

Shelburne Free Press

Today Isolated Showers
 Friday Thunderstorms
 Saturday Isolated Showers
 Sunday Partly Cloudy
 Monday Sunny



SHELBURNE'S NEWSPAPER SINCE 1875

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Thursday, July 31, 2014

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PHOTOS BY ALEX SHER

(L to R) Ken Topping, Rodger Lawrence, Rick Naujoc, Cliff Bricker, Paul Nancekivell, Dan Best, David Hill, Carey Widbur, and Kevin Bowler (Front) of the Widows' Sons Dufferin Chapter Lorne Lodge 377 of the Free and Accepted Masons gathered on Sunday July, 26th to replace Canadian flags markers on the gravestones of Shelburne's Veterans at the Shelburne Cemetery.

Flags of respect for Veteran gravestones

BY ALEX SHER

For the second year, the Royal Canadian Legion 220 Branch of Shelburne have marked the gravestones of Shelburne Veterans with a memorial cross that respectfully holds the Canadian flag.

Shelburne Veteran and Free Mason, Ken Wallace, began the tradition in 2013 and last year, the 164 Squadron Air Cadets Shelburne donated their time to mark the graves located at Shelburne Cemetery.

This year, as Air Cadets are away at summer camp, the Widows' Sons Chapter of Lorne Lodge 377, Free and Accepted Mason's, stepped in to honour the tradition, replacing those flags that were tattered or missing due to inclement weather, and maintain the level of respect Shelburne's fallen heroes deserve.

"The Legion raises money for this tradition with their Poppy Campaign. Any family can come to Shelburne for flags and the cross to mark the grave of a Veteran," commented Kevin Bowler explaining, "Just contact the Shelburne Legion even if you have a Veteran not in the Shelburne Cemetery, but would like a cross and flag. If you are unable to actually mark the grave yourself, pass that information on to the Legion and service will be provided. We will

not leave a Veteran's grave unmarked! It's the least we can do."

It was that level of commitment, honour and respect that ultimately resulted in 159 gravestones of Veterans in Shelburne's Cemetery being replaced with new flags on Sunday, July 26th.

"Hopefully the idea catches on and passed Veterans across Ontario can have gravestone markers," Bowler commented.



Private Melville J.H. Silk, 663213's gravestone and 158 other Veterans received a brand new flag, replacing the old and tattered ones after a year of rough weather by the Widows' Sons, Dufferin Chapter Lorne Lodge 377 of the Free and Accepted Mason's following a tradition sparked by Shelburne Veteran, and Free Mason, Ken Wallace and the Legion 220 Branch, marking the gravestone's of Shelburne's Veterans at Shelburne Cemetery. "Melville Silk was a member of a pioneer family here in Shelburne. Relatives owned a Bakery in the West end called Silk's Bakery," commented Widow's Son, Paul Nancekivell. "Many locals will remember that bakery," reaffirming the connections, importance and relevance our Veterans had in their day and have in our present day as well.

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FEATURED ITEMS



Children's Programs

TD Summer Reading club continues with lots of fun and activities. A steady stream of children reporting on their reading activities makes our library a busy place this summer. We're enjoying all the great feedback and hearing that the children love our programs; the two Lego clubs, the crafts, the movies and popcorn etc.

Our special guest: Anthony Farnell. A big thank you to Anthony Farnell from Global News Toronto for coming and talking to us about his meteorology skills last week at the Library. We had a great turnout to hear him and meet his weather dog, Storm. He was right in tune with our reading program, bringing in books and DVDs about the weather. He pointed out some unusual and sensational weather phenomena. What a great success-just another part of our amazing TD Summer Reading Program! Make sure you stay connected to find out about ALL of our great events!

NEW!! Paws to Read

Once again, we are inviting you to meet Mac, our reader dog and part of the Paws to Read initiative. Every Monday from 10:30 to 11:30 a.m., Mac will be available for children to read to him. This is a wonderful opportunity to have a warm and friendly "listener", and is a great experience for children. We do need a minimum of four children for the program but each child will individually read to Mac for 15 minutes. Please register by Friday of each week.

Teen and Tween Programs- Rainbow Loom Club this week. This is a happening club for sure as we have new members every week joining the regulars. We are enjoying many creative projects and we have lots of fun listening to music.

Pizza & Pages

Thursday, August 14 at 6: p.m.

This is our monthly book club for our teens and tweens. This will be the last session for the summer. The next book, The Selection by Kiera Cass will be the focus of the August 14th Pizza & Pages.

Book, Books and more Books

We are just in the midst of our late summer and fall book ordering. Already, we have eight boxes to open and four bags of books to cover. I have just finished opening the first four and I am excited! We have chosen quite a number of new authors and as I unpack and read the covers I know really want to read them. I just finished two light hearted ones - The Matchmaker by Elin Hilderbrand which was a romance with a bit of a twist. We also purchased this one in Large Print and I know this book will be popular. I also finished J.A. Jance's book, Remains of Innocence, a Joanna Brady novel. This mystery really has a few twists and turns in the plot, in fact two plots running side by side. What I didn't like was that after a suspenseful read, Sheriff Brady solved it just like that at the end.... Oh well, the next one I have selected is a little more in-depth but I will save that for the Book Club.

Please check out our Library home page to check on new books this week. Just think, if you do that you can put a hold on them so you get the call the minute they are available. There are lots of new children's books too.

Minni Hodgins celebrates her 100th Birthday



PHOTOS BY ALEX SHER

DUFFERIN OAKS RESIDENT MINNIE HODGINS CELEBRATES 100TH BIRTHDAY - Dufferin Oaks Resident, Minnie Hodgins celebrates her 100th Birthday.

Minnie Hodgins (nee German) was born 4th into a family of 11 children on July 31, 1914 at Maple Creek, Sask. She was a farm girl and knew what it was to milk cows, work in the fields, and ride a mule to school. Her younger sister, Martha Inions, of Edmonton is her last remaining sibling.

On Jan. 11, 1934 Minnie married Albert E. Hodgins, a veteran of the Great War, whom she had met the previous year at a church gathering. They worked a farm near Bracken, Sask. until they moved to Toronto in 1942. This was a move back home for Albert as he was born at Proton Station, ON. and most of his family resided in that area.

In 1950 Minnie and Albert moved out of the city to a farm east of Dundalk where they lived for the next 6 years. They then moved to Collingwood where they resided until Albert died in Dec. 1989 at Sunset Manor in his 94rd year. During her years in Collingwood, Minnie worked at Smart Bros. Cannery, the Collingwood General and Marine Hospital, as well as Georgian China and the Little Red Hen Restaurant. About 22 years ago Minnie moved to Shelburne and the Dufferin Oaks.

At Minnie's 100th birthday celebration all six of her children were present with their wives or husbands. These were John of Stratford, Mary Bell of Shelburne, Clara Whittaker of Kitchener, Joseph of Barrie, Bertha Ferguson of Barrie, and Gordon of Toronto. Also present were many of her 25 grandchildren, 24 great grandchildren

and 7 great, great, grandchildren. The youngest is Emelia, just 3 months old. Many friends also came to celebrate. Messages of congratulation came from Queen Elizabeth II, the Prime

Minister of Canada, the Premier of Ontario, and were delivered in person by the Warden of Dufferin County and the Mayor of Shelburne. Minnie had a wonderful day!(pictured)



Dufferin Oaks Resident, Minnie Hodgins received congratulatory certificates from the Warden of Dufferin County, Bill Hill and Shelburne Mayor Ed Crewson (pictured) celebrating her 100th birthday with family on July 26th and was quick to point out during handshaking and thanks to those who attended the festivities that her actual birthday is July 31st and she was celebrating early!

Don't miss our **FIDDLEVILLE** centre spread feature on August 7th!!

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Pickin' in the Park another success story



PHOTO ABOVE BY HEATHER HOLMES ALL OTHERS BY ALEX SHER
PICKIN' AND CHILLIN' – Greg Holmes on the banjo takes some time to enjoy Pickin' in the Park with friends last weekend at Fiddle Park in Shelburne. The highly successful musical event, organized by Greg and his wife Heather, raised over \$9000 for the future betterment of the park.



BY MARNI WALSH

It was a perfect weekend, the sun shone with just a light rain late Saturday night, part of what made the second year of Pickin' in the Park an even greater success than in 2014 with attendance up by nearly 40 per cent.

117 trailers arrived in Shelburne from Mississauga, Wingham, Freulton, Gravenhurst, Ottawa, Calgary, Brechin, Toronto, Keswick, Pickering, Waterloo, North Bay, Collingwood, Shelburne and everywhere in between, numbering approximately 234 campers. Greg and Heather Holmes of Holmes Appliances and Music Shop brought back the popular Fiddle Park event to Shelburne last weekend, July 24-27th. The inaugural event raised \$5000 in 2013, with the dream of a permanent structure to be built in the future, at the park, for just such events. This year over \$9000 was raised from the weekend – to be added to the savings.

Nearly 45 different groups of all ages entertained last year, but the Holmes' reported that this year, on Saturday night alone, 62 entertainers signed up to perform and they all made it onto the stage. Most were campers and local musicians including fiddlers, guitar and banjo players, drummers and keyboard players. Lots of give-aways were passed throughout the crowds both evenings and every musician was given a musical give-away for their participation.

On Saturday night, approximately 400 people were enjoying and playing music in the tent area that covered the crowd and entertainment. Among the many acts, eight year old Avril Young from Shelburne entertained the crowd with her singing, while the oldest musician was

fiddler, Alex Aldcorn from Badjeros. "Dancers got on the floor as soon as the music started and never quit until late at night," says Heather, country and old time fiddle tunes filled the floor in front of the stage with dancers throughout the weekend.

The Shelburne Kinettes, who were busy at the event all weekend serving up deep fried pickles and peameal bacon and beef on a bun, will be serving again on Fiddle Weekend. The Kinettes hope you will drop out to Fiddle Park at that time to enjoy their delicious food and the excellent music in the park.

Greg and Heather Holmes put in many weeks of work to bring the event to Shelburne, and the sunburns on their faces show the hours spent working in the sun last weekend. They say, "Fiddle Park is a great park, with wonderful washrooms and kitchen facilities, and lots of green space, perfect for events and gatherings, but we do see the need for additional development." Encouragement from fellow camping friends and musicians prompted them to approach the Town for approval for Pickin' in the Park. The result is a highly anticipated and successful annual event that not only raises funds for the park, but brings hundreds of visitors to



Shelburne businesses each July.

The newest addition to the list of events this year was a "Trunk Sale," an add-on to the Trailer Trash Yard Sale, inviting the community to drive into the park with their "trunk sale" collection on Saturday morning. Also new this year was the Ice Cream Social with ice cream donated by Shelburne Foodland, No Frills, and Giant Tiger. "Everyone loved cooling off with ice cream, and visiting and meeting new friends," said the Holmes'.

The whole event is run by volunteers, with support, donations and sponsorship from the Town of Shelburne, Shelburne Lions Club, Holmes Appliances & Music Shop, Gimme Shelter RV Centre, North America Construction Company, Shelburne Fire Department, Trillium Ford, and the Shelburne Kinettes. Several other donations were made toward the loonie raffle and camping information bags.

Greg and Heather say they "would like to continue next year with the same event as the response from attendance was very supportive for 2015." All proceeds will go to the betterment of Fiddle Park. For information or questions, please contact: Greg or Heather Holmes 519 925-2696 or gregholmes2696@gmail.com

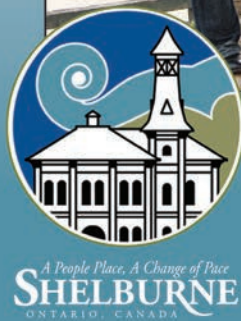
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Public inquiry into hundreds of missing and murdered Aboriginal women



five to seven times more likely to die as a result of violence than non-Aboriginal women. This is what a public inquiry must address immediately so that action can be taken to stop these tragedies and protect aboriginal girls and women in Canada.

The Government has so far ignored calls for a public inquiry. If they don't act the tragedies will continue. The epidemic of racist and sexist violence against Aboriginal women in Canada is claiming lives and devastating families each month.

It boils down to a simple question. Does the Canadian Government think it's a problem that Aboriginal women are 5-7 times more likely to die from a violent attack? Right now, we don't

know. I'm praying that Loretta's death and tens of thousands calling for the inquiry will finally move them to do the right thing.

I travelled from Labrador to St. Johns with Loretta when she left home. We talked about our Inuit roots, our family and our pasts and how we looked at our future as an opportunity to create change and different more healthy cycles and family patterns.

We spoke about the topic of aboriginal women going missing and being killed. We joked about how she would change the world, but it wasn't really a joke at all. Loretta HAS changed the world and, I'm determined that Loretta will continue to change the world.

Please sign the petition [www.change.org/en-CA/petitions/hon-kellie-leitch-minister-for-the-status-of-women-call-a-public-inquiry-into-hundreds-of-missing-and-murdered-aboriginal-women-like-my-cousin-loretta-saunders?alert_id=DONUXUtVmR_35H-qWvG4pmmLY14eliwfhTy%2F9iUE-](http://www.change.org/en-CA/petitions/hon-kellie-leitch-minister-for-the-status-of-women-call-a-public-inquiry-into-hundreds-of-missing-and-murdered-aboriginal-women-like-my-cousin-loretta-saunders?alert_id=DONUXUtVmR_35H-qWvG4pmmLY14eliwfhTy%2F9iUE-V9zyJsYq5hx-TFmv%2B-Zm%2Be1s%2B-5PJe&utm_campaign=70540&utm_medium=email&utm_source=action_alert)

vbKEYmZ%2Bh-V9zyJsYq5hx-TFmv%2B-Zm%2Be1s%2B-5PJe&utm_campaign=70540&utm_medium=email&utm_source=action_alert) and demand justice for Loretta and all Aboriginal women.

As mentioned the Native Women's Association of Canada

has worked on this issue for years and has already collected 23,000 signatures calling for a public inquiry.

There is a link to their site as well as their document explaining in more detail why a public inquiry is needed.

Holly Jarrett
Cornwall

Dear editor:

Re: Change.org petition addressed to Hon. Kellie Leitch, Minister for the Status of Women

My cousin Loretta Saunders was murdered at age 26. She was a student at St. Mary's University in Halifax and was writing her honours thesis on the hundreds of missing and murdered Aboriginal women in Canada.

Our family is Inuit, and Loretta has now

become one of the over 1186 missing or murdered Aboriginal women she was fighting for. It is time for our government to address this epidemic of violence against Aboriginal women.

Our family is gathering strength and we will not let her death be in vain. We will fight to complete Loretta's unfinished work.

Please sign the petition that calls on Federal Minister for

the Status of Women Kellie Leitch to immediately call a public inquiry into missing and murdered Aboriginal women in Canada. The Native Women's Association of Canada and other groups have worked on this for years and I started this petition to support them and to demand justice for Loretta.

We need to know why it is that Aboriginal girls and women like Loretta are

Life after service

Dear editor:

Often I am asked to explain how our Government has invested over \$4.7 billion new dollars since 2006 to improve Veterans' benefits and services during a time when departments across the Federal Government are facing reductions. To help illustrate these investments in greater detail, I would like to point out a few key findings from the recently released 2013 Veterans Life After Service study:

- Our men and women still serving in uniform make on average \$70,000 a year which is one third greater than the average Canadian income
- The rate of low-in-

come among Veterans is half the rate found in the general population.

• 3 years after leaving the Canadian Armed Forces an injured Veteran's average income stands at \$70,700 a year or \$5,891 a month

With a injured Veteran earning \$70,000 a year, 3 years after their release, it is clear our policies are having a positive effect; but more can and must be done.

Our focus must remain on those Veterans who are injured in service to Canada and that is why I have asked the Parliamentary Committee to focus their review on how to improve benefits for Veterans; what

we can do for Veterans' families; and how Veterans Affairs delivers the programs in the first place.

The unanimity of the recently released committee report shows a common desire of all members to improve the New Veterans Charter for Veterans and their families. While we undertake the important responsibility it is comforting to know, thanks to Statistics Canada and Veterans Affairs research team, that injured Veterans are receiving solid financial income.

Lest we forget

Julian Fantino PC,
MP
Minister of Veterans Affairs

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Ottawa Journal: Canada stands in solidarity with Israel

BY DAVID TILSON, M.P.

The indiscriminate rocket attacks from Gaza on Israel threaten the lives of innocent civilians. These reprehensible actions by Hamas and other militant groups are acts of terror. Canada unequivocally stands behind Israel. We call on our allies and partners in the international community to also condemn this violence and stand in solidarity with Israel to help bring an end to this conflict.

Israel and Canada have a strong relationship rooted in history that is reinforced by our shared values and interests. Truly, our shared values of freedom, democracy, and rule of law make us the most natural of allies. Despite daily attacks on these rights, Israel is the only country in the Middle East that is anchored in these ideals, allowing human rights, political stability, and economic prosperity to flourish.

Jewish people deserve the opportunity to live safely and peacefully in their ancestral homeland. Hamas and its allies are solely responsible for the current crisis. Their complete disregard for human life and use of human shields to further terror in the region is unacceptable and will not lead to peace. Canada mourns the death and suffering of innocent Israeli and Palestinian civilians. It is Israel's obligation to defend itself from these indiscriminate attacks and we applaud the extraordinary steps taken by Israel's Defense Forces to reduce civilian casualties.

Our Government will continue to stand in solidarity with Israel, as we remain committed to promoting Canadian values of freedom, democracy, and rule of law at home and abroad.



Introducing Shelburne's Favorite Little Snowman, William Jelly Bell

Shelburne Free Press WEBPOLL
www.innifilscope.com

Results from last week's poll:

With the price of gas at an all time high, are you taking more "stay-cations" this summer?

a) Yes	67%
b) No	33%

Has the jump in prices in the Toronto real estate market kept you living in the country?
a. Yes
b. No

So go to our website at shelburnefreepress.ca and cast your vote!

The results of this poll are in no way considered to be valid or infallible.

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Serious assault leaves young female in critical condition – lone male suspect in custody

In the evening hours of Sunday July 27th the Shelburne Police Service and Dufferin County Paramedic Services responded to a 9-1-1 call when some pedestrians found a young girl with serious injuries. She was located in the area of Cedar Street and Susan Street in Shelburne.

When emergency personnel arrived the female was clearly suffering from severe trauma. She was rushed first to Headwaters Health Care Centre in Orangeville, then to Sick Kids Hospital in Toronto in critical life threatening condition.

The investigation revealed that she was assaulted in a wooded area Cedar Street and Maple Heights. The investigation also revealed that there was a lone male adult responsible for this incident. The 19 year old male suspect was taken into custody within two hours of the 9-1-1 call. The accused male remains in custody currently facing a charge of aggravated assault.

The investigation into this incident remains intensive and ongoing. Due to the on-going

investigation, further details are not being released at this time, including the names of any involved parties. However the Shelburne Police Service are assuring the public that the lone suspect is in custody.

The Shelburne Police Service is appealing to the public to come forward with any information they may have in regards to this incident. Police are also appealing to all residents in the Cedar Street and Maple Heights area of town to check their properties for anything suspicious or out of place. Police request that anything found is not touched or disturbed if at all possible before police are notified and attend the residence.

The public is asked to contact the Shelburne Police Service by phone at 519 925-3312 with any information or suspicious items located.

The public can also leave tips for this or any other crime anonymously through crime stoppers at 1-800-222-TIPS (8477) or online at www.crimestoppersdm.com

OPP investigate serious collision on Hwy. 10

Dufferin OPP were dispatched to two vehicle crash involving a motorcycle and sport utility vehicle on Highway 10 and Hockley Road on July 26th in Town of Mono.

Preliminary investigation reveals the motorcycle and SUV were involved in a head on collision. One occupant of motorcycle driver was taken by Dufferin EMS to Headwaters hospital with serious life threatening injuries and flown by air ambulance to a Toronto area hospital. The driver of the motorcycle was also transported to hospital with serious, but non-life threatening injuries.

OPP technical collision investigators were called to the scene.

Police closed Highway 10 between County 10 and First street in Mono just north of the Town of Orangeville for several hours while completing an investigation.

No names have been released and no charges have been laid.

Stunt drivers charged

On July 26, at 2:55 p.m. an officer from the Dufferin Detachment of the OPP was conducting speed enforcement in the Town of Mono. The officer observed a northbound 2003 Pontiac Vibe on 3rd line EHS of Mono south of the 5th Sideroad travelling at a high rate of speed.

He determined that the driver was operating the vehicle at 131 km/hr in a 70 km/hr zone.

At 6:25 p.m. on southbound Highway 10 at Dufferin County 10 in Town of Mono the same officer was conducting speed enforcement. A 2010 Honda Van was clocked at 142 in 80 km zone.

As a result of the traffic stop, 28 year Mono male and 43 year old Oakville male were both charged with Race a Motor Vehicle.

The vehicles were impounded for seven days as a result of the stunt driving charge.

Both drivers are scheduled to appear at the Ontario Court of Justice in Orangeville at a later date.

Stunt driver charged

On July 27, at 6:40 p.m. an officer from the Dufferin Detachment of the OPP was conducting speed enforcement in the on Airport road southbound near the 30th Sideroad in the Town of Mono. The officer observed a southbound 2004 BMW travelling at a high rate of speed and determined that the driver was operating the vehicle at 148 km/hr in a 80 km/hr zone.

As a result of the traffic stop, a 33 year old male of Burlington was charged with Race a Motor Vehicle. The vehicle was impounded for seven days as a result of the stunt driving charge. The driver is scheduled to appear at the Ontario Court of Justice in Orangeville at a later date.

Driver charged with drug possession

Shelburne officers were conducting a R.I.D.E. spot check on Victoria Street late Saturday evening when a Grey Mazda was stopped. The officers started a roadside investigation when evidence of drug possession was noted. As the result of the investigation a quantity of marijuana was seized and 20 year old Clint MacIsaac of Oshawa was arrested and charged for possession of a controlled substance under the Controlled Drugs and Substance Act. Further the investigation revealed that there were several bottles of open alcohol in the car that were accessible to the driver. MacIsaac was also charged with having open alcohol in a motor vehicle under the Liquor Licence Act.

MacIsaac was released on an appearance notice with a court date in early September.

If anyone has any information in relation to this case or any other criminal activity, they are encouraged to contact the Shelburne Police Service at 519 925-3312 or anonymously to Crime Stoppers at 1-800-222-TIPS (8477) or www.crimestoppersdm.com

Wanted Melancton male arrested

On, July 24, at 12:47 p.m., a Grey County OPP officer along the 7th Line of Melancton Township saw a red Ford Explorer that was reported stolen. The officer activated the cruiser emergency lighting, but the driver ignored the police vehicle and continued on into a driveway where he stopped the vehicle and ran into a wooded area. West Region OPP Emergency Response Team (ERT) members and a West Region Canine (K9) officer were called to assist the Grey County OPP searching for the driver. He was eventually, located in a barn, on a Grey Road 9 property.

33 year old Kevin Barbosa of Melancton Township has been charged with flight from police, drive while disqualified, possession of stolen property over \$5,000, 2 counts of possess a controlled substance and fail to comply with probation. He was held in custody pending the results of a show cause hearing scheduled for July 25.

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- 8. Veggie stick
- 9. Pavarotti solo
- 10. Of the mind
- 11. Take part in a biathlon
- 12. Queen's dog
- 13. Klaatu or E.T.
- 14. "A ___ of Honey"
- 21. Silk from Assam
- 24. Tot rod?
- 26. Honolulu hello
- 29. White with age
- 30. Actress Anita ___
- 32. Nuisance
- 37. Bundle, as of hay
- 39. Little, in Milan
- 40. +
- 41. Solemn promise
- 42. Bubbles
- 43. Jealousy
- 44. Young adult
- 46. Diddly
- 47. Tart
- 48. Ball of yarn
- 51. Pass into law
- 54. Competition
- 55. Golf strokes
- 57. Stout
- 60. Part of a whole
- 62. 1960s dance
- 63. Bitsy biter
- 64. Default result
- 66. Waver
- 67. Make angry
- 68. Italian staple
- 69. Register
- 70. Something to let off
- 73. Train terminal
- 76. "Gone With the Wind," e.g.
- 77. Straddling
- 79. Look inquisitively
- 81. Small crow
- 82. Chopping tool

- ACROSS
- 1. Chatter
 - 4. Big event
 - 8. Gear
 - 11. Ella's forte
 - 15. Operate
 - 16. Rueful word
 - 17. Previous to, in poems
 - 18. Tropical nut
 - 19. Superhero's chest letter
 - 20. Airship
 - 22. Spring bulb
 - 23. Seat for two
 - 25. Lasso
 - 27. Learn
 - 28. Nasal sound
 - 29. Will beneficiary
 - 31. Mountainous
 - 33. Ninny
 - 34. Approval word
 - 35. Mauna follower
 - 36. Skewered meat
 - 38. African animal, for short
 - 42. Jubilee
 - 45. Point ____, California
 - 48. Certain oil
 - 49. ____, two, three ...
 - 50. Songlike
 - 52. Gash
 - 53. Opposed
 - 56. Move smoothly
 - 57. Opulent
 - 58. Talking starling
 - 59. Peg
 - 61. Milk-giving animal
 - 63. Junket
 - 65. Minstrel's instrument
 - 68. Former Spanish coin
 - 71. Religious order
 - 72. Edit text
 - 74. Tiny hill-builder
 - 75. Soak
 - 77. Electrical unit
 - 78. Interval
 - 80. Current
 - 83. Light rap
 - 84. Go fast
 - 85. Female relative
 - 86. Nerve-cell part
 - 87. Conscious being
 - 88. "___ of Darkness"
 - 89. Drink cooler
 - 90. Slobbered
 - 91. Steep flax
- DOWN
- 1. Hypothesize
 - 2. Concur
 - 3. Confer an honor
 - 4. Newspaper
 - 5. Ship's position
 - 6. Track-runner's circuit
 - 7. Serpent

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McCarthy Signs – creating beautiful signs for 33 years



Pictured from left: Steve McCarthy, Nick Schafer, Crystal O'Neil, Katie Prince

PHOTO BY DEBBIE FREEMAN

McCarthy signs Co. Ltd was established in 1981, which gives them 33 years in the sign making industry. Marg and Steve McCarthy run the family business and have many years experience and skill combined, to fulfill your project needs. Their in-house staff includes Nick Schafer, Megan Schafer, Crystal O'Neil, Katie Prince and Barbara Bolton. McCarthy Signs is located at 110 Centennial Road, in the heart of beautiful Shelburne and maintains a thriving business by designing, manufacturing, maintaining and installing a variety of signs across Canada and the United States. Marg McCarthy started the business from a tool box with paint cans and brushes. Today the business occupies a 8000 sq.ft. facility with fenced yard, show

room, and modern office area equipped with high tech computers, vinyl cutters, digital printers, screen printers and routing equipment. The experienced staff at McCarthy Signs are friendly, knowledgeable, skilled and loyal individuals who always put the customer first. "Our clients range from small businesses to multi-national organizations," Marg McCarthy told the Free Press. "We serve several townships and not for profit organizations. We also specialize in a large selection of custom and catalogued trail signage through our 'Canadian Trail Markers' division. We are able to supply trail signs to snowmobile and ATV clubs and associations, conservation areas, walking trails, Trans Canada Trails, as well as park and recreation groups. Visit

our website for an electronic version of our catalogue www.mccarthysigns.com where online ordering is also available." McCarthy Signs is the proud member of several trade organizations as well, including: Corporate Members of the CCSO/CCOM, International Sign Association, Canadian Sign Association, Sign Association of Ontario, Greater Dufferin Chamber of Commerce, Alliston & District Chamber of Commerce, and Headwaters Tourism Association. Visit McCarthy Signs at 110 Centennial Road and see what they can do for you! "Come by and meet our friendly and innovative staff and let us help you create a sign that reflects your vision for your growing business," said Marg McCarthy. Call McCarthy Signs at 519 925-3884 or 1-800-563-0946 for more information.

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Shelburne gets \$169K from feds to spend on municipal infrastructure

BY WENDY GABREK

David Tilson, Member of Parliament for Dufferin-Caledon, on behalf of the Honourable Denis Lebel, Minister of Infrastructure, Communities, and Intergovernmental Affairs and Minister of the Economic Development Agency of Canada for the Regions of Quebec, announced on July 24th that the first installment of the federal Gas Tax Fund for 2014 is being made available to support local infrastructure priorities.

With this installment, \$1,647,013 is being made available to the County of Dufferin, \$114,750 to the Township of Amaranth, \$75,139 to the Township of East Gararaxa, \$78,932 to the Town of Grand Valley, \$82,204 to the Township of Melancton, \$218,498 to the Town of Mono, \$98,188 to the Township of Mulmur, \$810,028 to the Town of Orangeville and \$169,273 to the Town of Shelburne.

Starting this year, the renewed federal Gas Tax Fund is being indexed at two percent per year, which means that it will grow by \$1.8 billion over the next decade. In addition, the number of eligible investment categories has doubled, allowing communities to apply their Gas Tax funding to a wider variety of projects to meet their particular infrastructure priorities.

The federal Gas Tax Fund transfer has provided \$13 billion to Canadian communities to date. Over the 10-year life of the New Building Canada Plan from 2014 to 2024, the Gas Tax Fund will provide close to \$22 billion in funding for municipalities.

Federal Gas Tax funding is provided up front, twice a year and the local Government administers the program across the province. Projects are chosen by local governments and support the local infrastructure priorities of each community.

Funding can be spent in the following areas: drinking water; wastewater; solid waste; public transit; local roads and bridges; community energy systems; capacity building; disaster mitigation; broadband connectivity; highways; short-line rail; short-sea shipping; brownfield redevelopment; regional and local airports; and projects supporting culture, tourism, sport and recreation.

"Through the federal Gas Tax Fund, our Government is providing stable, predictable funding so that Canadian communities can address their local infrastructure priorities. Our Government is proud to invest in important infrastructure projects as we focus on creating jobs, promoting growth, and building strong, prosperous communities across Canada," said Tilson.



PHOTO BY DEBBIE FREEMAN
TD BANK MONEY GIVEAWAY – TD Canada Trust in Shelburne showed their appreciation on Friday July 25th by giving out \$20 to the first 12 customers that came through the door at 2 p.m., and offering cup cakes to customers. Balloons were let loose into the summer sky by Emma Stanley, Customer Sales Representative.

Landscapes in Motion – Andrew Peycha exhibit opens Aug. 10th at DCMA



PHOTO COURTESY OF DCMA

Artist Andrew Peycha paints with a bold palette and expressionistic strokes, reminiscent of the Group of Seven, bringing his canvasses to life with colour and motion. The Dufferin County Museum and Archives proudly opens an exhibit of his work Sunday, August 10th at 2 p.m., running until October 26th in the Silo Gallery.

BY MARNI WALSH

As a resident of scenic Georgian Bay, Andrew Peycha draws on the beauty of the countryside that surrounds him for his vibrant landscape paintings. A bold palette and expressionistic strokes, reminiscent of the Group of Seven, bring his canvasses to life with colour and motion. The Dufferin County Museum and Archives proudly opens an exhibit of his work Sunday, August 10th at 2 p.m., running until October 26th in the Silo Gallery.

Raised in Collingwood with his parents, Riki and Gene, and his sister Lesley, Andrew Peycha grew up in a loving family that was very supportive of his artistic pursuits. "They always let me be creative" says Peycha. "I was always drawing and doodling and not much for studying ...more for coasting," he jokes. Now, spending more time at home painting in Collingwood, where he lives with his wife Abbey and his young son Rory, he shares the support and artistic freedom he received from his family with his own son, encouraging drawing and painting and spending time with him in his studio.

In his early career, Andrew studied editorial illustration at Sheridan College from 1992 to 1995. He thought the idea of being trained as an illustrator seemed a good back up for a fine artist painter. After graduating, he moved to Toronto to work as a freelance illustrator for publications such as The Toronto Star, Harcourt Brace and Company, and Young and Rubicam Canada. Five years later, he left illustration to pursue painting. "Like many creative people I have had many part time jobs," said Peycha, "ranging from house painter, labourer, and ski coach, which I currently still do throughout the winter."

Peycha, who has been called "Collingwood's new age digital post-impressionist" by Melanie Vollick in Good Life Magazine, currently paints in two different styles. "I have a linear style, in which I take an image, simplify it and place it over top of a grid of colour to create shape and depth," explains Peycha. "The second style is more spontaneous, with thick paint and painterly brush strokes; "more of plein air

approach," he says, drawing inspiration from nature. Peycha refers to plein air as a "raw form of the medium, where you only have so much time to capture an image," with lighting, time and other constraints. His training as a graphic illustrator is readily witnessed in his horizontal and vertical patterns which create the central element in his work – a sense of motion.

The richness of Peycha's patterns of colour, light, and shape awaken memories of Cubism conceived by Picasso and Braque, in the early years of the last century, when the two painters strove to evoke the essence of their subjects by painting from different angles within a single piece. Peycha's search for his subjects has led him to the Dempster Highway, Whitehorse, the Arctic Circle, the Eastern Arctic Circle, Greenland and India, but his inspiration to paint "comes from within... I strive to perfect my skills as a visual painter and creator." Recently Peycha won the Collingwood "Art Battle" where artists were given 20 minutes to complete a piece, only enough time to "paint what was in your head," he says.

Andrew Peycha's art can be found in many

public, private and corporate collections throughout the world, from Collingwood to British Columbia and Palm Desert. What is next for Peycha in his artistic journey? Like his paintings, it is in motion - as he says, "still in the works." Visit his website to view his remarkable work: andrewpeycha.com or his blog: andrewpeycha.blogspot.ca

Lawyer files for Shelburne council



On Monday, July 28, local lawyer Wade Mills filed nomination papers to officially announce his candidacy for one of the five Shelburne Council seats up for grabs in the upcoming municipal election scheduled for October 27th.

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Notice of Construction
 Hwy 10 – Dufferin Road 17 to Southgate Road 24

The Ministry of Transportation is awarding a Highway Construction Contract for Work of Grading, Drainage, Hot Mix Paving, and Electrical. The contract is on Highway 10 from Dufferin County Road 17 to Melancton-Artemesia Townline/Southgate Road 24.

Construction activities are to commence in late July 2014 with an estimated completion date of June 2015.

For information regarding this project please call Cole Engineering at 905-940-6161 or email at MTO2014-3010@coleengineering.ca

For General Road Information, please phone the Ministry of Transportation, toll free, 24 hours a day, at: 1-800-268-4686. www.mto.on.ca

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SHELBURNE SPORTS

Shelburne kart racer challenging for championship



PHOTO BY BRIAN LOCKHART

Kart racer Matthew DeAbreu, and his father Dwayne, partner as a father / son racing team. Driver Matthew is currently in the running for a Jr. Heavy Karting championship title at the Innisfil Kart Club in Gilford, Ontario.

BY BRIAN LOCKHART

A Shelburne racer is currently vying for the lead position in the Jr. Heavy Karting championship at the Innisfil Kart Club in Gilford, Ontario.

Fifteen year-old driver Matt DeAbreu takes his kart up to 94 kph powered by a four-stroke Honda motor to complete a lap on the Innisfil circuit in a scorching 38 seconds.

“My dad used to race carts when he was a kid, and I’ve always followed motor sports like Formula 1, so I asked him if we could get a kart and started last year,” He said of his start in the sport.

Dad Dwayne has the experience as a former driver and now acts as mechanic and pit crew. He used to drive at the race track in Whitby.

His training and license in aircraft maintenance gives him the expert knowledge in maintaining the kart mechanically and to get the best performance from the powerplant.

The Jr. Heavy class of racing means the cart and driver must weigh a minimum of 290 lbs to qualify. If you are under that weight you must attach lead weights to the car to make sure it will pass the minimum standard.

Currently Matt is in second place in the racing standings. There are 12 races in the season and to calculate points at the end, the two worst result are dropped from each driver’s total for the final tally.

Each race is preceded by a double qualifying race.

“You do a qualifying order, and that’s where you start in the pre-final. Where ever you finish in the pre-final is where you start in the final. Only the final counts towards your points,” Matt explained. “Pre-finals usually run ten to 13 laps, and finals can be anywhere from 12 to 20 laps.”

Kart racing is probably the only four-wheeled motorsport where drivers aren’t belted in. The

karts don’t have roll cages, so “It’s safer to be thrown out,” rather than have an accident and be trapped under a rolling machine, Matt explained.

Next year he will be moving up a class and will be running with a Briggs & Stratton motor that is a dedicated karting motor. The move means he will be eligible to run in a wider area including regional and national levels.

Matt said he hopes to continue in the sport and see where it will take him.

Running a racing kart is an expensive undertaking. Tires only last six races and other parts must be maintained or replaced.

DeAbreu Racing is currently seeking sponsorship to help Matt move to the next level of the sport.

With a championship title within reach this season, they are hoping a potential sponsor will take notice and step up to be a part of this racing team.



PHOTOS BY BRIAN LOCKHART

The Shelburne Schooners Mite division fast-ball team battles it out with the team from Singhampton on the diamond at Hyland Park. The Schooners have several divisions playing around the region.



PHOTOS BY BRIAN LOCKHART

SHELBURNE REP U10 SOCCER – The Shelburne Thunder U10 rep team take on the squad from Puslinch during soccer action at KTH Park in Shelburne. The teams displayed a high quality of skill during the rep team game.



Roller derby action headed for Dundalk

BY T.J. PELLETIER

This past Saturday saw the Misfit Militia host their first home event of 2014 in the Al-liston Memorial Arena. The event, dubbed, S*M*A*S*H, was a triple header with three games played back to back to back. The Misfits were just one of the three home teams with the Fergus Feims and Grey Bruce Highland Dames joining them. The three teams played host to visiting teams from Forest City Derby Girls out of London, Ontario and the Crow City Roller Girls from Chatham.

First out of the gate were the Fergus Feims

taking on the Luscious Lunch Ladies from Forest City. The second matchup saw the Misfit Militia in their first battle with the Timber Rollers. Going into the game, the Misfits took nothing for granted and prepared for a battle. The Timber Rollers are a far more experienced group coming from a well-established league and had won four out of their last five games. As it is with most sports, an experienced team on a roll is very difficult to handle.

Points did come early and often for the Misfits, who totaled 441 to the Timber Rollers 97.

The nightcap of the evening saw the third

“home” team, the Highland Dames, taking on the Crow City Roller Girls. The Dames kept up the dominance and were able to really put up some points after a close start. Another exciting affair between the two small town teams ended in a 271 to 96 victory. Pulling double duty for the Dames was Viola Streak, who earned the MVP for the final game of the evening.

The Misfits will be making their next appearance on the track in Dundalk on August 16th, taking part in a Triple Header hosted by Fergus Roller Derby. The following weekend will see the Misfits making their first foray into the U.S. On August 23rd they will be in Ann Arbor facing the Derby Dimes and the following day they will be taking on the Detroit Derby Girls in a Sunday Hangover game.

September 20th will be the next home event for the Misfits. For updates, visit www.misfitmilitiarollerderby.com or Facebook.

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MEET OUR TEAM



Name: PATRICIA HUNT
Position: AUTOMOTIVE SERVICE ADVISOR AND MANAGER

As a member of the team at Auto Centre Dufferin County, Patricia Hunt says the focus of her job is ‘customer satisfaction.’ Patricia arrived with a lot of experience when she joined the Auto Centre in 2006. With a background in business management, accounting, and customer service, she has expanded her role and experience through continued education. She is trained in the NAPA ‘Shop System, Procedure and Service Advisor Skills’ program, and received her certificate as an Automotive Service Advisor from Centennial College.

Part of the reason Patricia is so good at her job, is she really enjoys working at the Auto Centre. “Everyone I work with is just so great. It wouldn’t be the same here without our team. I really enjoy working here.” With a friendly smile and her knowledge of the industry, Patricia will most likely be the first person you meet when you drop in to the Auto Centre. Her dedication to customer service means your visit will provide you with all the answers when it comes to servicing your automobile.

SMHA Registration and Rep Try-Outs

After what seemed to be a long off season a new one is rapidly approaching...have you signed up?

On July 22 and August 5 we will be holding registration nights at the CDRC from 6:30 until 8pm.

If you are registering a new player to hockey a copy of the players birth certificate will be needed along with one parent per family having completed the Respect in Sport- Parent Program located at OMHA.net under the Clinics heading.

A \$40 fee for insurance and \$36 user fee for those families based outside of Shelburne, Melancthon, Mono or Amaranth are also applicable to the rates posted below.

Mite (4-5 years old) \$350	Peewee (11-12 years old) \$525
Tyke (6-7 years old) \$450	Bantam (13-14 years old) \$550
Novice (8 years old) \$500	Midget (15-17 years old) \$550
Atom (9-10 years old) \$525	Juvenile (18+ years old) \$550

Rep Try outs have been tentatively scheduled to begin September 8 at the CDRC, once specific dates for divisions have been finalized they will be posted on our website <http://shelburneminorhockey.com>

A crucial part in any field looking to develop is feedback... yours is important and would invite you to direct it to me via any format your most comfortable.

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Kindest Regards,
Chris La Form, President
Shelburne Minor Hockey

Crossroads Community Church

Last week's Baptism is a great encouragement to our church family; Craison our youngest Baptism member rejoices with us all and his mother Silvie.

As our hearts still celebrate last week's baptism we thank God for another fantastic Sunday morning on which the Son came to meet with us. Worship was joyful and festive. Pastor Don shared announcements and offered the service in prayer. "Dear Father God, we give You thanks, may we be encouraged by the testimony of our brothers and sisters who have committed their lives to you, in Jesus name Amen."

"Do we believe God is building a family founded on peace and unity? We examined last week that a single string is easily broken but a rope woven of many strings is strong and resistant to breaking. As a family in Christ Jesus we are many forming one body and together we can withstand many trials of life. God tells us that we ought to encourage each other to do good." Let us think of ways to motivate one another to acts of love and good works." Hebrews 10:24. In our childhood most of us have encountered at one time or another someone who discouraged us when we expressed what we would like to do in our adult life. There's an old saying; "expect the worst and that's what you'll get" and unfortunately many aspirations have been crushed this way. What if we do the opposite and expect the best in each other, do you think this will promote positive results? Absolutely, encouragement is vital if we are building a solid church family, (1 Thessalonians 5:11).

Imagine being in a race, we are encouraged to do our best by the crowd cheering us on, the same concept applies to our growing relationships with each other and with God, even when the going gets tough. However to encourage does not come naturally, we need to choose to be encouraging and by the help of the Holy Spirit we can be genuine in our words of affirmation, in our invitation to come to church and in our sharing of the Gospel.

God keeps spurring us on to keep doing what we do for Him despite opposition and ridicule. Jesus himself was criticized and despised so if He has chosen us to show His love and share His Good News it is safe to assume that we will also suffer the same as He did, (John 15:16-19). When we aim to genuinely encourage we will listen to each other's needs and support each other when we are weak as Jesus spirit enables us to, (Matthew 11:28-30). We are also called to carry our daily cross, meaning we deny our every selfish whim and we think of doing what honors God no matter the cost or difficulty. Can we think of a better way to do so than to help someone else carry their cross? (Luke 9:23). We can face many challenges when we rely on God's Spirit and if we are many to carry the load the burden is lighter and more bearable.

It is imperative that we keep sharing the Gospel with everyone because eternity is at stake for all of us, and God is not willing that any perish and we ought to desire the same for our family, friends and neighbors. (Hebrews 3:13). On the other hand we must be kind-hearted, pa-

tient and encouraging when we share the hope we have. Our genuine love and concern for them will motivate them to learn about Jesus for themselves and they too will want to experience that same joy. Our words need to be uplifting, positive and gentle; not negative and condemning, (Proverbs 12:18, 18:20-21). Taking the time to listen, to pray and read God's word together are ways that show love, giving a gift or a card to show we care is nice too, and other times it can be as simple as a smile or a hug, or a phone call to let someone know we are thinking of them.

Beloved, Jesus showed us that humility will always precede a loving relationship, (Philippians 2:3). Just like the man on the cross next to Jesus was humble and acknowledged his need for forgiveness, we need to be humble to do the same, (Luke 23:42-43).

Our common need for forgiveness binds us to Jesus so we ought to remain humble and patient with each other as we grow in our faith and forgive one another as Christ forgives us all. So we rejoice as we all come together in unity under God, for we are God's family and when one member hurts we share in sorrow, and one rejoices we also share in happiness, (Romans 12:15). As we go about our week let us think of those we can remind of God's love and faithfulness, the greatest gift we can give each other is encouragement fuelled by the power of our love for Christ, and this power will revive us to be the church God wants us to be....Asherey Shalom!

To learn more visit www.shelburnecrossroadschurch.ca

Nothing can separate us from God's love

Romans 8:39 – I am convinced that neither death nor life, neither angels nor demons neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God.

The Hebrew religion sees all of life as God's agenda: our thoughts, actions, plans, hopes, deceptions, betrayals, our loving and our hating, our living and our dying has a meaning that is sacred – that is of God. This perspective is helpful when we reflect on past and present but also when contemplating our future.

Paul's words in the passage from the letter to the Romans are for all of us who sometimes feel God's absence more than God's presence. They are for all of us who sometimes have trouble believing that God is or is on our side; or, that God loves us, no matter what. Paul reminds us that God has chosen us and God is faithful and there is nothing that can come between us and God. Nothing can keep God away.

As I read those words this week and thought about what they might mean I remembered incidents that seemed to fit that promise. I thought of Rita. When I was doing hospital chaplaincy

I saw her first in the hospital chapel where she often went for a few minutes to collect herself. Then I met her at her husband's bedside where she spent most of every day. Ted had come in for fairly routine surgery but then there were complications and other health problems revealed themselves and gradually everyone began to realize that Ted would not recover. I dropped in often to see them, sharing a little in the agony and anxiety of hoping and then the pain of another disappointment.

One day I met Rita in the hospital chapel and she just looked different. The mask of anxiety had lifted a little. She told me about the previous evening. She had, as usual been sitting by Ted's bed. He couldn't talk because of the breathing tube and all the other apparatus around him so she read bits of the newspaper aloud. Then she sat quietly just looking at him. His eyes opened and for awhile, Ted was quite alert. They sat and looked at one another. Rita was suddenly aware and believes that Ted was too of the unbreakably strong bond of love between them. She was aware too that they were surrounded by and breathed and were held in Love. There was no need to be afraid.

She was convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, would separate them from the love of God.

Patricia Van Gelder wrote, "I remember two nurses who were working on the hospital unit the day my husband died. They were both very kind, supportive, and caring. Just after Bill died, one of them came into the room, sat down beside me, took my hand and said, "It is good that you have your faith to lean on. Feeling God's presence must be a great comfort." And I thought, "That doesn't help me at all." And I remember thinking that I had never felt God's absence as keenly as I did at that moment.

A little while later, the other nurse came up to me. She put her arms around me and told me that all I had to think about right then was breathing. "Just remember to breathe," she said, "and then, when you're finished with that, you can start thinking about taking the next breath." And just for a moment – the memory of which has sustained me many times – I could feel God's presence."

We are assured that no matter who we are or where we are or what dilemma or hardship or challenge or grief we face, "neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God." We just have to keep breathing.

Rev. Janet Sinclair, B.Sc., M.T.S., R.M.F.T., M.Div.
Minister
Knox Presbyterian Church,
Grand Valley



PHOTO SUBMITTED
WHAT DOES YOUR WARD CANDIDATE STAND FOR? – As we enjoy the fruits and vegetables grown in Ontario this summer, Food & Water First is increasing the pressure on our politicians to take swift action on farmland protection. So, we've launched a special campaign featuring free lawn signs! Plant one in your yard or display one in a window. Let your neighbours, councillors and MPPs know where you stand. Contact Tom Long at thomas.long@sympatico.ca or info@ndact.com to make arrangements.

CHRISTADELPHIANS
THOUGHT OF THE WEEK

#215330
10TH LINE
AMARANTH
JUST NORTH
OF 25TH
SIDEROAD,
WEST SIDE

We must find time to stop and thank the people who have made a difference in our lives.
- Dan Zadra

Then Jesus answered, "Were not ten cleaned? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And Jesus said to him, "Rise and go your way; your faith has made you well."
- Luke 17:17-19

Please visit us at: www.shelburnechristadelphians.ca

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Hockley Valley Brewing Co. is looking for a Brewer's Assistant to work full time at their brewery in Orangeville starting late August.

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- Assistance with the brewing process
- Work on the canning line
- Shipping and receiving

*Ability to lift at least 25lbs and strong computer skills are a must

Email resume to hockleybrewingco@gmail.com



EMPLOYMENT OPPORTUNITIES CENTRE DUFFERIN RECREATION COMPLEX Invites applications for the positions of:

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 Fall/Winter 2014/2015 Season. September 2014 – March 2015

Applications are being received for two (2) positions within our Recreation Department at the Centre Dufferin Recreation Complex for a Seasonal Youth Arena Attendant. The successful students must be available to work scheduled week nights and weekends as well as special events during the summer months. The job requires strong interpersonal and communication skills in order to work well with other staff and the general public. A background in recreation would be an asset. The job involves cleaning and maintenance of the facility and requires some physical requirements.

Applicants enrolled in High School or Post Secondary school preferred.

All standard employment requirements apply. Standard First Aid with CPR-c certification an asset. Interested, qualified individuals may submit their resume quoting CDRC-ARENA2014.

Resumes for this position will be received until Thursday, August 14, 2014 at 1:00pm at the Centre Dufferin Recreation Complex by email, fax or in person.

Centre Dufferin Recreation Complex
 200 Fiddle Park Lane, Shelburne, ON L9V 3C9
 Phone: (519) 925-2400 Fax: (519) 925-2402
 Email: rthompson@townofshelburne.on.ca

Please note position applying for on cover page.

We thank all applicants for their interest and advise that only those selected for an interview will be contacted.

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DUFFERIN WIND POWER

Dufferin Wind Power Inc. is now accepting applications for the **Assistant Site Manager** position near Melancthon, Ontario, Canada. This position will commence work approximately August 15th, 2014 and will report directly to the on-site Site Manager. Drug testing and background checks will be a requirement for employment. Dufferin Wind Power Inc. is an equal opportunity employer. Visit the following website for additional details on the position:

www.dufferinwindpower.ca/Employment.aspx

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NOTICE

NOTICE TO CREDITORS AND OTHERS

All claims against the Estate of Muriel Enid McLeod, late of the Town of Shelburne, in the County of Dufferin, who died on or about the 12th day of February, 2014, must be filed with the undersigned Estate Trustees on or before the 21st day of August, 2014, thereafter, the undersigned will distribute the assets of the said estate having regard only to the claims then filed.

Dated at the Town of Orangeville, this 28th day of July, 2014.

Margot Irene Kowalchuk
 Trevor James Lee McLeod
 Estate Trustees
 by their Solicitor
 Patricia L. Sproule Ward
 Mullin Thwaites Ward LLP
 25 First Street, P.O. Box 67
 Orangeville, ON L9W 2Z5
 519-941-4559 (Ext. 225)

DEATHS



Emil Herbert Seper

Emil has died after his second bout with cancer. he would have been 87 on August 11th. Survived by his wife, Nora (Wall) his children, Katherine, Diedre, Jamie, predeceased by Thierry. Three grandchildren, Lauren, Drew, Nicholas.

Born in Austria, he moved to Canada in 1957, married Nora in 1961. Worked in Toronto as a master baker, became a valued employee of Kitchens of Sara Lee for 25 years- living in Brampton - retired 1989 to Hockley, then to a hobby farm in Amaranth where he was known for his garden and his ability to fix anything and everything. He specified no funeral be held. In his memory, live life to the fullest, laugh often and love always.

Online condolences and donations may be placed at www.jackandthompsonfuneralhome.com

GARAGE SALE

Garage Sale Event

To raise funds to send Nicole Ristic-Petrovic to Kenya
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More people quitting tobacco

BY DR. LISA SIMON

People often say that quitting tobacco is the hardest thing they have ever done or tried to do. It can take many attempts before finally becoming tobacco free. But people are quitting every day, and so can you. In our region there are now more people who have quit successfully than there are people who still smoke.

Statistics from the 2012 Canadian Community Health Survey indicate that only one in five adults in our area report that they smoke. This is a decrease that brings our smoking rate in line with the rest of the province after many years of having a higher rate.

There is more promising news from the Rapid Risk Factor Surveillance Survey (RRFSS), conducted monthly to assess health behaviours among our residents. RRFSS data shows that in 2013 almost half of all adults who smoked reported they had made an attempt to stop smoking for at least one day.

Becoming tobacco free is not just about finding the willpower to quit – it is about overcoming an addiction to nicotine, the addictive component in tobacco. Fortunately, treatment options for tobacco addiction have improved greatly over the years. If you haven't tried to quit in a while, you may find it different this time around!

There is no single method for quitting that works for everyone, so be sure to discuss the available options with your health care provider and determine what method is best suited for you. Recent research suggests that Mondays may be the most successful day to attempt quitting, when our motivation is highest. So consider re-committing to quitting and staying quit every Monday!

One new product – electronic cigarettes or e-cigs – is now widely available and often promoted as a support for quitting. The reality is that there is no proof to these claims. While research is underway, more studies are needed before the safety and effectiveness of these products, as aids for quitting tobacco, can be determined.

Until there is scientific proof, stick with the many supports that have been tested and approved to help you quit smoking. This includes nicotine replacement therapies, prescription medications, and/or ces-

sation counseling in a range of formats.

Here are a few of the ways you can get support in our area:

- The Health Unit offers a three-hour STOP Smoking Workshop for adults, including counseling and a free supply of nicotine replacement therapy;
- One-on-one cessation counseling is available from a Public Health Nurse for pregnant women and families with children up to the age of six;
- Your health care provider can support your efforts at quitting;
- Doctors and nurse practitioners belonging to Family Health Teams can also provide eligible people with free nicotine replacement therapy and support; and
- Smokers' Helpline offers free one-on-one quit coaching – call 1-877-513-5333 or register at smokershelpline.ca

For more information about programs and supports to help you quit smoking, call Wellington-Dufferin-Guelph Public Health at 519-846-2715 or 1-800-265-7293.

ServiceOntario retail office temporary closing

The ServiceOntario retail office at 109 Adeline Street in Shelburne will be closed on Wednesday, July 30 and resume regular hours on Monday, Aug. 11.

The regular hours of operation are:

- Monday to Friday, 9 a.m. to 5 p.m. (closed daily from noon to 1 p.m.)
- Saturday 9 a.m. to noon

Shelburne residents can visit the nearest ServiceOntario retail offices located at: Orangeville – Unit 7, 41 Broadway Ave. or Alliston – Unit 1, 180 Parsons Rd.

Can't get to a ServiceOntario retail office in person? Save time and money by accessing more than 40 services online – 24 hours a day, seven days a week.

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A hero retires after 40 years of service to Bell Canada



PHOTOS COURTESY OF THE LLOYD FAMILY

Nawton Lloyd sends his congratulations and blessings to his hero Howard Heideman, who saved his life in 1978, on his retirement from Bell Canada.

BY MARNI WALSH

This year Howard Heideman will retire from Bell Canada where he has worked for 40 years. He will be remembered for his service to the company and dedication to his work and peers. But, Howard Heideman is remembered by Nawton Lloyd and his family in Shelburne, not as a Bell installer, but a hero. More than 35 years ago, while working on lines near Horning's Mills, Howard Heideman saved the life of Nawton Lloyd and has never been forgotten.

In August of 1978, Nawton Lloyd and his brother Jim were constructing a driveway in southeast Mulmur. They were bringing grav-

el from the back of their farm and their young sons Billy and Gary, just six and seven years old, were helping to open and close gates in the fields where cattle grazed. In the late afternoon, they were ready to get the final load and Jim and the boys went to get the gravel while Nawton went down to the road to start the grater.

The grater was parked with its back end toward a fence and had a steel plate to step up to the seat. Nawton leaned up to push the starter, but it did not engage, pushing it one more time the grater suddenly lurched backward and trapped him between the steel plate and the fence post. The pain shot through Nawton as he realized the plate had cut deeply into his leg; he was bleeding badly and could not move.

Howard Heideman had just finished repairing a wire that had been cut off in the area and was leaving for the day. He saw Nawton wave to him as he passed by in his Bell repair truck. He waved back and drove on. But, Howard had the sinking feeling that something was wrong. He turned around and came back to discover the perilous position Nawton was in.

"He pushed the grader off and laid me on the ground," Nawton remembers. "He grabbed his axe from his truck to cut a branch and make a support and a rope to make a tourniquet." And then the Bell man asked the vital, ironic question, "Where can I get a phone?" Nawton told him to get Jim in the back field, "he took off in a cloud of dust." The two men returned to the scene, put Nawton on a tarp and lifted him into the telephone truck along with Nawton's boy, Billy, who waved a cloth over his father to keep him cool.

After, what Billy later described as "a roller-coaster ride" to Shelburne Emergency, Nawton was quickly assessed and sent to Sunnybrook Hospital. The doctor said he had "never seen anything like this" in his life.

In Toronto, Nawton was given eleven units

of blood and rushed to surgery. He had lost so much blood that the sedation did not take and he had to suffer the pain, conscious, as surgeons cut through his leg. The grater plate had severed it just above the knee, missing the two cords at the back of his leg. Nawton spent three and half months in Sunnybrook having 13 surgeries and battling infection. Initially told the leg might have to be amputated, Nawton says, "the Sunnybrook medical team performed miracles and I came home with my life and my leg still attached."

The doctors made no promises that Nawton would keep his leg, but "the time and prayers of so many people visiting me had the healing effect," assures Nawton. "Now 36 years later I walk around with no limp, and with some pain, but only due to arthritis."

Howard Heideman was awarded a letter of commendation from Bell Canada, endorsed by Bell Canada Executive Vice President, J.E. Innis, commending his quick action to save Mr. Lloyd and further stating, "The Company is proud of what you have done and is honoured to have you as an employee."

Later the Lloyds met Howard and his family and became special friends. They have met nearly every year, often at the Honeywood Beef Barbeque, for special dinners to express, says Nawton, "our everlasting thankfulness for that day on August 28, 1978." The Lloyds did not want Howard's retirement to pass without celebration of their hero and went out of their way to bring his story to the Free Press. "Congratulations on your retirement Howard, thank you and God Bless you," ...the Lloyds.



1978 Orangeville Citizen coverage of Howard Heideman's commendation from Bell Canada

Shelburne Legion news

Sunday August the 3rd we are having our monthly breakfast. Monday August the 4th is Bingo with a \$700 jackpot. August 6th is Bingo with a \$1000 jackpot. August 7th we are having a Wing Night and a Meat Spin in our Museum Room with entertainment by The Leitch Brothers. August the 8th Connie Dougay and friends will be doing a Jamboree in the Museum Room and Fiddle Stix will be performing in the Warriors Hall from 8:30 p.m. to 12:30 a.m. Saturday after the Parade the Pipers will be performing in Warriors Hall and entertainment in the evening with D.J. Terrence. 24-hour meals begin Friday August the 8th at 8 a.m. right threw to Sunday August 10th at noon. We hope to see you at the branch. If interested in volunteering for this event please sign up at the bar.

'Fretless' to perform at Knox United

It's no secret that this part of Ontario has a large number of folk and fiddle music fans. From different events throughout the year to Shelburne's annual Fiddlefest, the area has become quite renowned for both its talent and draw for outside musicians to perform. That's part of what led The Fretless to book one of their few Ontario shows at Knox United Church in Caledon in early August. The Fretless will be performing at Knox United Church in Caledon on August 5 at 7 p.m. Tickets for adults are \$20 and youth 15 and under are \$10. Price includes dessert at intermission. For Tickets or more information contact Knox United Church at 519-927-3320.

Crazy Quilt: every quilt has a story



PHOTO BY ALEX SHER

(L to R) Authoress, Shelagh Roberts and Curator of the Dufferin County museum visited Shelburne Rotarians for a discussion on the beautiful, historical "Crazy Quilt" that once belonged to Alice Frances of Melancthon and is one of the many historic Quilts featured in the Heritage Project of Dufferin County Museum and Archives special book entitled, The Quilts of Dufferin County by Shelagh Roberts featuring photography by Pete Paterson.

BY ALEX SHER

On Thursday, July 17th, Shelburne Rotarians welcomed Authoress, Shelagh Roberts and Curator of the Dufferin County Museum, Sarah Robinson to discuss a beautiful Crazy Quilt featured in the Heritage Project of the Dufferin County Museum and Archives, a book entitled, The Quilts of Dufferin County, Women's Art, Women's Stories.

"Every Quilt has a story to it. We have to remember to use white gloves when handling the fabric because of its age and also we have to remember people used their quilts back then to keep warm, not like today where it can be wall art. All the different fabrics would have come from worn out coats, and other garments that were recycled into quilts," commented Robinson.

Photographs in the book are the work of Pete Paterson and the book covers many historical stories surrounding the work of the women of Dufferin County and Authoress, Shelagh Roberts reveals them all.

"This quilt definitely tells a story and the names of Frances' mother and sister and the date can be found embroidered in one of the pieces and it really gives a sense of what was happening at that time in all of their lives," commented Roberts.

The quilt featured on display for the evening was a crazy quilt belonging to Alice Frances, given to her when she was 18 years old was made by her mother and sister. It is supposed, according to Roberts that the quilt was a going away to school present. Of course there is more to this Quilt's delightful story involving Frances' hearing health issues, suspicions of unrequited love then realized and it can all be discovered in the wonderful historical book, the Quilts of Dufferin County which can be found at the Dufferin County Museum along with many other life stories belonging to every stitch in each one of these spectacular works of art.

For more information, contact the Dufferin County Museum at 705 435-1881, or e-mail, info@dufferinmuseum.com

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