

Heal what ails you

Join One Energy Centre for a life changing two day workshop with EFT pioneer Crystal Hawk, A.B. Crystal helps people to become the person they really can be.

EFT workshops are experiential. Participants will be able to immediately help themselves, their friends, clients and patients to overcome: fears, phobias, trauma and addictions and more.

Fear of flying, fear of public speaking, fear of animals, water, heights, suffering from grief and or guilt. Phobias about various animals such as spiders or snakes. Phobias about various activities such as highway driving or viewed violence.

Remembered traumas, simple anxiety and stress.

EFT can eradicate stuck emotions, compulsions, and addictions. This simple to learn technique will empower you to relieve negative self doubts and physical symptoms.

This 2 day event takes place on Saturday, April 5th and Sunday April 6th at One Energy Center 155 Main Street West, Shelburne. Register by March 10th for early bird specials.

For more information, contact the One Energy Center team by calling 519 925-1999 or e-mail oneenergycenter@rogers.com