

# Shelburne Free Press

SHELBURNE'S NEWSPAPER SINCE 1875

www.shelburnefreepress.ca



.75(Tax) Mailing Registration No. 40005412

Thursday, October 3, 2013

Volume 108, No. 24



PHOTO SUBMITTED

Author Barbara Kyle proudly displays her newest novel in the Thornleigh Saga in front of the beautiful entrance foyer of Shelburne Public Library. Barbara was speaking about her books to the audience at the Library Literary event on Sunday, September 29th.

## Author Barbara Kyle comes back to Shelburne for book signing

BY ALEX SHER

Former Shelburne resident, the now famous Author, Barbara Kyle delighted a room of fans at a Book Signing held at the Shelburne Public Library on September 29th. Kyle has sold over 400,000 books and is not likely to stop there.

With society's recent interest in Tudor life and the history of the Royals, Kyle has managed to seamlessly weave her fictitious middle class family, the Thornleigh's into factually based historical lives, taking her audience on a walk through time amongst the Tudors over the course of several generations.

Not to be confused with romance, Kyle remarked, "My novels are Thrillers. I have done a lot of historical research and travel when writing these books. It's a real treat to be back here in Shelburne after so many years."

Kyle's passion when addressing the audience was

absolutely engrossing as Kyle literally brought history to life, as though providing a glimpse through a looking glass and reliving the lives of May Queen of Scot and Queen Elizabeth I.

"Mary Queen of Scot was born to be Queen while Elizabeth was not and Elizabeth never really knew where she stood in the monarchy, keeping in mind, Elizabeth's mother, Anne Boleyn was beheaded for adultery," Kyle continued, "Although cousins, they never knew each other in childhood even though they were only nine years apart in age, and they couldn't have childhoods more different from one another. While Mary was doted on, Elizabeth was kept to the wayside. Eventually, Elizabeth, through a series of events, became Queen, held Mary captive and after a 19 year feud, Elizabeth had Mary beheaded following yet another attempt by Mary to assassinate Elizabeth." Kyle recounted

so many interesting facts the audience were disappointed when the speech portion of the book signing came to a close and one has only to read one of her books to meet the Thornleighs and discovered how they are embedded in this rich, fascinating, deceitful and often murderous history.

Be sure to visit Barbara Kyle's website to find out more about this multi-talented Author, once actress at [www.babarakyle.com](http://www.babarakyle.com) and

find out about the new contest where the public can hazard a guess as to which actress/actor would be best suited to play each role of her characters should the books become movies!

The Queen's Lady, The King's Daughter, The Queen's Captive, The Queen's Gamble, and Blood Between Queens are just a few of Kyle's many works. If the Monarchy is not your cup of tea, check out Kyle's, 'The Experiment'.



PHOTO BY ALEX SHER

Author Barbara Kyle and CEO, Head Librarian, Rose J. Dotten. Kyle's visit was sponsored by The Writer's Union of Canada and the Canadian Council of Arts.

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Shelburne Free Press  
**PHOTO CONTEST**  
YOU PICK THE WINNER!  
Details on Page 3...

**Fire Department to host Open House this Saturday**  
BY WENDY SOLODUIK  
The Shelburne Fire Department, located at 114 O'Flynn Street, will host an Open House this Saturday, October 5th from 10 a.m. to 4 p.m. The event is the official kick-off for Fire Prevention Week.  
There are many events planned for the whole community to enjoy, including:  
• Kitchen fire safety demonstrations  
• The 'Smoke House Maze'  
• Automobile extraction demonstrations  
• First Aid demonstrations  
• Meet and greet with local fire fighters  
• Giveaways  
• Barbecue  
• Tour of the fire hall  
• Tour a Dufferin ambulance  
The draw for the ATV will take place at 4 p.m.  
Also, plan to bring any unwanted electrical goods (computers, T.V.s, telephones, audio devices, printers, DVD players, radios and more) to fill the onsite trailer.  
The local Masonic Lodge will also be on hand, offering a free Child Identification Program registration which can assist in finding children who might be missing for another Masonic Child ID event.  
So please plan to join the Shelburne Fire Department for this fun, informative and possibly life saving day!

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**FEATURED ITEMS**

# Shelburne is belly dancing its way to health!



PHOTO BY ALEX SHER

(L to R) Sophie Tesolin, Kim Tesolin, Sarah Earley, Belly Dance Instructor, Registered Holistic Nutritionist, Joan Pope, Missy McCannell, Jessie Bulmer, and Jennifer Lang reap the healthful benefits of Belly Dancing every Tuesday night at 7 p.m. during classes held above the Soaring Heart Wellness Whole Family Health Food Store. Jessie Bulmer had this to say, "It's only my second class, I feel healthy and it is so much fun!"

**BY ALEX SHER**

When Certified Holistic Nutritionist, Joan Pope was told by doctors the pain in her lower neck would become her new 'normal', she set out to find a way to help herself and discovered the art of belly dancing.

"This type of dancing is like Thai Chi and Yoga. It's no impact, and a lot of circular movements. The whole idea is to improve blood circulation. That's why it's perfect

for seniors. I would really like to appeal to seniors especially because movement is so good for everyone," said Pope, who teaches dancing every Monday night at 7 p.m. above the Soaring Heart Wellness Whole Family Health Food Store and has been teaching in Shelburne for the past three years.

"I was told I would have to live with pain my whole life and in two and half months of belly dancing, I had no pain and I could move, turn my

neck to shoulder again and lift my arm above my head, something I could not do before," said Pope who continued, "That why these slow movements would be so great for seniors."

Pope would like to encourage people to take responsibility for their own bodies and will be giving a free demonstration of belly dancing classes October 5th, in the back room of the Shelburne Town Pharmacy located at 226 First

Avenue as part of owner Sanjay Lekhi's ongoing commitment to the residents of Shelburne.

Pope gives credit to Tahira Badre's teachings where she learned how to dance at Tahira's Goddess Emerging Studio, located in Burlington. While providing nutritional counselling to clients during the day, in teaching belly dancing, Pope provides another aspect of health without realizing it - fun! And that is healthy too!

# St. Andrew's filled beyond capacity

BY WES KELLER

A highway and byway tour of southern Ontario, in almost any direction from Dufferin County, would reveal any number of vacated churches, of whichever denomination, as rural demographics change and people are attracted either to other Sunday activities or to less traditional forms of worship.

Small wonder, then, that a sense of pride permeated the environs of St. Andrew's Presbyterian Church, Mansfield, as the congregation celebrated 150 years on Sunday.

It might have been fitting that the first lesson, read by Georgina Greer, was taken from Jeremiah 29: 10-13, "For thus saith the LORD, That after seventy years be accomplished at Babylon I will visit you, and perform my good word toward you, in causing you to return to this place.

"For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope. Then you will call upon Me and go and pray to Me, and I will listen to you. And you will seek Me and find Me, when you search for Me with all your heart."

Many of the multitude who crowded the pews and overflowed into hastily placed chairs in the foyer bore the family names of the faithful who had created the church building in 1863. Many of those family names can still be found in a local telephone book, throughout the cemetery adjacent to the church, and also on the Cenotaph further north on Airport Road.

Among those families, one cannot miss the name of "Gallaughier." D.M. Gallaughier served as treasurer for 52 years. He was succeeded by his son Bob Gallaughier, and Louise Gallaughier was the pianist on Sunday.

Matthew 25: 31-40 was chosen as the second lesson, read by Rev. Tobey Boyer. This is the parable of the separation of the sheep from the goats; of the righteous sheep inheriting the Kingdom and the goats sent to perdition.

It reads, in part, "Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.

"Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?'

"And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.'

Rev. Karen Horst delivered her sermon based, in part, on the lesson to be taken from the parable, and of the blessings received by the faithful and by those they have helped throughout the history of St. Andrew's.

A few years ago, Prof. Reginald Bibby (Lethbridge University, head of Sociology research) wrote of trends in religion. While it appeared that Protestant church attendance was significantly in decline, he found that it was simply taking another form; that many worshippers were gravitating toward revivalist and evangelical.

In the face of the changes, the Presbyterian Church at Mansfield survived as such the tumultuous years of union, the Great Depression, two world wars and the whims of climate.

It could take pride not only in its survival, but also in its continuing ministry and in the generosity of its members.

# Orangeville's Peter Craig serves on 2013-14 Georgian College Board of Directors

Orangeville resident Peter Craig continues in his valued role as member of the Georgian College Board of Governors. The inaugural meeting of the 2013-14 Board which took place on Thursday, Sept. 26 in Owen Sound.

Craig serves as Chair, Finance and Audit Committee. A

graduate of Georgian's Advertising program, he is President of Healthcare Media Partners and is actively involved in his community. He was appointed to the Board of Governors effective Sept. 1, 2010 and appointed Chair of the Finance and Audit Committee on Sept. 1, 2011.

W. R. (Bill) Van Wyck of Owen Sound will preside over his first meeting as Chair Sept. 26, succeeding Gwen Strachan of Orillia whose term expired on Aug. 31.

Taking their seats on the Board for the first time are new members Gwen Boniface, Don Gordon and student representative Patrick Fernandez.

The Georgian College Board of Governors consists of appointed members and representatives elected by students, administrators, faculty and staff. Returning members include: Vice Chair and Development Committee Chair, Chris Gariepy; Vice Chair and Nominations Committee Chair, Tom McBride; Poli-

cy and By-laws Committee Chair, Pamela Krause; and members Jim Bertram, Jamie Crichton, Sandra Horney and Bruce Naylor.

Also serving on the Board are Georgian College President and CEO MaryLynn West-Moynes and Brandon Lander, Vice President, Administration, who is Secretary-Treasurer of the Board. Elected Georgian College representatives are Anita Arvast (academic), Amanda Duncan (staff) and Stephen Junkin (administration).

Georgian President and CEO MaryLynn West-Moynes noted the importance of having such a strong board that fully supports the college.



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# World Breastfeeding Week: Oct. 1-7th

The theme for this year's World Breastfeeding Week (October 1-7) is "Breastfeeding Support: Close to Mothers." Wellington-Dufferin-Guelph Public Health is raising awareness about the importance of supporting women in the community to breastfeed their babies.

In 2013, WDG Public Health was recognized as Baby-Friendly, a designation that is a global initiative of the World Health Organization and UNICEF. Public Health supports women to breastfeed exclusively for the first six months until the introduction of solid foods and to continue breastfeeding for two years or beyond.

Any woman, regardless of her chosen feeding method, is welcome to contact Public Health for support in the care and feeding of her infant. Call KIDS LINE: 1-800-265-7293 ext. 3616.

Public Health is inviting women to share their own experiences about breastfeeding with others in an online story contest. Visit [www.wdgppublichealth.ca](http://www.wdgppublichealth.ca) during World Breastfeeding Week.

Public Health is also encouraging nursing moms and their children to participate in the Quintessence Breastfeeding Challenge on Saturday, October 5 in Guelph to set an international record for the most mothers and babies nursing at the same time. The event will be held in downtown Guelph at Old Quebec Street and is sponsored by the Guelph Community Health Centre and the Community Breastfeeding Collaborative of Guelph. To find out more, call 519-821-6638 ext. 367.



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## Soaring Health Clinic welcome Medical Intuitive



PHOTOS BY ALEX SHER

While attending a Group Healing Workshop hosted by the Soaring Health Clinic held at the Shelburne Public Library Conference room on September 28th, Medical Intuitive, Reconnective Healer and Psychotherapist, Angelo Corriero demonstrated a healing technique on volunteer, Bob Jones from London, ON.

### BY ALEX SHER

A Group Healing Workshop hosted by the Soaring Health Clinic held at the Shelburne Public Library Conference room on September 28th featured Psychotherapist, Medical Intuition Intern, and Reconnective Healing Practitioner, Angelo Corriero, a new member to the Soaring Health Clinic team.

“Healing of the body and mind to obtain optimal health” is the Soaring Health Clinic’s mantra and for good reason. Corriero, who works out of the Soaring Health Clinic and the Vaughn location, began his journey around age 18 when he started asking questions about life and life’s purpose. He began researching and

receiving spiritually instinctive answers. Finding himself drawn to helping people Corriero discovered the more he worked, people started getting better. Feeling he was on the right path for his life, Corriero became a Psychotherapist focusing on mental health and addictions.

“Even neuroscience is coming around in support of natural healing. We are energy, right?” Corriero related to his audience of Reiki practitioners, those interested in alternative medicine, and even the curious. “This is everything but rational and being irrational is natural, and remember, my client is not the mind, my client is the body.”

During a demonstration of

the skill, Corriero, without actually physically touching volunteer, Bob Jones left a lasting impression as Jones commented when finished.

“I feel tingly. I can’t explain it. Calm. Different.” he said.

Initially, Jones, a sufferer of cancer simply came to the session on a whim accompanying his friends. It was just timing, a coincidence some would say, while others would readily admit their belief that everything happens for a reason. “I find after following the treatments of traditional medicines that it’s not working for me. Traditional medicine treats but does not cure,” Jones shared.

Corriero tunes into the physical body and can relate information to his client. Sur-

prisingly, the study of medical intuition is not new. Some say that most parents can immediately ‘feel’ when something is not right with their child. Thinking of it that way, it’s far easier to relate to.

Corriero explains as well as instructs, “We are a cerebral culture, mind versus body,” and recommends, “Experiment with breathing, find your natural rhythm. We are light, engage it more.”

And that is exactly what Jones intends to do and we wish him well.

For more information contact the Soaring Health Clinic at 519-925-1999. To contact Angelo Corriero call 289-597-4644 or visit his website at [www.angelocorriero.com](http://www.angelocorriero.com)

## OFM recommendation confusing, costly

### BY WES KELLER

After having made it abundantly clear that municipal councils, and not fire boards, are responsible for providing fire protection services, the Ontario Fire Marshall has confused the issue by “recommending” that the councils of the municipalities covered in his January 2013 review should create an advisory committee “to develop, co-ordinate, review and update establishing and regulating bylaws, fire board agreements, fire-related bylaws, policies and operating guidelines....”

In a letter to the office of the OFM following a meeting of town council as a working group, CAO John Telfer says, “It was noted that additional clarification would be needed around recommendation #6, so that we are aware of exactly what is expected on this item. An advisory team is currently the Shelburne and District Fire Board and we are trying to identify and resolve the recommendations based from the Town of Shelburne’s point of view.”

Nonetheless, according to a schedule of times to complete all 30 of the OFM’s recommendations, the town would complete No. 6 within three to six months. At the same time, it would undertake perfection of a filing system for fire inspection reports.

There were 30 recommendations in the OFM report. Ten of those have already been completed, and the schedule for all 30 runs to 24 months.

As previously reported, most of the recommendations are minor or administrative in nature, and not all apply to each and every fire department involved, i.e. Shelburne, Honeywood and Rosemont.

The one contentious recommendation is the OFM’s call for routine fire inspections and identification of high risk areas, as well as the laying of charges in the event of violations.

Realistically, this recommendation is being viewed as requiring the engagement of a full-time inspector, rather than a volunteer on a part-time basis, a fact that area councillors see as one more tax burden.

Mayor Ed Crewson, in a recent casual discussion, didn’t feel inclined to hire a full-time inspector who would have to be paid \$100,000 or more, but wouldn’t necessarily be fighting fires.

The Shelburne District Fire Department serves the town, as well as parts of Amaranth, Melancton, Mono and Mulmur. All municipalities pay a share of the costs of the department.

## Health Unit supports low cost rabies clinic

A rabies and microchip clinic will take place on Saturday, October 26 at Premier Equipment in Ospringe (southeast corner of Highway 124 & 125) from 10 a.m. – 1 p.m. A three-year rabies vaccine is \$30. The microchip is also \$30. This is sponsored by Dr. F. Walker. For more information contact the Upper Credit Humane Society at 519-833-2287.

**Shelburne Free Press**

# PHOTO CONTEST

**YOU PICK THE WINNER!**

## Vote for your favourite photo taken by Shelburne residents!

*‘God’s country...Shelburne sunsets’*  
LISA CZEBAN

*‘Trail Walk’*  
EDDY MARIOTTI

*‘Powder Coated’*  
CHRISTINA KING

These are the three official submissions for the First Ever Shelburne Free Press Photo Contest ‘Shelburne Through Your Eyes’.

The lucky winner will receive a day of driving 7 luxury cars with **Exotic Car Tours** through some of the best roads Southern Ontario has to offer.

**Cars include:** Lamborghini Murcielago, Lamborghini Gallardo; AUDI R8, GTR R35, Porsche 911, Ferrari, Aston Martin Vantage.

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Send your vote to: [wendy@simcoeyorkprinting.com](mailto:wendy@simcoeyorkprinting.com) by saying either ‘Sunset’, ‘Trail’ or ‘Powder’ - 1 vote per household. The winner will be decided by you, our readers, and announced on October 24, 2013.

# Shelburne Free Press

Shelburne's Newspaper Since 1975

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SPORTS REPORTER: Brian Lockhart  
SALES: Kathey Stanton, Julie Lockyer, Debbie Freeman, Cathy Walls  
OFFICE MANAGER: Debbie Freeman

APRIL 18, 2013  
Subscription Rate: \$35.00 + \$1.75 (GST)  
per year (36.75) payable in advance

Second Class Mailing Registration Number 0153  
Member of: Ontario Community Newspaper Association  
Canadian Community Newspaper Association  
Ontario Press Council, 80 Gould Street, Toronto  
MSB 1E9 (416)340-1981

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We recognize the financial support of the Government of Canada through the Canada Periodical Fund (CPF) for our publishing activities.

"T.F.E. Claridge, Publisher 1903-1964 Fred M. Claridge, Publisher 1964-1974 Thomas M. Claridge 1974-2012 The Free Press and Economist was formed from the amalgamation of The Shelburne Free Press (est. 1875) and The Shelburne Economist (est. 1883) in 1928."

## Changing with the seasons

BY WENDY SOLODUIK

There are many exciting things happening here at the Shelburne Free Press newspaper.

First of all, we are currently in the planning stages for our 1st Annual Hallowe'en Spooktacular event to be held at our office, located at 143 Main Street West, on Saturday, October 26th from noon to 4 p.m.

This event is a way for us to give back to the community – a community that has embraced us over the past several months while we've worked

tirelessly to revamp this publication.

It's also a way to extend the Hallowe'en experience – our favorite scary holiday! We encourage our readers and their children to come dressed in their Hallowe'en costumes. There will be prizes for the best dressed in three categories (Scariest, Funniest and Most Unusual) as well as a free community BBQ. We are also having a Hallowe'en colouring contest so stop by our office after October 14th to pick up your colouring sheet and bring it with you on the

26th for additional chances to win fun prizes. The winning colouring sheets will also be printed in our pages.

Looking beyond the fall and into the winter, the Free Press is also planning its participation in local festivities as Christmas approaches. We look forward to becoming woven into the fabric of this community by not only covering your special events, but participating in them as well.

On that note: do you know of a person that needs their story told? We at the Free Press believe that it is the individual members of our community that make us strong and we would like your help in finding new stories to report on. This person can be anyone, from the school crossing guard that goes the extra distance to help your child safely across the street; to the lady who serves you your morning coffee. Volunteers, veterans, and emergency services personnel are of interest to us as well, so send your recommendations

in today to: [wendy@simcoeyorkprinting.com](mailto:wendy@simcoeyorkprinting.com)

Our subscription drive will begin as of our November 7th edition. We hope you've enjoyed reading the Free Press newspaper and we hope you'll purchase a subscription. Over the past few months, we have made the Shelburne Free Press available to you at no charge to grow our readership and allow the public to see the hard work we've put into making this publication Shelburne's true community news source.

Visit the Free Press online at [www.facebook.com/ShelburneFreePress](http://www.facebook.com/ShelburneFreePress) and [www.shelburnefreepress.ca](http://www.shelburnefreepress.ca). There you will find additional pictures and stories that didn't make our pages.

One more way we're bringing you the people, places and things that make Shelburne home.

### Video Dance Saturday in Tottenham

There's a Youth Video Dance this Saturday, October 5 at the Tottenham Community Centre. These dances are open to everyone aged 7 to 14. They are fully adult chaperoned, and feature age-appropriate videos, as well as lots of fun contests, prizes and free stuff. New for this year is the "Glow Show." Kids are encouraged to wear colours that will glow under the black lights!

Doors open at 6:45 p.m. Tickets are \$10 each, and are available at the door. Proceeds from all dances are going to the 1st Tottenham Pathfinders to help fund their trip to Europe in the summer of 2014.

To find out about upcoming dances, to download dance pictures or to request a song, kids and their parents are invited to visit [www.videodanceparty.ca](http://www.videodanceparty.ca), or to call 1-888-853-0053.



Sunday was such a gorgeous day so we were really pleased that a dedicated and interested group of library patrons enjoyed several hours of listening to author Barbara Kyle talk about her books in the Thornleigh Saga. Her research and her insight into the Tudor era brought this time period to life for the audience. It was fascinating to hear about the rivalries, the politics, the religious issues and the personal glimpses into the lives of the two Queens. Barbara also drew into her talk, the significant Opera, Maria Stuarda by Donizetti, and also the play, Mary Stuart which is on at Stratford this summer. We spent the next while socializing and talking to Barbara about her work. It was a pleasant time for her as well to catch up with old friends and acquaintances.

**Children's Programs:** Toddler's Storytime is starting on Tuesday, October 8th at 10:30 a.m. for babies up to 2 years. This is a terrific opportunity for interactive play, songs and stories for the little ones. Give us a call to register at 519-925-2168. As usual, our regular Storytime is held on Friday at 10:30 a.m.

**School Visits and Orientation:** Very shortly, we will be hosting Grades 2 and 3 students from Glenbrooke Public School at our library. This is a wonderful opportunity for these youngsters to be introduced to all the resources we have here for them. The computer reading and learning programs, colourful and engaging books and in addition they will receive their own library card. Kindergarten children from Hyland Heights will also be visiting us for stories, songs, and crafts and to learn about our library. Many of these children have been here with their parents in the past but we have many new families and we want to welcome them.

**Seniors Programs:** Cathy Earle, our volunteer is here today making her selections for the residents of Dufferin Oaks and Shelburne Residence. Cathy takes a great deal of care working with me to select the books and other materials to meet the individual interests and likes of our patrons at these two facilities. I am calling all our at-home patrons to whom we have brought books to update their requests and start delivering to them for October.

We have a substantial number of new Large Print books on order, new Talking books and many regular print books as well. We have ordered all the new popular authors, Lee Child, J.A. Jance, Nora Roberts etc., some new ones to try out and also some very interesting new non-fiction books as well. They will start arriving over the next few weeks so do check our website! It will be like opening Christmas presents for us when the boxes arrive. One book you won't have to wait until then is John Riley's new book, *The Once and Future Great Lakes Country: An Ecological History*. John very kindly presented us with a copy this week and inscribed it with thanks for the assistance we gave him in his research. He will be speaking here at our Library Literary Event, Off the Page on Sunday, November 17th at 2 p.m.



Find us online at [www.shelburnefreepress.ca](http://www.shelburnefreepress.ca)

**THE SHELBURNE FREE PRESS IS NOW ON FACEBOOK** – The Shelburne Free Press has joined the digital era! Check us out online at [www.shelburnefreepress.ca](http://www.shelburnefreepress.ca) and 'Like' us on Facebook. Find additional stories that didn't make our pages and photo highlights from area events, as well as press releases and advisories from the Shelburne Police, Health Unit, local politicians and more!

### WEBPOLL

www.innisfilscope.com

Results from last week's poll:

**Do you think 'child stars' will pay the price of fame in their adult lives?**

a) Yes	<div style="background-color: black; width: 80%; height: 10px;"></div>	<b>80%</b>
b) No	<div style="background-color: black; width: 20%; height: 10px;"></div>	<b>20%</b>

So go to our website at [shelburnefreepress.ca](http://shelburnefreepress.ca) and cast your vote!

The results of this poll are in no way considered to be valid or infallible.

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<sup>1</sup> Offer is available to any individual who, between September 16 and November 1, 2013, sets up a new Pre-authorized Purchase Plan (PPP), increases an existing PPP, or starts an additional PPP, with a minimum \$50 monthly contribution amount. Offer may be changed, extended or withdrawn without notice. Terms and conditions apply, see [www.tdautomateyoursavings.com](http://www.tdautomateyoursavings.com) for more details. Commissions, trailing commissions, management fees and expenses all may be associated with mutual fund investments. Please read the prospectus, which contains detailed information, before investing. Mutual funds are not guaranteed or insured, their values change frequently and past performance may not be repeated. TD Mutual Funds are managed by TD Asset Management Inc., a wholly owned subsidiary of The Toronto-Dominion Bank. Available through TD Investment Services Inc. (principal distributor), TD Waterhouse Canada Inc. (Member of the Canadian Investor Protection Fund) and independent dealers. Mutual Fund Representatives with TD Investment Services Inc. distribute mutual funds at TD Canada Trust. <sup>TM</sup> The TD Logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly-owned subsidiary, in Canada and/or other countries.

## FLU CLINIC

**Once again flu season is just around the corner and The Shelburne Centre for Health is holding the following Flu Clinics by appointment only:**

Wed. October 9.....	5:30pm – 7:30pm
Wed. October 16.....	1:00pm – 7:00pm
Fri. October 25.....	9:30am – 4:00pm
Thurs. October 31 .....	9:30am – 4:00pm
Mon. November 11 .....	1:00pm – 7:00pm
Mon. November 18 .....	9:30am – 4:00pm

Please call **519-925-0017** to book your appointment or for more information. We ask that you please remember to bring your Health Card to your appointment. If you receive your flu vaccine elsewhere please call us so that we can update your medical record.

## Open House

*Come Join Us For a Meet and Greet  
As We Welcome Our New Physicians to Shelburne*

Hosted by: The Shelburne Centre for Health  
Place: 167 Centre Street, Shelburne  
Date: October 9, 2013  
Time: 5:00 p.m. – 7:00 p.m.

You're invited to meet, greet and mingle with the Doctor's, Health Professional's and Office Staff. There will be light appetizers, refreshments and cake! Cake cutting will be held at 5:00p.m. NO R.S.V.P. Necessary. If you require more information please call (519) 925-0017

# Shelburne Air Cadet 164 Squadron receive local support



PHOTOS BY ALEX SHER

(LtoR) L.A.C. (Leading Air Cadet) Tristan Perrault, 13, Sgt.(Sergeant) Shealyn Amiro, 16, L.A.C. Kevin Dearsley, 13 and Sgt. Quinlynn Bowler, 16, stand alongside a clothing drop off box donated by J.Coles & Grandad UK Ltd. where all proceeds will go directly to the Shelburne Air Cadets 164 Squadron. Once again Shelburne residents go the extra mile supporting their own!

**BY ALEX SHER**

The community of Shelburne is now able to support the Shelburne Air Cadets 164 Squadron by donating used clothing in two locations into the blue and white used clothing drop-off boxes located at No Frills and outside the Royal Canadian Legion 220 Branch.

All proceeds will go directly to the Cadets and here is how it works. J. Coles & Grandad UK Ltd., Textile Recycling Worldwide, is a textile recycling company located in Shelburne and they have a soft spot for charities. They provided the beautifully made boxes with a lock to the Air Cadets

after the Cadets received permission to place the boxes at the two locations. The Air Cadets provided the signage indicating where the proceeds will go, J. Coles & Grandad UK Ltd. maintain and service the boxes, tally the weight of the clothing donated, purchase it and provide the Air Cadets with the proceeds. Often the clothing will go overseas and get reconditioned, buttons replaced, zippers repaired and in many cases will get a second chance to be sold and worn again.

A tremendous help to the Air Cadets who work hard to support themselves with fundraising events, this ongoing

commitment from J. Coles & Grandad UK Ltd. with the support of local residents can benefit the Air Cadets to the tune of \$500 a month in some instances and they are grateful for help.

'Donators beware' is unfortunately a common bit of advice concerning many donation type situations where the public are unaware just where their donations are going to. The Recycling business is a business and what the public needs to check for is the name on the front of the box they are donating to. Should the signage not be clearly understood, it is recommended that donors locate a different drop

box which is clearly labelled. J. Coles & Grandad UK Ltd. encourage visits to their warehouse where donations can be made directly to any charitable organization of your choice.

For more information on how to support your local Air Cadets, contact Kevin Bowler at 519-925-2700.

For more information regarding a Charitable or Non-profit Organization you would like to raise money for with a clothing drop box, contact J. Coles & Grandad UK Ltd., Textile Recycling Worldwide located at 115 Centennial Road at 519-925-9374 or email [jcolesgrand@hotmail.com](mailto:jcolesgrand@hotmail.com)

# Minor Headache over underground cable

**BY WES KELLER**

Just when Shelburne council believed the laying of the watermain to service Summerhill Communities was all but complete, the developer's engineers discovered that the surveyed layout that had been approved was in conflict with other buried utilities, such as communications and sewer line.

The discovery forced a realignment, which the town's public works director Scott Wheeldon views as "minor," but which required approvals of the ministry of transportation (MTO) and an emergency meeting of town council quickly to approve a new

agreement with MTO.

Mr. Wheeldon said in an emailed response that the developer's engineers and representatives of the MTO conducted a site inspection.

MTO approved a proposal to continue the water main layout along the shoulder for a distance of about 15 metres, according to CAO John Telfer, but with a catch: Should a future need to widen Highway 10 arise, the town would be responsible for moving the water main to make way for it.

It wasn't immediately determined what responsibility developer VanDyk would have if such an event occurred.

However, most townspeople

would hope that a long-awaited truck bypass would be created ahead of a road widening within town boundaries.

On the issue of locating buried utilities, Shelburne council has approved an agreement with "Ontario One Call" (ON-1Call), which is touted as reducing chances of damage to infrastructure and "frequency of work undertaken in the public right-of-way without applicable permits," as well as the opportunity to provide applicable bylaw requirements to excavators, and, somehow, "a safer working environ-

ment."

Shelburne's infrastructure would be registered prior to June. ON1Call says there's an estimated \$40-million annual infrastructure damage in Ontario and that 82% of that is caused by failure to obtain locates.

The Guelph-based company was founded by Bell, Enbridge and Union Gas in 1996.

Ontario now has legislation in place to require all municipalities to register their underground infrastructure by June 2014.

# Use Ontario's Tree Atlas

Want to know which trees grow best in your community? Need some advice on how to plant a tree in your backyard? The Tree Atlas can help.

Just click on the map (at [www.mnr.gov.on.ca/en/Business/ClimateChange/2ColumnSubPage/267027.html?CSB\\_ic-name=specialInitiatives&CSB\\_ic-info=treeAtlas\\_Eng](http://www.mnr.gov.on.ca/en/Business/ClimateChange/2ColumnSubPage/267027.html?CSB_ic-name=specialInitiatives&CSB_ic-info=treeAtlas_Eng)) and the Tree Atlas will help you:

- Identify native Ontario tree species using pictures of bark, fruit, cones, leaves and needles; Learn which species grow best in your area, including tips on when and how to plant a tree; Understand what types of soil and sun exposure

will help a tree thrive Sustainable natural resource management and conserving Ontario's biodiversity for future generations is part of the Ontario government's plan to attract investment, create jobs and grow the economy.

**Soaring Heart Wellness**  
Your Local Whole Family Health Food Store

- Healthy Foods • Yoga/Massage
- Unique Gifts • Art/Meditation
- Smoothie Café • Workshops/Retreats

Ellen Brakel • Joey Lemieux  
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Mon.-Sat. 9:30-5:30 • Sun. 11-4  
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[info@soaringheartwellness.ca](http://info@soaringheartwellness.ca)  
Shop On-Line!  
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**SHELBURNE FARMER'S MARKET**  
EVERY THURSDAY FROM 3PM TO 7PM  
Located at Besley Country Market  
716 Victoria Street, Shelburne

- Fresh meats • Vegetables • Breads
- Baked Goods & more...

**Last day Thursday, Oct. 10th!**  
Free children's activities all afternoon!  
Come & meet your local farmers!

**LEARN TO CURL!!!**

**Shelburne Curling Club**

**FREE LEARN TO CURL CLINICS!**

Wednesday, October 9th ..... 7pm – 8pm  
Thursday, October 10th ..... 7pm – 8pm  
Tuesday, October 15th ..... 7pm – 8pm  
Thursday, October 17th ..... 7pm – 8pm

Clinics are taught by experienced members & qualified instructors.

**\* New members receive a 25% discount!\***

Contact us at 519.925.2011  
[info@shelburnecurling.ca](mailto:info@shelburnecurling.ca)

Find us on: **facebook.**

# Converted hospital costs under \$80,000 yearly

**BY WES KELLER**

The Dynes-Grey Apartments, as the converted Shelburne hospital is now officially known, could be fully occupied by mid-2014, and county council next week will be asked to approve a recommendation that 20 of the units would be "affordable," and four should be at average market value.

"Affordable" housing is 80% of what the provincial government says the average market is for the area. That figure is expected to rise from the current one in April 2014.

The average market for Shelburne is \$883 monthly for one-bedroom units and \$1,008 for two bedrooms, so the affordable rent would be \$706 for one bedroom and \$806 for two, including utilities.

Based on current rates, a report to the Community Services Committee by Director Keith Palmer estimated that the net costs of operation would be no more than \$81,000 annually, after Development Charges, rental and laundry revenue have been accounted for.

The \$81,000 figure was based on all units being affordable, whereas it would be reduced to \$50,000 if the county opted to have only 10 affordable housing units and 14 market ones.

The committee's option was something of a compromise. The motion by Amaranth Deputy Mayor Walter Kolodziechuk and Warden (Mono mayor) Laura Ryan was for 20 affordable units and four at market.

The county required additional affordable units and secured an \$850,000 grant to provide 10. It is mandated therefore to have at least 10 of the Dynes-Grey units designated as affordable.

According to figures presented to General Government Services Committee Monday, total cost of conversion would be about \$4-million, of which \$850,000 would come from a provincial grant, leaving \$3.15-million to be financed.

The \$4-million cost of converting the former hospital building includes interest on interim financing. That is being covered by the \$850,000 grant and a \$3.35-million, 20-year loan.

The 20-year loan from Infrastructure Ontario bears interest at 3.53 per cent. The annual payment would be \$227,930, included in the operating costs.

The housing units take up all but 3,417 square feet of the building, which has been set aside as a commercial area for, it's hoped, a walk-in medical clinic.

It couldn't be immediately determined how the Veterans group would react to the calculations but its members have had visions of the building's costs overburdening taxpayers.

Their position has been that the building should have been retained as a hospital, and their hopes were that Department of Veterans Affairs would co-operate to create a treatment centre for veterans suffering from post traumatic stress disorder; physiotherapy upstairs and medical clinics downstairs.

Mayor Ed Crewson and Amaranth Deputy Mayor Kolodziechuk had presented the minister of health with the documentation and petitions that called for a restoration of the hospital, but the minister was adamant that there would not be a hospital there. As well, the DVA had not shown an interest.

# Vote for your favorite photo taken by Shelburne residents

There are three official submissions for the First Ever Shelburne Free Press Photo Contest 'Shelburne Through Your Eyes' (see pictures on PAGE 3). The lucky winner will receive a day of driving 7 luxury cars with Exotic Car Tours through some of the best roads Southern Ontario has to offer. Cars include: Lamborghini Murcielago; Lamborghini Gallardo; AUDI R8, GTR R35, Porsche 911, Ferrari, Aston Martin Vantage. The total prize value is \$1499!

Send your vote to: [wendy@simcoeyorkprinting.com](mailto:wendy@simcoeyorkprinting.com) by saying either 'Sunset' or 'Trail'. One vote per household please.

The winner will be decided by you, our readers, and announced on October 23, 2013.

**DENTURE SPECIALIST**  
DWIGHT CLAXTON DD, RDT  
EAT • LAUGH • SMILE

295 BROADWAY ORANGEVILLE  
**519-941-3893**  
FREE CONSULTATION  
NO REFERRALS NECESSARY

**DUFFERIN DRIFT BUSTERS SNOWMOBILE CLUB**

Meetings 1st Monday of the Month  
October to April

Starting Oct. 7 at Shelburne Library 7pm  
Nov. 4, Dec. 2, Jan. 6, Feb. 3, Mar. 3, Apr. 7

**ALL WELCOME!**

**Volunteers Needed & Welcome!**

**Trail Permit \$ Stays With The Club That Sells So Make Sure To**

**BUY DUFFERIN**

Permits Available at these locations

McCarthy Signs	Masonville Store
Reinhart Trailers	Hyland Fuels
Strictly Recreation	McCarthy & Sons
M.A.N. Services	Dundalk Equipment

**Driver Training Course**  
Nov. 3rd - 12 years & over

**519.925.1948**



# This week in police news...

Shelburne Police Service responded to 89 calls for service between September 22nd and September 29th 2013.

### Residential B&E

A home on the west side of town was entered by suspect(s) and quantity of items and change was taken. Nobody was home during this daytime entry. The investigation is continuing on this incident. The Shelburne Police would like to encourage anyone with information in regards to this offence to contact us at 519-925-3312 or leave an

anonymous tip through crime stoppers at 1-800-222-TIPS.

### RIDE spot check leads to drug possession charges

During the late evening hours on Friday September 27th Shelburne officers were conducting a RIDE spot check at Main Street and Victoria Street. A Silver Ford Freestar entering the spot check caught the officer's attention which started a roadside investigation and resulted in 28 year old Michael Jenkinson of Orangeville being arrested and charged with possession

of marijuana. He was released on an appearance notice with a court date in October.

### Mischief to Royal Bank

On Monday September 23rd officers investigated an incident of graffiti on the wall of the Royal Bank in Shelburne. It was believed to have occurred between Saturday night and Monday morning. The Shelburne Police would like to encourage anyone with information in regards to this offence to contact us at 519-925-3312 or crime stoppers at 1-800-222-TIPS.

## Crime Stoppers quarterly report

During this quarter, 575 new anonymous tips were received along with 725 follow-ups to existing tips which resulted in more than 1,000 calls to the Police to clear 21 cases resulting in 25 arrests and 43 charges being laid for a variety of offences including Criminal Code, Controlled Drugs and Substances Act and Highway Traffic Act.

\$145,987 in illegal drugs and property were recovered by Police during the 3rd quarter of 2013.

During the same period in 2012, 613 new tips were received and 30 cases were cleared by Police.

The Crime Stoppers of Sim-

coe-Dufferin-Muskoka Board approved \$3,850 in reward payments for successful tips this quarter. Since inception in 1987, our program has approved \$284,727 in rewards to Tipsters who have helped solve crimes in Simcoe-Dufferin-Muskoka.

Crime Stoppers is always looking for energetic new volunteers to be a part of our team either on our Board of Directors or on one of our locally focused community committees. Our volunteers organize fund raising events and promote Crime Stoppers in their respective communities. For more information about becoming a Crime Stoppers volunteer please visit our website

www.crimestoppersdm.com A successful Information Night and Volunteer Drive was held in Dufferin recently.

Tickets are on sale now for our 15th Annual Fundraising Gala Dinner and Auction which is being held on November 2, 2013 at the Silver-ninghtingale Ballroom at Casino Rama. The Gala is our most important fundraising event of the year. If you or your company are interested in a sponsorship opportunity or supporting our Gala with a donation to our Auction or by purchasing a table please call our Program Administrator at 705-726-2237. Remember - Crime Doesn't Pay - But Crime Stoppers Does!

## Dufferin OPP investigate daylight B&E's in Mono

On September 6, Dufferin OPP attended the scene of a daytime break and enter on Madill Drive in Town of Mono. Investigation revealed that unknown suspect(s) entered a residence through an open garage door and then into the home all while the home owner was working in the backyard. Once inside thieves stole Jewellery and Cash.

On September 19, Dufferin OPP responded to a second Break and Enter on Cedar Grove Lane in Town of Mono Town with the exact same method of entry and same type of items taken.

These types of crime are not new, and are very often preventable through community engagement; empowering communities to play an active

role in crime reduction initiatives.

Police are reminding residents to contact the OPP Communications Centre immediately at 1-888-310-1122 to report any suspicious activity or suspicious vehicles in the area. Information such as suspect physical descriptions, suspect vehicles and direction of travel are useful tools.

## Crime Stoppers Crime of the Week

Crime Stoppers of Simcoe-Dufferin-Muskoka along with the Barrie Police Service are requesting the assistance of the public in solving this crime.

On September 12th, at 1:30 a.m. two masked men en-

tered and robbed the Macs convenience store at Mapleview Drive and Huronia Road. Once inside, the first suspect pointed a firearm at the clerk while the second suspect removed a knife and jumped over the counter.

The suspects demanded cash from the clerk and stole a quantity of cigarettes while wearing Halloween type masks to hide their faces.

The suspects were last seen running toward Loughheed Drive. Thankfully, the clerk was not injured as a result of this brazen robbery.

Suspect #1 is described as a white male, 17 - 18 years of age; 5'8" to 5'10" tall, slim build wearing a green long sleeve shirt, black t-shirt and carrying a black handgun.

Suspect #2 is described as a white male, 17 - 18 years of age, slim build, and 5'8" to 5'10" tall.

Barrie Police are continuing their investigation and are requesting anyone with information about the people responsible to call Crime Stoppers at 1-800-222-8477 (TIPS) or go to www.tipsubmit.com to send an anonymous web tip.

Crime Stoppers does not subscribe to call display and you will remain anonymous.

### Discarded alcohol from LCBO not fit for human consumption

The Nottawasaga OPP were contacted on Saturday, September 28th at 11:40 a.m., advising that sometime overnight a significant quantity of discarded alcohol had been stolen from the Alliston LCBO premises. The alcohol that was taken included a variety of beer, wine and spirits that had been removed due to expired shelf life, or containers were contaminated due to dents or punctures. The contents of these containers are considered unfit for human consumption.

### NEED A DOCTOR?

#### The Shelburne Centre for Health

(Formerly the Mel Lloyd Family Health Team) is pleased to announce that 5 new physicians will be joining their team in June through to September.

The Shelburne Centre for Health welcomes all new patients that need a physician or that would like to receive care closer to home.

Please apply in person between:  
8:30am - 8:00pm Mon-Thurs  
or  
8:30 - 5:00 on Fridays  
at 167 Centre St. Entrance "C"  
or contact the office at 519-925-0017  
for more information.

*We look forward to providing the residents of Shelburne and surrounding area with improved access to health care.*



#### WHY DO WE PAY INSURANCE PREMIUMS?

We all do it! We pay for comprehensive insurance coverage on our vehicles every time it comes up for renewal but when we need to use our coverage we are afraid to do so because we are afraid our premiums will go up. It's sort of like buying a barbecue every single spring and never cooking a steak all summer. We pay for insurance for a reason. If you have a broken windshield and you have comprehensive insurance on your vehicle than using it is fairly logical. You save money in almost all instances, and provided you are not abusing your policy using your insurance when paying for a windshield won't affect your premiums. You can ask your broker if there will be any negative ramifications from doing so and if you haven't had any recent claims they will tell you there won't be 90% of the time. At Diamond Auto Glass we work with all Insurance companies and include a lifetime warranty on all our installations, as well as a free interior and exterior car clean with every insurance claim processed. Give us a call at 519-925-8611 and we will guide you through the process of benefiting from the policy you are paying for anyway.

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*Main Street*  
**COIN LAUNDRY**  
eco laundry

**NOW OPEN, IN SHELBURNE!**

**NEW FACILITY, WITH HIGH EFFICIENCY MAYTAG EQUIPMENT.**

*At rear of 147 Main Street West,  
beside municipal Parking lot.*

*Here to serve you 519 306 0191  
Hours 8am - 10pm 7 days a week*

### Bazaar

The Tec-We-Gwill Women's Institute is hosting a bazaar at their hall in Newton Robinson on Saturday, Oct. 26th from 10 a.m. to 2 p.m. There will be a bake sale plus crafts and vendors. Included will be syrup products, teas, hand made jewelry, greeting cards, knitted and crocheted items, paintings, Christmas items and much more. The hall is wheelchair accessible, all welcome.

## SHELBURNE FRESH VARIETY

Corner of Owen Sound & Jane Street - (519) 925-3497 - Mon.to Fri. 7 a.m. - 9 p.m. Sat. & Sun. 8 a.m. - 8 p.m. - Owned and operated by Brent & Collette Gray

Prices in effect from Wednesday, OCTOBER 2 to Tuesday, October 8

**NEW White Potatoes** **\$1.99** / 10 lb. bag

**PICKED FRESH FROM THE TREE!**  
**Macs, Cortland, Spies, Honey Crisp, Crispin Apples** ANY Size BUSHEL you NEED!

**GIVE US A CALL and BOOK your Pickling Beets** **\$1.99** a bushel and down  
**Roma & Field Tomatoes** for sauce

Locally Grown **Field Tomatoes** **\$4.99** Heaping 4 L. Basket

NIAGARA-Grown **Bartlett Pears** **\$4.99** Heaping 3 L. Basket

**EVERYTHING YOU NEED... for your fall decorations!**  
**Small to Large Square Bales**  
**Small to Large Pumpkins**  
**Cornstalks - Gourds - Hardy Garden Mums**  
**LOTS MORE TO CHOOSE FROM!**

# NEWS FROM THE CHURCHES

## Bethel Bible Chapel – A successful marriage

My wife and I celebrated our 35th wedding anniversary in August. Over our meal at a restaurant in Williamsburg Virginia, we took time to reflect on many of the places we've seen and things we have done in our lives together over these years. Part of that was thanking God for two beautiful daughters, a great son-in-law and now a new grandson.

Through these years of married life I've come up with three things that need to be in any successful marriage in order for it to flourish. All three start with the letter "c".

The first is commitment. From the time the couple say "I do" they need to have a total commitment to making the marriage work. They need to keep in mind that there will be many ups and down within every marriage but a couple who are totally committed to it will do whatever it takes to make it succeed. There is security within the marriage if each one knows that the other is fully committed to it. This is an important starting point for

every marriage.

The second is compromise. This can be somewhat difficult, especially if you have lived alone for a number of years. Even seemingly simple decisions, like what T.V. show to watch, take compromise. We all like to have it our own way to a certain degree. I read an article recently that suggests that it takes from nine to fourteen years for two individuals to stop thinking of themselves as individuals and to start thinking of themselves as a couple. I'm not sure if this is true or not but I do know that my selfish thoughts continually crop up in my marriage and I need to make a concerted effort to think about my wife and what her needs might be.

The third is communication. In his book "The Five Love Languages" Gary Chapman observes that people speak different love languages. He says we all have ways we especially like to give and receive love. These are gifts, service, time, touch and words. What we have to discover is which

of these are important to our mate. Most of us tend to give love in the ways we most want to receive it. We must remember that what is important to us might not be what is important to them.

Some people like to receive gifts. This is not necessarily expensive gifts, but just the fact that you were thinking enough about them to stop and buy something for them means a great deal.

Others like it most when we serve them. It can be important to our spouse when we set aside our own agendas and decide to do something for them. This might be doing chores around the house that they are the one normally doing. Serving your spouse can be very powerful as long as it is high on their list of priorities. Just ask and find out.

Others like to have your time. With time the emphasis is on quality and quantity, what you say or do and how much of yourself you put into it. We live in a busy world but we make time for what is im-

portant to us.

Another language is touch. Sometimes all someone needs is a hug. Using honesty and openness, we can learn the kinds of touching our partners enjoy most, and the circumstances in which they are preferred.

The final way to communicate is words. This is a skill we men need to work on. Both husbands and wives need to here "I love you" again and again daily. Combined with specific compliments about character and ability, the words build up the marriage.

There we have it. The three "c's" of a successful marriage: commitment, compromise, and communication. I'm sure there are more.

Let us remember to put Christ into the centre of our lives and into the centre of our marriages.

Jim Rintoul  
Bethel Bible Chapel  
Shelburne

## Crossroads Community Church

"Open Arms Ministry's held the first Sunday School class of the season at Crossroads. The kids are studying the Ten Commandments with music, crafts and memory verses with plenty of surprises along the way!"

The anointing of the Lord was felt throughout the morning, Pastor Don welcomed everyone and joy resonated during worship. God truly inhabits the praise of His children. Bob shared scriptures Isaiah 42:10 and 40:3. Pastor Don offered a prayer of humility then asked, "Do you sometimes find some days overwhelming?" Today we continue our lessons on "Faith that Works", so far we've looked at overcoming temptation which impedes our faith and we've learned how to reach out in faith without judgement to those around us thus fulfilling Christ's great commission. Now let us look at what helps us face each day and challenge; Godly Wisdom.

The wisdom of God is found in His word, "Joyful is the person who finds wisdom, the one who gains understanding..." Proverbs 3:13-20. Let us first clarify the difference between wisdom and intelligence; wisdom is the ability to make sound judgment on any matter, the power to use information appropriately and intelligence is the power of knowing and understanding information. I am sure we have all met people who were highly intelligent but were not wise in their actions. The Bible says we prove our wisdom by the way we act, our wisdom is measured by our humble character;(James 13:3).

We are living in a time

where technology has enabled information to multiply expediently but one has to wonder if it has made us any wiser. God respects knowledge but values wisdom above it, the fear of the Lord is foundational to our faith and obtaining wisdom,(Proverbs 1:7). Those who foolishly refuse to follow God's wisdom end up in great turmoil, (Proverbs 1:22). Godly Wisdom is worth pursuing diligently, we ought to be on the alert to recognize His wisdom every time we worship, listen to a sermon and read our Bibles, "Getting wisdom is the wisest thing you can do! And whatever else you do, develop good judgment," Proverbs 4:7. God's ways are good unfortunately in the aimless pursuit of social acceptance we make unwise choices to our own peril,(Proverbs 4:14,15). Above all things we should desire righteousness,(Proverbs 8:11).

Where do we get wisdom? From God himself all we have to do is ask,(James 1:5). Wisdom's characteristics are practical relating to everyday life, it does not shelter us from challenges but it does equip us to face them in faith. Wisdom is divine, it is beyond human reasoning, what we sometimes consider common sense is often foolishness to God which is why we ought to keep our hearts and eyes, ears and minds open to God's guidance. Wisdom equals Christ-likeness, it helps us approach life as Jesus would,(1 Corinthians 1:24).

A humble and modest spirit precedes wisdom but pride hardens the heart and closes the door on godly wisdom,(- James 3:14-16). The ways of the world are selfishness

coupled with jealousy and are detriments to godly wisdom. The pressures Society places on people cause restlessness and discontentment, pulling us away from God. The world motto is "If it feels good, just do it," but just because it feels good does not mean it is right.

What we say also demonstrates our wisdom, what we say right or wrong influences those around us and our actions, (James 3:6). When we tame our tongues it proves we are exercising wisdom, no wonder Granny used to say "turn your tongue ten times before you speak." God's wisdom is characterized by purity and kindness a rare find in this day and age. Our society has blurred the lines between intellectual wisdom and purity, things are increasingly less defined as to what is right and what is wrong, for the sake of social acceptance and a false appearance of tolerance the moral compass has shifted which in the end brings calamity, injustice and heartache. God however weighs the purity of our motives and our actions and desires order and peace for us. Wisdom from below comes from reasoning, wisdom from above comes from revelation,(James 3:17,1 Corinthians 14:33). So we if we are rooted in God's wisdom and plant peace in the world around us we will reap righteousness and have a long blessed life,(James 3:18, Isaiah 32:17).

Beloved, the accumulation of earthly wealth and human knowledge can't give us lasting peace nor can it assure us of true contentment. Praise be to God who acts from above to change the lives of those

**CHRISTADELPHIANS**  
THOUGHT OF THE WEEK

#215330  
10TH LINE  
AMARANTH  
JUST NORTH  
OF 25TH  
SIDEROAD,  
WEST SIDE

The greatest possession we have costs nothing, it's known as love.  
- Brian Jett

So now faith, hope, and love abide, these three; but the greatest of these is love.  
1 Corinthians 13:13

Please visit us at: [www.shelburnechristadelphians.ca](http://www.shelburnechristadelphians.ca)

## SHELBURNE CHURCH DIRECTORY

**ABIDING PLACE FELLOWSHIP**  
A Church with a difference, making a difference  
Auditorium, Dufferin Oaks, Shelburne  
"C" Door off Centre Street  
Sunday Service - 10 a.m. & Children's Church  
Bible Study & Prayer - Wed., 7p.m. @ Pastor's Home  
Pastor Gord Horsley (519) 925-3651  
**COME AND BE BLESSED. ALL ARE WELCOME!**

**BETHEL BIBLE CHAPEL**  
419 Main Street East, Shelburne  
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Pastor: DON HUME  
519-939-1453  
[www.shelburnecrossroadschurch.ca](http://www.shelburnecrossroadschurch.ca)  
"The Light Shines In The Darkness"  
(John 1:5)

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Priest: The Rev. Stephanie Pellow

**Probus Club**  
The South Simcoe Probus Club, meets on Friday, October 4th at the Gibson Centre, 63 Tupper Street West, from 10 a.m. to noon. Guest speaker this month is Marianne Ford, Master Instructor/Distributor of Nordix walking poles for Get Walking Canada. Guests are welcome. For more call Linda 705-435-9839.

## Alliston & District Humane Society

The Alliston & District Humane Society can be reached at 705-458-9038. Please call if you have lost or found an animal. The shelter and foster homes are full to maximum capacity with cats and kittens. No more can be taken in at this time. Ongoing bottle drive at the shelter. Bring your empty liquor, wine, beer bottles and cans to the shelter to help the animals.

Cat Adoptions \$120 neutered, dewormed, vaccinated, microchipped and litter box trained.

Miles - One-year-old. Orange and white tabby. DSH. N/M. Affectionate guy. 705-435-2851.; Zena - Two-year-

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Kittens Adoptions \$60 First vaccinations, dewormed and litter trained.

Velvet Crochet - Ten-week-old. White with orange. DSH. Female. 705-435-2851.  
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males. 705-434-4544.  
Thirteen-week-old. Champagne colour. DSH. Male. 705-321-2378.

Pixie - Thirteen-weeks-old. Brown tabby with white feet. DMH. Female. and her sisters Dixie- Brown tabby. DSH. and Trixie - Brown tabby with white feet. DSH 705-458-1510.

Maxwell Smart - Five-month-old. Gray and white. DMH. Male. 705-435-2851.

Dog Adoptions \$240 neutered, dewormed, vaccinated and microchipped.

Luke - Three-year-old. Mastiff. N/M. Good natured guy who needs someone to look up to. 705-458-9038.

**DUFFERIN COUNTY** For residents of Dufferin County.

**HAZARDOUS & ELECTRONIC WASTE EVENT DAYS**

8 a.m. to 3 p.m. Oct. 5<sup>th</sup> to Oct. 26<sup>th</sup>

Primrose Operations Centre. 635666 Hwy 10 (south of Hwy 89)  
Orangeville Operations Centre. 500 C Line, Orangeville

**ACCEPTABLE HOUSEHOLD HAZARDOUS WASTES:**  
Aerosols, antifreeze, automotive containers, barbecue starter, batteries (household & automotive), bleach, compact fluorescent (CFL) bulbs, fertilizers, fluorescent tubes, gasoline & other fuels, household cleaners, used motor oil & filters, paints, pesticides & herbicides, pharmaceuticals, pool chemicals, propane cylinders, rat poison, sharps & syringes (in hard container), solvents, thermostats containing mercury.

**ACCEPTABLE ELECTRONIC GOODS:**  
Audio players & recorders (e.g. MP3, cassette), cameras (web, digital, analog), cell phones, smart phones & pagers, computer peripherals (e.g. modems, keyboards, mice & hard drives), desktop, laptop & tablet computers, monitors, optical drives (CD, DVD, HD-DVD), printers & scanners, radios & turntables, receivers, speakers & equalizers/pre-amplifiers, telephones & answering machines, televisions, typewriters, video game systems, video players & recorders, video projectors, digital frames.

All materials should be left in the original container or labeled to allow easy identification of the contents. **Unidentified/unknown materials will not be accepted.** Please tightly cap all containers. **No waste from industrial, commercial, or institutional sources.** Household waste only. No garbage or recycling. No appliances, such as microwaves, toasters, coffee machines, refrigerators, washers and dryers, vacuums, air conditioners, dehumidifiers, or household items, such as lights, power tools, or fans. Drums of material will not be accepted due to restrictions with the Transportation of Dangerous Goods Act. Please place materials into smaller containers.

**Share-IT** You can also donate your used IT equipment at any of our event days and **Share-IT** will refurbish and redistribute it to a family in need in our community!

The events are for **Dufferin County residents only**: the Towns of Grand Valley, Mono, Orangeville and Shelburne, and the Townships of Amaranth, East Garafraxa, Melancthon and Mulmur.

Contact Dufferin County Waste Services for more information.  
[dufferincounty.ca/waste](http://dufferincounty.ca/waste) | [dufferinwaste@dufferincounty.ca](mailto:dufferinwaste@dufferincounty.ca) | 519.941.2816 ext. 2620

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# SHELBURNE SPORTS

## Red Wings battle despite short roster

Players waiting for visas keep Red Wings a rookie squad

BY BRIAN LOCKHART

The Shelburne Red Wings have yet to win a game this season. After four games, the local squad has come up short including their home opener against the Lefroy Wave on Friday, September 27, at the Centre Dufferin Recreation Complex.

After scoring four goals in the first period, the Wave notched two more to end the game 6-0.

It has been a rough start for the Red Wings who are struggling to start the season and have been shut-out in their last three games.

"We have young guys this year," said coach Nikita Vasilyev, "Everybody who played last year are gone. They are playing elsewhere, in Russia and Czech teams, some guys went off to college. Now we have guys born in 97 and 98, they are very young. Our guys aren't ready to play yet, we need more work and practise."

The Red Wings have veteran players lined up to join the roster, however, they are currently in limbo waiting for visas to enter the country - a situation that has plagued the team for the last three months.

A strike by Canadian Foreign Services workers has slowed down the process.

The strike not only affects foreign hockey players, many colleges and universities have also had problems getting foreign students into the country.

"We have 16 guys stuck in Russia," Vasilyev said. "We've been waiting for three months. This is why have such a young team now. The new players were all born in 92, 93, and 94."

While having new players on a team is always good, having a few veterans with more experience to guide younger players can make a big difference in the outcome of a season.

For now, the Red Wings will have to work with the team they have and hope a job action settlement will speed up the process to bring additional players to the squad.

The Bradford Bull are currently in first place the Greater Metro Hockey League with six wins after seven games.

They are followed by the South Muskoka Shield who are undefeated after five games.

Four teams in the League have yet to win a game this season.

The Red Wings will return to home ice this Friday, October 4, to host the Rama Aces at the Centre Dufferin Recreation Complex. The puck drop is scheduled for 8:30 p.m.



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## Muskies working on final roster – new head coach now on the bench



PHOTO BY BRIAN LOCKHART

A Shelburne Muskies hopeful takes a shot on net during the club's first try-out skate on the ice at the Centre Dufferin Recreation Complex in Shelburne. The Muskies have four try-out sessions planned on the way to finalizing the roster for the 2013 / 2014 season.

BY BRIAN LOCKHART

After several months without a leader to steer the ship, the Shelburne Muskies have a new head coach at the helm.

The club hired veteran coach Chad Blundy who has now taken over top coaching duties at the Senior AA club.

Blundy comes with a long list of credentials including as a player with the Elora squad and McGill University, and is an instructor at a hockey school.

He replaces Joe Bakes who left the team at the end of last season.

On the ice, the Muskies held their first tryout skate on Saturday, September 28, at the Centre Dufferin Recreation Complex.

"This is our first skate," said

Muskies club president Jen-Thompson. "This is an open skate. We have four vets on the ice tonight."

As with any senior club, keeping players isn't always easy as family and job commitments force some players to give it up when those commitments come first.

"We have lost a few players due to players moving. It's a working man's league," Thompson said.

"I think Chad's just coming in tonight with an open mind - just to get the guys skating and get the rust off. Some guys have been on the ice, some have been playing summer hockey."

On the schedule the Muskies first game is slated for October 11, in Ripley, but Thompson

said they will try to reschedule that game due to player commitments that might make the opening game difficult. That's part of the deal with senior players who have careers and jobs that sometimes require them to make a choice between playing and earning a pay cheque.

"We have three more skates scheduled then we'll start our normal Tuesday practises," Thompson said.

On the management side, the executive are still searching for a General Manager.

They had one signed at the end of last season but due to sudden changes in personal life, that GM had to resign. The Muskies have yet to find a replacement despite doing a search and advertising for a

qualified person to do the job.

Finding the right person to do the GM job isn't easy. It's a tough job that requires a lot of knowledge about pretty much everything that goes on in the game from player recruitment and selection to running a club.

The Muskies plan is to have a final roster in place by the time the first game is played.

There are two games on the current schedule, the first in Ripley, then game two slated for Shallow Lake on October 18.

The Muskies home opener will take place on Saturday, October 19, at the Centre Dufferin Recreation Complex in Shelburne.

The puck drop is scheduled for 8:00 p.m.

## Energy leaders to meet and debate next week

BY WES KELLER

With changes to Ontario's long-term energy strategy on the horizon, what happens when you get the leaders of all types of electricity production

together in one room to argue about it?

The answer should be forthcoming next Thursday, Oct. 10, following a half-day debate on the topic at Canadian Wind Energy Association's 29th annual meeting in Toronto.

The debate, says CanWEA's Ulrike Kucera, will be moderated by energy journalist Tyler Hamilton. Environmental activist Tzeporah Berman will be a keynote speaker at the debate.

The London, ON, born Ms. Berman, 44, was one of the organizers of the 1992-93 logging blockades in B.C., a protest against clearcut logging of sections of the B.C. rainforest.

Wikipedia says she is "a strategic advisor on clean energy, oilsands and pipelines for many environmental, First Nations and philanthropic organizations."

"She has been co-director of Greenpeace International's Global Climate and Energy Program, Executive Director

and Co-founder of PowerUp Canada and Co-founder and Campaign Director of Forest-Ethics."

As well, among other things, she was appointed to B.C.'s Green Energy Task Force in 2009 by then-premier Gordon Campbell, and was once described in Readers Digest as "Canada's Queen of Green."

The debate will include: Robert Hornung, President, Canadian Wind Energy Association; David Butters, President, Association of Power Producers of Ontario; John Gorman, President, Canadian Solar Industries Association; Dr. Ron Oberth, President, Organization of Canadian Nuclear Industries; Paul Norris, President, Ontario Waterpower Association; and Adam White, President, Association of Major Power Consumers, according to a CanWEA news release.

Meantime, the Energy Review Tribunal hearings into Dufferin Wind Power's Renewal Energy Approval will be winding down in Toronto with Constitutional arguments about whether or not opponents of the wind farm have a cause for complaint under the Charter of Rights and Freedoms.

At the end of the ERT hearings, the parties are to submit their final arguments in writing to the panel, and then the tribunal has only six months in which to issue its order.

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**ATHLETE OF THE WEEK**  
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**Team:** SHELBURNE RED WINGS  
**Position:** CENTRE

Moving up to play on the Shelburne Red Wings Junior A squad has been a good experience for Shelburne's Storm Way.

"I grew up in Orangeville and played AA hockey with the Flyers, then came here about five years ago and played rep hockey in Shelburne," Storm said. "I hung out with the Shelburne players from last year, so I knew Nikki and Igor (coaches) and I talked to them this year and they said they had a position open for me."

As a rookie player on the squad - he is just a week short of turning 17 - the move to this level of hockey has provided a new insight into the game - especially since most of the other players are European and play a different style game.

"It's a different atmosphere. It's a different style hockey, it's more wide open hockey. It's a step faster than rep hockey so you have to make faster decisions out there."

When he's not on the ice, Storm plays lacrosse for his high school team at Robert F. Hall Catholic Secondary School in Caledon East.

**The Shelburne Red Wings Junior "A" Hockey Club is looking for new billet houses to accommodate the teenage players from other countries, who are in Canada at the World Hockey Centre for a maximum of 6 months.**

**As a billet family you will receive \$550 per month. You will also gain free access to all the home games.**

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**Red Wings vs. Rama  
Friday, October 4th at 8:30pm  
COME CHEER ON THE TEAM!**





PHOTOS BY BRIAN LOCKHART

The Centre Dufferin District High School Royals junior boys volleyball team goes up against Emmanuel Christian High School from Fergus in the gym at CDDHS. The teams played the series to a tie – both winning two games – before going to a tie-breaker to determine the winner. The Fergus team managed to squeeze out a win in the final game.



## Curling season begins – not too late to register



Wallace Elgie is one of Shelburne Curling Clubs oldest playing Seniors and has been playing in Shelburne since 1963 and commented, "I still have my old receipt from paying my dues the first time I signed up here. It was \$100 membership and \$30 to throw!" Club President John Gregory recalls playing on Elgie's team in 1981 and remembers it well laughing, "I recall that year and he got me into a lot of trouble!"

### BY ALEX SHER

Just in time for the weather to let us know things are cooling down, the Curling Season is winding up as registrations were held during a Wine and Cheese on September 27th.

Beginning on October 21st, the new season is will be a fun filled activity that the entire family can participate in.

With any sport comes the competitive streaks and roads to glory and Shelburne has a few Olympic hopefuls in Kaelyn Gregory, 15, a 7 year veteran curler, Anna Boulanger, 16, a 10 year veteran curler, and Courtney Holmes 15, a 9 year veteran curler and present coaches for the kids league

appropriately called "Little Rocks" all have the Olympic dream in mind.

Holmes remarked, "Curling is great, especially for little kids. It doesn't cost a lot, it's not a contact sport, no long distance driving, there's not a lot of expensive equipment to buy and our season is really long."

President of the Club, John Gregory agreed commenting, "That's true and really all you need is a hockey helmet and clean indoor running shoes. We'll supply the other things for the kids. We're offering free clinics on Wednesday, Oct. 9th, Thursday, Oct. 10th, Tuesday, Oct. 15th, and Thurs-



Cutline: (L to R) Kaelyn Gregory, 15, Anna Boulanger, 16, and Courtney Holmes 15 look forward to the Curling season beginning. They will be instructing the younger curlers called 'Little Rocks' and training to hone in on their skills as they strive to one day participate in the Olympics.

PHOTOS BY ALEX SHER

day Oct. 17th from 7-8 p.m. It's a great opportunity to try it out and see if it's something you'd like to do. The biggest challenge anyone faces really is delivery and balance. It's a lot of fun."

Curling for Shelburne residents is so much fun, the club began in 1962 and has never looked back. With a season running longer than most sports, curling begins in October and runs through to mid April. The Shelburne Curling Club caters to every kind of curling skill so whether you are a seasoned curler but not wanting competition, competitive and skilled, or just interested in the fitness, social

activity and enjoyment of the sport, there is something for everyone, and all ages are welcome.

Note worthy: Shelburne's own Jeff Brown played with Curling Team Husain in the KW Fall Classic Cash Spiel over the past weekend.

"Jeff Brown started in Ban-tams, moved to Juniors, made it to the Provincial Championships. Only 8 teams get to go to the provincial championships!" Gregory proudly remarked.

For more: call the Club, located at 110 O'Flynn Street, at 519-925-2011 or visit them online at [www.shelburnecurlingclub.ca](http://www.shelburnecurlingclub.ca)

# Shelburne Free Press

## Our subscription drive is coming to an end!

We hope you've enjoyed reading the revamped and re-energized Shelburne Free Press newspaper. Our weekly publication is filled with local news and the faces and places that make Shelburne home.

As of November 7th, your paper can be purchased from our office or local newsstands.

To receive the Shelburne Free Press by mail, please complete the subscription request below and mail it **OR** drop it off at our office, located in beautiful downtown Shelburne at:

**The Shelburne Free Press, 143 Main St. W. Shelburne, ON L9V 3K3**

We appreciate your continued patronage and know you will enjoy reading our paper for years to come!

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- 2) Horse is to be sold "where is, as is" with no representation as to fitness for any purpose and no warranty.
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## ANNIVERSARY

Happy Anniversary



Sweetie Pie Hell

## DEATHS

## DICK, Jean Irene

Suddenly and peacefully at Headwaters Health Centre, Orangeville on Wednesday September 25, 2013 Jean Irene Johnston in her 93rd year, beloved wife of the late William H. Dick, Bolton. Dear mother of Arlene (Peter) Markle, Shelburne and Gordon (Darlene) Dick, Bolton. Loving grandmother of Joanne Markle and Richard LaMontagne, Ottawa and David Markle, Shelburne. Dear sister of William (May) and Frank (Hazel) Johnston, all of Winnipeg. The family received their friends at the Egan Funeral Home, 203 Queen St. S., Bolton Friday afternoon 2-4 o'clock and evening 7-9 o'clock. Funeral service was held in the chapel on Saturday morning, September 28, at 11 o'clock. Interment Laurel Hill Cemetery, Bolton. If desired, memorial donations may be made to the Alzheimer Society of Peel, 60 Briarwood Avenue, Mississauga, L5G 3N6 or to the Heart and Stroke Foundation of Ontario. Condolences for the family may be offered at www.EganFuneralHome.com.

## Shreddies on a "Search for Goodness"

Shreddies believes that there's genuine goodness inside every Canadian. Almost everyone can tell a story about someone they know who demonstrates goodness inside them, someone who really makes a difference in their community. To celebrate this goodness, the iconic homegrown cereal has begun a nationwide search for stories with its "Search for Goodness".

This is an opportunity to share some good. Canadians are asked to nominate someone from their family, friends or community who spreads genuine goodness by going above and beyond to make a difference in the lives of many.

"Last year's inaugural "Search for Goodness" proved that we really are a nation that strives to do good," said Melissa Marchesano, Product Manager for Shreddies. "When we do good, we feel good, and for the second year in a row we're looking for someone who embodies genuine goodness and deserves recognition for their selfless commitment to their community."

Shreddies will review the nominations and shortlist five genuinely good people and their stories. Then, Canadians will be asked to vote on the story they believe should be shared across the country. Each genuinely good person will be featured with a voting page that will include their story. Shreddies believes it's the least it can do to show thanks for all the goodness these people bring to others. The selected story will be announced in March 2014 and will be told in a Shreddies' national television spot. Nominations can be submitted by November 24, 2013 by visiting [www.searchforgoodness.ca](http://www.searchforgoodness.ca) Facebook.com/Shreddies or @ShreddiesCanada on Twitter.

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STORE FRONT on Main Street, Shelburne. Good location, great visibility. Call Marg Mc carthy Sales rRepresentative. Royal Le Page RCR Realty 519 216 1756

ONE BEDROOM APARTMENT available in Markdale (North of Shelburne). Close to shopping, library, churches, schools, Ski-hills. This clean modern apartment rents for \$625 per month. Plus utilities. No Dogs Please. Parking available. Contact Al at 416-282-7918 or 416-669-7913, [trafordca@gmail.com](mailto:trafordca@gmail.com)

## REAL ESTATE

THINKING OF SELLING. I have buyers looking for homes in Shelburne and surrounding areas. Country Properties and Farms, Businesses and commercial.. For successful buying and selling call Marg McCarthy, Sales Representative, Royal Le Page RCR Realty 519 216 1756.

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## EVENTS

MONTICELLO UNITED CHURCH - Roast Beef Dinner, Monday October 7th, 4.30-7.30pm. Adults \$12.50. Children 6-12 \$5.00 Preschoolers Free. 401247 Dufferin Road 15 - 519 928 2028. [Monticellounitedchurch.ca](http://Monticellounitedchurch.ca)

Shelburne, Monday Night Euchre Club at the Shelburne Residence, starts again on October 7th at 7pm. All welcome

## BIRTHDAY



Lena Bennington  
Oct. 7th, 2013

Happy 85th Birthday Mom, Grandma, Great Grandma.

xx

From all your family

## MEMORIAM

IN MEMORIAM McBRIDE  
In memory of a dear husband, father, grandfather and great grandfather, Eldon who passed away 20 years ago October 3, 1993

Today recalls the memory Of a loved one gone to rest, And those who think of him today Are those who loved him best. The flowers we lay upon his grave May wither and decay, But the love for him who lies beneath Will never fade away.

Love Doris, Bob, Linda and family Linda, Larry and family

## THANKS

NIXON - Thank you so much for all the food and flowers that were delivered to our home with the sudden passing of Allan on September 4th. The friendship, compassion and consideration will always be remembered.

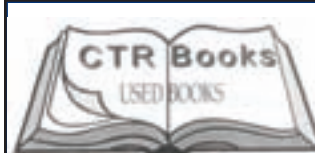
Brenda, Amy, David

Melissa, Steve, Jamie, Shelby, Raeburn, Michael, Madelyn, Violet, Ethan and Isabel.

## CANCELLATION

The Tipling Stage Company regrets that, due to unforeseen circumstances, it must cancel its production of John Spurway's Grounded scheduled for October 4th to 12th. Ticket holders may request a refund by calling 519 925 3146 or substitute their tickets for admission to Dick Whittington (and his cat) January 24th to February 2nd

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# Shelburne's first Tim Hortons – coming soon!



Shelburne residents are ready to start lining up at the drive thru, as the iconic Canadian coffee giant Tim Hortons gets ready to open its doors in 2014.

Residents of Shelburne are excited for the esteemed brand to be a part of the town and the growth that the village will be experiencing with the revitalization of the Wrigglesworth Plaza on Main Street where the new Tim Hortons will be home to and new developments underway such as VANDYK communities' The Neighbourhoods of Summerhill.

"This is great news not only for the Town of Shelburne, VANDYK group of compa-

nies and Wrigglesworth Plaza, but for Tim Hortons as well. After several attempts to expand into Shelburne, Tim Hortons has finally succeeded and will be an anchor in VANDYK's Wrigglesworth Plaza. It will forever be known as the first Tim Hortons in the town and VANDYK is honoured to be a part of this milestone and making this happen," says Domenic Zita, President of VANDYK Commercial. It's just another example of how VANDYK is committed to the growth and development of the Town. John Telfer, CAO/Clerk of The Town of Shelburne explains, "The Town of Shelburne is delighted to finally have a Tim Hortons restau-

rant approved for our community. It has been a very difficult project to bring to fruition with several commenting agencies involved but it has also gratifying to see it finally a reality for the Town. I see this project at Wrigglesworth Plaza as a well thought out development, that makes this gateway location, a truly preferred location for retail and service related businesses. We look forward to seeing this plaza revitalized and providing a great look as a gateway commercial destination." The revitalization of the existing plaza will bring new businesses which in turn will translate into employment opportunities and more economic stability.

At the gateway intersection into the Town of Shelburne, Wrigglesworth Plaza offers an excellent retail opportunity and flexible space configurations with units from 1,000 sq. ft.

Along a popular tourist route to Collingwood and Owen Sound, the intersection sees an overall daily traffic count of 28,500 vehicles with a 20% increase seen during the Summer months (according to Stats Canada).

A number that will be sure to climb once the nearby community of The Neighbourhoods of Summerhill, currently under construction, is complete. A perfect location for Shelburne's first Tim Horton's!

## Family Tax Credits & Savings

DAVID TILSON, M.P.

Safeguarding financial prosperity starts with strong Canadian families and our Government will continue to keep taxes low for Canadian families. Our Government's low-tax plan is delivering real results for hardworking Canadians and their families.

The average family of four now receives more than \$3,200 in extra tax savings, and the federal tax burden for all Canadians is now the lowest it has been in half a century. The savings from these tax programs and credits contribute to Canada's economic stability and improve the standard of living.

We know that Canadian families want to be able to raise their children and have enough money at the end of the month to pay for their expenses. Thankfully, our Government has introduced a number of tax relief measures and credits geared toward families to make sure they are able to keep more of their hard-earned money.

These include the Children's Arts and Fitness Tax Credits, which encourages families to enroll their children in various arts and fitness programs. Families can claim a 15 per cent non-refundable tax credit on an amount up to \$500 per child per credit on their income tax and benefit returns. According to the 2012 Tax Expenditures and Evaluations publication, the Children's Fitness Tax Credit provided an estimated \$120 million to hard-working families in 2012 alone.

The Family Caregiver Tax Credit is available to help Canadians cope with the added responsibilities of caring for infirm parents or relatives. It provides a 15 per cent non-refundable tax credit on an amount of \$2,040 to caregivers of dependent relatives.

And finally, the Tax-Free Savings Account (TFSA) allows Canadians, aged 18 or over, to set money aside tax-free. Each calendar year, they can contribute up to \$5,500 to their TFSA. All income earned in and withdrawals from a TFSA are generally tax-free.

I encourage all Canadian families to visit the Canada Revenue Agency Web site at [www.cra.gc.ca](http://www.cra.gc.ca) for more information about these programs and other tax savings they may be eligible for.

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## Water's Edge Transformation Program released to Lake Simcoe Watershed farmers



PHOTO SUBMITTED

Fencing livestock out of waterways are just one of many BMP projects available for cost share.

The Ontario Soil and Crop Improvement Association (OSCIA) is pleased to announce the Water's Edge Transformation Program (WET), funded by the Ontario Ministry of Agriculture and Food (OMAF). This two-year program, extending into

the 2014 cropping season, is available to farm businesses in the Lake Simcoe watershed interested in adopting Best Management Practices (BMPs) in riparian areas that reduce nutrient risks to freshwater resources.

Many land use activities can

impact Lake Simcoe's delicate ecosystem. The Lake Simcoe Protection Plan was developed to coordinate efforts focused on protecting the lake and has helped to bring attention to the issues and launch initiatives that local landowners, business and governments

across the watershed can rally behind. Agriculture has an essential role to play in helping to strengthen the health of this vital lake.

"Through WET farm businesses are encouraged to address vulnerabilities on the farm that will reduce threats to water quality while supporting and enhancing existing farm activities," Christine Schmalz, OSCIA's Senior Environmental Program Coordinator says.

WET offers cost-share funding for a number of key BMPs that aim to bolster watershed health. At the request of the farmer and through an arrangement struck between OSCIA and the Lake Simcoe Region Conservation Authority (LSRCA), a technical specialist will visit the farm property and provide ideas and recommendations for improved performance of the riparian area. Eligible BMPs include installing eaves troughs on barns to divert clean water away from livestock areas, fencing off watercourses to prevent livestock access, planting trees and shrubs to form a riparian buffer, and many more.

WET is not a first come, first serve program and the application process is entirely online. Once the chosen BMPs are identified through consultation with LSRCA, the farmer determines the level of funding necessary to complete their project. This competitive-bid structure allows for allocation of funds based on the project's environmental impact, and gives farm businesses the opportunity to tell OSCIA how much funding they need to reasonably complete the proposed activity.

"Incentive programs like WET are important for farmers," Henry Denotter, President of OSCIA says. "They help ease the financial burden of adopting stewardship practices on private landscapes, which offer benefits for the broader community. The interest in programs available through OSCIA over the past several years shows the willingness of Ontario farmers to invest in these activities."

To be eligible for the program, the farm business must be located alongside a watercourse, pond, lake, or wetland in the Lake Simcoe Watershed, have a valid Farm Business Registration Number (FBRN) and have completed a current Third or Fourth Edition Environmental Farm Plan.

For more information, interested farm businesses are encouraged to visit the OSCIA website at [www.ontariosoil-crop.org/en/programs/wet.htm](http://www.ontariosoil-crop.org/en/programs/wet.htm) to download a brochure and learn about the application process or call 519-824-4214. For further resources about the Lake Simcoe Protection Plan, please visit: [http://www.ene.gov.on.ca/environment/en/resources/STD01\\_076301.html](http://www.ene.gov.on.ca/environment/en/resources/STD01_076301.html)

## The smallest birds on earth

BY JENNIFER HOWARD

I am sure we have all seen one. This tiny little bird, beautiful iridescent feathers. One of our smallest birds on this earth in the hummingbird family. Motoring around our flowers and even our heads. Ruby Throated hummingbirds. What amazing little birds they are. A mere 3.5 inches long weighing in at about 3.1 to maybe 3.4 grams (1 oz) for us older folks who still only grasp the old ways. Its body temperature runs between 105 to 108 deg F. The adult male has the most amazing ruby red throat that just glistens and flashes at you. Especially if he gets excited. Female has a lovely white throat. If you watch a hummer at your flowers or feeder you will notice the wings are just a blur. They beat 40 to 80 beats per second, hard to even imagine. And the heart rate at rest is a whopping 250 beats per minute and at feeding is 1200 beats per minute. Amazing! Their tiny tongue is longer than their bill and is actually forked at the end and grooved at the sides. They use that to scoop up the nectar and soak it up then squeeze it into their mouths.

As they go buzzing by we think "boy that's a fast bird" fast it is, anywhere from 30 mph to 50mph if they are speeding away. They think these birds can see your feeder from approx. ¼ of a mile away having incredible eye sight. The female builds her nest out of down from dandelions and thistles, with maybe some lichen around it, is only the size of a quarter and is so soft for the wee eggs n babes. It attaches to the tiniest branches using spiders webbing. But beware; a tiny hummingbird can get caught up in a strong spider's web. So I make sure there are none around the feeders. Just in case. Usually she lays 2 white eggs that hatch in 12 to 15 days, 2 to 3 days apart the way they are laid. The female does it all. The male does his thing and off he goes. Leaving her to all the parenting. Nestlings come out of the nest in about 18 to 23 days. As you can imagine, Mom has her hands, I mean "feathers" full.

This tiny bird will soon be leaving us to take its incredible journey south. Flying across the Gulf of Mexico, wintering in Central America. It takes from 18 to 24 hours to fly across the gulf, and it does this twice a year during spring and fall migration. Hummingbirds love turtlehead, bee balm, jewelweed & lavender, to name a few plants you should have in your garden. Making your own nectar is best. 1 part sugar to 4 parts boiled water. Boiling just helps to dissolve the sugar. Can keep in fridge for 2 weeks, change feeders every 3-4 days in the very hot weather over 80Deg F. Clean with hot water and bottle brush. I like glass feeders best that come apart for the best cleaning, plastic tend to mold up quicker. Once a month a good cleaning with ¼ cup bleach to 1 gal water and rinse very well with hot water if needed. DO NOT ADD FOOD COLORING. This can harm the birds in time causing a fungus on their tongue. Red is not needed. They also eat insects, caterpillars, aphids, spiders etc as the main part of their diet, lots of those this year. To keep ants off get an ant guard from the store which is a cup you hang the feeder from that holds water. The ants cannot cross this to the feeder. They work. Bee guards for bees. Then just sit back, and enjoy this incredible little bird.



## Shelburne Free Press HALLOWE'EN! SPOOKTACULAR!

**Who:** All Shelburne residents, especially the children!

**What:** 1st Annual Shelburne Free Press Hallowe'en Spooktacular

**Where:** Our office, 143 Main Street West, Shelburne

**Why:** To thank your customers for their continued patronage and to celebrate Hallowe'en - our favourite spooky holiday!

**When:** Saturday, October 26th from noon to 4pm

Please join us for the 1st Annual Shelburne Free Press Hallowe'en Spooktacular at our office on Main Street, Shelburne.

**Come dressed in your best costume for a chance to win scary prizes!**

Costumes will be judged in the following categories:

**FUNNY:** Ages 0-4 years, 5-10 years and 11-adult

**SCARY:** Ages 0-4 years, 5-10 years and 11-adult

**MOST UNIQUE:** Ages 0-4 years, 5-10 years and 11-adult

We have many fun events planned for the whole community, including:

- Pumpkin carving/colouring. Take it home!
- Trick-or-Treating: Wear your costume more than once!
- Colouring Contest: Turn in your completed colouring sheet, featuring a Hallowe'en theme or colour it on-site. Winners will have their artwork published in our paper. Three spooky prizes to be won! Colouring sheets will be available at our office as of Oct. 14th for pick-up.
- Community BBQ - hot dogs, hamburgers and pop - FREE!
- Get to know your local newspaper reporters and tell us about an event you'd like covered!

... and much more fun!

For more information, call our office at 519-925-2832 or visit our website for regular updates at [www.shelburnefreepress.ca](http://www.shelburnefreepress.ca)

**See you there!**

