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PHOTO: MARNI WALSH

**GIVING BACK THIS CHRISTMAS:** Members of the Shelburne Police Services, including auxiliary constables, were busy last weekend serving the community with their annual toy drive 'Stuff A Cruiser.' The force was out volunteering for the drive on Friday and Saturday at No Frills and the Giant Tiger and Foodland Plaza. Auxiliary Constables Nick Glassford and Ryan Chisholm opened the event on Saturday to receive gifts of food, clothing, cash and toys to help area families in need this Christmas.

## 'Hollywood Christmas' fundraiser brings in over \$800 for Soup Haus

Written By MARNI WALSH

"Laughter and cheer was aplenty," says Soup Haus founder, Sohayla Smith of the success of 'Hollywood Christmas', held at historic Corbetton Church on the Museum of Dufferin grounds Dec. 15.

The event was well attended and raised over \$800 for Soup Haus, a non-profit, free, community dining experience which provides meals on Tuesday evenings out of Trinity United Church in Shelburne.

Sohayla Smith says the money will provide "approximately 240 to 250 suppers" for the community.

"Thank you to everyone who attended for their generosity, and participation," she says, "the concert was well received and every performer did an amazing job."

The concert included piano accompaniment, foley, and choreography by Sohayla Smith, who produced the show with Troupe-

Adore. She and Josh Oatman directed the show, along with technical support by Adrian Smith.

The wide variety of local talent included, Ashley Martindale of Ash Hoops Entertainment with a hula hooping demonstration which "captivated the audience and had them cheering," says Sohayla Smith.

Jason Riedel "had the entire audience singing a round of Rudolph in his all important role as 'the man in red,' and young Sophia Winder was "a sweet little Sugar Plum Fairy performing her first ever ballerina solo," says Ms. Smith.

She reports that, "Adalynn Vienneau won the audience's hearts with her adorable performance as Shirley Temple - also a first time solo; and Carissa Arvanitis sang a beautiful rendition of "That's Christmas To Me."

Local performer, "Michelle White was an engaging and educational host, sharing historical holiday tidbits," Sohayla Smith told

the Free Press, and "Trevor O'Leary was a Scottish bagpiper with an elf hat and a 'brave heart!' We were thrilled to have him play," says the Soup Haus founder, "he was amazing."

Also, included in the evening, Ms Smith says "Patricia Huckfield assisted with chore and props; Sammy Cowell, accompanied by Josh Oatman on dobro, sang a beautiful rendition of White Christmas; Josh Oatman, the main skit writer for the production, delivered his comedic characters on point, and had everyone laughing; Adrian Smith has the audience near tears with his rendition of O' Holy Night; and Roxton Smith read the Night Before Christmas, chocked full of chuckles, to close out the show."

Sohayla Smith sends "a huge thanks" to "Nanci Malek and everyone at Museum of Dufferin for making the concert possible." For more information on Soup Haus visited soupHaus.ca.



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# Council considers adopting proactive enforcement policy

Written By PETER RICHARDSON

Council heard a report from Town Clerk Jennifer Willoughby regarding the recent review of the Town's Bylaw Enforcement Policy.

It had previously been suggested that Shelburne change to a proactive enforcement policy, rather than the current reactive policy, which is driven by complaints.

After studying some six separate municipalities, all of whom use the reactive process, including Brampton, it was noted that apart from parking issues, which are unanimously handled in a proactive manner, all of these Municipalities find the complaint driven process to be adequate and less costly. The clerk reiterated the cost factor for Council, explaining that Shelburne simply does not have either the staff or resources to initiate a proactive procedure at this time.

For those not entirely familiar with how the Bylaw Enforcement Policy works in town, it is essentially a complaint driven process. Before the bylaw officer becomes involved in investigating and enforcing an incident of

bylaw non-compliance, a resident must first register a complaint with Town Hall staff. At this point, the bylaw Officer will investigate and determine what course of action is justified, if any.

In a proactive process, the bylaw officer, or other officials, can act upon an infraction upon identifying one. Although many might see this as a preferential way to enforce Town bylaws, it comes with several drawbacks, most of which are costly.

First, you must have an adequate number of bylaw officers to patrol the town daily, and look for potential issues. This requires, not only added staffing costs, but also enough vehicles to allow the patrolling to happen. You then need to try to avoid the possibility of a particularly delinquent resident accusing the Town of persecuting them, for some reason.

With the aforementioned reactive system, the costs are substantially lower and the possible perception of unwarranted Town persecution is eliminated, as someone must complain before an investigation is started.

Mayor Wade Mills stated that Shelburne

has actually had such accusations raised, by one resident, on racial and other grounds, but the complaint was unfounded, since, as stated, some resident, not the Town had filed a complaint, which resulted in an investigation.

The report went on to address several enforcement related matters, as well as explain that the complaints are all anonymous, so although your neighbour might suspect who filed the complaint, they can not verify the fact, except if the matter goes to Provincial Court.

It was noted that previously, Shelburne had been enforcing both Mulmur and Melancthon bylaws, however this agreement has now been terminated, as it proved to be too much for one officer to handle properly.

The Clerk stressed that Shelburne needs a policy officially in place, and requested that Council do so. Her report and the accompanying bylaw were accepted by Council unanimously.

### Tax collection procedures

Following this, the Treasurer, Carey Holmes presented her report on changes to the Tax Collection Procedures, noting that the Town now accepts tax payments by both MasterCard and Visa.

Carey also noted that payment arrangements for tax arrears are negotiated with individuals, but that in the future, should a payment arrangement not be honoured, it will now be terminated and the arrears given over to the Town solicitors.

### Animal slaughter bylaw

A new bylaw concerning the slaughter of animals for consumption was proposed by Councillors Lindsay Wegener and Walter Benotto, following a complaint recently regarding a resident slaughtering rabbits in their back yard.

The complaint stated that the rabbits were screaming and that this whole process was disturbing. Coun. Wegener suggested that apart from the possible stress to one's neighbours, she felt that there were issues with health and safety, as well as the method of slaughter. Coun. Benotto said that there was no need for this to be done in public, and that the blood could attract predators and

vermin.

He saw no issue with this being done in a garage or shed, out of sight and away from children and neighbours, but not in public in the yard. The proposed bylaw, would prohibit the slaughter of animals, except in a licensed slaughter house. Although on the surface, this would seem to be a simple matter, it does have complications as many cultures do slaughter their own food, including farmers and hunters here in Ontario. It could also bring into question the rights of hunters or fishermen, to bring home their kill and process it into meat for their own consumption.

The clerk suggested that rather than a separate bylaw, the matter could easily be addressed in the Town's Public Nuisance bylaw. The matter will be further discussed at the next Council meeting, before any action is taken.

### Fire Board votes

In other business, the Fire Board Agreement was discussed once again and it was suggested that Shelburne be given three votes, thus creating a plurality, on the Board rather than a majority and in preference to the existing two.

In this way, Shelburne would be better represented, as it currently pays 52 percent of the Fire Department costs, yet can be out voted by the other members. With three votes, Shelburne would only need the support of one other board member to pass a resolution or other business.

### On-street parking

The issue of on-street overnight parking on New Years Eve was brought up by Coun. Wegener.

The CAO responded that staff had evaluated the idea and had decided that rather than potentially block the streets, for emergency crews or snow removal, they felt that opening the Town parks and parking lots for the evening would be a better solution.

The proposal was that overnight parking would be allowed from midnight Dec. 31 until 5 p.m. Jan. 1.

Mayor Mills asked about Christmas Eve and Council decided to allow the same privileges for that date as well.

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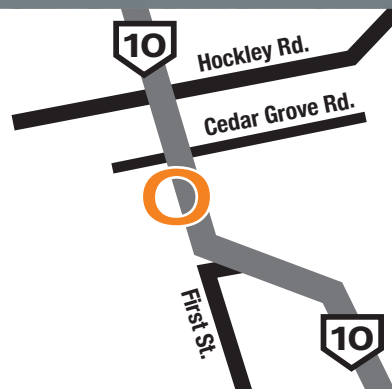


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# Christmas miracles

The date was May 7, 1824. The city was Vienna.

It was the first performance of Ludwig van Beethoven's Symphony No. 9.

The orchestra and choir were on stage at the Theater am Kärntner in what was then the music capitol of the world.

During the fourth movement, the cellos begin to play the lead in. The violins take over with the familiar melody quietly, then with slightly increasing intensity as more strings join in.

The music builds to a crescendo, then bursts joyfully alive with the most recognizable 16 bars of music ever written as the trumpets, brass, and timpani join in with a full orchestra filling the concert hall with the sound of one of the most beautiful symphonies ever composed.

That melody is so well known, that during a recent performance of the ninth symphony by the Chicago Symphony Orchestra, I saw the conductor close his eyes, lower his head and arms, and simply take it all in as the orchestra played.

Beethoven, a rock star of his day, stood at the side of the stage as the orchestra performed. He tried to be a be a part of

the performance by setting the tempo and following the music score, but all eyes in the orchestra were on the conductor, whose baton they followed for direction.

It was the first choral symphony – a symphony that included voices as part of the performance.

The vocals start with an individual, then several singers who join in. Eventually the entire orchestra and full choir perform together with choir singing the words of Ode to Joy – a poem written by German poet Friedrich Schiller.

"Joy! Joy! Joy, beautiful spark of divinity. Daughter from Elysium, We enter, burning with fervor heavenly being, your sanctuary. Your magic brings together what custom has sternly divided. All men shall become brothers, wherever your gentle wings hover."

When the orchestra finished playing that night in Vienna, Beethoven did not realize it was over. He continued to move his arms in tempo as he followed the score he could read but could not hear.

At this point in his life, Beethoven was profoundly deaf.

The audience rose from their seats

in the concert hall, applauding wildly at the conclusion of the performance. He could not hear them and stood facing the orchestra.

Finally, one of the performers walked over to the composer, touched his shoulder, and turned him around to face the audience.

The patrons in the concert hall waved their arms and hats in the air, the women waved their handkerchiefs for a visual expression of their appreciation.

Beethoven could not hear their admiration but he could see it.

This was a man who had lost the ability to hear – probably the most important sense for a person whose career and talent was in music – and yet he had written what would become his final symphony, about the joys of life.

As this Christmas season is upon us, quite often we hear of a reference to a 'Christmas miracle', as if somehow a season will produce something we hope and wish for.

For many, that miracle would be hitting six numbers and the bonus number in the lottery. For others, that miracle might be

simply to meet a long lost friend at a Christmas party or visit with relatives you haven't seen for many years.

Maybe the true Christmas miracle is the fact that you are here and alive and so are those you know and appreciate being a part of your life.

Quite often we take our existence for granted.

If it was two different people who were your parents, you would not be here at all.

It was the splitting of a single cell that started your consciousness and created who you are.

Maybe if your grandparents had moved to another town, your parents would have never met and your consciousness would still be that as if you were never born at all.

This Christmas, take a few moments to reflect on the fact that you are here and so are the other beings on this planet that make your life better.

Revel in your time!  
 Merry Christmas to all.



BRIAN LOCKHART  
 FROM THE SECOND ROW

## Editorial

### Our '2020' vision

AS WE APPROACH THE END of a most tumultuous year, the time has come for editorialists everywhere to go out on the proverbial limb and offer some supposedly educated guesses as to what we shall face in the new year.

Thus it is that we for once have a forward-looking 20-20 vision.

On the world scene, this will be another year when we'll see man-made climate change as a source of huge controversy, with younger activists leading the way in calling for action and right-wing populists denying its existence or merely paying lip service.

Nowhere will this be more evident than in the United States, where the big question to be addressed is whether the impeachment of Donald Trump will merely lead to his election for a second term and four more years of millions of Americans lacking the universal health care we've had for half a century.

In the United Kingdom, Brexit will be accomplished before the Jan. 31 deadline and the stage will be set for a referendum in Scotland that will almost inevitably lead to Scottish independence and a bid for re-admission to the European Union.

Our expectation is that the economic consequences of Brexit won't be quite as disastrous as most experts have been predicting but will still include a further decline in the value of the Pound and more unemployment stemming from the loss of exports to the EU. There will be attempts to reach trade deals with Canada and the United States, but the complexities involved will make it impossible to conclude the deals in 2020.

Elsewhere in the context of world trade, we shall likely see at least a truce in the trade war between the U.S. and China, if only because of a decline in China's economy and the impending U.S. presidential election, with Mr. Trump then being able to proclaim a victory.

As for the Middle East, it will be another year of near wars and an inability (or more likely unwillingness) of the parties to achieve real peace between Israel and the Palestinians.

It will also be a year in which technology will play and increasingly important role, with drones being used by terrorists and attempts being made to develop anti-drone

defences, particularly for commercial aircraft.

And speaking of commercial aircraft, 2020 will be a year in which Boeing will face even more delays in getting its 787 Max planes back in service, perhaps even without the availability of the computerized anti-stall system that apparently caused the two lethal crashes.

Closer to home, it will be the first full year of a Liberal minority government in Ottawa, a year during which the government will face countervailing pressures from the opposition and business world, with the NDP, Green and Bloc Quebecois all pressing for more action to curb greenhouse gases and the business community calling for an end to deficit financing.

We'll have to wait and see whether Finance Minister Bill Moreau's prediction of growing deficits was aimed in part at dealing with provincial demands for greater transfers for healthcare and NDP demands for a universal pharmacare.

But with the opposition divided among four parties, the Trudeau Grits ought to be able to survive for most, if not all, of its new four-year term. but only if it can avoid scandals.

And it will be an equally challenging year for the Conservatives as they pick a successor to Andrew Scheer as leader. As we see it, they would be wise to pick a moderate who doesn't hail from the Prairies and is prepared to support real action on the climate front.

As for Ontario, 2020 will be a year in which the Ford government tries hard to improve its image, perhaps by agreeing to have an arbitrator end the impasse between the government and the teachers' unions.

And this will be a year when Dufferin County Council will decide whether the County should have some sort of role in provision of public transit, particularly for the thousands of new residents in Shelburne and Grand Valley who now have nothing but taxis.

It will also be a year in which new efforts will be needed on the tourism front, thanks to the demise of Headwaters Tourism.

Is it too much for us to hope for a resurrection of the Credit Valley Explorer rather than closure of the former CP Rail line between Orangeville and Streetsville?



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# Officer ‘jumps to safety’ to avoid being struck by car

A Shelburne police officer conducting traffic enforcement on Main Street in the downtown area of Shelburne yesterday evening, had to quickly jump out of the way of a vehicle he was flagging down and trying to pull over, to avoid being struck by it.

Shortly after 9pm on Thursday December 12th, the officer was parked on Main Street. He activated his emergency lighting on the police car, and attempted to direct a car to pull over with hand signals and a flashlight, which was driving in his direction without any lights on. The vehicle did not slow down and drove towards the officer standing outside of the police cruiser. The officer had to jump out of the way of the car and was narrowly missed being hit by it.

The car still didn't stop, but continued driving away from the officer. The officer followed the car in the police cruiser until it pulled into a parking lot and finally stopped. The male driver got out of the vehicle and started walking away from the officer. The officer stopped the male and he was arrested for Dangerous Operation of a Motor Vehicle. As the officer continued to investigate in the parking lot, the officer located and seized a small quantity of cocaine and marijuana, and the officer believed the male to be under the influence of alcohol. The driver failed a roadside breath test. He was brought to the Shelburne Police station for further testing, which further indicated that he had more than the legal limit of alcohol in his system.

As a result, 28 year old Frank Carricato of Alton has been charged with Dangerous Operation, Operation While Impaired, Operation Over 80, Possession of a Controlled Substance, and Drive Vehicle with Cannabis Readily Available. His driver's licence was suspended for 90 days and his vehicle impounded for 7 days. The accused has a first appearance court date later this month to answer to the allegations.

If anyone has any information in relation to this case or any other matter, they are encouraged to contact the Shelburne Police Service at 519-925-3312 or anonymously through Crime Stoppers at 1-800-222-TIPS (8477) or online at www.crimestoppersdm.com.

## Early morning crash leads to impaired driving charges

Members of the Dufferin County Ontario Provincial Police with the assistance of Shelburne and District Fire Department and Dufferin County Emergency Medical Services (EMS) attended an early morning vehicle

collision on Highway 89 east of Shelburne at approximately 8:00am.

The collision involved a passenger vehicle and a transport truck. One driver was transported to hospital with minor injuries.

As a result of the collision Bruce Weatherhead, 59-years-old of Shelburne has been charged with:

- Operation while impaired by alcohol
- Operation while impaired - blood alcohol over 80

The accused will appear in January at the Ontario Court of Justice in Orangeville to answer to the charges.

The Dufferin OPP want to remind drivers that there is no safe amount of alcohol to consume before getting behind the wheel of a motor vehicle. If you see or suspect someone is driving while impaired, either by alcohol or drugs, contact 911 immediately.

## Outsmart ‘porch pirates’ this holiday season

With holiday shopping season upon us, the Ontario Provincial Police (OPP) is reminding the public to beware of “porch pirates”. Porch pirates are thieves who steal packages that are left at someone's house when they are not home to accept the parcel.

Some tips to help keep delivered packages safe:

- Track deliveries online and try to be home at the time a package is delivered.
- Ask a trusted friend or neighbour to receive your package at the time of delivery.
- If allowed by an employer, have the packages delivered to your work.

- Some stores provide a pickup-in-store service that allows you to pick up items from a nearer location.
- Consider installing a motion-detection video and sends immediate notice of activity to your cell phone.

If packages are stolen from your home, report the incident to your local police and the shipping company. If you see suspicious activity in your community contact your local police or Crime Stoppers at 1-800-222-8477 (TIPS).

## CHRISTMAS TREE COLLECTION

JANUARY 2020

Trees must be out by 7 a.m. on the Monday to ensure collection during the designated week.

Christmas trees in the Town of Orangeville will be collected during the week of **January 6th.**

Christmas trees in the urban areas of Grand Valley, Shelburne & the rural subdivisions will be collected during the week of **January 13th.**

Residents in **rural areas** must call 1.888.941.3345 ext. 1 a week in advance to be put on the list for collection the week of **January 13th.**

**Do not bag trees for collection and ensure that decorations and tree stands are removed. Trees that are buried in snow will not be collected.**



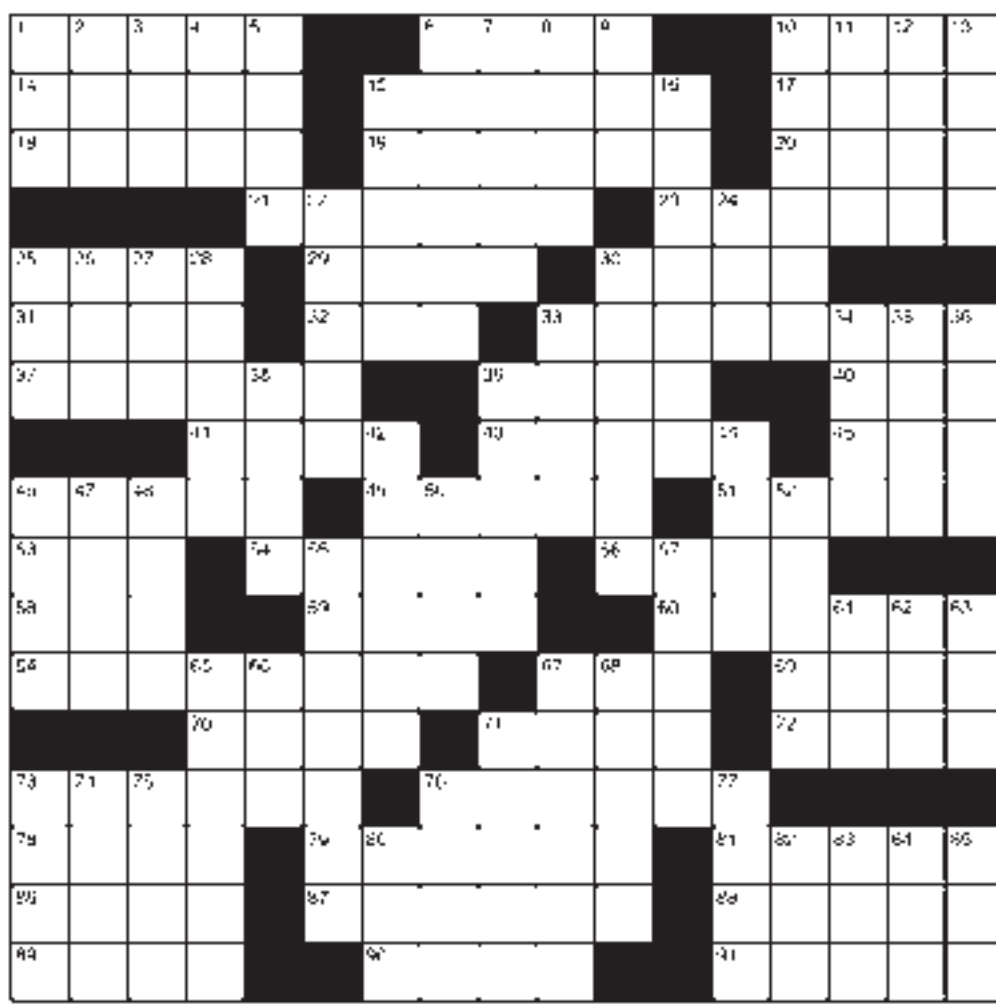
**Please note:** If you have any yard waste left over from the fall, you may put it out beside your tree for collection.



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# X CROSSWORD

## PUZZLE NO. 445



- 12. Nobleman
- 13. Coastal bird
- 15. Cuban music
- 16. Passage from a book
- 22. Spur wheel
- 24. Operate
- 25. Car info
- 26. Go astray
- 27. Likewise
- 28. Elicit
- 30. Heaven's \_\_\_\_ Gates
- 33. Rock back and forth
- 34. Indian nursemaid
- 35. Wide valley
- 36. Decorative jug
- 38. Fizzy beverage
- 39. Herring
- 42. Scuff
- 44. Mongolian dwelling
- 46. Sport
- 47. Money exchange fee
- 48. Silent okays
- 50. Inscribe
- 52. Express derision
- 55. Posh
- 57. Television sound
- 61. Mom and apple \_\_\_\_
- 62. Tourist lodging
- 63. Sum up
- 65. Develop
- 66. Nipped
- 67. Narrative poem
- 68. Shoelace tip
- 71. Miniature
- 73. Old Gaelic
- 74. Quarrel
- 75. Tusk
- 76. Nicklaus's cry
- 77. "\_\_\_\_ Street" (film)
- 80. Unit of resistance
- 82. Adriatic, e.g.
- 83. Luck
- 84. Hook shape
- 85. Formerly named

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### ACROSS

- 1. Tenth
- 6. Miffed
- 10. Molding curve
- 14. Spam source
- 15. Rejuvenate
- 17. Hog
- 18. \_\_\_\_-ski
- 19. Coed
- 20. Draw a salary
- 21. Royal fur
- 23. Turn sour
- 25. Apportion
- 29. English horn
- 30. Pedro's dough
- 31. Nudge
- 32. Active hostility
- 33. "\_\_\_\_ in Blue"
- 37. Grumble
- 39. Switch
- 40. Deviate from course

### DOWN

- 41. Soft-drink flavor
- 43. Gala
- 45. Malt beverage
- 46. Withered
- 49. Green, glassy mineral
- 51. Theater guide
- 53. Conscious being
- 54. Corpuscle's passageway
- 56. Knitter's material
- 58. Benefit
- 59. Agreement
- 60. Paradise
- 64. Flowering shrub
- 67. Michael Jackson album
- 69. Orange covering
- 70. Marathon segment
- 71. Creche figures
- 72. Mind
- 73. Wimpy
- 76. Succeed
- 78. Kind of admiral

- 79. Soup ingredient, possibly
- 81. Pale
- 86. Chanted
- 87. Harassment
- 88. Tenant's document
- 89. Trim
- 90. Pinochle term
- 91. Expire
- DOWN**
- 1. Social drink
- 2. Ornery small fry
- 3. Popeye is one
- 4. Go hastily
- 5. Different
- 6. Final year student
- 7. Sheepish
- 8. \_\_\_\_ and shine!
- 9. Holiday night
- 10. Actress Merle \_\_\_\_
- 11. Spur

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# Scott Woods - twice as nice in record year for hamper needs



SUBMITTED PHOTO

**WOODS IN SHELBURNE:** Scott Woods and his band entertained two full houses at Grace Tipling Hall last week sponsored by the Shelburne Rotary Club in support of their many charitable projects.

Written By MARNI WALSH

A pair of Scott Woods concerts, where he was flanked by his band, were almost completely sold out at Grace Tipling Hall last week - bringing fan filled audiences from as far as Barrie and Erin to enjoy one of the best fiddle and step dancing shows in the country.

Sponsored by the Shelburne Rotary Club, profits from the event support the volunteer organization's many charitable projects in the community, including donations for refreshments at the concert, which will go toward the Christmas Hamper Program."

A national and internationally acclaimed fiddler, Scott Woods travels across Canada with his annual Christmas shows.

"Shelburne is one the smallest towns on the Scott Woods' Christmas Tour," says Rotary member Caroline Mache, "and the only one to host two shows."

Twice the success couldn't have come at a better time, with reports from Shelburne Rotary that, with a growing community, the need for Hampers has risen by 25 percent this year. For anyone wishing to donate, Rotary, Kinsmen and Lions Clubs are accepting items and donations until Dec. 20 at the Mel Lloyd Centre, Community meeting room, at entrance C.

"We are collecting the components of a festive dinner, canned vegetables, canned fruit, canned soup and stew, grocery gift cards, and new toys for kids between 8 and 11 years," says Hamper Chair, Bobbi Ferguson.

son.

"Although the need is great, the generosity of our community is even greater," says the Chair. Bobbi Ferguson calls it "Shelburne helping Shelburne."

"Businesses, schools, churches, organizations and individuals come together this time of year to make sure that our local families get the help they need to make the Holiday season less stressful. For well over 50 years, the service clubs of Shelburne have been helping with food and toys for local families."

Rotary will be picking up items at the schools and collection sites, as well as food, on Thursday, Dec. 19. Any gaps in food or toys will be shopped for with cash donations on Friday. The Kinsmen will pack the boxes on Friday night and the Lions will be manning the collection site between 10 a.m. and 3 p.m. on Dec. 18 to the 20 at the Mel Lloyd Centre.

"There are many wonderful programs in Shelburne to help those in need, but the Hamper program is truly one that the entire community can be very proud of. It never fails to give me a 'lump in my throat' when I see the generosity of our small town. No judgment, no questions asked, generosity for anyone who needs a helping hand," she says.

"The Rotary Club would like to thank everyone who came out to the Scott Woods' shows," says Caroline Mache. "We couldn't do it without you!"

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PHOTO: MARNI WALSH

**A CELEBRATION:** Chateau Windrush in Hockley Valley celebrated the season with "Holiday Cheer" by supporting local youth artists in the visual and performing arts. Orangeville artists, such as Ricky Sheade, displayed paintings at the Estate Winery on December 7th, giving guests an opportunity to purchase a variety of pieces at evening's end. Theatre Orangeville's Young Company was represented by ODSS Student John Daniel performing a soliloquy as "Puck" from this summer's stunning production of A Midsummer Night's Dream at Island Lake. Finishing the evening's youth artist events, Mark DuBois' Studio Singers entertained the crowd with standing ovation solo and ensemble performances of Broadway and Christmas songs in front of a scenic stone fireplace. In the grand hall, Holiday Cheer guests mingled with the young artists while enjoying a beautiful buffet prepared by local catering company Lavender Blue. Windrush Estate Winery owners, John Pennie and Marilyn Field spoke about the importance of supporting youth art programs in the community. The couple produce wines in the hills of Hockley Valley, using state-of-the-art processing equipment with award winning Chief Winemaker Jonathan Boyle. Guests joined in wishing John Pennie a happy 80th birthday at the prestigious an-





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tree-trimming tips

*Entertaining*  
for the holidays

**CHRISTMAS**  
*Cravings*  
Holiday Cookie Recipes

*Santa*  
letter-writing secrets

# Holiday Greetings

*Happy Holidays*

From Council & Staff of  
the Town of Shelburne



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# Festive tree-trimming tips and techniques

People have visited forests to select their Christmas trees for centuries. While tree sellers conveniently stationed in store parking lots and artificial trees displayed in various ventures into the wilderness, the Christmas tree is still an important component of holiday celebrations.

Long before the spread of Christianity, ever-green plants and trees held special meaning for people during the winter. Boughs and garlands were hung in homes and over doors and windows to repel evil spirits and illnesses. On the winter solstice, the greenery would represent that spring would once again arrive and banish winter's dreariness.

Germans who decorated trees inside of their homes are credited with starting Christian Christmas tree traditions during the 16th century. Early Americans were late to adopt Christmas trees because early Puritan settlers thought the tradition — as well as carols and other concepts — were Pagan influences. It took the popularity of England's Queen Victoria and her German Prince Albert appearing around a decorated Christmas tree to eventually win over much of Europe, Canada and the United States.

Trees are very popular today. According to StatisticsBrain, 10 million artificial trees are sold in the United States each year, while 34.5 million real trees are sold annually. Such trees require decorating, and the following secrets and tips can help celebrants do just that.

- Prune the tree first. Be sure to shape the

tree as desired, since natural trees will have branches sticking out. Wear gardening gloves to avoid being covered in sap.

- Position trees away from heat sources, such as fireplaces, vents or radiators, which can cause the tree to dry out prematurely and become a fire risk.
- For added safety, anchor a tree to a wall or ceiling, so it will not tumble over onto children or curious pets.
- In homage of the first German Christmas trees, decorate with natural ingredients, such as berries and pinecones. Also, use apples, nuts and marzipan candies.
- To free up more space for presents, place a narrow tree stand inside of a waterproof planting container. Place the tree inside. This will provide a more streamlined look that's neater than a tree skirt.
- The more lights the better, especially on dense trees.
- For a whimsical approach, match the tree decor to home decor and the color of furniture.
- Make handcrafted ornaments with the whole family.
- Hang the most delicate pieces toward the top where they won't be disturbed.
- Step back and enjoy your handiwork, which will also give you a chance to find any blank spots that need filling in.

Tree trimming is one of the most enjoyable aspects of the holiday season, and there are no rules other than safety guidelines when it comes to decorating.

## Keep your natural tree fresh this Christmas



Natural Christmas tree aficionados love the authenticity such trees provide during the holiday season. Natural trees also provide a unique aroma that can make holiday celebrations feel more homey.

When purchasing natural trees, holiday celebrants, especially those who like to buy their trees in early December, may be concerned about keeping their trees fresh throughout the holiday season. The following tips can help trees last until the final present is unwrapped and the last of the egg nog has been consumed.

**BUY A FRESHLY CUT TREE.** Whenever possible, celebrants should cut their own trees. This ensures that the tree they bring home is fresh, increasing the chances it will remain so throughout the season. If it's not possible to cut your own tree, the National Fire Protection Association notes

that fresh trees should have green needles that do not come off when touched. Trees that appear to be dried out or those that shed needles when touched should be avoided.

**PROTECT TREES ON THE WAY HOME.** The Tree Care Industry Association advises consumers to protect their Christmas trees as they transport them home. Wrap the tree in a plastic wrap so it makes it home damage-free. A damaged tree might not make it through the holiday season.

**CUT PRE-CUT TREES BEFORE LEAVING THE LOT.** Pre-cut trees can make it through the holiday season looking their best, but buyers should request that employees cut as much as two inches off the bottom of the tree before leaving the lot. Once trees are cut, sap begins to seal their base, making it hard for them to absorb water. By requesting that between one and two inches be removed from the bottom of the tree at the time of purchase, buyers are ensuring their trees will

be able to absorb the water they'll need to make it through the season when they get home.

**PLACE THE TREE IN WATER THE MOMENT YOU GET HOME.** To prevent the base of the tree from drying out, place it in water the moment you get home. Freshly cut trees may initially need the water in their tree stands filled in the morning and then again in the evening. As the season progresses, trees likely won't need their stands filled more than once per day.

**PLACE THE TREE AWAY FROM HEAT SOURCES.** Placing trees away from heat sources, such as radiators, fireplaces, heating vents, and lights, reduces the likelihood that trees will dry out and also reduces the risk of fire.

A few simple strategies can help holiday revelers ensure their Christmas trees make it through the holiday season unscathed.

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# Entertaining

## TIPS FOR ENTERTAINING AT HOME

**E**ntertaining at home is a fun and convenient way to get together with friends and family. Entertaining at home is less expensive than renting out a venue or hitting the town, and party hosts know the amenities they have available to them.

Although convenient, home entertaining also requires more work on the part of the event host, including readying the house for company. But with some creative thinking and a little sweat equity, hosts can throw an enjoyable and memorable get-together from the comforts of their own homes.

Begin by going room-by-room and making note of what will need to be done. If you've entertained at home before, you may have a mental inventory of what worked and what didn't, so make changes accordingly this time around. Focus only on the spaces where guests will congregate, such as the living room, den, kitchen, and dining area.

Develop a decluttering plan to remove items from entertaining spaces and store them safely away. A little bit of clutter can make a space seem unruly and unclear. Move delicate items, such as collectibles, to a storage location, returning them to their original spaces after the party has ended. If necessary, move some furniture or take away a piece or two to free up more space. Folding chairs may be more practical than a large sofa.

Expend the bulk of your cleaning efforts on the entryway, bathrooms and living areas of the home, as guests will spend a lot of their time in these areas. Enlist the help of the household to tidy the house and then tackle deep cleaning room by room. Remove anything you do not want your guests to see. One or two inquisitive guests may check behind the shower curtain or even open up the medicine cabinet, so remove personal or potentially sensitive items.

Recruit help to ready your home or even assist you on the day of the party. A cleaning service can make fast work of scouring the house, while a wait-staff can help serve food and keep drinks refilled, enabling you to mingle with guests. If the idea of cooking for all of your guests is overwhelming, hire a caterer to provide the food.

Stock up on stain removal products to tackle the inevitable spills. While you no doubt hope to keep your house as clean as possible, expect some dropped food or spilled drinks. Keep a cleaner at the ready so you can quickly combat stains and guests can continue having a good time.

The more complicated the party is, the more time you will need to prepare your home. Afford yourself ample time to prepare so you are not feeling rushed come the day of the party.



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# HOLIDAY *Style*

## How to make your holiday party unique

**ENTERTAINING SEASON** is in full swing, and many people's social calendars are filled with parties, dinners and family gatherings. For those serving as host or hostess, setting your event apart from others can be challenging but not impossible. Explore these ideas to breathe new life into holiday parties.

### CHOOSE A CREATIVE DATE

The weeks between Thanksgiving and New Year's Day tend to be the busiest of the holiday season, so think about hosting your event outside of this four-week span. A pre-Thanksgiving party or something in mid-January may be more amenable to busy guests. Parties that fall outside of the usual time period may be a welcome change for guests who are simply stretched too thin during the heart of the holiday season.

### CHOOSE AN UNUSUAL PARTY TIME

Cocktail parties are the norm come the holiday season, so switch things up for your soirée. Host a brunch or luncheon, which figures to be less expensive than cocktail or dinner parties.

### INVITE CHILDREN TO THE EVENT

For a departure from the more typical adults-only holiday parties, include children in the festivities this year. Seeing the magic of the holidays through the eyes of children can add life to your party, and it can save you and your guests the cost of childcare.

### CREATE A PHOTO MONTAGE

Collect images of your guests from the last year and create a slide show. Guests will likely enjoy reliving the previous 12 months and look forward to making some memories in the year to come.

### THROW A PARTY YOU WOULD LOVE TO ATTEND

Instead of thinking of ways to make your party the best or the most unique for guests, figure out your likes and what makes you comfortable. If you are relaxed and enjoying yourself, there's a good chance that demeanor will rub off on your guests.

The holiday season is littered with parties, many of which are difficult to distinguish from one another. But party hosts can take several steps to set their shindigs apart from other holiday gatherings.

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**WARM UP**  
with a classic hot toddy  
this holiday season

Come the holiday season, hot toddies are ideal for entertaining, providing spirited fun and a means to chasing away the winter chill.

Hot toddies have been around for centuries. Usually a mix of a spirit — either whiskey, rum or brandy — hot water, honey and spices, some believe the word “toddy” comes from an Indian drink of the same name that is produced by fermenting the sap of palm trees. Other sources say the hot toddy was created by Dr. Robert Bentley Todd, an Irish physician who prescribed a drink made of brandy, white cinnamon, sugar syrup, and water. The drink was dubbed the “hot toddy.”

Hot drinks embellished with alcohol were long used for medicinal purposes. While alcoholic beverages are no longer used as medicine, hot toddies can still chase away a chill. “Grog” is another name given to hot alcoholic drinks, or any drink in which unmeasured amounts of spirits are mixed with other ingredients. Grog may also refer to a water-and-rum mixture that sea merchants once drank. The water kept the merchants hydrated, while the rum prevented the water from spoiling during voyages.

The classic hot toddy can be a versatile drink used to keep guests comfortable and cheerful. This warm libation is soothing and savory, mixing citrus, honey and spices, which each have their various health benefits.

Although hot toddy recipes vary, the following is the recipe for a classic hot toddy, as culled by recipes from Wine Enthusiast, Imbibe and PBS Food.

*Classic Hot Toddy*

- 1½ ounces bourbon, whiskey or another brown liquor
- 1tbsp honey
- ½ ounce fresh lemon juice
- 1 cup boiling water
- Cinnamon stick
- Lemon wedge
- Cloves or star anise

Combine liquor, lemon juice, honey, and boiling water together in a mug or Irish coffee glass. Push cloves or star anise into the lemon wedge. Add the cinnamon stick and lemon wedge to the mug. Allow lemon and cinnamon stick to steep in the beverage for a few minutes. Stir and enjoy.



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# Tips for baking better Christmas cookies

Cookies and other baked treats are everywhere come the holiday season. It's not uncommon to give cookies as gifts or arrive at holiday gatherings with cakes and other decadent desserts.

Cookies are a classic holiday treat, and some families even build entire traditions around baking Christmas cookies.

Novice bakers making cookies for the first time may be a little overwhelmed when perusing recipes. Baking is a science, and sometimes it takes practice to get the results just right. However, there are some tips that can help yield better, buttery bounties.

## HANDLE BUTTER WITH CARE

Butter can make or break a cookie recipe, as butter is often the glue that holds the cookie together. Therefore, it is key to follow the directions carefully regarding how to handle butter. Smithsonian.com says to leave butter at room temperature for 30 to 60 minutes to properly soften it. This takes patience, but fiddling with butter too much can damage its delectable integrity. While purists may say butter is best, margarine may be acceptable if it has a high fat content; otherwise, cookies may spread out and flatten.

When it comes time to cream the butter with sugar, be sure to do so thoroughly to incorporate air into the butter and remove the grainy texture of the sugar.

## MEASURE FLOUR PROPERLY

Measuring flour the right way can ensure cookies come out right. The Cooking Channel says to spoon the flour lightly into a dry measuring cup, then level it off with a knife. Do not dip the measuring cup into the flour or tap the knife against the cup. This will pack too much flour into the measuring cup and result in dry, tough cookies.

## SLOW DOWN THE EGGS

Add eggs one at a time to make sure each will emulsify properly with the fat in the butter. Adding eggs en masse may cause the emulsification to fail.

## CHILL OUT

Follow recipes that call for chilling cookie dough carefully. This process is important for making sliced and shaped cookies. By chilling, the dough becomes more malleable for rolling and even slicing.

## USE A BOTTOM RACK

Too much heat may compromise cookie integrity. The food experts at Delish say to try moving cookies onto a lower rack in the oven if they aren't retaining their shape when baked. Put an empty cookie sheet on the top rack. That will block the cookies from the most intense heat that rises to the top of the oven.

Mastering cookies takes a little patience and some trial and error. Once bakers get their feet wet, Christmas-cookie-baking becomes even more special.

## Easy Christmas morning breakfast

Christmas morning is an exciting and joyous time for families. Children are anxious to rush downstairs and see what Santa has left under the tree, and parents are eager to see the looks on youngsters' happy faces.

Having a fast and easy breakfast at the ready on Christmas morning allows families to jump right into the festivities rather than spending too much time in the kitchen.

This recipe for "Spiced Yogurt Muffins," courtesy of the National Dairy Council, Dannon and McCormick, can be made in advance and then enjoyed while peeking into Christmas stockings or watching holiday parades on television. This big-batch recipe is ideal for feeding a household of overnight holiday guests. Or it can be prepared in advance and doled out as needed throughout the week. The muffins also can be made as a treat for holiday office luncheons. Cut the recipe in half for smaller yields.



## Spiced Yogurt Muffins

(Yield: 50 servings)

- 6½ cups Dannon plain fat-free Greek yogurt
- 4 cups water, room temperature
- 1 box (5 lbs) Gold Medal® Muffin Mix, Whole Grain Variety
- 3 tablespoons McCormick pumpkin pie spice
- 2 tablespoons McCormick Chipotle cinnamon

Combine yogurt and water in mixing bowl. Whisk until blended. Set aside. Add spices to dry muffin mix in a large bowl. Add yogurt and water mixture to the muffin mixture. Mix until just blended. Don't overmix.

Using a scoop, portion into greased or lined muffin pans. Bake at 350 F for 24 minutes, or 17 to 20 minutes in a convection oven, until the tops are golden brown.

**Merry Christmas**

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# CHRISTMAS



## Peanut Butter and Jelly Cookies

- Makes 5 dozen
- 1 cup sugar, plus extra for coating dough
  - 1 cup firmly packed light brown sugar
  - 1 cup Crisco Butter Flavor Shortening
  - 1 cup Jif® Creamy Peanut Butter
  - 2 large eggs
  - ¼ cup milk
  - 2 tsp vanilla extract
  - 3½ cups Pillsbury® Best All Purpose Flour
  - 2 tsp baking soda
  - 1 tsp salt
  - ¾ cup Smucker's® Strawberry Jelly, or any jam, jelly or preserves

## A simple, tasty holiday treat

- Baking is a holiday tradition in many families. Gingerbread cookies may be the first baked goods that come to mind when people envision the holiday season, but celebrants need not limit themselves when preparing special treats for their families. Macaroons are one beloved baked good that busy holiday hosts may believe are too time-consuming to prepare. However, the following recipe for "Coconut Macaroons with Dried Cherries" from Laurey Masterton's "The Fresh Honey Cookbook" (Storey) is easy to whip up and makes for a tasty holiday treat.
- Preheat the oven to 350 F.
  - Combine the unsweetened and sweetened coconut on a baking sheet. Lightly toast in the oven for 5 to 10 minutes. Keep close watch so the mixture does not burn, though you do want a nice toasted golden brown colour. Remove from the oven and set aside to cool.
  - Reduce the oven temperature to 325 F. (If using a convection oven, leave at 350 F.)
  - Whip the egg whites with a pinch of salt in a medium bowl until the whites stiffen into firm peaks.
  - Fold the toasted coconut into the egg white mixture.
  - Line a baking sheet with parchment paper. Drop tablespoon-size rounds, perhaps using a small ice cream scoop, of the coconut mixture onto the baking sheet. Press one or two dried cherries into the top of each macaroon.
  - Melt the butter and honey together in a microwave on high for 20 seconds. Drizzle the mixture over the top of each macaroon. Sprinkle with a tiny pinch of salt.
  - Bake the macaroons for 20 to 25 minutes, until lightly browned (watch carefully to avoid burning), or for 8 to 10 minutes if using a convection oven. The macaroons should be dry to the touch. You may need to bake them longer if it is a humid day. If you live in a dry area, these will keep well for a week.
- Chef's note: If you want to be really fancy, melt some chocolate and dip each one halfway into it.

### Coconut Macaroons with Dried Cherries

- Makes 25 to 30 small cookies
- 1 cup unsweetened flaked coconut
  - 1 cup sweetened flaked coconut
  - 8 egg whites
  - Salt
  - ¼ cup dried cherries
  - 2 tablespoons butter
  - 1 tablespoon honey, preferably orange blossom honey

### Double Chocolate Chip Cookies

- Makes about 12 large cookies
- 5 tbsp unsalted butter, softened
  - 5 tbsp granulated sugar
  - 5 tbsp light brown sugar, sifted
  - 1 large egg, beaten
  - ½ tsp pure vanilla essence or chocolate extract (see note)
  - 1 cup plus 2 tablespoons self-rising flour
  - 3 tbsp unsweetened cocoa
  - ¼ tsp salt
  - ⅔ cup (or more) dark and white (or milk) chocolate chips (or roughly chopped chocolate)




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# Cravings

Preheat the oven to 375 F.

In a large mixing bowl, combine sugar, brown sugar, shortening, and peanut butter. Beat with an electric mixer until creamy. Beat in eggs, milk and vanilla.

In a separate bowl, stir together flour, baking soda and salt. Add to the peanut butter mixture and beat until blended.

Shape the dough into 1-inch balls. Roll in sugar. Place balls 2 inches apart on an ungreased cookie sheet.

Bake for 7 minutes. Remove from the oven. Using the back of a teaspoon, make a rounded indentation in the top of each cookie. Fill each with about 1/2 teaspoon jelly. Bake an additional 2 minutes. Remove to a wire rack to cool.

\* Brands may vary by region; substitute a similar product as needed.



## SWEET Sugar SWAPS

If you're trying to cut down on sugar this season, follow these substitution suggestions from Hershey's Kitchens when baking your cookies and desserts:

**Agave Nectar or Agave Syrup**  
1 cup sugar = 2/3 cup agave

**TIPS:** Reduce amount of liquids in recipe by 4 tablespoons, and reduce oven temperature by 25 percent. Combine all liquids before adding dry ingredients, and use parchment paper to prevent sticking.

**Coconut Sugar**  
1 cup sugar = 1 cup coconut sugar

**Honey**  
1 cup sugar = 3/4 cup honey

**Fruit Concentrates**  
1 cup sugar = 3/4 cup concentrate

**TIP:** Reduce amount of liquids in recipe by 3 tablespoons. This substitute is best suited for recipes with a fruity flavor.

**Maple Syrup**  
1 cup sugar = 3/4 cup syrup

**TIP:** Reduce amount of liquids in recipe by 3 tablespoons.

**Molasses**  
1 cup sugar = 1 1/3 cup molasses

**TIP:** Reduce amount of liquids in recipe by 5 tablespoons.

Source: 6 Sweet Sugar Substitutes for Baking, Hersheys.com



Preheat the oven to 350 F.

Using an electric mixer, cream the butter and sugars together until pale and fluffy. Beat in the egg and vanilla essence.

Sift the flour with the cocoa and salt in a small bowl. Fold into the egg mixture with the chocolate chips.

Place 4 heaping tablespoonsfuls of the mixture on the prepared heavy gauge baking sheet, spacing them well apart. Press down and spread out to about 1/4-inch thick with the back of a wet spoon or with dampened fingers

(you may like to scatter some more chocolate chips over the top). Bake for 10 to 12 minutes. Let cool on the baking sheet for 1 minute, then transfer to a wire rack. When cool, store in an airtight container. Repeat with the remaining mixture.

**NOTE:** Chocolate extract is a fat-free flavoring ingredient made from a blend of roasted cacao beans, water and alcohol.



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- Christmas Tree Water
- Fatty Foods/Meats scraps
- Turkey or Chicken Bones
- Chocolate
- Medications
- Gift Wrap (ribbon, bows, elastics)
- Ornaments/Tinsel
- Grapes/Raisins/Currants
- Onions/Garlic
- Macadamia nuts
- Sugarless gums/candy that contain Xylitol
- Antifreeze or alcohol
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# Santa letter-writing secrets

At the tip of the North Pole resides a jolly man who collects letters from children asking him to deliver all of their hearts' desires.

Although Santa Claus does a thorough job of making sure children's treats are delivered on the same night, sometimes he needs assistance with reading and responding to the thousands upon thousands of letters sent to him each year. That is why he often relies on an extensive list of helpers to handle much of his holiday correspondence.

According to Smithsonian, the practice of writing to St. Nick dates back more than 150 years. Early depictions of Santa show him as a disciplinarian. The first Christmastime Santa letters were actually sent

by Santa, rather than the other way around. Such letters encouraged children to be good boys and girls. Eventually, an illustration by Thomas Nast depicted "Santaclausville, N.P." as Santa's address, providing children with a place where they could send their correspondences to the big guy in red.

The Universal Postal Union, an intergovernmental organization that coordinates postal policies across 192 member nations, indicates that 1,350,000 letters to Santa were sent by Canadians, while Americans sent more than one million and Britains mailed roughly 800,000 such letters in 2012, the most recent year from which figures are available. To account for the staggering number of letters sent, various post offices and postal programs were established to help Santa with the task of tackling children's wish lists.

Children can address letters to Santa Claus, North Pole H0H 0H0, Canada. No postage required!

Many other letters to Santa end up routing to various post offices where thousands of volunteer "elves" can adopt letters and make children's wishes come true. A "Letters to Santa" program enables children in serious need to get items that can help keep them safe and happy.

Parents may also investigate a number of services that will provide letters from Santa, Mrs. Claus or elves for nominal fees. These letters can be personalized with details. Santa has even gone high-tech with personalized videos and pictures as well. A quick web search can yield the instructions on how prospective helpers can get started.

Children can improve their chances of letters being read and received, with these tips.

- Identify who is writing the letter and share some details about your life.
- Make sure you've been nice and well-behaved.
- Ask Santa how he has been and engage in some polite conversation.
- Politely ask for the toys you'd like. Understand that Santa is busy, so keep the list brief.
- Thank Santa in advance for his kindness. Hopefully, he'll have time to reply.
- Write and mail the letter as early as possible, as things tend to get busy as Christmas nears.

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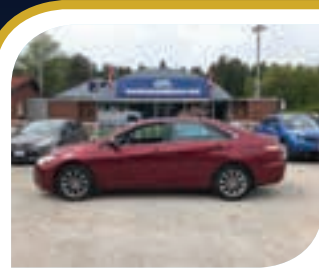
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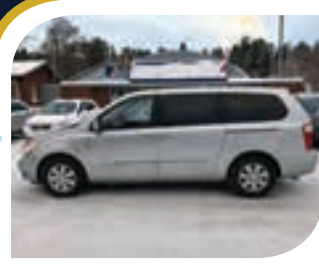
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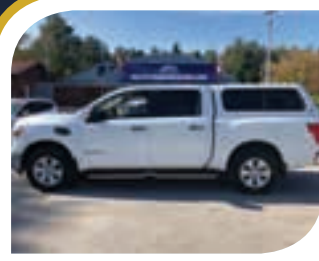
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# SHELBURNE SPORTS

## CDDHS Royals senior basketball team takes early lead in District

Written By BRIAN LOCKHART

The Centre Dufferin District High School Royals have taken an early lead in the District 4 standings after winning their first two games to start the season.

In their outing, they defeated Wellington Heights Secondary School 65 – 20.

The second game saw them matched up against Emmanuel Christian High School out

of Fergus.

The Royals started out strong and kept hitting the basket to go ahead with a 50-21 lead midway in the third quarter.

By the time the teams back on the court to start the fourth quarter the Royals had extended their lead to 67-21.

They kept up the pressure to score 19 points in the final quarter to leave the court with an 86 – 34 win to take over first place in

the District.

“We just made shots,” said Royal’s team member, Nathan Isaac, after the game. “We had good communication and planning and we succeeded. On defence we were trapping them and double teaming them. We tried to contest the shots as well as we can. I think we’re going to continue to win games and tournaments. There might be some close games but we’re going to keep growing as a team. Our goal is to win CWOSSA and go to OFSSA.”

There are only four teams in the District 4 senior line-up so the squad won’t get a lot of different competition this year.

Westside Secondary School in Orangeville was unable to put a senior team together this year.

So far, the Royals are in first place followed by Wellington Heights. Norwell District Secondary School is in third place followed by Emmanuel Christian.

The Royals have one road game to finish before the Christmas break.

Their next home game is scheduled for



PHOTO: BRIAN LOCKHART

**LAY UP:** Centre Dufferin District High School Royals forward Mark Taylor lays up a shot during the second quarter of their District 4 game against Emmanuel Christian High School in the gym at CDDHS on Monday, December 9.

Wednesday, January 15, when they will host Norwell District.

Game time is 4:00 p.m.

## Royals junior basketball team undefeated

Written By BRIAN LOCKHART

The Centre Dufferin District High School Royals junior basketball team have moved into first place in the District 4 standings after going undefeated in their first five games of the season.

The Royals have dominated the District this season scoring 338 points while allowing only 162 against.

Their home game against Emmanuel Christian High School from Fergus resulted in a 76 – 27 win after the Royals came out hard early in the game to lead 15 – 7 at the end of the first quarter.

The Royals hit three quick baskets to start the game and take an early lead.

Michael Clewlow started off with a nice move though the middle to score.

That was followed up by a three-pointer from Griffin Callegari.

The second quarter showed some good defensive moves by Odi Ndiokwere and D’Andre Wayne that shut down ECHH’s attempts to score.

ECHH closed the gap to eight points in the second quarter but the Royals turned up the pressure and pulled ahead.

That included a nice layup by Amari Jones with less than a minute remaining in the half.

At half time the Royals were leading 33-18.

They kept up the solid play for the rest of the game to take the win.

The Royals won their fourth game of the season on Wednesday, December 11, when



PHOTO: BRIAN LOCKHART

**UNDEFEATED:** Photo by Brian Lockhart Royal’s junior point guard, Michael Clewlow, takes the ball to the Emmanuel Christian High School zone during Centre Dufferin District High School’s District 4 game on Monday, December 9

they travelled to Orangeville to take on Westside Secondary School. They left the court with a 78 – 35 win.

A road game against Wellington Height Secondary School on Monday, December 16, gave the CDDHS team their fifth win of the season. They left the court after winning 62 - 45.

The win leaves the Royals well ahead in first place in the District standings.

The Royals junior team will be back on their home court at CDDHS on Monday, January 13, when they will host Erin District High School.

Game time is 2:30 p.m.

## Shelburne Muskies split weekend with loss and a win

Written By BRIAN LOCKHART

The Shelburne Senior Muskies took a loss on home ice but rebounded the following night with a win.

The Muskies hosted the Elora Rock on Friday (Dec. 13) night at the Centre Dufferin Recreation Centre.

In what was described as a ‘lack luster’ effort, the Shelburne team gave up a 5 – 1 loss.

Back on the ice the following night, the Muskies went on the road to take on the Tavistock Royals.

The Muskies knew it was going to be a tough game before they even stepped on the ice.

With a short bench of 14 skaters and only one goalie suited up for the game, the Shelburne squad stepped up and put out a good effort.

The Muskies had a 3 – 1 lead by the end of the first period.

They kept up the pressure scoring four second period goals while allowing two against to make it a 7 – 2 game at the end of the second frame.

The Tavistock team fought back putting out a solid third period attack to close the gap to 7 – 5 with seven minutes remaining in the game.

A final Muskies empty netter sealed the deal for the Shelburne team and they left with an 8 – 5 win.

Jamie Bennett lead the scoring with a pair while Luke Richardson, Brendan Richardson, Hick Hodgson, Josh Squigna, Nick Glassford and Jeff Brett all got singles for the night. Brett was also credited with three assists for the night.

The win gives the Muskies an 11 – 3 record for the season and places them in a three way tie for second place in the standings with Saugeen Shores and Clinton Radars.

The Ripley Wolves are currently in first place with a 12 – 1 record and 24 points.

The Muskies will be in Shallow Lake on Friday night.

They return to home ice at the Centre Dufferin Recreation Centre on Saturday, December 21, to host the Milverton 4 Wheel Drives.

Game time is 8:00 p.m.

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**ATHLETE OF THE WEEK**

**LOGAN BOISSE**

“I like using your team on the ice and playing together,” said Shelburne Wolves Atom EE centre, Logan Boisse, of why he likes playing hockey. “You have to keep your head up, and get out in the open.”

Logan has been on the ice since he was at the Mite level. When he’s not on the ice, he plays soccer during the summer.

Logan said he plans on playing hockey “As long as I live.”

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# Shelburne Library News: check out pre-holiday book sale

This is the time to pick up some great reads for the holidays so stock up now!! You have two options before December 24th - BORROW enough books for your holiday reading, or buy a bag for \$2.00 to augment your personal library.

### Rescheduled: Traveler's Tales: A Night in Australia

Our night traveling Down Under has been rescheduled for Tuesday, January 14th @7 pm! You can register by calling 519-925-2168, emailing jwyse@shelburnelibrary.ca, or dropping by our circulation desk.

### 100% Certainty Book Club

Through a partnership with Hospice Dufferin, we have created this book club which explores the topics of death, dying, grief, and bereavement through a common book. Our next meeting is January 13th @ 2pm, where we will discuss "Finding Meaning" by David Kessler. You can register by calling 519-925-2168, emailing jwyse@shelburnelibrary.ca, or dropping by our circulation desk to let us know you're interested in attending.

### Teen Scene:

Teen programming is on a break until the New Year. Thank you to all of our wonderful Teens who plan & attend our events. We are looking forward to a busy and fun 2020! Don't forget to follow us on Instagram (@ShelburneONLibrary) to see all of the exciting things we get up to!

### Upcoming events:

- Tuesday, January 14th, 4:00-5:00pm-TAB Meeting
- Tuesday, January 21st, 4:00-5:00pm-\*DIY Edible Cookie Dough

### Children's Programs:

All Children's programming will be on break from Dec 21st, 2019 - January 12th, 2020 inclusive. If you are interested in finding out which programs will be available in the new year, please see below:

Books & Babies: Tuesday mornings, 10:00 am - 11:00 am -Put on your warm, winter

clothes and visit this drop-in group for parents and children 2 years old and under. A group full of great conversation, and a safe place for children to socialize with others their own age.

LEGO Club: Wednesday afternoons, 3:30 pm - 4:30 pm - This drop-in program for children ages 6-12 has a brand new build challenge every single week. As your child's skills grow they can also attempt the weekly "Expert Build Challenge". LEGO CLUB is often not just LEGO! We also have lots of fun incorporating other STEM activities and experiments each week along with building our LEGO creations.

Story Time: Friday mornings, 10:30 am - 11:30 am -This is a drop-in group full of singing, dancing, and stories. Each week we have a themed craft that connects to what we learned from our story. Visit Story Time, and leave with new friends and amazing art creations. For the rest of December we will be talking about Christmas, the holidays, and wearing our winter clothing!

Need more information about any of our programs? Call us at 519-925-2168, or email children@shelburnelibrary.ca.

If you would like to sign up for monthly emails regarding all of YOUR Library's Children's events, and all of the special programs that will be available, please email children@shelburnelibrary.ca and we will add you to our online Children's Newsletter subscription.

### New Books:

#### Fiction:

- Benediction by Olivier Dufault
- You will be safe here by Damian Barr
- Cursed! by Keith Ross Leckie
- Here I am! by Pauline Holdstock
- Cilka's journey by Heather Morris
- Stealth by Stuart Woods
- A Capitol death by Lindsey Davis
- The chain by Adrian McKinty
- The guardians by John Grisham

#### Non fiction:

- Good habits, bad habits by Wendy Wood

- The first cell by Azra Raza
- With you by bike by Katrina Rosen
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## Centre Dufferin's Co-op Corner

Student: Jared Roxburgh  
Placement: Shannon Steel

This week Jared Roxburgh from Centre Dufferin District High School shares a little bit about his experience and how Shannon Steel is contributing to our community's future.

Celebrating 50 years of service, Shannon Steel has become one of Ontario's leading companies of steel fabrication of structural steel. The founder/president Nicolass Shaafsma retired in 2004, leaving his son Mark Shaafama to take over the company and he is the president to this day. Ken McKay is GM, overseeing safety, quality and operations of the plant.

My main duty at Shannon Steel is as a Painter. After the steel has been fabricated and welded, it is then sent to the paint bay. I have to first clean the rust off the pieces with scotch bite, then I blow all debris from the steel. After this, the steel gets primed. I have not had an opportunity to cut steel or use a torch, but I have done some welding. I have gained a lot of experience using the overhead crane to flip and move steel from the paint bay to the yard once pieces are completed. I completed and received an overhead crane course certificate after completing a course offered through Shannon Steel.

The steel industry has many career choices in which someone could work. These can include Iron Workers who erect the steel structural frame of a building, and which is the career I am interested in pursuing. There are Deckers, who put the steel can roof on buildings. There is also Welders that are CWB certified have the opportunity to work in any part of the steel industry. Of course,



SUBMITTED PHOTO

HIGH SCHOOL CO-OP: Jared Roxburgh (left), CDDHS student & Mark Shaafama (right), President of Shannon Steel.

the necessary materials would not reach us without Truckers, who pick up and deliver the steel to the job sight to be erected.

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**For coverage of any local sports events, please contact me and I'll be there!**

[brian.lockhart@hotmail.com](mailto:brian.lockhart@hotmail.com)

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~ Dr. Wayne Dyer

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## OBITUARIES

### Henderson, Ken

Kenneth Gerald Henderson, of Varney, passed away at the South Bruce Grey Health Centre, Durham with his wife by his side on Friday, December 13th, 2019 in his 75th year.



Beloved husband of Beth (nee Graham). Cherished son of Blanche and the late George Henderson. Nephew of Betty Clark, Erma Beaton, and Jim Henderson. Fondly remembered by his special nephew Dave Bryce and his wife Joy of Brampton, his great-nephews Brandon and Ryan Bryce, his many cousins and numerous friends.

A funeral service celebrating Ken's life was held at the Durham Legion, 271 Bruce Street North, Durham on Tuesday, December 17th at 1 p.m. Spring interment at Durham Cemetery. As an expression of sympathy, memorial donations to Durham Hospital Foundation or the charity of your choice would be appreciated by the family.

Arrangements entrusted to the McCulloch-Watson Funeral Home, Durham.

### McCabe, Yvonne Doreen

July 1, 1932 – December 11, 2019



Passed away peacefully at Headwaters Health Care Centre on Wednesday, December 11, 2019. Beloved wife of the late Edward. Loving mother of Murray (Heather) of Orangeville, Grant (Jane) of Brampton and Barry (Karen) of Shelburne. Proud grandmother of Alan (Amanda) of Fort McMurray, Lisa (Nick) of Waterloo, Nicole (Austin) of Port Elgin, Danielle (Louie) of Markdale, Erica (Tyler) of Dundalk, Shannon (Zach) of London, Sarah (Josh) of Owen Sound and great-grandmother of Mary, Beth, Dario, Giletto, Tatiana, Jackson and Cameron. Dear sister of Russell and Ivan (Eleanor) and sister-in-law of Betty. Predeceased by her brothers Glen (Marjory) and Maurice (Louise), brothers-in-law and sisters-in-law Ross, Marie (John) and Lorraine.

Friends and family were received at the Jack & Thompson Funeral Home on Monday, December 16, 2019 from 12-2 p.m. with the funeral service following at 2:00 p.m. Interment took place at Shelburne Cemetery. If desired, donations to Headwaters Health Care Foundation or the Canadian Cancer Society Inc.

Online condolences may be placed at [www.jackandthompsonfuneralhome.com](http://www.jackandthompsonfuneralhome.com)

## CARD OF THANKS

### Rhodes Glenville Roy

The family of the late Glen Rhodes wish to express our sincere thanks to family, friends and neighbours for the expression of sympathy in the passing of a dear husband, brother, grandpa and great grandpa. Food dropped off at our house, floral tributes, gifts and memorial donations during our bereavement were truly appreciated. Special thanks to Dufefrin Oaks, nurses and staff for their care during Glen's stay. Many thanks to Reverend Don Hume for the kind words and a special Thank you for the professionalism and care from Shawna and Christine at Jack & Thompson Funeral Home.  
*Our sincere thanks Dorothy and family.*

## MEMORIAM

### Kendrew, Ann

A mother, Grandmother, Great-Grandmother to Ellen Jane Kendrew and family, Suzann Kendrew and family, Ed W. Kendrew and family. She passed on at home December 10, 2019. The funeral service is at Primrose United Church on Friday, December 20, 2019 at 11:00 a.m. Online condolences and donations may be at [www.imfunerals.com](http://www.imfunerals.com) In Memoriam Funeral Services Inc. has been given the honour to serve the Kendrew Family.



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# Hills of Headwaters Collaborative secures OHT status

Written By MIKE BAKER

A group of local health care professionals and service providers have been selected to help pioneer the provincial government's vision for a revamped health care system across Ontario.

In an announcement on Dec. 6, it was revealed that the Hills of Headwaters Collaborative has been successful with its application to become an Ontario Health Team. In attendance at the Dufferin County Paramedic Service base in Orangeville, Dufferin-Caledon MPP Sylvia Jones noted the local Collaborative is one of the first 24 teams to be approved under the new model.

"I know how hard the Hills of Headwaters Collaborative Health Team has worked towards the goal of becoming an OHT," Ms. Jones, currently Ontario's Solicitor General, said. "We began with an excellent foundation of collaboration in our community, between all the services who provide patient care, and we will continue to build on our experiences to improve patient outcomes."

In total, 36 different health care-related agencies as well as numerous local family physicians, have come together to form this new Collaborative. According to Ms. Jones, this new model will better connect patients and health care and service providers in our community. Through the new OHT model, she adds, patients will experience easier transitions from one provider to another.

The move was initiated by Ontario Health Minister Christine Elliott last February, when she announced plans to develop a new super-agency called Ontario Health, which will effectively consolidate the 14 Local Health Integration Networks (LHINs) operating across the province, as well as other provincial agencies such as Cancer Care Ontario, eHealth Ontario, and Trillium Gift of Life Network. While Minister Elliott stressed at the time that this move "is not a financial exercise", it is expected to save the Province approximately \$200 million annually by 2021.

In her message to residents of the Hills of Headwaters region, Minister Elliott promised the formation of a local Ontario Health Team would be a game-changer for those who need to access health care services in the area.

"This is an exciting time for health care in Ontario as we finally break down the long-standing barriers that have prevented care providers from working directly with each other to support patients throughout their health care journey," Minister Elliott said. "Together, with our health care partners, the Hills of Headwaters Collaborative Ontario Health Team will play

an essential role in delivering on our commitment to end hallway health care, and building a connected and sustainable public health care system centred on the needs of patients."

Minister Elliott believes the Hills of Headwaters Collaborative will create a local health care system that provides coordinated care for patients, reduces wait times and will lead to better health outcomes for patient.

"With our new Hills of Headwaters Collaborative OHT, patients will benefit from better integrated health care, with a seamless experience when moving between different health care services, providers and settings," Minister Elliott concluded.

Organizations such as Headwaters Health Care Centre (HHCC), Dufferin Area Family Health Team, Wellington-Dufferin-Guelph Public Health, Caledon Community Services, Dufferin Child and Family Services, Bethell Hospice and the Canadian Mental Health Association of Peel Dufferin have come together to help form the Hills of Headwaters Collaborative.

Through the group's many meetings and discussions in recent months, three key priorities have been identified to help improve health care services in Dufferin and Caledon. Those include improving integration of mental health and addictions services to expand access across our community and improve care, creating an integrated palliative care team, and enhancing services and programs for individuals with complex health care needs, who are currently seeing and dealing with multiple organizations and agencies.

Addressing a group of approximately 50 individuals on Friday, co-chairs of the Hills of Headwaters Collaborative, Kim Delahunt (President and CEO of Headwaters Health Care Centre) and Lianne Barbour (Executive Director of the Dufferin Area Family Health Team) congratulated those in attendance for their work in helping our region secure OHT status.

"We really began this journey back in the spring, when Minister Elliott came out to meet with us, and we talked about new ways we could all work together, and new ways we could move forward," Ms. Barbour stated. "From there, we worked on developing a symposium that brought over 100 patients, physicians and service providers together in one room. It was the first of its kind here in Dufferin County and Caledon. It brought together folks to provide their input, and helped us create a shared vision for the future."

She added, "We talked honestly about what it would take to get to where we are today. Well, today, I'm proud to say that we did it. We

are here. We will be blazing a new trail, and with that will come opportunities and challenges. We know we have a lot of work to do, as patients, families and health care professionals collaborate and co-design to best serve the needs of people in our area."

Work is already underway to develop a "year one plan", Ms. Delahunt said. She explained how the details within that plan will be formulated through input by all members and agencies involved in the Hills of Headwaters Collaborative. She credited the togetherness of that local group with helping Headwaters secure OHT status.

"The beauty of Dufferin-Caledon is in the relationships that people have with one another here. Everyone has the ability to pick up the phone and come up with solutions to complicated situations as they arise. Finding solutions starts with relationships, and the trust that has been built with all partners in this region," Ms. Delahunt told the Free Press. "We are fortunate to have 38 organizations, many physicians, and patient care providers as a part of our Collaborative. This number will grow as we move along this new health care journey. All in all, this is a very exciting time for us. The work that has been going on here, in all corners of the health and service sector, has been extraordinary."

Minister Jones reserved special praise for Stacey Daub, the former President and CEO at HHCC. Ms. Daub served as co-chair of the Hills of Headwaters Collaborative from its creation in March up until her departure in early October. Ms. Jones says she was "pivotal" in bringing together all of the unique organizations in our region, and worked quickly and efficiently to put together a quality proposal, one that Minister Elliott couldn't really turn down.

As one of the family physicians who have been involved extensively with the local Collaboration throughout this entire process, Dr. Amy Catania offered her thoughts on the potential changes this new move will bring to our community.

"The vision of an OHT is very exciting. There are so many redundancies, silos and many, many doors to our health care system. They are numerous, very complicated, and make it difficult for our patients to navigate," Dr. Catania said. "The commitment to one local team across Dufferin-Caledon, with one vision, working toward the same purpose to ensure we can collectively and seamlessly support the wellbeing of our patients throughout the entirety of their care journey, is the right commitment."

She added, "In the past, we were passively informed about the different changes and

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Christine Elliott  
Ontario Health Minister

commitments (made by the provincial government). Over the course of the last weeks and months, we've been involved in parts of these changes that we weren't part of before. The most exciting part is to be so actively involved individually, and collectively (as family physicians) in a movement to change our community. We can really see how this commitment to change will lead to better care for our patients."

That was a sentiment shared by Dufferin County Paramedic Chief Tom Reid. Following an extensive, 30-plus-year career in Dufferin County, Mr. Reid noted the work he has seen take place, and he himself has been a part of, through this Hills of Headwaters Collaborative, has been unlike anything he had experienced before.

"Over my long tenure here, I've been involved in a lot of things in the health care sector for a long, long time. I've seen a lot of ideas, and a lot of strategies. I believe this community has always been successful, and will continue to be successful. We've been extremely resourceful, in the sense of getting things done in whatever way we needed to do it, and I think we're going to do that again," Mr. Reid said. "It doesn't matter whether it's caring hands, boots on the ground, health and service leaders, or the whole community. We understand the importance of this work and how the work we do is going to make a difference every day in supporting those who are vulnerable."

He concluded, "The road ahead is going to be tough. This isn't going to be easy, we're going to have to roll our sleeves up and get to work. But, we need to remember what got us here – teamwork, courage, and our charm. We are one community working together, so fasten your seatbelts, it's going to be a great ride, and I know we got this."

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## HOLIDAY INTERRUPTION FOR WASTE COLLECTION

Collections for the day of the holiday and the rest of the week will be shifted to one day later.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 15	December 16	December 17	December 18	December 19	December 20	December 21
December 22	December 23	December 24	CHRISTMAS DAY	December 26	December 27	December 28
<b>double up</b>	December 30	December 31	NEW YEARS DAY	January 2	January 3	January 4
January 5	January 6	January 7	January 8	January 9	January 10	January 11

Monday  
ZONE

Tuesday  
ZONE

Wednesday  
ZONE

Thursday  
ZONE

Interruption  
no collections

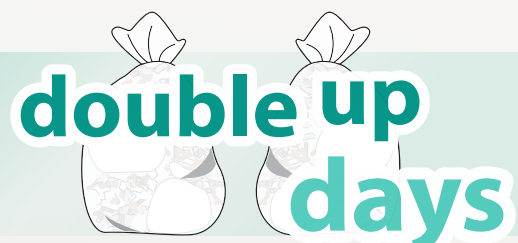
### Happy Holidays!

Due to the holiday on Wednesday December 25<sup>th</sup> and January 1<sup>st</sup>, garbage, Blue Boxes and Green Bins will be collected a day later for the rest of the week.

**Monday & Tuesday will have regular collection during the holidays.**

Regular collection will resume the week of January 5<sup>th</sup>, 2020.

Place up to **two (2)** untagged bags/containers of garbage out on your collection day during the weeks of **New Years Day, Victoria Day & Labour Day**



### REMEMBER!

Always search an item on the **DufferinWaste** app to see if it's acceptable in the Dufferin program **before** placing it in the Blue Box!



**This holiday season, remember to place the following items in the GARBAGE:**

- #6 plastic packaging & "air pillow" packing materials
- Plastic packaging with **no recycling symbol**
- Ribbon & bows
- Foil wrapping paper
- Styrofoam

