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Thursday, October 9, 2014

Volume 139, No. 41



Former CDDHS student and Shelburnite, Jesse Sebastiani is proud to announce his 100 day journey, caught on film is ready for viewing on VOD (Video on Demand) and find out how social media helped Sebastiani become "Saved By The Status".

Former Shelburne student releases new film: 'Saved by the Status'

BY ALEX SHER

Former CDDHS student makes a film and after two years, it's ready to be watched! How society measures success weighs heavily upon our youth and twenty-one year old Jesse Sebastiani is paving his own road to happiness, a message any one of any age can take note of.

While attending high school at Centre Dufferin District High School, in Shelburne, Sebastiani and his entourage of friends landed a 10 episode pilot series with MTV called Careless Teens, based on their own version of the incredibly popular, Jack- Ass series.

After graduating high school, Sebastiani came to realize life has some pretty cruel lessons to share for those who suppose a break might last forever.

The now Hamilton based young man, came to discover that money doesn't last forever and neither does fame, a very cruel reality when considering the Kardashians of today's society.

"I realized I was living in my dad's basement with no money, no girlfriend, no plans and my friends were going to university, college, building their lives, accumulating debt, being what everyone expected. I got a little down on myself. I didn't have a car, a career, I felt like a failure. We live in a world where people are pushed into a box. Some people get stuck in a rut and they can't get out and suddenly they are 40," Sebastiani commented continuing with a simple but poignant message, " Basically, be open to live-biggest thing is not to get caught in a cookie cutter lifestyle, get out there and see people, really "see" people."

As much as most parents will not like to hear the reality, the world reflects very differently on adult children of today as compared to a generation or two before them. Today's youngster's face unrealistic expectations and false sense of entitlement. Not every person is the same and in today's economy, society sets our youth up

for failure with unreasonable life goals, an expensive education where little to no work can be found after graduating, and the age old time line no longer exists; "go to school, get an education, get a job,get a car, get married, have kids and be happy.'

That recipe is a rare find today as in reality it's more likely that a person may go to school, detest school, feel the pressure to be a part of the age old recipe, try to find work, (or find a job that corresponds to their studies and detest it), work , have children-married or not. get divorced, loose their shirts, end up where they started but much older and even more depressed in their parent's basement.

A sad overview that Sebastiani has seen first hand. That was when Sebastiani decided to do something about his life. Using social media. Sebastiani decided to use Facebook to see the country and that is exactly what he did, camera in hand. Each time he posted a status, he was met with Canadian hospitality, an invitation and off he went. Every time he posted a status, he was 'saved' as offers to purchase a bus ticket, a place to stay, a meal, an invitation to experience the lives of those across Canada and he documented his experience on film.

"The biggest thing I learned was people my age need to take time to figure out who we are. Everyone has their own problems, all different, goals in life, all different, and there is not only one way to live life. I met a Log cutter, a kavak er, professional dirt biker, and I learned to open my mind. I'd never make fun of someone's lifestyle now that I've learned to be open minded," commented Sebastiani. "I think people need time to make decisions, try different jobs, find out what they like."

Sebastiani also mentioned people should watch for their signs as he confessed so many things in his life lead him to make the decision to embark on his incredible life journey. Even at this young age, Sebastiani recognizes so many people forget to choose happiness and that is a mistake by his account noting there is only one life to live and many different roads can lead someone to their true 'happy' destination.

"I don't think school is bad. My recommendation for kids graduating, is to not think school is the only way. I needed to go out and see the world. Every time I posted a status, someone saved me, otherwise I'd have no where to go next. That's how I got the title for the movie and in reality, it really did save me because I learned so much."

Sebastiani cannot say enough good things about Canada and the Canadians he met. More patriotic than ever, he really enjoyed jumping into the lives of so many different people and is excited to share his message having stayed in over 50 different Canadian locations from Nova Scotia to western Canada.

"Canadians are so welcoming, so Canadian really."

Taking 100 days to create his masterpiece with no money, a small fan base from a TV series, a bag, a camera and a question posted on Facebook, "What if I went across Canada to meet all of you?", Sebastiani's 100 day life journey lead him to enlightenment, and happiness. Through meeting so many different people, a similarity emerged and it's that very difference that binds people together.

Sebastiani has a few career ideas for the future and hopes to promote his movie across Canada, with a powerful message, "Watch for your signs, be open minded, don't live a cookie cutter lifestyle, and remember when picking career choices and life paths, to choose happi-

To watch the film, go to: https://vimeo.com/ ondemand/savedbythestatus and remember to 'Like' them on Facebook at https://www.facebook.com/savedbythestatusmovie





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Wade Mills urges voters to challenge candidates



PHOTO SUBMITTED

Shelburne Council candidate Wade Mills urges "all voters to test and challenge the candidates" and to carefully compare their platforms leading up to the October 27th election.

BY MARNI WALSH

Shelburne municipal candidate Wade Mills believes that it is "time for some fresh thinking" at Council. He says that although "the current Council has served us well...we have had the same group of people in office now for several years without any change." He urges "all voters to test and challenge the candidates" and to carefully compare their platforms.

"Make sure that we are not running only for the sake of holding office," he says, "but that we have a vision, a purpose, and a direction behind our ambitions." Mills has a 23 page online platform at www.wademills.ca clearly outlining his ideas – exemplifying his enthusiasm and dedication to shaping the future of Shelburne.

Mills spent his early childhood in Alliston before his family moved to a farm in Mulmur Township where his parents still live. He is a graduate of Centre Dufferin District High school in Shelburne, has a degree in History and Political Science from Brock University, and a Law Degree from Dalhousie University in Halifax. He was the first recipient of the Nova Scotia Barrister's Society Award for Leadership. He says he and "his partner Meghan share a lively home with her three children, Zack, Zoey and Max, as well as our two dogs, two cats and one fish! "

After three years with a large Niagara law firm, Mills returned home to Shelburne to become a partner in the law firm of Timmerman, Haskell and Mills LLP. He is also a partner in a local property development company, Farm Lane Properties Ltd. Mills has taken an active role in the community, spending two summers coaching minor ball hockey, serving as a board member on the Shelburne Fair

Board, and, most recently, accepted appointments to the Shelburne Economic Development Committee, and the board of Food and Water First.

Mills has been politically active from a young age, assisting on a number of campaigns at the municipal, provincial and federal levels. He was elected to leadership roles including President of the Law Students' Society and feels these "practical experiences" combined with an undergraduate degree in Political Science provide him with many of the "hard skills" necessary "to understand how government operates at all levels, and what sorts of governance strategies can be implemented to ensure that they operate as efficiently and effectively as possible." He says he has "a deep interest in people and a desire to make a difference and do good work" for the Town. "My roots are here in this community," says Mills, "I have always had a strong desire to get involved and give back."

Mr. Mills provided answers to the following questions, his answers are, in some cases, included in part:

What are your thoughts on the increased Council remuneration recommended by Ward & Uptigrove Consulting and Human Resources?

"I first have to say that I have great difficulty with the inherent conflict of interest that exists when elected officials are permitted to determine their own rates of pay. It is true that an independent consulting firm has recommended this latest increase to Council salaries but that firm was ultimately hired by the same Council which will benefit from such an increase. We have no reason to question the fact that their findings are unbiased and independent but the optics are still poor. Other municipalities have created ad hoc committees comprised of independent ratepayers to make such recommendations and I find that a more acceptable approach - it would also save on the consulting fees! That being said, we have a recommendation in place and it appears clear that our current Council will defer any final decision on the matter until after the election. If elected, I will vote against any such recommended

increase. One should seek elected office to serve the community and not to supplement one's income. I am not challenging the expert's findings but from a moral perspective, I believe that the current Councillor salary of \$8,000 per year is fair compensation when the purpose of the office should be public service and not personal ad-

What do you feel is an acceptable number of meetings for a member of Council to miss?

"Ideally none. When the public puts their trust in you as an elected official you have a solemn and important duty to live up to...Clearly there are times in our lives where it is impossible to be everywhere at once, but when you offer your name for election you should be prepared to do the work that comes with it..."

What do you see as the biggest challenge you will face as Councillor?

As an individual Councillor I anticipate that my greatest challenge will be overcoming any reluctance to the kind of change I seek to implement.... To neutralize those fears I will have to communicate clearly, justify my positions effectively, and lead with a sense of purpose.

What is the biggest challenge the Town will face in the next term? As a member of Council, how would you specifically deal with this and/or other challenges?

In a word, growth. Our town has experienced tremendous growth over the past few years and the same trend is expected to continue without pause into the foreseeable future. Our next Council will need to be innovative in its approach in order to mitigate the negative effects of growth while capitalizing on its positive opportunities.

Firstly, we will have to create the most effective local government possible by ensuring that it operates in an open, accountable, and transparent fashion.

Secondly, we will have to build the strongest community possible by ensuring that our town and our people are inclusive, engaged, and dynamic in nature.

Thirdly, we will have to promote

greater opportunity by ensuring that we support our local businesses, attract new employment opportunities, and market our town as a destination location.

Finally, we will have to become more youth-friendly by ensuring that we give our young people a real voice, by offering them the opportunities that they need to excel, and by showing them that they can eventually build their own lives right here in Shelburne.

These are the four priorities set out in my platform and these are the priorities that I will promote as a member of Council in order to address the challenges posed by our continued growth."

What changes would you like to see implemented for the Town by the end of the next term?

- "...The art of governing is often about compromise and setting priorities. With that I mind, my top priorities will be:
 - A Code of Conduct for Council• A Collaborative Long-term Strate-
- A Common Sense Plan for Safer Streets
- A Commitment to Expand Parks and Recreation Opportunities
- A Strategy to Attract More Employment
- A Sustained Effort to Support Local Businesses
- A Commuter Transit Solution
- A Youth Advisory Council

Mills hopes for "A campaign of ideas rather than a campaign based solely on name recognition, incumbency or popularity." He says, "Shelburne is long over-due for a good and productive public discussion about our future."

Advanced polls in Shelburne

Advanced Polls for the 2014 Municipal Election are being held Saturday October 18th from 10 a.m. to 5 p.m. and Wednesday October 22nd from 10 a.m. to 8 p.m. Both advanced polls are being held at the Town Hall – 203 Main St. E.







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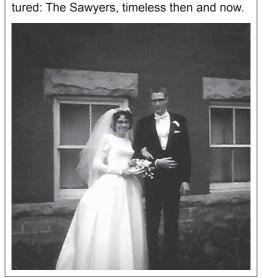
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PHOTO BY ALEX SHER A KISS TO REMEMBER - Married 50 years, it's safe to say, Jim and Marion Sawyers defy age, gravity and almost every statistic out there when it comes to rules and marriage. On, October 4th, the Sawyers celebrated their 50th wedding Anniversary at the Shelburne Agricultural Centre surrounded by generations of family and friends. Their daughter, Teresa Steele commented, "Being married 50 years seems to be a rare thing nowadays and it makes me happy to have my parents as role models for myself and my kids." The Sawyers, aside from outlasting so many marriages, work together each and every day running Sawyers Feed Mill on Adeline St., a staple in the Shelburne community. Perhaps it's the mutual love and respect that is their secret to success. The most marvelous aspect about this fine couple is the couple themselves. With a firm handshake, their word means truth and honesty, this couple are straight arrows keeping life simple, appreciating family, doing their best to do their best each day, and as a community, we can all boast knowing them, even a little, and that marvelous part is why the Shelburne Free Press wishes even more wonderful life, love and happiness for many years to come. Pic-



DCMA curator, Wayne Townsend, retires



PHOTOS BY ALEX SHER

lic office as Mayor of Shelburne, Ed Crewson

commented, "Wayne Townsend has been very

effective at raising our collective appreciation

and awareness of Dufferin County's colorful

history. He has also been able to inspire, mobi-

lize and manage the many dedicated volunteers

and donors upon whom the Dufferin County

Museum and Archives depends. I wish Wayne

all the best in his retirement and thank him for

his dedicated service to the County of Duffer-

After 26 years of dedication to the communi-

Special snapshots of remembrance marking the Retirement of Wayne Townsend, well loved Curator of Dufferin County Museum and Archives. Caterers included Terra Nova Public House, The Globe Restaurant, Mrs. Mitchell's Restaurant, and Forage Casual Gourmet Dining. Many raised a glass toasting Wayne Townsend wishing him a bright future.





BY ALEX SHER

The evening of Saturday, October 4th marked a new beginning of sorts for Wayne Townsend, long time Curator of Dufferin County Museum and Archives. What can only be described as standing room only, droves of well wishers, friends, family and loved ones turned out to wish Townsend a wonderful retirement.

So well respected as an individual even Caterers offered their services for free to commemorate the deeply emotional occasion over flowing with well deserved and earned admiration for Townsend. This charismatic individual can be described as a person well loved, cared for by all who knew him, well endowed with a keen, quick witted sense of humor, and the ability to bring history alive with every articulate speech, binding the present with the past, forever preserving our favorite tales for the future.

Wenda Montgomery, Townsend's sister, noted with pride and admiration, "Wayne is such an integral part of the community and was instrumental in designing this museum as well as acquiring funding."

Also embarking upon retirement from Pub-

Just South of Primrose on Hwy 10

















ties of Dufferin County, Townsend will stay on as a Fund Raising Board Member. Sarah Robinson, new Curator of Dufferin County Museum and Archives will have big shoes to fill and Dufferin County looks forward to her legacy with welcome arms.

Ironically, Townsend can now be added to the very special list of interesting people of Dufferin County which he created.

The Shelburne Free Press wish Townsend the brightest of futures as he embarks on yet another interesting life journey, retirement.



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QUESTION

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Canada

Voting for nature

The upcoming municipal election represents an important opportunity to ensure that nature and the many benefits it provides are protected in your community.

Why should this matter to you? For starters, nature is fundamental to your health and happiness. Studies around the world have shown, beyond a doubt, that spending time in natural

environments results in greater resilience to stress, increased physical activity, better mental performance and improved immune system functioning. Add to this other demonstrated benefits such as more positive social interaction, more self-acceptance, more self-discipline and a greater sense of purpose in life, and the picture becomes much clearer: access to nature in our communities is vital to our well-being.

Nature is also good for the pocket book. Our woodlands, grasslands, wetlands and rivers play a critical role in purifying water, controlling floods, improving air quality, retaining soil, sequestering carbon and providing habitat for pollinators and other wildlife. These and other services are valued at over \$84 billion per year in southern and eastern Ontario alone. And nature provides these services for free.

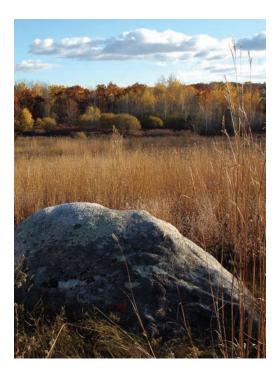
We can no longer afford to take nature's benefits for granted, especially in the face of climate change. We have begun to witness the astronomical costs of flooding and extreme weather events in Ontario. But the problems have only just begun and we need to prepare ourselves.

Part of that preparation should include protecting natural heritage systems - core natural areas and corridors. Robust natural heritage systems help to shield us against floods, droughts and biodiversity loss, all anticipated impacts of climate change. They make us more resilient and better able to adapt.

Identifying natural heritage systems is a provincial requirement, but it is at the municipal level where the rubber hits the road. Municipal councils determine what is included in natural heritage systems and how and where growth and ensuing development will be accommodat-

We need to elect members of council who understand the importance of protecting and restoring our natural assets. Before you go to the polls, find out who will stand up for nature in your community. Then make your vote count. Vote for a livable landscape and a healthy future where nature is truly valued as the foundation of our social and economic well-being.

> Dr. Anne Bell, Director of Conservation and Education, Ontario Nature

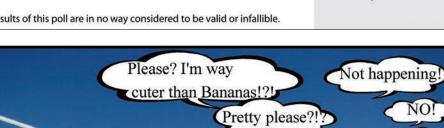


Results from last week's poll:

Should sports betting be legal?

11% 89%

The results of this poll are in no way considered to be valid or infallible.





Shelburne's Favourite Little Snowman, William Jelly Belly Snowman

SOMEONE SAY PUMPKINS? - Evan Besley of Besley Farms admitted this year was not the best year for growing pumpkins even though his farm turned out some beauties both in size and color. For those of us who remember the Besley fields of beautiful brightly yellow colored flowers just a few weeks ago and wondered what was growing there, the mystery is solved as Besley explained, "This area is one of Ontario's biggest producers of Canola." And there you have it. Just ask a Besley!

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- Wade Mills

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Former Mulmur Mayor runs for Shelburne Council



PHOTO SUBMITTED

Gordon Montgomery bids for a position on Shelburne Council in the October 27th Municipal election.

BY MARNI WALSH

Gordon Montgomery, former Mayor of Mulmur from 2006-2010 and Dufferin County Warden in 2009, is running to be a Councillor for Shelburne in the October 27th Municipal election. Montgomery now lives and works in Shelburne as a Labour Forman and MGR Construction Services for Greenbrook Village, Lakeview Homes.

Born in Montreal and raised in Toronto, Montgomery says he began spending time in the area as a teenager when his parents bought a weekend home in Mulmur. After marrying in 1984, he and his former wife moved to Mulmur and started a family. His daughter, Anne Marie, who he says is his "proudest achievement," is a human rights advocate and a teacher for the Upper Grand District School Board. Montgomery says his personal time is spent with "his life partner, helping to raise her two children."

Montgomery's education experience includes a Bachelor of Science from Trent University, Economics and Geography, as well as various courses in accounting, law, business and municipal politics. His volunteer experience includes ten years of service with the Honeywood Beef Barbeque, bartending at a variety of local charity events, being a Committee member at the Mansfield Ski Club for two years, a Board member with Dufferin Child and Family Services for one year, and volunteering at Primrose Elementary School for five years.

Montgomery spent almost 20 years as part of Council for the Township of Mulmur and various committees, as well as being the owner and operator of his own business. During that time he says he "acquired a multitude of skills that would benefit the Town of Shelburne" if elected as a Councillor. Some of those skills include, "problem solving and analytical skills, including thinking of different ways to resolve an issue while considering the advantages and disadvantages of each option; financial management and reporting processes; developing and reviewing policy; proposing solutions to complex problems; collaboration with County, Provincial, and Federal politicians; and working collaboratively with a group of people in order to achieve a goal."

"Shelburne Town Council needs fresh members with a desire and the willpower to make some positive changes within our community," says Montgomery. "Shelburne is a growing municipality that is going to be faced with many new and challenging issues. I want to ensure that decisions being made on council are in the best interests of both the residents and the town for generations to come. Shelburne's growth requires careful management so that we maintain the kind of town where we want to raise our families."

Gordon Montgomery's answers to questions from the Shelburne Free Press follow:

What do you feel is an acceptable number of meetings for a member of Council to miss? "I don't feel it is acceptable for a member of Council to miss any meetings if avoidable."

What are your thoughts on the increased remuneration recommended for Council recently made by Ward & Uptigrove Consulting and **Human Resources?**

"Remuneration for the Mayor, Deputy Mayor and Councillors should be based on realistic standards. Council is responsible for many complex and important issues which require significant time and commitment. While I recognize that the role of a Council member is in

part deemed as community service, fair and market competitive compensation can not only help retain, but attract citizens to public service. Shelburne's current remuneration for Councillors is less than what is provided to a single unemployed individual collecting Ontario Works. In addition, an active Councillor will incur a fair amount of out-of-pocket expenses that are not submitted as expenses, and subsequently, not reimbursed. Shelburne Town Council is currently one of the lowest paid councils in the province. I am, as a tax payer, in support of a more in-depth review of the current remuneration for Shelburne Town Council."

What do you see as the biggest challenge you will face as Councillor?

"I would like to see our municipal government run more efficiently. I will use my personal time to quickly become well versed in all the issues affecting our community so I can make well-informed decisions that benefit the whole community. By creating various avenues to more formally engage with the community, Council would have a better understanding of the community's views on matters that are important to them."

What is the biggest challenge the Town will face in the next term? As a member of Council, how would you specifically deal with this and/or other challenges?

"The biggest challenge facing Shelburne is to effectively manage our growth by improving our infrastructure and increasing access to community and social services. We need to increase the commercial base in our town to allow more people to live and work in our community. I will work with Council to bring new business to Shelburne while making certain that these choices don't have negative financial or social impacts in the future. Council must research and implement additional, innovative programs designed to attract new businesses/developers as well as supporting our existing businesses. Processes and time lines need to be streamlined and incentives developed. Attracting new business and development requires an environment that makes it easy to open a business and/or develop a project in an efficient manner."

What changes would you like to see implemented for the Town by the end of the next

• Improved infrastructure, i.e.: roads, water,

high speed internet access, public transportation, and social services.

- · Increased avenues of communication with Shelburne residents.
- Council's resources being used more effectively and efficiently.
- Greater confidence and trust within the community relating to decisions made by council.

Gordon Montgomery believes in "utilizing the skills and expertise of the residents...by working together as a community, we can make a difference." He says he is "not coming to the table with a set agenda," but offering "20 years of municipal council experience within Dufferin County" and "the desire to make Shelburne a place we all love and are proud to live."

Celebrate Christmas early with Scott Woods

Renowned Canadian Fiddler, Scott Woods and his band will be pulling into town to present a brand new live show celebrating Christmas Tradition!

The two-hour masterful performance features old time fiddle music, sensational step dancing, seasonal songs, inspirational stories, trick fiddling, family humor and more. Special performances featuring the warm, rich vocals of Gary and Nadine Boles along with 14 year old singer, fiddler and step dancing sweetheart Amanda MacInnis will open hearts to the joy of the Christmas season.

Scott Woods is a multiple Canadian Open and Canadian Grand Master Fiddle Champion. He is known affectionately throughout Canada as "The Flippin' Fiddler" - a nickname earned as a result of a running somersault he does while playing his fiddle without missing a beat! The Scott Woods Band travels across Canada each year performing up to 150 concerts, most of which help to support churches, charities and other community groups.

Tickets are \$25 for adults, \$10 for children under 12 and children 5 and under get in free.

Tickets can be purchased through the venues or charge by phone with Visa or Mastercard at 1-855-SCOTTWOODS (1-855-726-

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> 13. Fido or Felix 15.Legal matter

16. Substitute

22. Eye rudely

26.Oblong 27.Stroll

24. Has permission 25. Feminine title

29. Athens aperitif 30.Sediment

31. Hold back 33. Feudal title 34. Royal ruler 35.Kind of flatfish 37."Younger Springtime"





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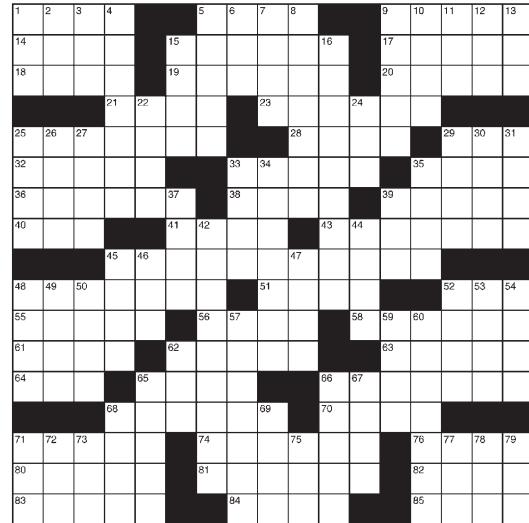
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1. Egress 5. Blunt

9. Leather band

14.Besides

15."Candid _

17."The Paper ___ 18.Frost

19.Request

20.Should

21. Muzzle part

test (revealing

measure)

25. Woman of means 28. Shipshape

29.Not even

32. Take advantage of

33.Distrustful

38.Sign

35.Certain

36.Croquet need

39. Group of twelve

40. Moose's cousin 41. Plucked instrument

43.Expression of regret

45.Secret

48.Bedazzle

51.Emit strong smells 52.Lily leaf

55. Cleanser ingredient

56.Desktop image

58.Adjust

61.Stench 62. Tennis or hockey

63.Revolt

64.Novel

65.Garden vegetable

66.Stir

68. Mexican celebration

70. Alliance 71. Munchhausen's title

74.Wig

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81.Beat in a marathon

82. Turkish official

1. Auditory organ

4. Foot-digit part

6. Strike caller

7. Movie spool

9. Kit Carson, e.g.

8. Apprentice

10.In this way

11. Scrap of cloth

12.Blond shade

5. Smoked-salmon garnish

2. Caesar's 41

83. Digging tool

84. Hotel unit

85. Tariff

DOWN

3. Belief

76.Bigwig

80.Toss

42. Italian first course 44.Rocky Mountain animal

39.Put on

45.Burn 46.Slack

47.Dispatched

48.Black, to poets

49.Lymph ___

50.Boast

52.Insect stage

53.Dill herb

54. Printer's term

57. Sheet type 59. Tom, Dick, and Harry,

e.g.

60. Wacky

62. Comprehend

65.Bout

66. At right angles to

67. Narrow valley

68.Loving

69. Convertible, e.g.

71."____ Daughter"

(Stanwyck film)

72. Heidi's peak

73. River inlet

75.Expert

77. Aussie avian 78. Tiny island

79.Dull





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FEATURE RECIPE

These muffins are great to enjoy as part of your breakfast. But they're also tasty when served with a bowl of soup or chili as part of a lunch or dinner.

PREP: 15 min / Total: 34 min Servings: 12 servings, 1 muffin (66 g) each



WHAT YOU NEED

- 1-1/4 cups flour
- 3/4 cup cornmeal 2 Tbsp. sugar
- 1 Tbsp. Magic Baking Powder
- 3/4 tsp. salt
- 1/2 tsp. baking soda
- 1 egg
- 1-1/4 cups buttermilk
- 1/3 cup oil
- 1-1/4 cups Kraft Old Cheddar Shredded Cheese 1/2 cup Oscar Mayer Real Bacon Bits
- 2 green onions, chopped

MAKE IT

Heat oven to 400°F.

Combine first 6 ingredients in large bowl. Whisk egg, buttermilk and oil in medium bowl until blended; stir in cheese, bacon and onions. Add egg mixture to dry ingredients; stir just until moistened.

Spoon into 12 muffin cups sprayed with cooking

Bake 18 to 20 min. or until toothpick inserted in centres comes out clean. Cool in pan 10 min. before removing from pan to serve.

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MAIN STREET CAFE

Every morning at Main Street Cafe in Shelburne you will find a group of regulars and some travellers enjoying the "best Eggs Benedict" in Ontario! At least that's what customers tell owner Julie Hart. This year they are celebrating 8 years in business. When asked what the secret to her success is, she replies "everything is made from scratch on site with the help of my fantastic kitchen staff".

Main Street Cafe is open Monday to Saturday's from 8 am to 3 pm and Sunday's from 9 am to 2 pm and feature a Daily Lunch Special. Recently they have started their monthly themed dinners, which require reservations. (See their ad on this page for November's Dinner). Last month's Octoberfest dinner

was a huge success with a great selection of food such as Pork Schnitzel and homemade Cabbage Rolls to Fresh Baked Bread and Pumpkin Pie.

This November let Main Street Cafe and all their wonderful staff cater to you and your family with a scrumptious meal that will definitely have you returning for their next





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Giving thanks, this Thanksgiving

BY SYLVIA JONES, MPP

The Fall season in Dufferin-Caledon is a busy time of year culminating in many events that focus on our agricultural community; fairs, farmers' market wrap-up, farm tours, plowing matches, Headwaters Horse Country stable tours - not to mention the end of season harvest that allow us to enjoy plenty of locally grown fresh vegetables and seasonal fruit.

In Dufferin-Caledon we are blessed with an abundance of farmland and agribusiness surrounding our towns, villages and hamlets. One advantage to living within an agricultural community is appreciating the wide assortment of local farm to table offerings. Across the province, the agrifood industry contributes more than \$33 billion to the Ontario economy and agriculture in Dufferin-Caledon is an important contributor.

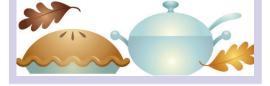
Local events that celebrate the harvest are a significant part of our Thanksgiving gatherings which traditionally marks the end of the harvest season. During this time of year, we are reminded of all that we, in our families and as a community, have and should be thankful for.

There are still families and individuals in our community who struggle every day to have enough food to eat.

This year, I am happy to finally see an amendment of the Local Food Act that will benefit farmers, food banks and those most in need. I supported my colleague MPP Bob Bailey on making a change to the Local Food Act that will now include a tax credit for farmers who donate their products to local food banks. This ensures that donated produce by farmers and producers will be used to help stock the shelves of our local food bank and return a tax credit worth 25 percent of the wholesale value to farmers.

Throughout Dufferin-Caledon, I see firsthand the progress of our own eat local buy local campaigns. I would encourage you, before the cold winds of winter are upon us, to get out with your family to support our agricultural community by shopping at the farmers market before the end of the season, or visiting a farm that has a corn maze or apple picking orchard, or support our local 4-H members as they participate in the Royal Agricultural Winter Fair Nov. 7-16th in

I'd like to wish you all a very safe and happy Thanksgiving.



Fire Prevention Month: tips to keep you safe!



Shelburne families were able to take part in the Shelburne & District Fire Department's Open House celebrating October as Fire Month featuring Fire Prevention information on Smoke Detectors. (L to R) Fire Fighter Ian Wallace, Captain Mike Morrell, Robyn Livingston holding baby Nicholas, (back) Trent Wallace and 3 year old, Trenten Livingston.



PHOTOS BY ALEX SHER

Kicking off Fire Prevention Week, the Shelburne & District Fire Department held it's annual open house focusing on Smoke Alarm Safety. Chief Steven Horsely offered a few life saving tips to Shelburne residents.

BY ALEX SHER

While October is Fire Safety Month, Fire prevention week kicked off in Shelburne with the Shelburne &District Fire Department's Open House. Hosting games, demonstrations, raffles, the message was loud and clear when it came to fire prevention.

Fire Chief Steven Horsely offered a few tips that most people are not aware of, essential fire safety knowledge that could one day save a life.

"I recommend people go around their house and check the batteries on smoke detectors, and also to remember that smoke detectors themselves can actually expire within a ten year span. It's a good idea to check and service furnaces, hot water tanks, gas fire places, and removing dust is always a good idea."

Horsely also noted that bon fires are not allowed in Town and only the use of Chiminea type enclosed structures are allowed.

Fire Prevention Safety Officer, Captain Mike Morrell, offered an overview of the day, "Every kid who comes through here today gets a grab bag full of fire safety prevention information, there are draws, coffee, hot chocolate, tours,



Fire Safety Month at the Shelburne & District Fire Department during the annual Open House held on Saturday, October 4th. (L to R) Dufferin County Paramedic, Brian Mac Intyre, co-worker, Dufferin County paramedic Matt McCleary and front, Trent Wallace.

and Foodland one of our many safety partners, donated food. This is a nation wide event. Last year we featured kitchen safety and this year we are focusing on smoke alarms," commented Morrell. For more information on October Fire Prevention information sessions, call the Shelburne and District Fire Department at 519 925-5111.





OPP Officer Steve Baker was on hand at the Shelburne District Fire Department's Open House kicking off Fire Prevention month with a demonstration in UCRT (Urban Search and Rescue Team).



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ORTS

PHOTOS BY BRIAN LOCKHART The Centre Dufferin District High School Royals senior boys soccer team take on the squad from Emmanuel Christian High School in Fergus during regular season play on the main field at CDDHS. The Royals came up short taking a 2-0 loss to the visitors.









Baseball: Royals rally to tie game five



PHOTOS BY BRIAN LOCKHART

The Centre Dufferin District High School Royals baseball team had a come from behind game to tie it up in the fifth inning in their recent outing against the first place St. James Lions. The Royals now have a 2–2–1 record for the season.



BY BRIAN LOCKHART

The Centre Dufferin District High School Royals baseball team showed their mettle with a come from behind rally that saw them tie their game with the St. James Lions on Wednesday, October 1, at Princess of Wales Park in Orangeville.

Hurler Josh Johnston started off on the mound for Centre Dufferin.

In the second inning the Royals scored two runs when Michael Fuller hit a double to drive in a run, then advanced to third base on an error.

Follow up batter Ty Doney got on base with a single and Fuller made the charge on the hit beating the throw to home plate to score.

The Royals faltered in the third and fourth innings getting no hits but allowing the St. James squad to tie it up then go ahead on a couple of Royals errors that put the pressure on CDDHS to get back into the

It was the fifth inning that saw the Royals get their bats working again led off by Doney who cracked a beautiful ball right over second base then followed up by stealing second base.

A single by Stephen Falls placed runners on first and third, and second base steal by Falls put the Royals in scoring position.

Centre Dufferin scored when Ryan McLean notched a blistering hit over third base that dropped short in left field to allow another Royals run.

The St. James team had their work cut out for them



in the top of the sixth when they loaded the bases but couldn't capitalize on the situation and the side retired with no runs scored.

Trailing 5–4 in the bottom of the sixth, the Royals tied it up when Jake Currie hit to deep centre for a double, then made it to third base and scored on the next play to even the tally on the scoreboard.

The St. James squad knew they gave up the win in the final inning when they had two men on base and



a 2-2 count on the batter and the inning ended with a strike-out that eliminated their chance of a win.

The Royals had to settle for a respectable tie game when they failed to get a man on base in the final at-bat. The tie leaves the CDDHS team with a 2-2-1 record with one more regular season game left on the schedule.

The Royals will be going to the playoffs in Guelph to vie for the top spot in Division 4.

Kart racer places well in final standings

BY BRIAN LOCKHART

Shelburne Kart racer Matt DeAbreu wrapped up the 2014 racing season with a fourth place finish at the Innisfil Kart Club in Gilford, Ontario.

Matt was running in second place midway through the season but dropped down in the standings after being disqualified in one race on a minor technical-

The infraction was so minor that most clubs wouldn't have considered it worth reporting, however like all sporting events, infractions are at the discretion of officials on site.

Despite the setback, Matt still had a stellar season on the track.

"We had a couple of strong finishes," he said. "It came down to the wire. We finished six point behind third place."

With the end of this season Matt will move up to a senior division next year and is now considering his options when it comes to choosing a new class

"It tried a two-stroke Rotax kart. It's a lot faster," He explained. "Right now I'm not sure what I'm going to do but I'm leaning toward running a fourstroke Briggs and Stratton. The Briggs and Stratton can run at different levels. I'm applying for a nationals license so I can run a the national and regional

levels and in the U.S."

The Kart season had 12 races and each driver can drop the two worst performances for the final points tally at the end of the racing season. Unfortunately, races where drivers were disqualified can't be knocked out of the total.

Matt's father Dwayne is the chief mechanic and pit crew and is knowledgeable in Karting with the smarts to fine tune the machine for the best performance on the track.

The Kart reaches speeds of up to 94 kph and will complete a lap on the Innisfil circuit in about 38 sec-

Matt said he feels very positive about his performance on the rack this year, adding "I got a lot of

experience for the season." The DeAbreau team will be looking for sponsors for next season who want to be a part of the exciting Kart racing world.





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on Tuesday October 21st at 7:30 pm for the following purposes: 1. To receive the report of the directors and

Notice is hereby given that the 2014 Annual

General Meeting of the Shelburne Soccer Club

will be held at The Shelburne Public Library

- the accounts for the 2014 season
- 2. To elect incoming executive member and confirm appointment of existing executive



For more information please contact us at (519) 925-8558 or at info@shelburnesoccer.com



SILAS SALES CDDHS ROYALS Team: **SENIOR BOYS BASKETBALL**

sports at Centre Dufferin District High School.

Currently a member of the senior boys volley ball team, he enjoys the 'hitting and spiking' aspects of the game and the fact that it is an active and demanding

He moved to volley ball after formerly playing on the school's soccer team.

describes as his 'main sport' - playing shooting guard on the school's senior basketball team. He has been a member of the basketball squad for all four years in high school.

Moving to the later part of the school year, Silas will be part of the school's rugby team when the season gets underway in the fall.

Crossroads Community Church

Sunday October 5th, 2014

It was a peaceful and solemn morning as we gathered to receive God's message. Worship was uplifting and serene, Pastor Don shared announcements and prayed, "Dear Father God, we come with humble and hungry hearts for your word, forgive us when we harbour unforgiveness amongst each other, teach us to forgive as you forgive in Jesus name, amen."

We can all agree that what happened over 70 years ago in concentration camps was horrid and inhumane; some may even say it was unforgiveable. The Nazis practiced unspeakable crimes against human beings; one of them is the wellknown Corrie Ten Boom, and her family. The Ten Booms gave refuge to over 800 Jews during World War II and when the Nazis regime found out, Corrie and her family were sent to concentration camps. Most of her family died in the camps but due to an unexplainable clerical error Corrie was released. Many years later, she came face to face with one of her tormentors, she did not feel like forgiving him for the atrocities he put her through however she asked God to give her His forgiveness to enable her to do what all of us cannot do; forgive the unforgivable. When we come to God we are all sinners undeserving of forgiveness for we all fall short

of His glory. When we receive His grace and Mercy through his Son we can then forgive as He does but we must ourselves be cleansed of our own sins, (Acts 22:16).

The lesson to learn is to forgive; so why, who and how we should forgive is important to grasp. The only reason we need to forgive someone is because God forgave us first,".. be kind to each other, tender-hearted, forgiving one another, just as God through Christ has forgiven you," Ephesians 4:31-32. We may think it's simple but it certainly harder to achieve than we think. When we become one with Christ then we are able to forgive because we possess his love and mercy within us, if we aren't willing to forgive then we show the contrary. We live in a world where retaliation and vindication seems to be the norm, but Jesus commands us to be different; to pray for those who persecute us, (Matthew 5:44). He goes on to say that if we don't forgive we will not be forgiven either, (Matthew 6:14-15). Choosing to deny someone forgiveness equates to denying that we too are sinners and need forgiveness regardless of what our sins may be. Jesus is the perfect example of forgiveness when on the cross he said, "Father, forgive them, for they don't know what they are doing." Luke 23:34.

God is all merciful, He does not withhold His grace and forgiveness, He forgives all who come a heart willing to turn away from their sins. Therefore we should not harbour unforgiveness and resentment towards each other, Jesus died for all of us and He paid the full price for our forgiveness, for our freedom from sin,(Ephesians 1:7). Before Jesus an animal was sacrificed to make retribution for sin, the blood needed to be shed for sin to be washed and forgiven, (Hebrews 9:22). Now Jesus, the Son of God is our perfect sacrificial Lamb who was sacrificed once and for all, his blood was shed for all of us, and so no one is more worthy than the other. Furthermore there isn't any limit to the times we need to forgive. Jesus, wants us to forgive as many times as it takes for we too need ongoing forgiveness for we are far from perfect and still sin, (Matthew 18:21-22). If we allow our hearts to become calloused with unforgiveness then we show we are ungrateful for God's mercy as in the story of the debtor who was forgiven a huge debt but showed no mercy to one who owed

him less. (Matthew 18:23-31). A grateful heart is a forgiving heart, when we choose to forgive those who hurt us according to the power given us by Christ, we not only release them into God's hands, we also free ourselves from the chains of bitterness. Holding

One would think that having our

needs met and enjoying prosperity

would make us a contented people.

In reality, it doesn't necessarily

turn out that way. There are other

factors that may prevent us from

experiencing happiness along with

gratitude. Lack of health is one

factor. Another may be absence

of harmony in our home or our

place of employment. We may be

concerned about political issues

affecting us. Some of us may be

able to relate to such scenarios.

It does beg the question though:

What motivated the early colonists

to set aside a day to consider and

reflect on the good things we have

Contrary to my own understand-

ing of the early history of the North

American colonists, it was not the

Pilgrims who arrived in New En-

gland who were the first to cele-

brate Thanksgiving on the North

American continent. It was the

Euro peoples under Frobisher, an

explorer during the reign of Eliza-

beth I, 42 years prior to the Amer-

ican Pilgrims' commemoration,

who first celebrated such an event.

Whereas the American Thanksgiv-

ing was a response to a plentiful

harvest, Frobisher's Thanksgiving

was an expression of gratitude for

a safe return from a search for the

for which to be thankful?

grudges holds us and the offender captive to the evil one, we start blaming each other in order to escape responsibility for our own sins consequently we hinder the work of God's Holy Spirit. On the other hand when we forgive we give up our right to feel justified in order to allow the other person to turn to God for forgiveness and their hearts to be changed and to "go and sin no more". God's Forgiveness heals hearts, strengthens spirits and changes lives for the good, (Psalms 147:3-5).

Beloved, if we do not love one another then the love of God is not in us, and if His love is not in us than we cannot truly forgive as He forgives. God has set times apart during this season for introspection, He wants us to examine our actions and our hearts, whether we need forgiveness or need to forgive another. He invites us to draw near to Him to receive grace, mercy and forgiveness through Jesus, the fulfillment of God's forgiveness; our debt is paid in full by His life and shed blood the atonement for our sins. The season of Thanksgiving is upon us, a great opportunity to show our gratitude for what the Lord has done by forgiving one another, when we do we reflect God's love, joy and peace!

Have a Happy Thanksgiving, Asherey Shalom!

To learn more visit www.shelburnecrossroadschurch.ca

Northwest Passage, avoiding the later fate of Henry Hudson and Sir John Franklin. It is interesting to note that this tragedy has been in the news lately due to the fact that this ship is believed to have been located very recently.

Other events giving cause for formal Thanksgiving celebrations have been England's delivery from the threat of the Spanish Armada. I recall the celebrations in my own country, Holland, to commemorate the liberation from Nazi occupation. The Dutch continue to express their gratitude to the Canadians for their sacrifices.

Two common factors in all of the historical commemorations listed here is the hardship and pain that people experienced and then when deliverance came, those in authority and commoners alike wanted to express their gratitude to God. It became a spontaneous expression of thanksgiving to the One who brought deliverance.

This gratitude ought to be a spontaneous desire among those who have the assurance of their sins forgiven through their Saviour, Jesus Christ. It is then that Thanksgiving is no longer a chore but a delight.

> Klaas Vandebelt Bethel Chapel, Shelburne

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COME AND BE BLESSED, ALL ARE WELCOME!

ABIDING PLACE

THOUGHT OF THE WEEK

Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can.

As long as ever you can.

- John Wesley

Trust in the LORD, and do good;

Please visit us at: www.shelburnechristadelphians.ca



Cross Roads Community Church "THE LIGHT SHINES IN THE DARKNESS" (JOHN 1:5) Meetings: Sunday Mornings at 10:00 a.m.

The Shelburne Library
Corner of Owen Sound St. and First Ave.)
*Children's Church*** Pastor: DON HUME 519-939-1453

www.shelburnecrossroadschurch.ca

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MELANCTHON TOWNSHIP OPEN HOUSE

Please join us for a Come & Go Open House for the Municipal Office Addition, as well as a Get-Together to Bid Farewell to Mayor Bill Hill, Councillor John Crowe and Councillor Nancy Malek who will not be seeking re-election.

Sunday, October 19, 2014 2:00 - 4:00 p.m. (Presentations - 3:00 p.m.) **Melancthon Municipal Office** 157101 Highway 10

Christian Perspective: Thanksgiving

What comes to mind when we think of Thanksgiving? Family gatherings, good food, like turkey and pumpkin pie?

Like many traditions, the real purpose of this day has been lost. While there is nothing wrong with the above, there is value in seeking to regain gratitude, especially since the early settlers were moved to practice it.

To regain a sentiment like 'thanksgiving', we need to clarify, at least in our own mind, what it is for which we are looking. What is 'thanksgiving'? Perhaps a better word to describe it is gratitude which prompts us to express what we feel in our hearts. Also, gratitude needs an object. Unless it is focused on an individual or any group of individuals, it remains something undefined. It may be no more than a good and happy feeling that comes and goes.

This brings us to the question: To



PHOTO SUBMITTED HORTICULTURAL SOCIETY LEARNS **ABOUT** NATIVE **PLANTS** - Shannon Stephens from the Nottawasaga Valley Conservation Authority recently spoke to the members of the Shelburne Horticultural Society about 'Gardening With Native Plants'. Pictured is Shannon and society Vice President Colette Whiting.

who do we or should we express our gratitude? For many of us, it is not that hard to think of those that we feel deserve our 'thank you'; friends, spouses, colleagues at work, parents, and children. I remember a pastor in a church we attended, speaking on marital relationships, who said that he felt the need to express appreciation to his wife for always having a clean, ironed shirt in the closet. How well, I recognize my own failure to be consistent in expressing niceties like this. We owe those we live with and are deserving of acknowledgments like these, such expressions of appreciation. Considering my own shortcomings, I am hoping that in some way this mental exercise of reflection will somehow 'stick' and impact the day to day interaction with those I meet on a daily basis. Thus far, the substance of this writing more or less deals with how we may acknowledge and show our gratitude to one another.

The early Canadian settlers and the Pilgrims in the south who initiated this tradition of observing each year a day of Thanksgiving had something different in mind. They had a hard life. The winters were brutally cold, against which there was minimal protection. Many knew, but for the grace of the Almighty God in whom they put their trust, they wouldn't have made it.

We as 21st century Canadians, by and large, do not have a history of coming from a culture of poverty, social discrimination or religious persecution. The majority of Canadians have grown up during a time of plenty and freedom.



WWW.MUDMEN.CA

IMPORTANT NOTICE TOWN OF SHELBURNE LEAVES ON ROADWAYS

The Town of Shelburne is encouraging residents to not rake leaves onto the roadway. It has proven to be a potential hazard for both pedestrians and cars travelling our roadways.

We encourage all of our residents to bag their leaves, as a voluntary way of assisting the County with leaf collection.

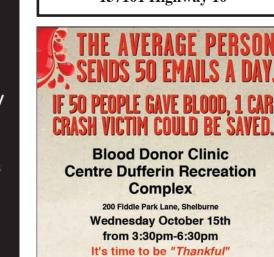
We also encourage where large amounts of leaves accumulate that they are raked to the curb, left on the edge of the boulevard and not raked onto the roadway. Please do not rake your leaves on to the roadway, kindly pile them at the curb at the edge of the boulevard so that Public Works staff may collect and dispose of them in a proper manner.

NOTICE

FALL WILD TURKEY HUNTING SEASON

All users of the Dufferin County Forest are hereby advised that October 14-26 is the FALL shotgun/archery season for wild turkey in 2014. Wild turkey hunting may occur only from ½ hour before sunrise to ½ hour after sunset. During this time there will be a number of hunters using the **Dufferin County Forest properties. Please use** caution in the forest and wear bright-coloured clothing. Suspected violations of the Fish & Wildlife Conservation Act should be reported to the Ministry of Natural Resources at 877-847-7667 (877-TIPS-MNR). Other inquiries can be directed to the County Forest Manager at 705-435-1881.

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HELP WANTED

EMPLOYMENT OPPORTUNITY CENTRE DUFFERIN RECREATION COMPLEX **Invites applications for the positions of:**

SEASONAL PART-TIME CONCESSION BOOTH ATTENDANT Starting hourly rate is \$10.93 Fall/Winter 2014/2015 Season. October 2014 – March 2015

Applications are being received for one (1) position within our Recreation Department at the Centre Dufferin Recreation Complex for a Seasonal Part-time Concession Booth Attendant. The successful candidate must be available to work scheduled week nights and weekends as well as special events during the summer months. The job requires strong interpersonal and communication skills in order to work well with other staff and the general public. A background in food preparation would be an asset. The job involves food preparation, cleaning and cash handling.

All standard employment requirements apply. Standard First Aid with CPR-c certification an asset. Safe food handling certifications required. Interested, qualified individuals may submit their resume quoting CDRC-BOOTH2014.

Resumes for this position will be received until Monday, October 20, 2014 at 2:00pm at the Centre Dufferin Recreation Complex by email, fax or in person.

> Centre Dufferin Recreation Complex 200 Fiddle Park Lane, Shelburne, ON L9W 3C9 Phone: (519) 925-2400 Fax: (519) 925-2402 Email: kfraser@townofshelburne.on.ca

Please note position applying for on cover page. Interviews will be conducted in October 2014. We thank all applicants for their interest and advise that only those selected for an interview will be contacted.

HELP WANTED

FULL/PART TIME POSITIONS

Metal Fabricator - Turret, Shear, **Brake Press** Reception / Admin - \$14 / hr. **Outbound Callers - not** telemarketing - Weston Water Treatment Sales persons **Production Supervisor - Metal Fab** Millwright (Lic.) - Woodbridge -\$25.00/ hr.

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is currently recruiting a contract RPN position for its busy medical office. We are seeking an individual that is available for up to 20 hours per week, to include some evening work. Experience with nursing in a primary care setting is an asset.

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We thank all applicants, however, only those selected for an interview will be contacted.

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AUCTIONS

FARM AUCTION Saturday October 18th @ 9:30am For Clare Murdy

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AUCTION SALE

of 70+ Heifers/Cows Saturday, October 18 at 11 a.m. for Lothlorien Farms

to be held at 554447 Mono Amaranth Townline (Lot 18, Conc **3, Mono Twp**) Go West through Orangeville on Hwy 9 to Cty Rd 16 (Veterans Way at Greenwood Cemetery), turn North 5 miles to farm on East side. OR From Shelburne go East on Hwy 89 to Mono-Amaranth Townline, turn South & go 5 miles to farm on

Cattle: (50) 1st calf hfrs (Char, CharX, Simm X & Blk) - bred red Angus. Hfrs approx 18 mons old & quiet. (21) Heifers (Simm, SimmX, AngX, CharX)- running with reg Top Meadow blk Limo bull since June 6/14. (3)1st calf cows (Char, SH & calf, LimoX & calf), (5-6)Blk Angus cows, (2)Angus hfrs; Charolais bull 30 mons old, good feet, purebred-no papers

Note: All heifers/cows have been preg-checked by Cheltenham Vet Clinic

Sale to be held Inside Lunch Booth Washroom Available Terms & Conditions: Cash or Cheque with proper I.D. on day of sale. Owner and/or Auctioneer will not be held responsible for accident or loss on day of sale. All announcements on day of sale will take precedence over printed ads.

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DEATHS

Stinson, Ted (James E.)

Peacefully at Shelburne Residence on Monday, October 6, 2014 in his 87th year. Devoted husband of the late Marie Mulhall (1993) and the late Dorothy Best (2013). Loving father of Brian (Virginia) and Daniel (Gwen). Proud grandfather of Todd, Mark (Julie), Clayton and Wade and great grandfather of Ja-



cob, Joshua and Jagger. Dear brother of Mary, Peter (Marie), Rose (Bruce) Lyon and Joe. He will be missed by many extended family

The family will receive friends at the Jack & Thompson Funeral Home, 318 Main St. E., Shelburne on Wednesday from 7-9 p.m. Funeral mass at St. Patrick's Roman Catholic Church, 280 Sideroad, Melancthon on Thursday, October 9, 2014 at 11:00 a.m. Interment at Shelburne Cemetery. If desired, donations to the Cancer Research Society, St. Patrick's Church or the Shelburne Residence, Residents' Council would be appreciated.

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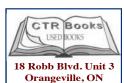
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Spirit Touches Art, Art Touches Spirit



Canadian Blood Services hits an all time low for donations

BY ALEX SHER

Canadian Blood Services Territory Manager, Elaine St. Pierre is appealing to all those located in Simcoe, Grey and Bruce Counties for support as the Canadian Blood Services appointments to donate hits an all time low. Reportedly, over the next two weeks only 466 appointments are accounted for out of a potential 1191 life saving spots needing to be

Upcoming Clinics are scheduled for Owen Sound, Angus, Mount Forest, Collingwood, Wasaga Beach, Hanover and Shelburne. According to St. Pierre, the pressure is on if we as a country want to continue to save lives. " Higher than expected cancellations and no shows have put on strain on the national inventory. By the end of October we will need to have approximately 3,700 appointments booked too keep up with demand,"

explained St. Pierre.

"In the longer term we would like to book group appointments to help us fill in the gap and if anyone needs transportation to clinics, we can help with that. Until then, I am asking all communities to be inspired, come in and donate."

St. Pierre hopes people in their communities will help spread the word and prompt group challenges and reminds, "One person really does make a difference."

According to the Canadian Blood Services website at www.blood.ca, every minute of every day, someone in Canada needs blood and the next person could be you or a loved one. Sad to imagine a situation where blood was needed in an emergency for you or a loved one and the unimaginable happened, there just wasn't any available. In an auto accident, a victim may require an average of 50 units, Leukemia sufferers require an average of eight units per week, and Cardiovascular Surgery and Cancer Treatment average five units each. In fact, over half of the Canadian population report they or a family member have needed blood during the course of their lives. Odd to think how such a precious commodity is so easily taken for granted.

If you or anyone you know would like to book an appointment or attend one of the clinics, take up a group challenge at work, school or at the gym, contact Blood Services Territory Manager, Elaine St. Pierre personally at 1-705-715-1590, go online at www. blood.ca, call 1-888-236-6283, e-mail elaine. stpierre@blood.ca and remember when you hear the signal on the radio, the signal means "give"! You too can save a life.

PHOTO SUBMITTED

"Candescence" has high praise for Trinity United Church as a concert hall, calling it "inspiring architecturally as well as acoustically." The vocal group will perform at the church for the "Spirit Touches Art Touches Spirit" event October 18th. The event is free to all and runs from 10 a.m. - 3 p.m.

BY MARNI WALSH

Trinity United Church in Shelburne has a history of reaching out to the community through music and concerts and "Spirit Touches Art, Art Touches Spirit" is an extension of that outreach. The event, which runs from 10 a.m. - 3 p.m.on October 18th, welcomes the community into the church, free of charge, to enjoy a Concert Hall with local performers and tour the newly renovated Gallery of Visual Art featuring area

The Spirit Touches Art Committee lead Ann McAlpine explains, "Trinity is full of musical and artistic members and adherents. Over the years, we've hosted many concerts upstairs in the sanctuary. This church has some of the very best acoustics for music in the region. In speaking with our minister, we wanted to reach out to the larger Shelburne community in a slightly different way than just church on Sundays. A small committee was formed in April and with

church council's blessing "Spirit Touches Art, Art Touches Spirit" has taken off."

Trinity's minister David Howes says he makes a distinction between the Church and the Arts and the Arts and Spirit. "They do not necessarily run in parallel lines," he says, "at the best of times, the Church has supported artists - performing and visual - to set their spirit free and express their deepest convictions. At the worst of times, the Church has exercised control on artists and sought to limit expression. We want to enable local artists to demonstrate where their Spirit touches ART and where ART touches Spirit."

The event will feature five hours of nonstop entertainment, upstairs on the performance stage. "Visitors are invited to sit down for 10 minutes or stay for the day," says Ann McAlpine. B.J. Hand, from Hands on Catering, will be offering a "feast of samples" or a more traditional lunch of soup, sandwich and a sweet for seven dollars. Simultaneously, in the lower level gallery, 16 visual artists will be showing, promoting, and selling their work. For those interested in purchasing art at the event, payment will be accepted in cash or cheques only. "We're expecting visitors to wander in and enjoy as much of it as possible," McAlpine says.

Susan Verduin and Candescence, a vocal group of four females with an exquisite sound, has high praise for Trinity as a concert hall. She says, "As a singer, Trinity United Church is a favourite place of mine to sing. It is inspiring architecturally as well as acoustically. Its warm, open sanctuary invites one to make music. When you sing, the sound you make, whether big or small, fills the room and travels back to the singer instantly. The acoustics do not distort the raw, natural sound of the voice, but rather carry the sound to every seat in the sanctuary. Add in more voices and some organ or piano and the room fills with swirling sounds of heaven."

Performances are scheduled to include:

10 a.m.: Murray and Ruth Irwin & the Shelburne Fiddlers

10:30 a.m.: Dick Byford story teller

10:45 a.m.: Gary Heaslip guitar solo

11 a.m.: Bassically Sound bass quartet 11:15 a.m.: Jen Smele & Trinity Choir featur-

ing singer Paul Boon Noon: Darcey Baker youth singer, dancer, violinist

12:15 p.m.: Ian & Ingrid folk duet 12:30 p.m.: Keiko Yoden- kuepfer organ 1:45 p.m.: Daniel Clark, Cithara Guitars 1 p.m.: Candescence vocal group

1:15 p.m.: Ed Roman acoustic guitar 1: 30 p.m.: Wayne Townsend "History of the

Arts in Dufferin County"

2 p.m.: Jennifer Johnson story teller

Ann McAlpine says she was overwhelmed with the response from performers and artists from all over Dufferin County. "It's unbelievable, but we've had to turn artists away."

Artists showing and selling their work include: Ken Topping abstract painter, Rosemarie Armstrong painter, Linda McLaren painter, Darlene Hassell painter, Benitta Wilcox "Benscarves" fibre artist, Beth Grant glasswork, Bob Dunn antique wood carver, Dr. Wilfred Goodman wooden bowls, Ken McGee wood carving, Juliet Jancso bronze sculpture, Dan Sinclair metal sculpture, Sue Miller painter, Jill Pringle painter, Kim Harcourt pottery, Susan Desanto crafts & hand work, and Paula Cameron knitter.

Ken Topping, one of the Spirit Touches Art visual artists and a leading board member for the Dufferin Arts Council told the Free Press he "applauds the efforts of Trinity United Church as they sponsor this exciting arts event allowing local artists to meet and share their work with each other and the public".

For further information contact Trinity United Church at 519 925-2233.



PHOTO BY MARNI WALSH

Local Luthier and owner of Cithara Guitars, Daniel Clark of Mansfield will perform at the "Spirit Touches Art Touches Spirit" event running from 10 a.m. - 3 p.m. at Trinity United Church, 200 Owen Sound Street in Shelburne on Oct. 18th. The event which features area performers and 16 visual artists is free and open to all.

Shelburne Library

BY ROSE DOTTEN

What a gorgeous day! A little cool but with all that sunshine who cares? It reminds me of autumn leaves, crisp apples, and colourful pumpkins and squash. It certainly would be nice to have this carry over to the Thanksgiving weekend! Just a reminder to come in and get some books before the weekend as we are closed this Saturday, Sunday, and Thanksgiving Monday.

NEW! Spanish Classes

We are excited to have the opportunity to of fer Spanish classes for travelers. Come to the library on Tuesday, October 7 at 7 p.m. for an information meeting or call the library at 519 925-2168 for more information. We have an excellent Instructor and are looking forward to offering these classes. There will be a cost involved.

More Library news

A Giant Book Sale is happening all this week: October 7 to 10 while the library is open. We will also be using our special donations for Book Baskets that sell so well at our Silent Auction which will be held November 29th this year. Last year, we had 35 baskets and they all

Silent Auction: November 29, from 10 a.m. to 4 p.m.

You should see some of the beautiful items we have received already for our Silent Auction. We are so appreciative for donations of articles for the sale. This is our main fundraiser of the year and it certainly helps with purchasing new books for our collection.

Our Collection

Have you noted all the new books arriving daily? These are our fall orders of new books and for us it seems like a huge precursor of Christmas as we open the books and exclaim over the great titles we have coming in. Speaking of which, I stayed up very late reading a delicious book, The hundred-foot Journey by Richard C.Morais. What a lovely story about family, suffering, and success. As the story unfolds, a young Indian boy rises to becomes a three-star chef in Paris. The descriptions of the culinary establishments, the rivalries and the food, of course, made this a stunning, not to be put down read - and I didn't. It is a heartfelt story that examines many lives and pays tribute to the strength and dedication of family.

I also read Lee Child's new book, Personal and I was not disappointed. Just when you think a writer has used up all possible story lines and plot, he surprises you. Jack Reacher is the target and the entire CIA, FBI and local forces weigh in heavily to both support him and use him as bait to capture the hit man. It is being catalogued at the moment and I know many folks are waiting for it....

And finally, another charming and romantic little book, A Wedding in Provence by Ellen Sussman. Of course, immediately, the title captivated me as I associate so many wonderful feelings and senses and colours with Provence. It is a second marriage for Olivia and that in itself is a story but the real development occurs when her daughters arrive to attend the wedding. Their lives are turned around in so many ways and for both of them it becomes a time for new beginnings and an opportunity to re-

flect on their lives and the influences that have shaped them. It was delightful and not without its challenges.

New Books Fiction:

The Golem of Hollywood by Jonathan Kellerman and Jesse Kellerman

The Drop by Dennis Lehane

The 6th extinction by James Rollins A Love like blood by Marcus Sedgwick

The Answer to everything by Elyse Friedman Heroes are my weakness by Susan Elizabeth Phillips

Ellen in pieces by Caroline Adderson Girl runner by Carrie Snyder



PHOTO BY MARNI WALSH AN AFTERNOON OF MUSIC - Primrose United Church presents an afternoon of Gospel and Country music with Digger Harrison & Campfire Country Band Sunday, October 19th from 2 -4 p.m. One show only. Tickets at Grace Tipling Hall, Caravaggio IDA, or from any Primrose church member: \$10 each.

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