree, or went to college.

I Googled the average IQ for Canadians: It is somewhere between 85 to a 100. Really smart people (only 2% of people) have an IQ of a 135 or more. Truly genius individuals, think Einstein, have an IQ that is as high as 150 or more.

While we can think of several "smart" people in our lives how many of us know "wise" people?

The Merriam-Webster dictionary describes wise as: deep understanding, keen discernment, and a capacity for sound judgment. Obviously being wise is something different than being intellectually gifted. (Smart)

In 2nd Chronicles chapter one, we meet Salomon. He has just become king of all of Israel after his father David passed away. Salomon had been handpicked by David as his successor. As such, he would have been well educated, perhaps private tutors: the best and brightest scholars in the kingdom. Salomon was smart enough to realize that a good education and training was not enough for the task at hand.

God appeared to him and asked him to ask for anything he wanted: fabulous riches, a long and happy life, anything.

Salomon chose wisdom, wisdom to be a wise ruler, to better serve his God and lead his people. Because Salomon made a wise (smart) choice, God also gave him all the other things that many people desire: riches, a long and prosperous life without stress, prestige and fame.

God was pleased by Salomon's request for wisdom. We would do well to also ask for wisdom (rather than all the other "worldly" things) to please God. Salomon wrote the book of Proverbs in the bible a collection of wise words that can help us make wise decisions in our lives. Here are 5 important topics on where and how to be wise:

Be wise with words
Proverbs 12:18 reckless words pierce like a sword, but the tongue of the wise brings healing.

You all heard the saying: "sticks and stones may break my bones but words can never hurt us." That is a great big fat lie! Words can and do hurt us. I am sure that all of us here can remember a time were unkind, harsh words have hurt us deeply. Your words carry power: power to encourage, uplift or to bless. Or they carry

the power to tear down, destroy and curse. Allow the love of Jesus to shape the words that you speak so that other will be blessed by what you say.

Make wise choices in relationships: Proverbs 17:17 A friend is always loyal, a brother (or sister) is born to help in time of need

God created us to be in community, we were not created to be alone. Getting along with other people is often difficult and challenging. There are many relationships that are unhealthy, reflecting our own brokenness. God treats us with kindness, love, forgiveness, patience, mercy and grace. We should treat everyone just like the way God treats us.

Make wise choices about integrity
Proverbs 10:9 The man (or woman) of integrity walks securely, but (s)he who walks crooked paths will be found out.

Integrity is a fancy word that means honesty and truthful. Many of us have masks: Some pretend to like you and are pleasant and kind to your face. But behind your back they are unkind and say nasty things. To live a life of integrity means being reliable and making the choice to do what is right all the time. (Even when no one's looking)

Making wise choices about work:
Proverbs 31:17 She sets about her work vigorously, her arms strong for the task.

Right at the start, when God created the world, he gave mankind a task, a job to do. Then God declared it was all good. Work was not added later as a punishment. Too often laziness and greed are some of the main reasons we fail at work or do not enjoy our jobs. Doing our task to the best of our abilities and giving it our best effort brings together work and worship once again.

Making wise choices about money
Proverbs 3:9a Honor the Lord with your wealth.

Handling money wisely is incredibly important. It starts by understanding that we are stewards or caretakers, not owners of the stuff that God allows us to have. Happiness or contentment simply is not found in how much money you have or how much stuff you have accumulated. True contentment comes from having a real living relationship with God and our aim in life should be to gain wisdom in order to serve God better.

Salomon also wrote in Proverbs 9 verse 10: "Fear of the LORD is the foundation of wisdom. Knowledge of the Holy One results in good judgment" (NLT) This is good advice from the smartest and wisest person who ever lived. Not feeling very smart? Ask for wisdom and insight. God will be pleased by your request.

Acacia "has the potential to be a really great dancer"

Continued from FRONT

ent and perfecting her skills.

Acacia is a student of Dance Fuel Dance Studio located in Shelburne's Agricultural building on William Street.

"She has absolutely amazing talent," say Dance Fuel's studio owner Lori Grey.

Grey says Acacia is a pleasure to teach, as she not only possesses incredible talent but she is also fully committed to her training.

"She's just a sweet girl and I'm so happy and so proud."

"In the future, she has the potential to be a really great dancer," says Grey "She's obviously talented, now she has to go and work hard and be dedicated."

Acacia was accepted into the Associates Program after auditioning to earn the spot.

"It was a lot of fun," says Acacia.

She is well aware, however, that the professional ballet program will be tough.

Canada's National Ballet School is the only ballet academy in North America to provide elite dance training, academic instruction and residential care on the same campus. There are approximately 160 students in the professional ballet program, which combines a professional ballet curriculum with academic classes for Grades 6 through 12.

As Acacia is only eight-years-old and entering Grade 3, the Associates Program is a stepping stone for when she ready to go full time.

In addition to two ballet classes, she also opted to take a jazz class being offered. Each year, students have to requalify to gain entry for the next academic year.

Her parents are excited yet understandably a bit nervous about this new opportunity for their daughter, but are reassured she will be receiving the best dance training.

"We are so very happy for Acacia and know what a great opportunity this will be for her. We look forward to what this new school year will hold and support our children in anything they want to do so the drive to Toronto twice a week will be well worth it."

As Acacia embarks on this new adventure this coming September and for the entire school year she plans on continuing to dance competitively at Dance Fuel.

For more information about Dance Fuel go to dancefuel.ca or you can find them on Facebook.



CANADA DAY ENDS IN FIERY FASHION – Despite the rain and cool temperatures, hundreds came out to celebrate Canada Day Celebrations held at Fiddle Park. This year's festivities ended in a fiery fashion with the fireworks show that started at 10 p.m. and awed the crowd. PHOTO BY MICHELLE JANZEN



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THOUGHT OF THE WEEK

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-Jessy and Bryan Matteo*

*And whoever gives one of these little ones even a cup of cold water because he is a disciple, truly, I say to you, he will by no means lose his reward.
-Matthew 10:42*

Please visit us at: www.shelburnechristadelphians.ca

compass
community church

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Sunday Service - 10 a.m. & Children's Church
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Pastor Gord Horsley (519) 925-3651

COME AND BE BLESSED. ALL ARE WELCOME!

BETHEL BIBLE CHAPEL
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Sunday Services - 9:30am Lord's Supper
10:45am Family Bible Hour, Sunday School

Chapel 519-925-3910 or 519-925-0541
www.bethelshelburne.com - All Welcome!!

Cross Roads Community Church
"THE LIGHT SHINES IN THE DARKNESS" (JOHN 1:5)

Meetings: Sunday Mornings at 10:00 a.m.
The Shelburne Library
(Corner of Owen Sound St. and First Ave.)
Children's Church Pastor: DON HUME

519-939-1453
www.shelburnecrossroadschurch.ca

ROMAN CATHOLIC ST. JOHN'S PARISH
519-923-2042

MASSSES:
Saturday, 160 Main St. E., Dundalk - 5PM
Sunday, Melancthon - 9:30am
(North on Hwy #10 to 280 Sideroad, Melancthon)
Proton Southgate Rd. 4 - 11:15 AM Sunday.

Grace Church of the Nazarene
736 Steeles Street, Unit 3, Shelburne

10:00 a.m. - Sunday Morning Worship
- Sunday Training for Children

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Music Director: Bruce Ley

ST PAUL'S ANGLICAN CHURCH
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Sunday Service and Children's Ministry - 9:30 a.m.
Priest: The Rev. Stephanie Pellow

Shelburne Free Press

For coverage of any local sports events please contact me and I'll be there!

brian.lockhart@hotmail.com

CLASSIFIEDS

519.925.2832 • Fax: 519-925-5500 • email@shelburnefreepress.ca
 Email, or call us for pricing. Classified cut-off time is 5 pm Tuesday

HELP WANTED



Security Guards – Shelburne - Alliston

RSSI is currently accepting applications for security guard positions at a manufacturing location in Shelburne - Alliston.

Full Time and a Part Time positions are available for afternoon, night and weekend shifts. A valid Security Guard licence is required and previous experience would be considered an asset.

For more information or to apply please email hrbarrie@russellsecurity.net or call 705-721-1480 for more information.

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- Have the ability to stand for 8 hours.
- Work fast and efficiently.
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COMING EVENTS

MASSAGE THERAPY CHARITY benefit, with all donations to Dundalk Food Bank. Tuesday July 12th and 26th, to book a free 15 minute massage or acupuncture treatment with Rosemarie Caine RMTA MINIMUM DONATION OF \$5.00 FOR THE FOOD BANK IS APPRECIATED BUT NOT MANDATORY.
 EILEEN HORSLEY celebrates on July 17th 2-4pm. Join her family for a come and go tea in the Horizon Room, Dufferin Oaks (Door F rear parking lot. Best wishes only

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BIRTHDAYS

The family of **Joyce Bell** wish to invite you to her 90th Birthday Party on Sunday July 12th 2-4pm in the New Horizons Room, Oaks, Shelburne.
Best wishes only

ANNIVERSARIES

50th Anniversary

Please join the Armstrong family for a “wee ceiliah “ music and dancing as **Ralph and Mary Lynne Armstrong** celebrate half a century of marriage on **Saturday July 16th from 7:30pm – 10:30 pm** At the Honeywood Arena
Best wishes Only

COMING EVENTS

The Shelburne Muskie's will be holding their annual AGM **Tues July 19th at 7:30pm** upstairs at the Centre Dufferin Recreation Complex, Fiddle Park Lane, Shelburne. New board members and the public welcome

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Administrative Assistant - Dufferin Wind Power One-Year Contract Position

POSITION RESPONSIBILITIES

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- Support positive relationships with project contractors, landowners, neighbours, and municipalities.

PREFERRED QUALIFICATIONS

- Post-secondary education in computers, business, or management.
- Strong communication skills
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- Three years related work experience.

COMPENSATION

\$19.00-\$24.00 per hr. based on applicant qualifications.

APPLICATION DEADLINE: JULY 15, 2016

Email your CV or resum  and a cover letter to the attention of:
 Ms. Qi Lin: qilin@clypg.com.cn



DUFFERIN WIND POWER

Full Details: www.dufferinwindpower.ca/employment



TOWN OF SHELBURNE EMPLOYMENT OPPORTUNITY RECEPTIONIST - One Year Contract Maternity Leave

The Town of Shelburne Administration office is currently seeking candidates for a full time reception position for a one year contract. This position entails answering telephones, referring calls as required, attending to duties in the front office, greeting customers, resolving and responding to customer complaints and inquiries within established guidelines as the primary staff member attending the front counter. Issuing dog tags and administering facility rentals.

Preference will be given to those with municipal experience.

The range of pay for this position is \$23.91 per hour.

Candidates must have:

- High School Diploma
- 1 year of relevant experience pertaining to secretarial, business or administrative functions
- Computer literacy utilizing Microsoft Office software applications, as well as proficiency in excel spreadsheet and graphical presentation software applications
- Knowledge of and demonstrated ability in corporate core competencies including customer service, communication, team work, initiative/self-management, accountability, flexibility and adaptability
- Strong financial ability to handle and record cash receipts accurately
- Strong oral and written communication skills
- Ability to multi task
- Ability to respect confidentiality of sensitive Town records

Resumes should include all educational and training information, work experience and references.

Resumes will be received until 3:00 pm Thursday July 21, 2016 and may be mailed directly to the Shelburne Municipal Office at the address noted below, emailed to jwilloughby@shelburne.ca or delivered in person. No faxes will be accepted.

John Telfer, AMCT CAO/Clerk
 Town of Shelburne

203 Main Street East Shelburne, ON L9V 3K7

We thank all applicants for their interest, and advise that only those selected for an interview will be contacted.

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as seen on
DRAGONS' DEN!

46-acre care farm is haven for everyone with special needs

BY PETER RICHARDSON

The dream of two young women to open a unique therapy opportunity for children and young adults with special needs has come to fruition in Mono.

The brainchild of Stephanie Deaken and Breanne Mathers, Fiddlehead Care Farm, the only facility of its kind in Canada, celebrate its grand opening last weekend.

Stephanie and Breanne met while working at the esteemed Holland Bloorview Kids Rehabilitation Hospital in Toronto, where both were working with special needs children and their families; in particular, those suffering from Traumatic and Acquired Brain Injuries, Autism, developmental disability, multi-system diseases, mechanical ventilation and chronic medical conditions.

They have now formally opened their new care farm on a picturesque 46 acre property on the 25th Sideroad. The property was previously an Equine Therapy farm and was ideally suited to their needs. In fact, the pair hope to add equine therapy to the existing offerings of Fiddlehead Care Farm.

They currently offer a wide range of programmes, designed to accommodate the needs of a very broad range of clientele, but future plans entail adding many more opportunities.

One of these will be a Snoezelen Room. Originally invented in the Netherlands, Snoezelen is a multi-sensory environment in which special needs children, or anyone else, can relax and just be themselves while, simultaneously, being stimulated and calmed by the room's environment.

Consisting of visual and tactile stimuli, the concept is very popular in Europe, where in Germany alone there are over 1,200 rooms.

Holland Bloorview Kids Rehabilitation Hospital has two such rooms and one day Fiddlehead Care Farm will be added to that list.

The farm carries an official Organic Farm certification and one of the many opportunities available to the attendees, are the organic produce gardens. Here, the participants are encouraged to sample the fruits of the gardens, as well as help to plant and maintain the raised beds. A favourite is the asparagus, which grows in abundance and can be eaten right from the garden, as everything is naturally organic and contains no harmful pesticides or fertilizers.

There are currently two nature trails on the farm and a quiet pond, where wildlife abounds. One of the trails ends in a music clearing, complete with an outdoor Xylophone, made of wooden slats and ropes. This is one of two areas on the farm where music is used to assist in the therapy sessions.

Sessions can be one on one, or in groups, depending upon the individual needs of the clients or the programme itself.

One of the greatest assets of Fiddlehead is the wide range of therapies available.

Animal-assisted therapy, for example, involves, at present, several small animal species and allows the kids to work on their social skills and to grow their self-confidence and self-worth. They learn empathy and gain a sense of accomplishment while caring for the needs of the animals.

Luna, the miniature potbellied pig, is a favourite of all the participants. A trained therapy pig,



Jaison and mom Jacqueline.

PHOTO BY PETER RICHARDSON

Luna revels in the attentions of the children and instinctively relates to their special needs. Naturally, she expects to be paid for her expertise, with Cheerios and organic apple treats, which she delicately accepts from their willing hands.

Luna is also a confidence builder. Through the Pigs and Pages programme, she is an integral part of helping speech-impaired or learning-challenged children to open up and become more confident. When a child who, for whatever reason, is reluctant to read aloud or interact in the classroom, Luna is the perfect foil.

She will come over to listen to the child speak or read aloud. With her tail wagging and her demeanour encouraging, she will listen intently to the recital and never once correct, criticize or

judge the child.

Soon enough, the confidence, nurtured by the friendly pig, spills over into the rest of that child's life!

Just as "music soothes the savage breast," so to do animals and nature soothe and nurture, not only children with disabilities, but anyone who will take the time to enter this world and learn the rhythms of a different heart.

Stephanie, a Registered Social Worker and Breanne, a Certified Child Life Specialist, combine their respective expertise to offer a comforting haven for those with special needs. Individualized care plans and counselling are available, as well as the many other supportive options, all within

Continued on Page 13

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Mono's Fiddlehead Care Farm opens to enthusiastic families

Continued from PAGE 12

the relaxed confines of a seemingly unstructured, caring environment.

One such option and a passion of Breanne's is the Non-Pharmacological Pain Group.

Here, parents and their special needs children are taught to manage and control pain by utilizing the power of their own minds and bodies. They utilize such techniques as deep breathing, self-hypnosis, humour and guided imagery, to moderate and control pain, nausea and stress associated with the individuals' condition.

Structured sessions are offered, for families who have an adolescent with a brain injury and a 9 week structured group for parents with a young child with special needs is available as well.

The latter group teaches positive parenting strategies for special needs children, something which is a specialty of Stephanie's. She holds an accreditation as a Triple P (Positive Parenting Programme) provider and has done a good deal of work, with children, with Autism.

One of the community-based offerings of Fiddlehead Care Farm, is the Adopt-a-Plot programme. This allows community groups, agencies or clubs to lease an organic farm plot where they can grow and harvest their own crops. The plan offers organizations, such as service clubs, the facility to offer something a little different to others they support, such as disadvantaged youth,



Jessie feeds Luna her Cheerios or mobility challenged individuals.

The farm is totally wheelchair accessible and so, this offering, can facilitate any group dynamic and provide a chance to witness and participate in a farm gardening experience.

Fiddlehead Care Farm offers week-long summer camp opportunities and two other programmes to get the community involved in the farm. They proffer school visits, which can be structured to a set curriculum, written by the teacher and they offer Farm-to-Table, which teaches kids the benefits of healthy eating and where their food comes from, from planting to eating.

Stephanie's husband Darryl, whose family operates a large dairy farm near Grand Valley, Deakensview Dairy, manages all of the actual farming

on Fiddlehead, including the animal husbandry and the crop side of the farm. All of the dairy cows that reside at Fiddlehead come from his family farm, possibly to enjoy the many opportunities for relaxation and contemplation offered there.

The grand opening was well attended, both by family and friends and a large number of existing and potential clients.

Ken McGhee, the Deputy Mayor, was there to welcome the operation to Mono.

Music was supplied by Katie Melvyn and enjoyed by all the younger visitors, while the older

ones were thoroughly entertained by Rebecca Scott and her Laughing Yoga demonstration. Should you not be familiar with this particular form of the popular exercise, I strongly suggest looking into it, as it is as entertaining as it is beneficial!

Fiddlehead Care Farm is a unique and worthwhile addition to the local community and to Dufferin County. It possesses the potential to make a strong, positive, impact on not only the special needs community, but the entire, community at large.

Stephanie, Breanne and Darryl are passionate and dedicated advocates for the concept of a care farm and for Fiddlehead Care Farm in particular and while this may seem an obvious statement, the fact remains that passionate people can and do make a difference. Not only in those they choose to help, but in their communities as well.

Fiddlehead Care Farm can be reached via their website, fiddleheadcarefarm.com, or directly by telephone, at 647-624-8421. They are located at 426059 25th Sideroad in Mono, just west of Highway 10.

PHOTO BY PETER RICHARDSON

Shelburne Library News

BY ROSE DOTTEN

We are tremendously excited about our summer programs.

Both the Children's and the Teens' calendars are full of exciting and engaging programs every day! The calendars are now available in the Library and on our website and Facebook pages. Check out all the fun activities we have lined up at YOUR library!

TD SUMMER READING PROGRAM STARTS THIS SATURDAY, JULY 9 AT 10.30 @ YOUR LIBRARY

Come join us and sign up for a summer filled with reading, crafts, movies, book clubs, and story time. There is a different theme every week with activities and prizes and incentives galore. Don't miss all the fun! Call 519-925-2168 or drop in to see us.

Story time continues throughout the

summer on Fridays at 10.30. Paws to Read will be back the beginning of August, so watch for the signup sheets the end of July.

TEEN SCENE
#SPLsummerreadingchallenge
STARTS THIS THURSDAY,
JULY 7 @ 6PM

It's hard to believe that we are just TWO days away from launching our Teen Summer Reading Challenge! We already have a great group of teens signed up for the launch party, but we would love even more!

Starting at 6 p.m., this Thursday, July 7, Teens can drop in, get their summer reading packages, find out all about #SPL summer reading challenge, and even put a little magic into their summer by making a Harry Potter-style wand! Cool, right?

We've scheduled fun, educational, and creative activities for Monday,

Wednesday, and Thursdays throughout July and August. Go to www.shelburnelibrary.ca/summerreading or to our Facebook page (/shelburnelibrary) and like us while you're there) to check out our Summer Reading Calendars!

Spoiler alert—We've booked another young adult author to come into the Library on August 18: Erin Bow, author of *The Scorpion Rules* and *Swan Riders* will be here to give a behind the scenes look at the Canadian publishing industry!

THURSDAY MARKET TIME

Take a book and make a donation! It is as simple as that. We have an amazing selection of books for the Market this week. Pick up a summer beach book and browse all the terrific vegetables, flowers, baking, and so much more at the market every Thursday from 3 – 7 p.m.



THE CORPORATION OF THE TOWN OF SHELBURNE
NOTICE OF PUBLIC MEETING
UNDER SECTION 45(5) OF THE PLANNING ACT

Take notice that the Committee of Adjustment of the Corporation of the Town of Shelburne will hold a public meeting on:

MONDAY, July 25th, 2016

The public meeting is scheduled to start at 7:00 p.m., or as shortly thereafter as possible, and will be held in the Council Chambers at the Municipal Offices, 203 Main Street East, Shelburne. The purpose of the meeting is to consider the following planning application:

COMMITTEE OF ADJUSTMENT

Application for Minor Variance A16/02 – The Upper Grand District School Board (UGDSB) has applied for a minor variance to request relief from the minimum parking requirement of the Town of Shelburne Zoning By-law 38-2007, specifically Section 3.15.9, to accommodate the addition of up to three (3) portables classrooms at the existing Glenbrook public elementary school located at 300 Fiddle Park Lane. Currently, there are two (2) existing portables on the property and up to a maximum of three (3) portables are permitted. This request would increase the total number of portables permitted on the property from three (3) to six (6) portables. A map showing the location of the subject property is provided below. The Zoning By-law requires a minimum of 1.5 spaces per classroom. The purpose and effect of the requested minor variance is to reduce the parking requirement to allow for up to six (6) portables while maintaining the existing number of parking stalls. An agreement has already been established between the Town of Shelburne and the UGDSB to use the adjacent Centre Dufferin Recreational Complex site for additional school parking, if necessary.

At the meeting you will be given the opportunity to ask questions and indicate whether you support or oppose the application. Written submissions will be accepted by the Secretary-Treasurer up to the time of the Public Meeting and will be given consideration by the Committee of Adjustment prior to a decision being made.

If a person or public body that files an appeal of a decision of the Committee of Adjustment of the Town of Shelburne in respect of the proposed minor variance does not make oral submissions at a public meeting or make written submissions to the Committee of Adjustment of the Town of Shelburne before it grants or refuses to grant approval of a minor variance, the Ontario Municipal Board may dismiss the appeal.

Additional information regarding the application will be available at the Municipal Office during normal business hours.

If you wish to be notified of the decision of the Committee of Adjustment in respect of the proposed minor variance application, you must make a written request to:

John Telfer,
Committee of Adjustment Secretary-Treasurer
Town of Shelburne
203 Main Street East
Shelburne, Ontario
L9V 3K7
Phone: 519-925-2600
Fax: 519-925-6134

Dated at the Town of Shelburne on this 7th day of July, 2016.



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