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NARROW LOSS: The Mansfield Junior Cubs went all the way to the North Dufferin Baseball League Junior championship series. They were up against the Creemore Padres. The Cubs took an 11-10 loss in the final game, after having an outstanding 2022 season. See full story on Page 6.

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Anishinaabe author and journalist up next for MoD Talks

Written By Paula Brown
Local Journalism Initiative Reporter

The Museum of Dufferin (MoD) will be welcoming Anishinaabe author and journalist, Waubgeshig Rice, as their next guest in a new upcoming session of MoD Talks series.

The MoD Talks session with Rice will be held on Sept. 10 from 2 p.m. to 4 p.m. at the Museum of Dufferin, located at 936029 Airport Rd., in Mulmur.

"It's a big honour to be invited to share as part of the series. I'm really looking forward to the opportunity to talk about my work, my background and my overall experience with the community there, and connect with the readers," Rice told the Free Press.

Using Rice's novel Moon of the Crusted Snow as a jumping off point, the discussion will touch on topics of fiction literature, history, the wider current issues related to indigenous community, and a how the future may look.

"I'll do a couple of readings from Moon of the Crusted Snow and hopefully that'll get the wheels turning as to some questions they may have about the book, about Anishinaabe storytelling, or indigenous literature in general or even some of the deeper themes the book explores like colonialism, dis-



CONTRIBUTED PHOTO

UP NEXT: Waubgeshig Rice is the next guest for the MoD Talks series.

placement, and the impacts of those things on Anishinaabe people," said Rice. "Most importantly the premise of the book really is reconnecting with the land around you and finding comfort and protection in the land, your family and in your community, in a time of crisis, and how those strong bonds can help lead you out of dark times."

Rice is originally from Wasauksing First Nation, near Parry Sound, and his works are directly influenced by his upbringing in his community. Rice's first short story collection, Midnight Sweatlodge, was inspired by his experiences growing up in an Anishinaabe community, and won an Independent Publishers Book Award in 2012. His debut novel, Legacy, was published in 2014 and was followed by his 2018 breakout book, Moon of the Crusted Snow, a dystopian novel about a northern Anishinaabe community who must return to traditional practices to survive a power outage during winter.

Rice is in the process of completing a sequel to Moon of the Crusted Snow, which will take place about 10 years after the ending of the first book.

"I'm excited for readers of the first book to have the opportunity to spend more time with these characters and this world, once the book is out," said Rice.

The sequel is expected to be released in Fall of 2023.

Booklore will be on-site at the event selling Rice's books.

Tickets for the upcoming MoD Talk featuring Waubgeshig Rice can be purchased for \$25 through the Museum of Dufferin website - dufferinmuseum.com/events/.

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Awareness being raised for Fetal Alcohol Syndrome Disorder

Written By Paula Brown
Local Journalism Initiative Reporter

The month of September marks the international awareness for Fetal Alcohol Syndrome Disorder (FASD), and local action group, Dufferin Wellington Guelph FASD, is looking to diminish the stigma and improve support for the often-invisible disability.

"There's not a lot known about it, it's not something that's talked about widely and certainly people who are living with FASD are often misunderstood and misinterpreted," said Jennifer Moore, chief executive officer of Dufferin Child and Family Services. "That's why we feel that it's really important to raise awareness so that we can help break down some of the stigma and assumptions that are attached and hopefully be able to provide some support."

FASD International Awareness Day has been recognized annually on Sept. 9, since 1999 and looks to bring global awareness

to the disability. Fetal Alcohol Spectrum Disorder, or FASD, is a lifelong disability that is caused by being exposed to alcohol prenatally, which effects the brain and body.

According to Canada FASD Research Network, FASD is the leading developmental disability with current studies suggesting that up to 4 per cent of individuals or about 1.4 million people in country have FASD.

FASD can cause difficulty with learning, memory, impulsivity, control as well as impact academic achievement and social interactions.

"FASD is actually a brain injury and like with many brain injuries, it's not obvious to people who don't know an individual or understand their circumstances that they're affected this way, which makes it really challenging because there are definitely some behaviours aligned with FASD that can be really misunderstood by the general public, community service providers, parents, and caregivers," explained Moore. "This is a spectrum disorder and there's experience in

a variety of different ways in a variety of different levels within each individual."

Part of FASD International Awareness Day is to address the stigma that individuals with FASD and their families face as well as the misinformation surrounding the disability.

"There's so much judgement on a parent if their child ends up being diagnosed with FASD. There are assumptions made that a parent must be using alcohol to excess all throughout their pregnancy and are super neglectful in terms of their unborn baby, however, the reality is that there is no definitive information to indicate how much alcohol causes this," said Moore.

A common misconception about FASD, Moore noted is that it's 100 percent preventable.

The Canada FASD Research Network reports that over 60 per cent of all pregnancies are unplanned.

To raise awareness for FASD, the Dufferin Wellington Guelph FASD will be participating in the annual Red Shoes Rock initiative. Red Shoes Rock is a grass roots movement,

started when Canadian educator and advocate, RJ Formanek, who wore red shoes on an international stage to discuss FASD. The movement gained international recognition as a way to bring attention to the disability.

The local FASD action group will be hosting a walk on Sept. 9 starting at 6:45 p.m. at the Market Square in Guelph and will also see FASD Awareness Day proclaimed in Dufferin County for the second year.

"If we can help to reduce some stigma then there may be a likelihood of more early diagnoses, which could end up really impacting the trajectory for children and youth," said Moore.

Dufferin Wellington Guelph FASD are asking community members to wear red on International FASD Awareness Day to show support.

FASD International Awareness Day will take place on Sept. 9.

To find out more information on serves and support available locally go to www.dufferinwellingtonfasd.com.

HOLIDAY INTERRUPTION FOR WASTE COLLECTION

Collections for the day of the holiday and the rest of the week will be shifted to one day later.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 28	August 29	August 30	August 31	September 1	September 2	September 3
	LABOUR DAY	September 6	September 7	September 8	September 9	September 10
September 11	September 12	September 13	September 14	September 15	September 16	September 17

double up

Monday ZONE

Tuesday ZONE

Wednesday ZONE

Thursday ZONE

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Happy Labour Day!

Due to the holiday on Monday September 5th, garbage, Blue Boxes and Green Bins will be collected a day later that week. Double Up Days allow you to place up to TWO un-tagged bags/containers of garbage out on your collection day that week.



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Orange crosswalk honouring Indigenous children approved by Shelburne council

Written By Paula Brown
Local Journalism Initiative Reporter

Shelburne Town Council has approved the location for a Every Child Matters crosswalk as part of Orange Shirt Day reflection.

During their meeting on Monday (Aug. 29), town council approved the painting of the crosswalk at the intersection of William Street and Main Street, in close proximity to where a Every Child Matters reflection ceremony will be held on Sept. 30.

The idea for a crosswalk commemorating Orange Shirt Day and Every Child Matters came from a presentation to Council by the Dufferin County Cultural Resource Circle earlier this year. Shelburne's Diversity, Equity and Inclusion (DEI) committee was tasked with reviewing the instillation as part of the 2022 budget.

"We know it's a very important day to ensure that we recall and never forget the tragedies and atrocities that happened to Indigenous communities through the residential school program and include in that program event was the addition of an Every Child Matters Crosswalk," said Denyse Morrissey, chief administrative officer.

The crosswalk in Shelburne is designed based on the one in Orangeville, located at the intersection of Broadway and First Street.

According to the report to council, the estimated cost for the crosswalk installa-



PAULA BROWN PHOTO

ORANGEVILLE CROSSWALK: Shelburne is planning on installing a similar crosswalk to the one at First St. and Broadway. The crosswalk honours Orange Shirt Day and the Indigenous children who were forced to attend residential school.

tion is \$1,770.

Morrissey noted that the cost difference between the Orangeville and Shelburne crosswalk is due to a lower quality of paint, which will not have the same durability. She added that a quote of \$15,000 was given for a similar quality of paint used in Orangeville.

Coun. Walter Benotto questioned whether using a lower quality paint with less durability made sense financially.

"The only option to get the quality of paint that Orangeville had was a \$15,000 quote. There's no paint to be had, we exhausted finding this paint, we even called other municipalities that have crosswalks and nobody has it. It could be ordered in but it will take months because it's not in supply," explained Morrissey. "It was simply a matter of timing."

The painting of the crosswalk is expected to be completed between Sept. 23 and 26.

On Orange Shirt Day (Sept. 30), the Town of Shelburne is expected to hold a ceremony with the raising of the Every Child Matters flag, as well as a candlelight reflection walk.

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AWARD WINNING MANAGER: General manager of Shelburne McDonalds was recognized as a top one per cent of all general managers with the Ray Kroc Award

Shelburne's first McDonald opens this week under local general manager of 25 years

Written By Paula Brown
Local Journalism Initiative Reporter

The first McDonald's restaurant in Shelburne is set to open their doors to the community this week.

For local resident and supervisor Leigha Cook, who will be overseeing the location, the opening of the franchise in her community is even more significant, as she celebrates a milestone of 25 years with McDonald's Canada.

"I am so proud to be able to offer the same opportunities that I had growing up to my fellow community members, to the different teenagers and adults that are looking for careers. I'm proud to be able to offer the amazing experiences I had to our town," said Cook.

Cook was first hired at a McDonald's restaurant in Brampton at the age of 15, when she was looking for a job, she could do with her friends. When it was time for her to go off to university, she was offered a position as a shift leader.

"At that moment, it flipped from my part-time job to a potential career opportunity," said Cook.

By the age of 25 she had reached the role of general manager and has been in the position for the last 15 years.

Over the years, Cook has seen her career

take her across the country and globe including working the 2006 Winter Olympic Games in Italy. She has been recognized as Outstanding Manager of the Year and was a recipient of the Ray Kroc Award, which celebrated the top one per cent of general managers.

Reflecting back on her 25-year career and offering the same opportunities she had to the local youth, Cook said, "It was important to me as a teenager to have something local and to be able to do that in the small town of Shelburne, for my kids."

She continued, "Especially with a growing town with a lot of teenagers, they need to have a place that can employ people that have different schedules, abilities, and needs and I think this team and community is ready for McDonald's to let them grow."

The new local fast-food restaurant is expected to bring between 90 and 100 new jobs to Shelburne.

"Even now, we are still doing interviews," said Cook. "I've been overwhelmed by the amount of community members that have come out to work with us. People in this town want to work for McDonald's and it's very encouraging."

Shelburne's first McDonald's restaurant, located at 800 Ojibway Road, in the Emerald Crossing Plaza, will officially open their doors to customers on Sept. 1.

Alzheimer Society holding red carpet for fundraiser

Written By James Matthews
Local Journalism Initiative Reporter

Music can soothe the soul and jog the mind. The Alzheimer Society of Dufferin County will host a red-carpet event at the Orangeville Opera House Sept. 10 to raise money for the Music Therapy Program.

As part of the fundraiser, Canadian Screen Award nominated film The Cuban will be shown.

The Cuban, directed by award-winning Canadian director Sergio Navarretta, tells the story of a unique friendship between an elderly musician with dementia and his caregiver. It highlights the positive effects music can have on people living with dementia.

According to promotional material: An unexpected friendship begins between an elderly Cuban musician with dementia who is brought out of his shell by his care worker and a disillusioned young pre-med Afghan student named Mina. Through a shared love of music, both their lives are changed.

And that's something that's true to life. "Music has many benefits for both caregivers and those with dementia," said Carmelina Cicuto, executive director at the local Alzheimer Society branch.

"Research suggests that musical memories are often preserved in people with Alzheimer's disease because the portions of the brain that are linked to musical memory are not affected by the disease."

Recent studies have also found that music has the potential to increase physical and social activity, reignite older memories, improve sleep, mood, cognition, communication, and overall quality of life, she said.

The goal is to raise \$20,000 to ensure the Music Therapy Program continues to grow, reach additional clients, and reconnect people with the soundtrack of their lives, said Cicuto.

Components of the program include in-person and virtual events as well as providing personalized MP3 players to our clients.

In addition to a night out, the \$50 ticket gets two glasses of wine and a charcuterie box.

Registration nights for RCEME Army Cadets upcoming

Written By Paula Brown
Local Journalism Initiative Reporter

The 1944 RCEME Army Cadets are hosting two open registration night.

The two registration nights are scheduled to take place on Sept. 8 and Sept. 15 at the Creemore Legion, located at 27 Wellington St. W.

As well as registering youth in the cadet program the events will also consists of an information session. For those unable to attend either night, registration will be available every Thursday.

The 1944 RCEME Army Cadets was established in 1986 and looks to provide experiences and training in camping, citizenship, leadership, adventure training, physical fitness, marksmanship, drill, band and much more.

The cadet program is open for all

youth between the ages of 12 to 18 from Creemore, Stayner, Wasaga Beach, Shelburne, New Lowell, Dundalk, Flesherton, Alliston, Lisle, Everett and surrounding areas.

Those who register will have the opportunity to participate in several upcoming weekend activities scheduled throughout the remainder of the year to see how they like the cadet program. The weekend activities include camping, survival training, marksmanship, obstacle course, abseiling, more.

Registration is free.

For more information regarding the Army Cadets program visit www.creemorearmycadets.ca, email the cadet corps at 1944army@cadets.gc.ca, or stop in at the local legion any Thursday night from 7 p.m. to 9:15 p.m.

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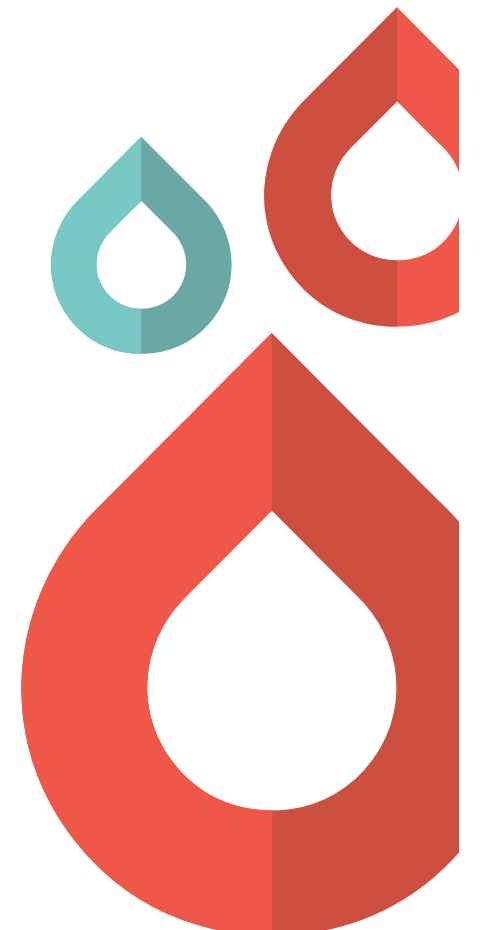
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Might Russia use its 'tactical' nukes

On 25 August the president of Belarus, Alexander Lukashenko, announced that the country's combat aircraft have been 'upgraded' by the Russians to carry nuclear weapons, and Belarusian pilots are being trained to deliver them. It got a single paragraph, or no notice at all, on most news sites. Nobody panicked.

That's partly because nobody is afraid of the Belarusian air force, and nobody believes that the Russians would really give Lukashenko nuclear weapons. It's also partly because everybody has got used to Moscow reminding us every three or four weeks that it might use tactical nuclear weapons in Ukraine if it gets really cross.

Russian President Vladimir Putin started hinting heavily that he might use nuclear weapons if other countries intervened to prevent his conquest of Ukraine on the very first day of the war. "The consequences will be such as you have never seen in your entire history," he warned on 24 February.

That sounded like Putin was actually threatening to use his long-range, city-killing nukes on NATO countries if they intervened. After that opening fanfare, however, the threats from Russian official sources were dialed back to occasional reminders that Moscow might use

much smaller 'tactical' nukes on the eastern battlefields in Ukraine.

The talk-show super-patriots on Ros-sia-1 (state television) went on fantasising about World War Three in full costume dress – "Why do we need a world if Russia is not in it?" as presenter Dmitri Kiselyov put it – but the military professionals had presumably pointed out to the regime that threatening Armageddon would alarm even Russia's friends (like China).

So the official references by Russian sources to possible nuclear use in Ukraine became more indirect and less frequent, particularly after Russia abandoned its failed attempt to seize Kyiv and the Russian offensive in eastern Ukraine began making slow but steady progress. Even for Russians, nuclear use is a counsel of despair.

But now the Russian offensive in the east has fully stalled, and the perceived stalemate has put the question of tactical nuclear weapons back on the table. To be fair, the renewed chatter about the Russian use of mini-nukes is now coming more from pundits in the Western media than from Russia sources, but the concern is genuine.

Even one tactical nuke could open up a hole in Ukrainian lines that Russian forces could

pour through. The Russians would also hope that it would terrify the NATO countries into abandoning their support for Ukraine. On the other hand, it might escalate the conflict into a full-on nuclear war between Russia and the NATO countries.

Both sides will have war-gamed this to death, trying out the various possible moves and counter-moves once a single low-yield Russian nuclear weapon has been used on the Ukrainian front line. (Even Putin would not nuke a city, or launch a full strike on all of Ukraine. This would be 'robust signalling', not an overture to worldwide nuclear holocaust.)

The likelihood that the Russians would actually choose to go down this road is currently quite low, but it is not zero. There is no genuine Russian national interest at stake here, but the careers of Vladimir Putin and his closest associates certainly are at risk. For them military defeat, or even a prolonged and costly stalemate, spells political ruin.

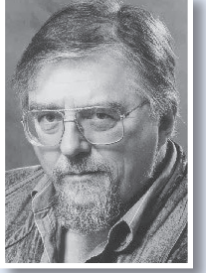
Many of them would just flee abroad and live with their money if the Ukrainian invasion fails and the regime collapses, but for Putin himself this seems to be a heritage issue. He feels the hand of history on his shoulder, and he has come to see himself as an historical

figure on the scale of Catherine the Great or Peter the Great.

Putin is probably not thinking of ordering a single nuclear strike on Ukraine at the moment, for the military stalemate is still young and he clearly believes he still has cards to play. But if those cards don't work and the Russian military and political situation deteriorates, he might be tempted. What should NATO do if he gives in to the temptation?

The best NATO response would be to do nothing nuclear at all. Just announce that any further nuclear weapons use, or any attempt by Russian troops to advance through the gap that the single strike opened in Ukraine's defences, will be met by the full deployment of NATO's conventional air power over Ukraine.

Is this what NATO's war-gamers have concluded? I don't know, but both sides will have been gaming out every possible response to the explosion of a single Russian tactical nuclear weapon in eastern Ukraine. Let us hope that this is what the NATO groups have decided – and that they have also communicated their decision to the Russians.



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Words matter

Imagine going in for a consultation with your doctor, dentist, lawyer, accountant, realtor, or even a government agency.

You sit down in front of a desk, and the person says, "How the 'EXPLETIVE' are ya? Doin' pretty 'EXPLETIVE' good myself. I looked at your 'EXPLETIVE' report, and it looks pretty 'EXPLETIVE' good."

You would probably leave that office thinking you may have to find a different person to do your taxes or advise you on your vitamin B12 deficiency, because their level of professionalism just isn't up to what it should be.

Whether you like it or not, and whether you agree with it or not, people will judge you by the way you speak and come to all sorts of conclusions by the words you choose.

There is no doubt that a public way of speaking has changed over the past couple of decades, but for the most part, there are still unwritten rules about the proper place and time for using vulgarity.

I had a conversation recently with a girl I'm very friendly with and she keeps me informed of what's going on in the teenage world, and which music she thinks I should be listening to. She told me she was very nervous about an upcoming dinner she was supposed to attend with her new boyfriend's parents and family.

She described them as "very Catholic and very conservative – a totally different dynamic than my family."

The only advice I could give her was, "just be yourself, don't take the Lord's name in vain, and don't swear."

I think that's only common sense. She agreed, and said, "well, yeah, I'm not an idiot."

In other words, there's an appropriate place for some language. The late William F. Buckley, was an author, intellectual, TV host, and founder of the National Review magazine. He was noted for his pattern of speech, which was sort of a cross between Mid Atlantic and Thurston Howell III, Harvard class of 1945. He was also known for his rather extensive vocabulary which he used at every opportunity. Oddly enough, his first and second languages were French and Spanish.

Buckley's image on camera was that of a very smart and politically savvy man. He may have been, but his style of speech and use of uncommon words gave everyone the impression that he knew it all, whether he did or not.

In interviews after his death, his close friends said that when the camera was off and he was kicking back with a martini with the rest of his rich friends, he spoke like everyone else.

I was pulling out of my subdivision the other day and had to stop for an oncoming car. On the other side of the road, waiting to cross, was a young family, on their way to the park. There was a mother, father, and two young girls, around eight and ten years-old.

As the car approached, I noticed he was fly-

ing a full-size flag off the rear of the car.

Sure enough, as he passes by, there it is in full giant letters – "F 'Expletive' Trudeau." I looked over at the young family. The mother looked over at her husband, he just shook his head as he watched his two young daughters read the flag.

I saw another guy in town place that same flag in the front window of his house. What a lovely sight for the neighbors and their children.

I understand there are groups that are opposed to some, or all of Justin Trudeau's policies, and they certainly have the right to both disagree and if necessary, organize and protest.

I have issues with several of his policies as well, so I certainly understand where they are coming from.

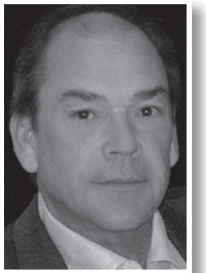
But is this type of public dissent really

necessary or acceptable? Why drop to the lowest common denominator of language to prove your point?

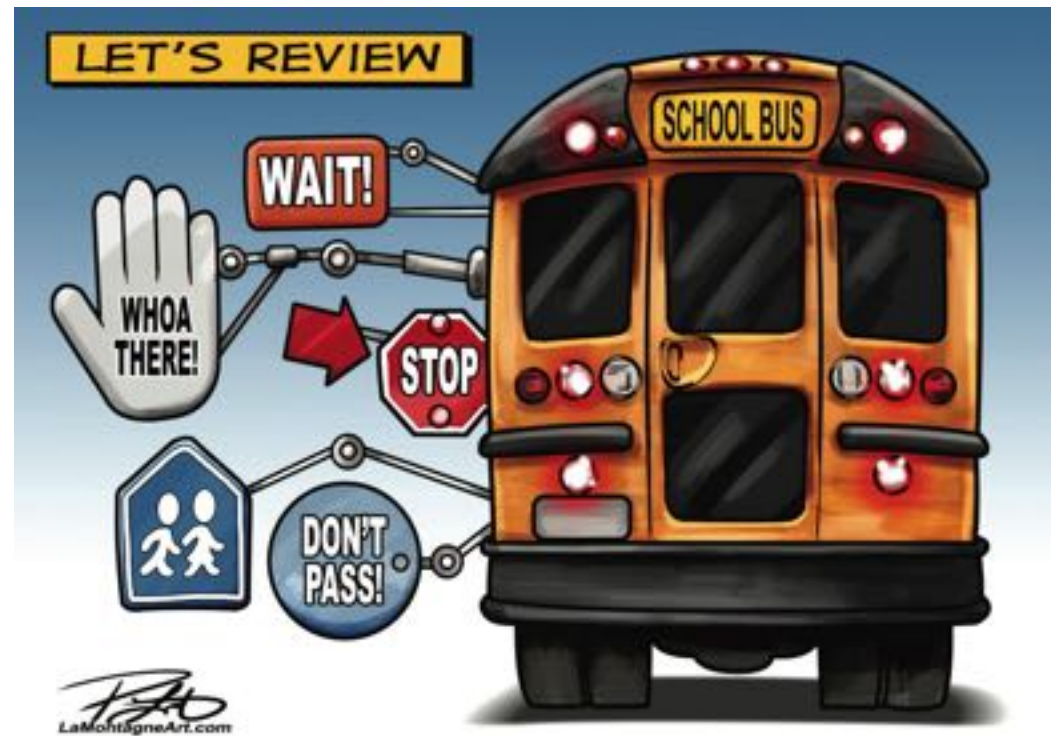
There must be at least 50 others words that are no longer acceptable because someone will be offended, and yet, one of the most vulgar words in the language is perfectly okay and no one is offended?

If you really want to be taken seriously and have more people take interest in your point of view, try speaking like you gave some thought to your ideas.

You catch more flies with honey, and you will attract more interest in your ideology if you present your thoughts and ideas coherently without resorting to what used to be called 'bad language' to make your point.



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Shelburne driver charged with impaired driving

Dufferin OPP charged a driver with impaired operation yesterday in the Town of Shelburne.

On August 30, 2022, at approximately 2:45 p.m., Dufferin OPP received a traffic complaint of a possible impaired driver on Highway 89 in near Shelburne. A Dufferin OPP officer located the vehicle at Main Street and Greenwood Street in Shelburne and initiated a traffic stop. The officer investigated the traffic complaint and was led into an impaired operation investigation.

As a result of the investigation, Sharon MAGUIRE, 50-year-old, from Grey Highlands has been charged with:

- Operation while impaired - blood alcohol concentration (80 plus)
- Adult Novice Driver - blood alcohol concentration above zero

The accused is scheduled to appear before the Ontario Court of Justice in Orangeville, in November of 2022, to answer to the charges. The accused driver's licence was suspended for 90 days, and their vehicle impounded for seven days. These charges have not been proven in court.

"The Dufferin OPP would like to thank members of the public for communicating traffic complaints such as this. You contribute to saving lives by removing impaired drivers from our roads," said Dufferin OPP in a press release.

"The Dufferin OPP reminds motorists to plan ahead when consuming alcohol or drugs. Use a designated driver, cab, ride-share, public transit or stay overnight. Any amount of alcohol or drugs can impair your ability to make sound judgements. One bad decision could destroy or end your life, destroy, or end the life of another person and leave countless people heartbroken."

The Dufferin OPP reminds motorists to plan ahead when consuming alcohol or drugs. Use a designated driver, cab, ride-share, public transit or stay overnight. Any amount of alcohol or drugs can impair your ability to make sound judgements. One bad decision could destroy or end your life, destroy, or end the life of another person and leave countless people heartbroken."

Search for Sonia Varaschin's killer continues 12 years later

Written By SAM ODROWSKI

Earlier this week was the 12th anniversary of a local resident's murder and police are seeking the public's assistance in bringing a resolution to their murder, with a \$50,000 reward for anyone who shares information that leads to an arrest.

On Tuesday (Aug. 30) it was 12 days since Orangeville Police Service (OPS) launched an investigation into Sonia Varaschin's death. It began on Aug. 30, 2010 when police found her white Toyota Corolla abandoned behind a business in the downtown section of Broadway.

On the same day, OPS requested assistance from the Ontario Provincial Police (OPP). On Sep. 5, 2010, Varashin's remains were found in a wooded area just off of Beechgrove Side Road.

Twelve years later, the investigation into the murder remains active under the direction of the OPP Criminal Investigation Branch. The OPP will never close an unsolved homicide.

A \$50,000 reward for information that leads to the arrest and conviction of the person(s) responsible for the murder of Sonia Varaschin is still in place.

Over 1,500 tips have been sent to the police from the public but investigators continue to seek the one piece of information that will lead to an arrest.



CONTRIBUTED PHOTO

SEARCH FOR SONIA: If anyone has information with respect to Sonia Varaschin's murder, no matter how minor, is asked to call the OPP at 1-888-310-1122 or Crime Stoppers anonymously at 1-800-222-8477 (TIPS).

Anyone with information, no matter how minor, is asked to contact the OPP at 1-888-310-1122 or Crime Stoppers anonymously at 1-800-222-8477 (TIPS).

View the reward poster here: www.opp.ca/ecms/files/275540403.4.pdf

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ACROSS

- Unhurried
- Grandma
- Printer's proof
- Certain lamp
- Audible
- Prejudiced
- March 15
- Fellow
- Ascend
- Wordy birdie
- Mighty tree
- Student at The Citadel
- Little deduction?
- Long tooth
- Steersman's place
- Street urchin
- Dakota
- Drowned valley
- _____ on (urge)
- Argument

- Hardship
- Dalai _____ (Tibetan holy man)
- Greenish blue
- Approve tacitly
- Korean money
- Fencer's rapier
- Singing voice
- _____ receiver (football position)
- Assist a criminal
- Groom carefully
- Here!
- Astonishment
- Good service?
- Deprive of weapons
- Ancient Mexican
- "Eyes of Laura _____"
- Fair feature
- Boo Boo's pal
- Seeming

- Cut down
 - Balance
 - Draw attention to
 - Sandbank
 - Guitar attachment
 - Speak a piece
 - _____ of a different color
 - Bush's office shape
 - Trounce
 - Electric unit
 - Hawaii state bird
- DOWN**
- Willow
 - Lord's wife
 - Baking place
 - Pungent condiment
 - Influential one
 - Assuage
 - Cranny's kin
 - North Sea bird

- Primed
- Topsoil
- Fraternity letter
- Thing, in law
- "_____ to Billy Joe"
- Pour
- Move a bit
- Forerun
- Additionally
- Woodland deity
- Consequently
- Jungle beast
- Equine mother
- Beautician's aid
- Turkish official
- Film co.
- Mineral spring
- Marine bird
- Saintly image
- Sketch
- Theory
- Farm measurement
- "_____ City"
- Clock's pointer
- Junk e-mail
- Killer whale
- Look searchingly
- Had been
- Doctrine
- Belfry denizen
- Bleater
- Slangy sleuth
- Piquant root vegetable
- "You're it!" game
- Extremely annoyed
- Gemstone
- Giant of the deep?
- It also rises
- Young hooter
- "Do _____ others . . ."
- Kibbutz dance
- Lower edge of a roof
- Bridge length
- Enameled metalware
- "To and _____"
- Romanian coin
- Performance
- In what way?

SHELBURNE SPORTS

Junior Cubs play a stellar year – but lose in final championship game

Written By Brian Lockhart

The Mansfield Cubs had a stellar season going all the way to the North Dufferin Baseball League championship series.

In the final, the Cubs were up against the Creemore Padres.

After eliminating the Barrie Baycats in the first round of playoffs, the Cubs dispatched the Georgina Bulldogs in the second round, advancing them to the championship series to face the Creemore Padres.

In game one of the final series, the Padres won 7-3, then followed up with a 3-0 win in game two.

The Cubs kept the series alive with an 11-6 win in game three.

Game four got started in Creemore, but a sudden downpour flooded the diamond and the game had to be called due to the weather and bad playing conditions. Since not enough innings were played to make a final score, the series returned to Mansfield on Tuesday, August 13, for game four to start again.

The Padres had a good start, scoring four

runs in the first inning.

Mansfield was on the scoreboard with two runs in the first inning.

It was a 7-5 Creemore game in the third inning. The Cubs scored to close the gap to 7-6.

Creemore had a good third inning scoring four runs.

The Cubs responded in the fourth inning scoring four runs to make it an 11-9 game, then followed up with another run in fifth.

By this time, the umpires were concerned about light levels as the sun was beginning to drop low on the horizon.

The game was called after the fifth inning after a catch in left field got the third Cubs player out.

The Padres claimed the 2022 Junior NDBL championship with an 11-10 win.

“It was an awesome season,” said Cubs coach Lance Bryon. “Last year we had a shortened ten-game season just to get back into baseball. We didn’t win many games. This season, to beat Georgina with two walk-offs was awesome. These guys were excited to play anyone this season



BRIAN LOCKHART PHOTO

SERIES ENDS: The Creemore Padres won the North Dufferin Baseball League Junior championship with an 11-10 win over the Mansfield Cubs in the final game. League secretary, Scott Anderson, presents the Anderson Trophy to Padres captain, Anson Dupuis, after the final game.

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TEAM: MANSFIELD JUNIOR CUBS

ATHLETE OF THE WEEK

CODY BRYAN

As a pitcher for the Mansfield Junior Cubs, Cody Bryan, says he is always trying to improve as a player. “There’s always room for improvement, Cody said. “You’re never perfect, you just go back out there every day to see what you can do. In baseball, you’ve got your teammates cheering you on, but there’s nothing they can do when you’re up at the plate. You have to make your plays and they have to make theirs, and that brings you together as a team,” he said of how baseball is a team sport but also requires a lot of individual play. Cody is a well rounded athlete who also played Midget Rep level hockey.

SCC hosts final day of regular season cricket

The Shelburne Cricket Club held its last fundraising event of the season on Friday (Aug. 26), with a trophy soccer match between the Shelburne Cricket Club and a Shelburne Community team at Greenwood Park’s Thunderfield.

The Club hosted a barbecue and friends and family turned out to watch the game.

The Community team won the game 4-2.

Back on the cricket pitch, this was the final double header weekend for the Shelburne Gladiators.

The Gladiators were up against the Shelburne Warriors on Saturday, August 27, on the pitch at KTH Park.

The Gladiators won the toss and decided to bat. They put up a total of 143 runs on the board with Sujay and Suraj both making half centuries with 51 and 50 runs respectively.

The Warriors chased the score in 18.4 overs with Samir scoring 98 runs – he was awarded Man of the Match.

During the season, the Gladiators didn’t win a single match against the Warriors.

The following day, the Gladiators were up against the Shelburne Knights.

Winning the toss, the Gladiators chose to bat. They put up a total of 136 runs with Suraj



CONTRIBUTED PHOTO

CRICKET FINALS: The Shelburne Gladiators take on the Shelburne Knights on the pitch at KTH Park in Shelburne. It was the final day of regular season play for the Shelburne Cricket Club. The final championship game is slated for Saturday, September 3, at KTH Park.

making 48.

The Knights could not chase the total and lost by 29 runs.

Suraj was awarded Man of the Match.

The two games were the final matches for the league season.

The final championship game will be between the Shelburne Knights and the Shelburne Warriors on September 3, at KTH Park, weather permitting.

Basketball referees needed for games across the region

As the sport of basketball is growing at all levels across Ontario as well as the rest of the country, the need for referees to officiate games is also growing.

There is a need for more referees in Dufferin and Wellington County as well as in the Guelph area.

The Guelph Board of Approved Basketball Officials (GBABO) which also covers Dufferin is searching for new basketball officials for the upcoming 2022 / 23 season that gets underway in September.

Refereeing experience is not required as there is a training program in place that teaches newcomers the rules and nuances of the game. The on-court training program is tutored by experience officials in conjunction with regularly scheduled meetings for all referees. Practical training is the focus of these sessions.

Learning opportunities, equipment, rule

books, expectations and other important areas are all fully covered in the sessions.

The GBABO usually covers over 2,000 games each season, so there is a lot of opportunity to be involved.

Several referees have retired from the GBABO due to age or employment transfers. The GBABO officiates at games from house league, through high school, and up to the university level as well as other divisions.

All are welcome to become part of the program. The only requirement is a candidate must be at least 14 and enthusiastic about learning the referee side of the sport.

The first meeting of the season will take place on September 12, at 7:00 p.m. at Our Lady of Lourdes High School on Westmount Rd., in Guelph. If you are interested in learning more or would like to be a part of the program, contact Rusty Lovelock at 519-821-3013 or by email at rusto@rogers.com.

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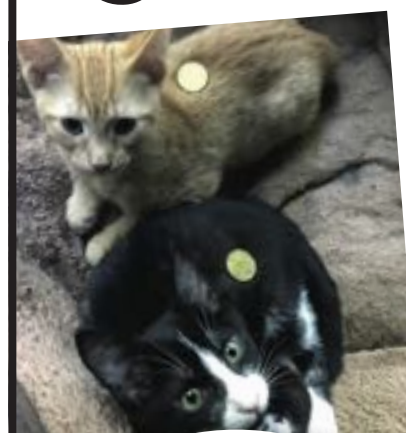
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Melancthon residents to hold Community Candidates Forum

Written By Paula Brown
Local Journalism Initiative Reporter

Melancthon residents will have an opportunity to bring their questions for election candidates forward in an upcoming community forum.

The forum is scheduled to be held on Tuesday, Sept. 13 from 7 p.m. to 9 p.m. at the Horning's Mills Hall, located at 14 Mill Street in Horning's Mills.

The forum is for all candidates in the 2022 election for Melancthon Council and will be moderated by Ed Crewson.

The meeting will begin with each candidate having two-minutes to introduce them-

selves and their platform before moving on to a public question period.

Rules for community members participating during the question period include having a brief and concise question without preamble, and asking their question to one candidate only.

"The forum is designed to allow for as many questions to be asked and answered in the limited time available," read a public notice for the event.

Participants will be allowed to rejoin the lineup of questioners to ask another question or to re-ask the same one to another candidate.

Residents are also asked to refrain from close ended questions, but rather to ask

questions that "invite a narrative".

Organizers of the event added that the forum is not a debate or a time for argument.

To concluding the question period, each candidate will be given one-minute to give a closing remark

Candidates for Mayor

- Wayne Hannon
- Darren White

Candidates for Deputy Mayor:

- James McLean
- Margaret Mercer

Candidates for Councillor:

- Alex Banks
- Brian Dawson
- Sean Malloy
- Loretta McKellar
- David Miller
- Ralph Moore
- Bill Neilson
- Ruth Plowright
- Darcy Timmins

Hiring event being held at Headwaters

Written By Paula Brown
Local Journalism Initiative Reporter

Headwaters Health Care Centre (HHCC) is hosting an open house style hiring event as they look to fill a number of open positions.

The event is scheduled to take place on Sept. 20 in the back gardens of Headwaters, located at 100 Rolling Hills Dr., and will run from noon to 7 p.m. Free parking will be available for attendees in the lot at the top of the entrance to 140 Rolling Hills Dr.

The event will see representatives from each area of service across the hospital and Dufferin County Paramedic Service on site with booths set up to discuss the current employment opportunities. Headwaters has a number of casual, temporary, part-time and full-time positions posted in various areas of service including nursing, administrative, laboratory, finance, pharmacy, housekeeping, and food services.

Individuals who are interested and have the qualifications for a position will have an opportunity to participate in an on-the-spot interview with the human resources and leadership teams.

Leaders from six of the hospital's volunteer programs will be in attendance to provide information on volunteering opportunities.

"We are grateful to each member of our team for their dedication and service and hope this event will help us find more people



CONTRIBUTED PHOTO

HIRING EVENT: Headwaters hospital is looking to fill a number of positions during its open house style hiring event on Sept. 20.

who share in our commitment to providing the best care possible to our patients, families, and caregivers," said Jack Hutchison, vice president of people and culture.

A guided tour of the campus will also be available at 2 p.m. and 5 p.m. with Friendship Garden's coordinator, Lynn Sinclair-Smith, who can be met outside the hospital's cafeteria entrance. The event has some fun festivities planned for the day including draws and prizes.

Headwaters noted that individuals successful in obtaining a position are entitled to benefits including; a defined benefits pension plan; extended health care and dental care for full-time employees; free employee assistance program, which provides confidential counselling services; life and disability insurance; education subsidies; and more.

For more information on career opportunities at Headwaters visit, www.headwatershealth.ca/join-our-teams.

Hills of Headwaters Collaborative Ontario Health Team announces new executive director

Written By Paula Brown
Local Journalism Initiative Reporter

Hills of Headwaters Collaborative (HOHC) Ontario Health Team (OHT) has welcomed a new executive director.

In a Aug. 30 press release it was announced that Tracy Coffin would be joining the Hills of Headwaters Collaborative as the organization's new executive director.

"I am excited to join Hills of Headwaters Collaborative OHT," said Coffin. "This is a tremendous opportunity to realize the benefits of working together to positively impact health care in this community."

Coffin, through her new role, will be working to advance the HOHC's system transformation strategy, and will report to the HOHC's Anchor Council co-chairs. She will also be working closely with the collaborative's partners to improve the health care journey of Dufferin-Caledon's community members.

"Tracy brings a wealth of experience leading large scale programs and change initiatives in health care settings. Her extensive knowledge of strategy and organizational development will be welcome as we expand our work," said Lianne Barbour, executive director for Dufferin Area Family Health Team and co-chair for Hills of Headwaters Collaborative.

"We are looking forward to working closely with Tracy to help shape the future of HOHC OHT. She has demonstrated her ability to engage partners and community members to achieve ambitious goals in her past roles," said Jack Hutchison, Headwaters Health Care Centre vice president of people and culture and Hills of Headwaters Collaborative co-chair. "Her enthusiasm, passion, and collaborative approach will energize existing projects and support the transformational change we are working toward."

Coffin will step into her new position effective Sept. 6

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COMING EVENTS

EQUIPMENT SWAP

SAVE THE DATE: SEPTEMBER 10!

During the semi-controlled mayhem of an equipment swap, parents (with the help of their older kids, friends, and parents of teammates) have two goals: to sell/get rid of equipment that no longer fits their young hockey player, and to get/purchase used equipment from other parents.

#1 Register for the Swap. The signup can be done through our website / SMHA EXEC or social media platforms.

#2 Create equipment tags. The organizer(s) will send a printable tag that can be used to create tags for each piece of equipment for sale. The tag includes cost, size, and description. (Extra tags will be available the day of)

#3 Clean the gear. It's more likely to sell if a piece of equipment is in the best shape possible... and smells good.

#4 Bring the gear to the swap day. If you can't make it the day of the swap: contact: kevinhillsmha@outlook.com to arrange a time for equipment drop off.

Proceeds of equipment will be returned to seller either on pick up or e-transfer which can be finalized on drop off.

Main Street Family Dental will also be hosting a custom mouthguard clinic that day \$10 - All proceeds will be donated back to Shelburne Minor Hockey Association.

WHERE: CDCR
WHEN: SAT. SEPT. 10 @ 9AM
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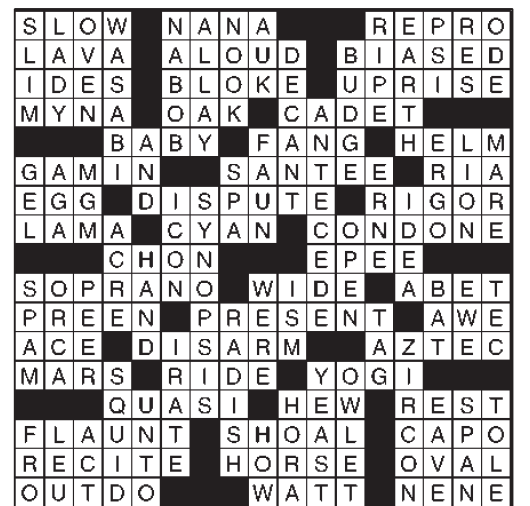
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PATRICIA AILEEN SEDGWICK

In her 88th year, our dear mom, PATRICIA AILEEN SEDGWICK, nee Eckardt, passed peacefully on August 18, 2022.

Born in Toronto on December 12, 1933, to Herbert Percival Eckardt and Aileen Cuthbertson Eckardt DaCosta. Predeceased by her husband of 50 years, Henry Francis (Hugh) Sedgwick. Extraordinary mother to Sarah Parry (Mark), Jeffrey Sedgwick (Robin), Naomi Schaffer (Michael), and Joseph Sedgwick (Dimitra). Loving grandmother to Jessica, Olivia, Emily, Philip, Matthew, Emma, Persephone, Evy and their partners.



There were plenty of stories of fun and mischief from her school days at BSS and Havergal, and her camp adventures at Glen Bernard and Gay Venture. Her true educational triumph came from earning an honours BA from Trinity College, Toronto. She will be missed by her many longtime friends from her childhood, high school, and university days.

After marrying Hugh in 1958 they set up their home on Alexandra Blvd. to raise their family. Mom loved our winter weekends in Mulmur and summers in PEI. Wherever she was, the door was always open to one and all, and a seat was always found at the table. Although Dad would go to bed early, Mom never would leave while the party was still on!

Being an only child whose father passed suddenly just before she was born, Mom felt her life mission was to keep our extended family together. Double digit gatherings included Thanksgiving, Easter, Christmas or whenever there was an excuse to get together.

Mom was a true giver and through her we learned how to live a life of giving back. She selflessly engaged in charitable activities her entire life. A career volunteer and loyal champion for The United Way, Canadian Cancer Society, The Big Sisters of Metropolitan Toronto (Gay Venture Circle and the Thrift Shop), YouthLink, the CNIB, The Bishop's Company and countless other causes.

Mom was very loyal to her associations and may hold the record for the longest standing member of the Granite Club and The Garden Club where she had many friends, both members and staff. Her volunteer contributions to John Ross Robertson PS and the Havergal Old Girls Association provided wonderful impact in our community. In more recent years, she thoroughly enjoyed social activities with friends at The Arts and Letters Club. St. Clement's Church, Toronto, and St Luke's, Mulmur Parish, were special places that rounded out mom's spiritual side.

We are extremely grateful for the loving attention our mom received from special caregivers in the last years of her life. More recently the staff and friends at Revera Leaside, the Spectrum care givers and the Temmy Latner team enabled mom to smile every day.

A service of celebration will take place Wednesday, October 12 at 1:00 p.m. at St. Clement's Church, 70 St Clement's Avenue, Toronto, Ontario. In lieu of flowers please consider a donation to YouthLink (youthlink.ca) or Temmy Latner Centre for Palliative Care (tlpc.org) in honour of our mom.

In the meantime, put on your best, fanciest hat and raise a martini on the rocks with an olive to help us celebrate a life well lived.

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2023 International Plowing Match and Rural Expo (IPM) coming to Bowling Green and Laurel.
 Join us for an information session to get involved and learn more.
 Thursday, September 1st at the Grand Valley and District Community Centre Grand River Room - Upper Hall 90 Main Street N, Grand Valley
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