

## Consider the Law of Continuance

Sir Isaac Newton's First Law of Motion states: every object in a state of uniform motion tends to remain in that state of motion unless an external force is applied to it. If something is at rest it stays at rest unless acted upon by an unbalanced force. Have you ever observed the behaviour of coffee in a coffee cup filled to the rim while starting a car from rest or while bringing a car to rest from a state of motion? The coffee keeps on doing what it is doing. When you accelerate a car from rest, the road provides an unbalanced force on the spinning wheels to push the car forward; yet the coffee (that was at rest) wants to stay at rest. While the car accelerates forward, the coffee remains in the same position. As a result, the car accelerates out from under the coffee and the coffee spills in your lap. On the other hand, when braking from a state of motion the coffee continues forward with the same speed and in the same direction, ultimately hitting the windshield or the dash. Coffee in motion stays in motion. I would ask you to consider the idea that this law which operates in the physical world also operates in the spiritual realm. To help me understand more clearly the implications in the spiritual realm I have labelled it the Law of Continuation or Continuance.

It would be helpful to realize the power of God demonstrated by the Holy Spirit in our world IS the 'external force' that is applied in bringing about change in our life. It is our thoughts, our choices and our decisions which determine whether we are willing to learn and willing to change and be changed by God, including whether we will allow the Holy Spirit to guide our life.

When you reflect upon your life, are you sensing you are fulfilling your God given destiny? Are you happy about where you are at this moment? How do you feel about your relationships with others and with God? Do you sense you are in a place that is stalled and stagnant, or, do you sense you are moving forward and growing? When you project a few years into the future, what do you see if you continue on as you currently are?

The Apostle John gives a brief insight into the Law of Continuance in Revelation 22:10-11, 'Then he told me, 'Do not seal up the words of the prophecy of this book, because the time is near. {11} Let him who does wrong continue to do wrong; let him who is vile continue to be vile; let him who does right continue to do right; and let him who is holy continue to be holy.''

Consider how the choices you are making on a daily, ongoing basis are creating habits and patterns in your life which are determining your thoughts, beliefs and words and how these are creating your reality. You are developing states of motion or inertia by your choices. By the Law of Continuance you are determining your future. Remember, if you continue to do what you have always done, you will continue to get what you have always got.

If you do not like what you see in your life, then I would suggest you seek God's guidance, strength and help to make the changes necessary to bring about a different outcome. You do not have to go it alone in life, unless you make that choice to do so. Jesus told His disciples in Matthew 28:20, 'Surely I am with you always, to the very end of the age.'

You are 100% accountable for your choices and have no one else to blame, but yourself. You reap what you sow in life. What do you want your future to look like? Consider the implications of the Law of Motion and Inertia as it relates to your life, both in the physical world and in the spiritual realm on the outcomes of your life. Then, make wise choices that are both pleasing to God and beneficial to your life and those around you.

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