Saving lives while saving money

Stop. Take a moment to think about your family, friends and coworkers. What if something were too happened to them? Would you know what to do? Do you have the skills needed to look after them before medical help arrives? St. John Ambulance believes in improving the health and safety of our community through a variety of training programs. During February heart month we encourage everyone equip themselves with the right knowledge and training to do CPR in order to restart a heart. That is why St. John Ambulance CPR courses in February in Orangeville will be half price. We invite residents to take advantage of this incredible offer and learn CPR. A full list of first aid courses include Emergency First Aid, Standard First Aid, Home Alone course for children and our Teen First Responder course for the youth. These courses are held at our Orangeville Training Centre, located on 1 French Drive in the Town of Mono. To find out more, please visit us at www.sjapeel.ca or call us at 905 568-1905.

No one should die because they did not get the first aid they needed!