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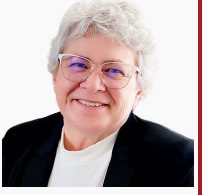
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PAULA BROWN PHOTO

**ONE YEAR:** Shelburne Foodland celebrated the one year anniversary of the grocery stores re-location on Friday (Aug. 31) with staff members handing out cake and cookies to customers to mark the milestone. The local grocer moved to the Emerald Crossing Plaza, located along Hwy. 89, last year as part of an expansion.

## FASD Awareness Month: Breaking stereotypes and enhancing support for invisible disability

Written By **Paula Brown**  
Local Journalism Initiative Reporter

Local advocates for Fetal Alcohol Syndrome Disorder (FASD) are marking the month of September by raising awareness to help diminish the stigma and improve support for the often-invisible disability.

"The reality is, is that people with fetal alcohol spectrum disorder are often misunderstood," said Jennifer Moore, chief executive officer of Dufferin Child and Family Services (DCAFs). "There's a real lack of support for folks in our community as well as their caregivers. It's really important that the public understands the impact of prenatal alcohol exposure on the developing brain."

International FASD Awareness Day has been recognized annually on Sept. 9 since 1999 and looks to bring global awareness to the disability. Fetal Alcohol Spectrum Disorder, or FASD, is a lifelong disability caused by exposure to alcohol prenatally, which affects the brain and body.

According to the Canada FASD Research

Network, fetal alcohol spectrum disorder is the leading developmental disability, with studies suggesting that up to four per cent or 1 in 25 individuals in Canada live with FASD.

FASD can cause difficulty with learning, memory, impulsivity, control and impact academic achievement and social interactions.

"Because it's a spectrum, there's such a wide range of impacts and presentations. It can be challenging because FASD is definitely an invisible disability. People make assumptions about individuals' behaviours, presentations, and interactions without understanding that there may be some type of trauma and brain disability there," explained Moore.

Part of International FASD Awareness Day is to address the stigma that individuals with FASD and their families face as a result of misinformation surrounding the disability.

A common misconception about FASD is that it is 100 per cent preventable.

The Canada FASD Research Network

reports that over 60 per cent of all pregnancies are unplanned.

"One of the big assumptions with FASD is that a mother has been irresponsible during pregnancy and has been drinking alcohol in huge quantities. The reality is, is that's not necessarily the case, and we don't know what levels of alcohol affect what stages of pregnancy," said Moore.

International FASD Awareness Day also provides families with increased knowledge of available FASD resources in their own communities.

Dufferin resident Joy Blackburn has two adopted children, who are biological siblings, diagnosed with fetal alcohol spectrum disorder.

"We were foster parents, so they came to us as newborn placements and we knew that there had been substance involved, but we didn't have a lot of information. It's never really a shock when you know substances were involved, but our difficulty was getting anybody to listen to us," said Blackburn.

Continued on Page 3

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# Dufferin Farm Tour set for return in northern part of the county

Written By **Paula Brown**  
Local Journalism Initiative Reporter

Have you ever wanted to see the day-to-day operations of a farm in Dufferin County? Registration has opened for the 2023 Dufferin Farm Tour, which will be held on Sept. 30. "Dufferin is home to over 700 farms, but often the connection between these farms and the food on our plate is lost. The tour provides an opportunity to share dialogue and see farming as it happens," reads a press release from Dufferin Farm Tour. "When people learn

how their food is grown and raised, they are more likely to think about buying local, supporting their local farmer and economy." The Dufferin Farm Tour was established in 1998 by a group of dedicated farmers who wanted to bring rural and town people together on the farm to hear firsthand the challenges of providing safe, nutritious food. Each year, for one day in the fall, a different group of farmers opens their doors to the public to showcase their farm, where families can talk with farmers, experience farm animals up close, ask questions, and watch demonstrations.

Agriculture is one of the most significant economic contributors in Dufferin County, and according to the Dufferin Farm Tour, the top five farm commodities here are cattle, dairy, potatoes, soybeans, and corn. This year, the Dufferin Farm Tour will showcase farms in the northern part of Dufferin County. Visitors will have the chance to experience various aspects of farming, including how potatoes, peas, and Brussels sprouts go from seed to harvest to dinner plate; how cattle are managed on pasture; how horses are cared for on different farms; how cows are milked;

and about Nigerian Dwarf goats. The Dufferin Farm Tour is a self-guided tour that begins at 9 a.m. and ends at 4 p.m. on Sept. 30. Families can pack up and follow the provided route on their own time while trying food and refreshments along with added attractions along the way. Donations to local food banks are being collected and can be made at the time of registration or on farm during the tour day. Those interested in touring the farms can register by visiting the Dufferin Farm Tour website at [www.dufferinfarmtour.com](http://www.dufferinfarmtour.com). Spaces may be limited.

# Headwaters Hospital to hold open house for public

Written By **Paula Brown**  
Local Journalism Initiative Reporter

Headwaters Health Care Centre (HHCC) is giving the community an inside look at the facility with an upcoming open house. The local hospital will host the open house event on Sept. 13 from 12 p.m. to 7 p.m. The

event will open the hospital's doors to allow community members to witness firsthand the services provided by the hospital and meet members of the hospital's team. "We're thrilled to open our doors to the community and provide an inside look at the healthcare services and compassionate environment that makes Headwaters so special,"

said Kim Delahunt, Headwaters president and CEO. "This open house is a testament to our commitment to delivering exceptional patient care while fostering connections and collaboration within our community."

Events at the open house include:  
• Hospital Tours: Gain insight into Headwaters' medical technologies and patient-centred care approach through guided tours of non-clinical areas of the hospital. Tours will take place at various times between 12 p.m. and 4 p.m.  
• Garden Tours: Discover the Friendship Garden at Headwaters, which features over 20 distinct gardens tended to by a volunteer team. Join a tour at any time between 12 p.m. and 4 p.m.  
• Exhibit Booths: Engage with Headwaters partners and teams, including Inter-professional Practice, Diagnostic Imaging and People and Culture. Learn about

local health initiatives, support groups and resources available.

- Connect with Organization Leaders and Team Members: gain insight into Headwaters' purpose, values, and future by interacting with organization leaders and team members.
- Volunteer and Career Opportunities: Learn about the diverse range of volunteer roles and potential career paths available at Headwaters.

"Our open house event offers a window into the rewarding opportunities and vibrant culture guided by our People Strategy plan that await those considering a future with us," said Frances Duiker, vice-president of People and Culture. Headwaters will share further event details on their social media channels and their website at [www.headwatershealth.ca](http://www.headwatershealth.ca).

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Continued from FRONT

## FASD Awareness Month: Breaking stereotypes and enhancing support for invisible disability

Speaking with the Free Press, Blackburn said her family's process of getting both her children diagnosed with FASD was difficult, with an overall lack of knowledge surrounding the disability.

"Because they can present in public like neurotypical kids, people tend to think that we're overstating their difficulties and label-

ing them. There are doctors and people in general that don't have a lot of education about FASD. There are misdiagnoses and if you don't get the right one, the treatments don't necessarily work the same way," explained Blackburn.

On FASD Awareness Day (Sept. 9), the Dufferin Wellington Guelph FASD will be hosting

a short walk in Guelph to help raise awareness for FASD. The walk will start at 10:30 a.m. in Market Square, located at 62-2 Carden St.

Dufferin Wellington Guelph FASD is also participating in the Annual Red Shoes Rock initiative to help raise awareness.

Red Shoes Rock is a grassroots movement started by Canadian educator and advocate

RJ Formanek, who wore red shoes on an international stage to discuss FASD. The movement gained international recognition as a way to bring attention to the disability.

Everyone is encouraged to wear red. For more information on FASD and support services available locally, visit [www.dufferinwellingtonfasd.com](http://www.dufferinwellingtonfasd.com).



CONTRIBUTED PHOTO

**CANADIAN LEGEND:** James McElene, Douglas John Cameron, Billy MacInnis and Duncan Fremlin of Whiskey Jack are bringing the music and stories of Stompin' Tom Connors to the Orangeville Theatre from Sept. 15 to Sept. 17 with a new show.

## Whiskey Jack is bringing Stompin' Tom Connors to Orangeville Theatre

Written By Constance Scrafield

Duncan Fremlin said this first-off about Stompin' Tom Connors, "He was a very principled man, which cost him [potentially] millions of dollars for withdrawing from the [music] industry because American acts were getting awards and gigs over Canadian artists. He quit for 13 years."

This protest changed attitudes and made an impression on the industry. Mr. Fremlin gives the deeply Canadian star some credit for the legislation compelling radio stations in Canada to ensure that at least 50% of their popular music content is Canadian.

In 1990, Stompin' Tom and Whiskey Jack began a 75-city tour across Canada. They played Flin Flon, all the smaller places and Regina and all the bigger places.

"We went right to the Rock," Mr. Fremlin related. "That's really where I learned to appreciate the genius of the man. We were coming into towns that had been disseminated by free trade. That was his first tour and we went again in 1993. I was his banjo player, song arranger and singer. I only did two tours. My fiddle player did 13 years with him."

Stompin' Tom died in 2013, and Duncan Fremlin commented on the show they are bringing. "We're not Tom. We [don't] get on in costumes. We paint a picture in the show of what playing with Tom was really like - he was an itinerate walking across the country. He had a passion for that."

Whiskey Jack's show shares his humour and offers a personalized presentation of him. Duncan Fremlin and his fiddler, Billy MacInnis, have spent more time on stage and with Tom than anyone else. This is "an

incredibly respectful salute. There's way more to the picture than just country," said Mr. Fremlin.

This brand new show includes Tom's 1993 song and video, Blue Beret at a time when Canadians were "trotting the world as peace keepers. It's included to try and increase the Legion membership somewhat."

Mr. Fremlin wrote a book in 2018, My Good Life with Stompin' Tom. Lots of books have been sold about this eccentric character that people don't know what he was all about.

Asked what makes this concert special, he replied, "There is an appeal whatever because his legacy still holds a lot of magic, a positive drive. Everybody comes from a different angle; they see genius in these lyrics. Where does he fit in the mosaic in Canadian music and culture? He approached [his songs] from the Canadian perspective - he did not go to the States. When was the last time you saw anybody take a stand on principle? I can't even tell you how committed the fans are who come and thank us."

Whiskey Jack offers any Legion member who attends the show and shows his up-to-date membership card a free CD or book.

For Mr. Fremlin: "I started talking to David [Nairn] seven years ago about bringing this show to Orangeville. That's the theatre gold standard. Very few theatres have David Nairn, his vision, the drive and the tremendous support of the community."

Whiskey Jack Presents Stories and Songs of Stompin' Tom is on at Theatre Orangeville from Sept. 15 to 17. For details and to purchase tickets, go to [www.theatreorangeville.ca](http://www.theatreorangeville.ca) or call the charming folk at the Box Office at 519-942-3423.

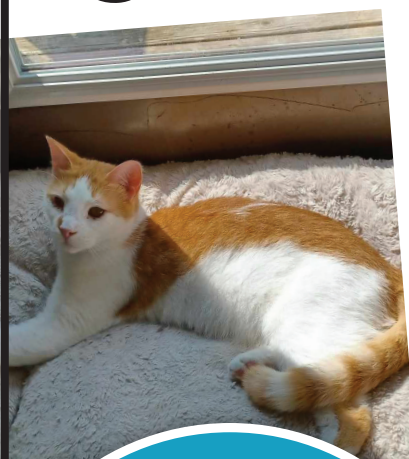
### Correction

An article with the headline "Kids Adventure Games brings outdoor fun with a challenge" on Page 12 of the Shelburne Free Press featured a photo with a cutline that incorrectly stated Maria Burton is a

local physiotherapist. Her husband is a local physiotherapist, she is not.

The Free Press apologizes for any confusion or inconvenience this might have caused.

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September 12	6 – 7:30 pm	Grand Valley & District Community Centre
September 15	12 – 1:30 pm	Virtual

Thank you to everyone who has shared their thoughts so far.



Visit [headwatershealth.ca/StrategicPlan](http://headwatershealth.ca/StrategicPlan) for more details.







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We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.

"T.F.E. Claridge, Publisher 1903-1964 Fred M. Claridge, Publisher 1964-1974 Thomas M. Claridge 1974-2012 The Free Press and Economist was formed from the amalgamation of The Shelburne Free Press (est. 1875) and The Shelburne Economist (est. 1883) in 1928."

## It's in the newspaper - it must be true

Print media can be a very powerful tool. If the Toronto Star or New York Times printed a national headline reading "Aliens have landed - Seek contact with world leaders," most people would believe it, whether or not it was true.

That is why many world governments try to control the media and decide which news the population should read about - whether it's true or not.

There's good propaganda and bad propaganda.

Good propaganda takes an event and then twists elements of the story to skew in favour of the desired result.

Bad propaganda contains outright lies.

Several years ago, North Korean state media announced that the 'Dear Leader' - the country's dictator, Supreme Leader, whatever you want to call him - scored several holes in one and hit 38 under par the very first time he played golf.

I'm pretty sure even some North Koreans thought this was ridiculous but didn't even crack a smile when they read the news for fear of being sent to a re-education camp or disappearing some night.

In North America, a journalist who makes up

facts or creates a story where there isn't one would, at the very least, be out of a job. It is taken very seriously on this continent. That at least, applies to credible papers, not super-market tabloids who apparently have staff meetings where the assignment editor doesn't ask questions, checks no sources, and has no problem with publishing a story about Bigfoot being captured and is now working as an MMA fighter.

News stories can change the course of history. If it wasn't for two intrepid journalists in the U.S., Richard Nixon may have completed his second term of office.

The history of newspapers goes back to the 1600's, sort of. They were more like handwritten letters that published news.

Early printing presses made things a lot easier, but at the time, government censorship was still a problem. By the early 1800's, newspapers were popping up all over the place. The fact that literacy rates were going up, meant more people could read - thus a readership and a market.

The path the new newspapers took wasn't exactly a straight one. In the early days, there was a lot of payola, both from government and private sources, to put a spin on stories that

favoured government, or in the case of business, a new product. You couldn't trust everything you read.

A friend of mine gave me some copies of an old local newspaper - the Tottenham Sentinel. Some of the editions date back well over 100 years. For a small town paper, it was actually pretty extensive with stories both local, and from around the world, so I guess they were plugged into a news feed.

They are also full broad sheet of the old style, which I always found to be a little too large.

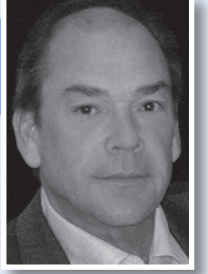
I was interested in reading them as I wanted to see how much journalism has changed over the years.

It certainly was interesting reading these old news stories. I'm not sure who the reporters were, as many of the short articles don't say who wrote it, but this newspaper really had the pulse of the community flowing through its office.

There are a lot of small personal stories, like "Mrs. Crabtree slipped on ice on her front doorstep on Saturday morning and broke her leg," and "Mr. Hubert Thom is in the hospital with appendicitis."

In the society column, there are gems like

BRIAN LOCKHART  
FROM THE SECOND ROW



"Miss J. Hamilton of Tottenham was in town on Saturday," and "Mr. Richard St. John made a business trip to the Queen City last week."

I'm not sure how that was news, even back then. And did Mr. St. John call the paper and let them know he was going out of town, or was one of his neighbours a spy?

One thing that really stands out is the use of names. People involved in car accidents or other type of accidents where named along with address and age.

However, I do recall the newspaper, a daily, where I grew up, did use to print names and addresses of people who appeared in court.

That's how I found out a guy in my school, age 16 at the time, was arrested for attempting to shoplift a Playboy magazine, and my then girlfriend's mother was convicted for shoplifting baby clothes although they didn't have a baby.

Reading these old newspapers has really inspired me.

I think I'm going to follow up on that tip I received about a Bigfoot sighting in the wilds of Amaranth.

## Pope Francis: some confusion perhaps

Javier Milei, who is very likely to be elected president of Argentina in the October election, is fairly frank in his view of Pope Francis, a fellow Argentine. He calls Francis "a Communist turd" and "the representative of the Evil One on Earth". Even for a ranter like Milei, who ranks very high on the Trump scale of invective, that's rare praise.

The white, Republican-voting majority of American Catholics have a more nuanced way of expressing themselves, but they too see Pope Francis as at best naive, at worst an ideological enemy within the gates. (Most American bishops were appointed by Francis's two very conservative predecessors, John Paul II and Benedict.)

Pope Francis gives as good as he gets. Last week he called the US branch of the Church "backward", accusing right-wing American Catholics of replacing faith with ideology. So just another version of the ever-present 'Culture War', except that both sides are wearing ecclesiastical vestments.

But it's actually more complicated than that, because the 'liberal' Pope of today was not so liberal when he was starting out back in Argentina in the 1970s. I first heard of him when he was the provincial superior of the Jesuit order in Argentina, and Jesuit priests were being targeted by the military

regime's death squads in the 'Dirty War'.

They were being targeted because the Jesuits were the foremost organizers in Latin America of a Catholic movement called 'liberation theology': distinctly left-wing, working mainly with the urban poor and indigenous people, and hated by the American-backed military regimes that then ruled almost everywhere in South America.

I was traveling around the continent interviewing people for a radio series on the 'new' Catholic Church. I'm not a believer, but I had managed to win the Jesuits' confidence. When I got to Argentina, my Jesuit contacts were two young priests living in a Church-owned house in one of the poorest 'villas miserias' (slums) in Buenos Aires.

Radio series don't pay much, and as a young freelance journalist I was saving money by staying in Church-owned properties whenever possible. (Besides, you learn more that way.) However, these priests warned me not to stay there, as they were expecting a Ford Falcon any day now.

Ford Falcons, as everybody knew, were the cars that the regime's death squads used to take the suspects to their doom, and these priests were expecting to be arrested, tortured and killed in the near future. But before I changed accommodation, they expressed their anger at being

abandoned even by their own Jesuit order, in the person of one Father Bergoglio.

Fr. Bergoglio, of course, later became Pope Francis. He was the head Jesuit in Argentina at the time and a determined enemy of 'liberation theology' - so much that the young priests suspected him of collaborating with the junta and probably knowing that they were on the junta's kill list. They were.

They were duly 'disappeared' a few weeks later and never seen again. (These are not the more famous Jesuit priests, Orlando Yorio and Franz Jalics, who were kidnapped by the Argentine Navy in 1976 and did survive, possibly thanks to Bergoglio's intercession, after five months of torture.) But he was definitely keeping bad company.

I don't believe that Bergoglio handed over the two young priests I met. They were not in hiding - and I suspect they were court-martyrdom, as some people do in such strange circumstances. I think Bergoglio shared some of the junta's paranoia about the left at the time, and wasn't very brave about using his influence to save people. That's all.

It's more than forty years later, and people change. Pope Francis is a more mature and less ideological man than the old Ber-

goglio - but he's still combative ideologically, and he's still confused.

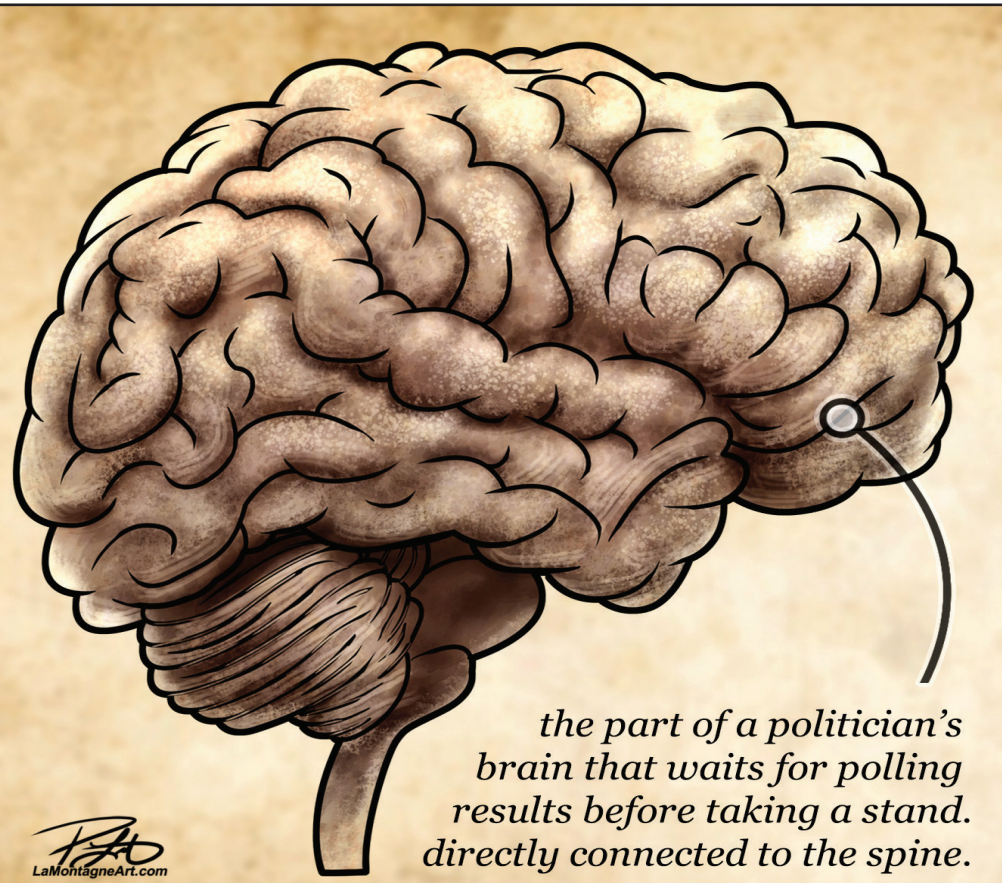
He condemns the "obsession" of some Catholics with issues like "abortion, gay marriage and the use of contraceptive methods" and welcomes transgender Catholics in the Church, but he says gender transitioning is a sin and strongly criticizes gender studies, calling it "one of the most dangerous ideological colorizations today."

He's equally confused on the political front. He explains that it was NATO "barking at Russia's door" that "provoked" Moscow and "perhaps facilitated" the invasion of Ukraine.

When he did criticize Russia, he said "Generally, the cruelest are perhaps those who are of Russia but are not of the Russian tradition, such as the Chechens and Buryats and so on..."

Presumably he means that the Chechens and Buryats are so cruel because they are Muslims and Buddhists, whereas the Russians are at least Christian. The man may mean well, but he has been promoted to his level of incompetence. You might call it the St. Peter Principle.

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# Dufferin OPP investigating theft of three vehicles

Members of the Dufferin Detachment of the Ontario Provincial Police (OPP) are currently investigating the theft of three vehicles.

On September 1, 2023, shortly after 8:00 a.m., Dufferin OPP received a call for service to a Dealership on HWY 9 in the Town of Mono for a report of a stolen 2023 Ford F-150, with Ontario plates of BX 13605, along with a payment terminal.

The vehicle was stolen from the property before 3:00 a.m., earlier that morning. It would appear that the suspect had entered

the dealership through a window which they had broken. The suspect was the passenger of a light-coloured Nissan SUV. The suspects also credited \$1500.00 through the payment terminal.

On September 1, 2023, shortly after 8:30 a.m., Dufferin OPP received a call for service to a residence in the Town of Mono for a report of a stolen 2021 Black Cadillac Escalade, with Ontario plates of CKRE 999.

The vehicle was stolen from the property shortly after 1:30 a.m., earlier that morning.

The above two incidents are currently still

under investigation.

On September 4, 2023, shortly before 12:30 a.m., Dufferin OPP received a call for service to a restaurant in the Town of Shelburne for a suspicious vehicle on the roadway.

As officers arrived on scene, they were advised by a witness that the vehicle was just stolen from a residence on John Street in Shelburne. The officers were provided a description of the suspect in question who had just left the Sports Bar.

As a result of the investigation, Jakob Antczak, 20-year-old from Caledon was

charged with:

- Theft Over \$5,000 of a Motor Vehicle
- Possession Property Obtained by Crime Over \$5,000 - in Canada

If you have any information or video surveillance footage in relation to this theft, please call the Dufferin OPP Detachment at (519) 942-1711 or 1-888-310-1122.

You can also provide information anonymously by contacting Crime Stoppers at 1-800-222-TIPS (8477) or submit your information online at <https://ontariocrimestoppers.ca/>.

# Overdose Awareness Day held by Dufferin Caledon Drug Strategy Committee

Written By Brian Lockhart

There is currently a crisis across the country of people overdosing on drugs, with some regions being especially hard hit.

The Dufferin Caledon Drug Strategy Committee hosted an International Overdose Awareness Day event on Thursday, Aug. 31, at the Dufferin County Paramedic Service building on Blind Line in Orangeville.

The event featured speakers sharing their own stories, along with displays and information from several healthcare, community service, and support groups.

It was the sixth year the event has been held in Orangeville.

"We want to get the message out that there is a lot of support," explained Lynette

Pole-Angon of the Dufferin Caledon Drug Strategy Committee. "We have around 17 groups here that are community providers, including healthcare, and support groups that can help people with addictions."

It was also a day to educate people about addiction and try to reduce the stigma attached to drug addiction.

There are many different pathways to drug addiction, and just because someone is addicted does not make them an inherently bad person.

One gentleman spoke to the audience, explaining that he has been sober for 33 years. He was introduced to substance abuse by his own father, who showed him how to inhale lacquer thinner.

It was help from his sister, who insisted he

join a substance abuse help group that got him over his addiction.

A woman spoke of her sister, who died from an overdose 20 years ago at a young age, explaining she was a person who came from a decent background but ended up becoming an addict. She explained that everyone you see who is a drug addict is also someone's son, brother, daughter or sister, and they deserve to be helped.

An OPP officer discussed the Good Samaritan Law, which allows people to call the police for help if someone is overdosing without worrying about drug possession charges. The law is an effort to reduce the fear of police involvement if lifesaving measures are needed.

One of the initiatives the Drug Strategy

Committee hopes to accomplish is to get naloxone kits out into the community.

Naloxone can reverse the effects of a drug overdose – but only temporarily. It will, however, buy important time to be able to get a person to a hospital in time to save their life.

"We want to get the message out there that there is a lot of support," Ms. Pole-Angon said. "We want to get naloxone kits out into the community. You can get a kit for free at any pharmacy. We also sent a letter to businesses to give them information about naloxone kits."

A recent report showed that some workplaces and industries have a higher rate of risk of overdose while on the job.

Naloxone kits were distributed free of charge at the event.

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# OPP investigating Airport Rd. collision

Dufferin OPP officers along with emergency crews responded to a two-vehicle collision on Airport Road near by County Rd. 21, in the Township of Mulmur on Aug. 31. Three individuals were transported to a trauma centre with non-life-threatening injuries.

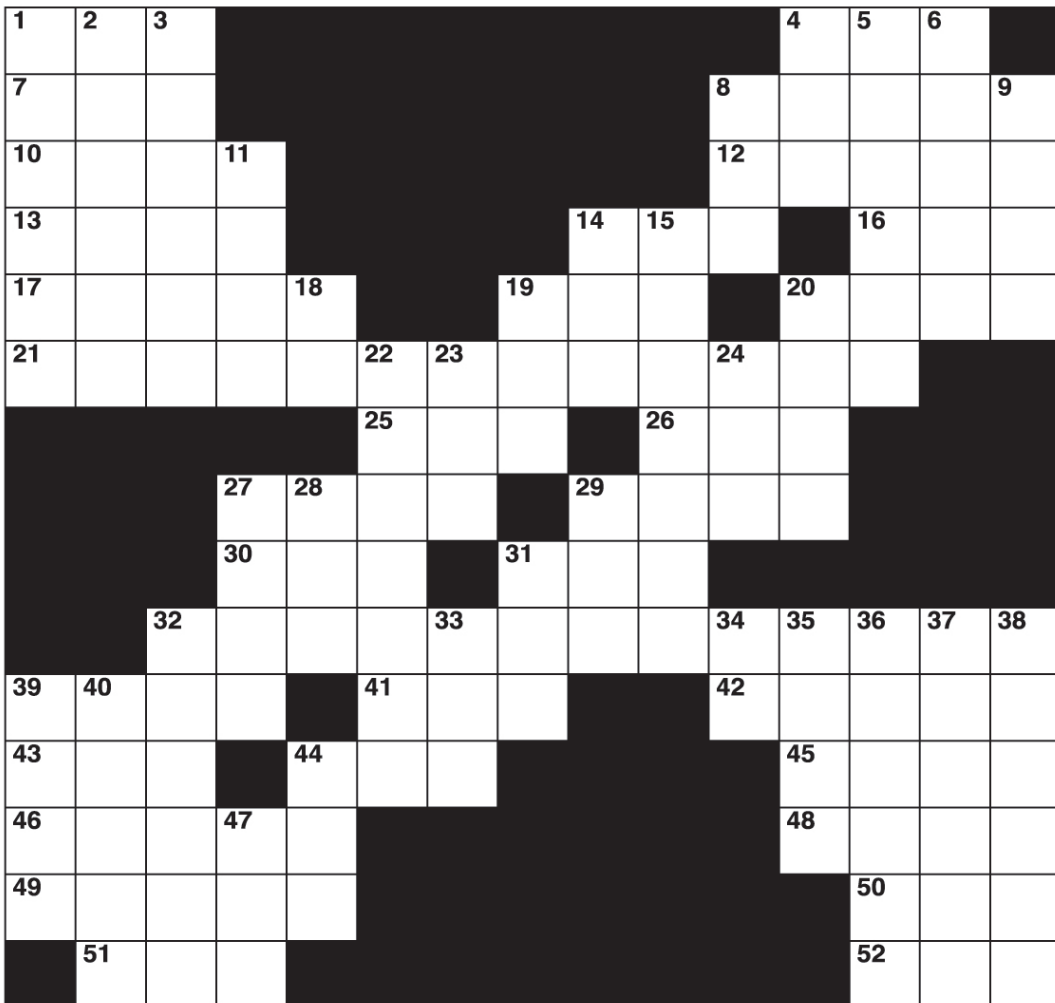
Airport Road was closed for several hours while the OPP continued their investigation along with hydro crews assisting with downed hydro lines. The investigation is ongoing. Anyone who may have witnessed the collision or has dashcam footage is asked to contact Dufferin OPP at 519-925-3838 or 1-888-310-1122.

If you are affected by this incident or witnessed the collision and wish to speak with victim service, Caledon/Dufferin Victim Services can be reached at 905-951-3838.

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# CROSSWORD



### CLUES ACROSS

- Second sight
- Standard electrode potential
- Type of gibbon
- John Joseph \_\_\_: American industrialist
- Manning and Whitney are two
- Abrupt
- Baroque musical instrument
- Post-burning residue
- When you hope to arrive
- Sign up (Brit. Eng.)
- Sun up in New York
- Employee stock ownership plan
- Where people live
- Method to record
- Angry
- No longer living
- Simple
- Swiss river
- Portion of a play
- It's under the tree
- Wood sorrels
- No (Scottish)
- Dialect of English
- Former Steelers' QB
- Popular beer
- It can make you sick
- Tropical tree and fruit
- Company officer
- Contact lens term
- Your consciousness of your own identity
- "Ghetto Superstar" singer
- Piece of turf

### CLUES DOWN

- Number of players on each side in a football game
- Containing salt
- Reasoning or knowledge: a \_\_\_
- Car mechanics group
- Leave a place
- Southern Colombian capital
- Old English letter
- Tide
- Walk heavily
- Chemical compound (abbr.)
- Artificial openings
- Luteinizing hormone
- Unit of energy
- Circular movement of water
- A way of holding
- Popular book of words (abbr.)
- States' group
- Dashes
- Body part
- Electronic countermeasures
- Consumed
- Small bird
- Unhappy
- Football's big game (abbr.)
- Valued object offered in good faith
- Wild goats
- Precede in place
- Small edible fish
- Notice of death
- Body cavity of a metazoan
- Partner to cheese
- Not around

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# SHELBURNE SPORTS

## Warriors claim Shelburne Cricket Club championship

Written By **Brian Lockhart**

The Shelburne Warriors are the Shelburne Cricket Club 2023 champions after a win over the Shelburne Samurais in the championship game.

The final was held at KTH Park on Saturday, Sept. 2.

Before the match, an opening ceremony took place that included a parade of flags and the playing of the national anthem.

The Samurais won the coin toss and elected to bowl first in the final game.

Charging out of the gate, the Samurais took three crucial wickets in the opening five overs with only 24 runs on the scoreboard.

The Warriors found stability in the middle overs thanks to the efforts of Vikas Vig, with 21 runs, and Moe Bala, with 31 runs.

A fiery performance by Garry Gill (16 runs) and Ravi Gill (29 runs) made the difference and propelled the Warriors to a competitive total of 159 runs.

Harpreet's brilliant bowling yielded three crucial wickets and was a standout moment in the first innings.

The Warriors kept up the pressure for the entire match.

The Samurais' top order struggled, losing three wickets in the first four overs with only six runs on the board.

Brayden Burrowes (28 runs) and Abduel Rashid (17 runs) worked to stabilize the innings.

Harpreet's 27-run contribution also kept the Samurais in contention.

The Warriors' exceptional fielding and relentless pursuit of wickets cost the Samurais the game.

In the end, the Warriors secured a 48-run win.

Harpreet from the Samurais won the 'Man of the Match' title.

The Warriors have now won the SCC House League Trophy for the second consecutive year.



BRIAN LOCKHART PHOTO

**CHAMPIONS:** The Shelburne Warriors and the Shelburne Samurais line up for the opening ceremonies and coin toss to start the Shelburne Cricket Club house league championship game at KTH Park in Shelburne on Saturday, Sept. 2.

## Valkyries win Shelburne Cricket Club's Women's championship

Written By **Brian Lockhart**

The Shelburne Cricket Club held the Women's Division final at KTH Park in Shelburne on Sunday, August 27.

In the final game the Valkyries were up against the Angels. The Valkyries came on top with the win.

Elizabeth, from the Angels was noted as Player of the Match after contributing significantly to her team's win.

In the men's house league, the semi-final game had the Samurais up against the Knights on Saturday, August 26.

The Samurais were up to bat first and posted 91 runs on the board. Key contributors were Abdul Razzaq with 25 runs, and Mohammad Cheema with 22 runs.

The Knights tried to chase down the total and were doing well, however, the Samurais held them off, taking wickets right from the beginning of the match.

The Knights were bowled out for 37 runs allowing the Samurais to advance to the finals.

They will meet the Warriors in the final game.

Anjaid Hussain emerged as the standout player of the match, securing four crucial wickets that played a big role in the Samurai's victory.

The house league final will be on Saturday, September 2, between the Samurais and the Warriors.

The Club is also gearing up for the Dufferin County Cup, which will take place on September 9. Teams will be competing for the Cup as



BRIAN LOCKHART PHOTO

**TITLE HOLDER:** The Angels and the Valkyries competed for the Shelburne Cricket Club women's division final on Sunday, August 27. At the end of the match, the Valkyries came out on top with the win to claim the title.

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**TEAM: SHELBURNE SAMURAIS**

## ATHLETE OF THE WEEK

### BRAYDEN BURROWES

Shelburne Samurais team member, Brayden Burrowes has been playing cricket from a young age and brings a lot of experience to his team. He started playing in his native Australia and even played an indoor version of the sport. "It started playing near Melbourne. It's a lot of fun, you have a lot of jokes while you're out there," Brayden said of why he likes playing the sport. "I played all the through until I left, both outdoor and indoor cricket. Brayden started playing with the Shelburne Cricket Club just a couple of months ago when he learned the sport was being locally.

well as a significant monetary prize. On September 10, the SCC will be hosting its second annual awards ceremony at the Hockley Valley Resort.

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## National Legion Week 2023

More details to follow

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We thank all applicants; however, only those to be interviewed will be contacted. This document is available in alternate formats, or with accessible communication supports, upon request.

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Offering of approx; 7400 mature trees (Dunkerron) and 800 mature trees (Whitby) Trees will be sold in PLOTS only (Not Individually). Varieties include Syringa, Picea, Ostraya, Amelanchier, Carpinus, Celtis, Cercidiphyllum, Cladrastis, Fagus, Ginkgo, Hamamelis, Larix, Malus, Metasequoia, Tsuga, Acer, Fraxinus, Tiia, Abies, Cornus, Quercus, Betula, Maackia, Coryllus, Laeagnus, Gleditsia, Lonicera, Virburnum, Sorbus and Thuja. Buyers are responsible for the digging and removal of all trees (details at [fergusonauctions.com](http://fergusonauctions.com)).

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**Auctioneer's Notes:** Dunkerron Corp is winding down their nursery business but still finishing up jobs which will continue into mid October. Two pieces of machinery which were originally listed in this sale will not be available due to these jobs, however Dunkerron Corp has now retained our services for a second sale which will include these and other pieces of equipment to complete the dispersal on Saturday October 14/23 which will include such items as a 2013 CAT CF7AA CT 660 with 13L engine with PM 65 SP 65 ton articulating boom, 30 Milano float trailer, 2015 CAT 299 compact track loader, 2015 CAT 305 mini excavator and much more. We will have a full listing available on the September 9th sale date.

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# High School sports schedules starting to take shape

Written By Brian Lockhart

With school starting this week, many students will be looking forward to participating on school sports teams.

Many athletes will return to the team or teams they played with last year, while others will be experiencing their first time in collegiate sports.

High school sports are divided between fall, winter and spring. Locally, schools are divided between District 10 and District 4, depending on the school population, and will compete with other schools of a similar size.

Orangeville District High School competes in District 19, while Westside Secondary School and Centre Dufferin District High School in Shelburne compete in District 4.

One of the first teams you see on the field will be the girl's field hockey team. They generally have a fairly short season, and local high schools play several games at the University of Guelph sports complex.

Girl's basketball is a popular sport, and ODSS usually produces solid teams that get results. ODSS will have a senior and junior team this year.

The District 4 schedule has not yet been announced.

Boys soccer is also a fall sport. This year,

the schedule commences on Sept. 19. ODSS is planning on having both senior and junior squads this year.

Both Westside and CDDHS will field teams in District 4.

Golf is a high school sport, but because it is played off of school grounds, high school golfers don't get quite as much attention. Although, the region has produced some good competitors over the years.

Boy's volleyball is another very popular fall sport. All three schools are expected to have teams this year. The season gets underway on Sept. 19.

High School wrestlers will face competition on two dates, followed by D 4/10 championships that will take place in February.

Cross country is a tough sport that pits competitors against, sometimes, hundreds of runners at the starting line.

This year, a cross-country event will be hosted by ODSS on Oct. 17 and will take place at Teen Ranch in Caledon.

High school teams compete in hopes of winning the district, then move on to regional competition.

This could mean going to CWOSSA for South Central Ontario or OFSSA, which hosts the best student-athletes in the province, for a chance to win a provincial title.

# End of the Summer Party being held

Written By Sam Odrowski

A community gathering to cap off the summer, filled with fun activities for the whole family, is returning to Mono this weekend.

The 2nd Annual Cardinal Woods End of the Summer Party in the Park is being held Sept. 10 from 5 to 10 p.m. at Mono College Park, and organizers say it will be larger than ever.

"Bigger and better is exactly what we're doing," said the event organizer and Cardinal Woods Social Committee member Velvet Alcorn. "It's our 2nd Annual End of the Summer Party, and it's just nice to get everybody back together again."

Last year saw about 500 attendees come out, and Alcorn said she's hoping to see that number rise to 750.

"I was surprised at how well it went last year, it was just unbelievable," said Alcorn. "It was such a perfect day; the weather was perfect. The mayor [John Creelman] couldn't have been happier. He was just so pleased to see the whole community come together. The kids were having fun, the adults were having fun, and everybody was just enjoying each other."

Tickets are \$10 and provide access to pony rides, a petting zoo, a meet and greet with Elsa from Frozen, face painting, live bands, live performances, and multiple

bouncy castles. Free popcorn, freezies and cotton candy are also included with a ticket purchase.

"It's a family-oriented event," said Alcorn. "It's just bringing the family together and giving them activities as a family to work on."

Tickets can be purchased online at [shorturl.at/yLNY1](http://shorturl.at/yLNY1) or by emailing [Cardinalwoods-social@gmail.com](mailto:Cardinalwoods-social@gmail.com) and expressing interest.

There will be food trucks on-site for attendees who get hungry.

Emergency services, such as the local police department, fire department and paramedics, will be set up alongside vendors at the event.

Any money raised from selling vendor booth spaces and the raffle draw will be donated to Caledon Dufferin Victim Services, a not-for-profit that supports victims of crime, abuse and tragedy. Free one-to-one, confidential assistance is available 24/7 through the organization.

"That's a charity that's near and dear to my heart," said Alcorn. "I used to volunteer for them for years, and it was one of those things where the reward was knowing that you helped somebody, the hard part was the tragedy that they're going through."

Going forward, Alcorn said the Cardinal Woods Social Committee is looking to hold the event again next year and hopes to expand it further depending on its success.

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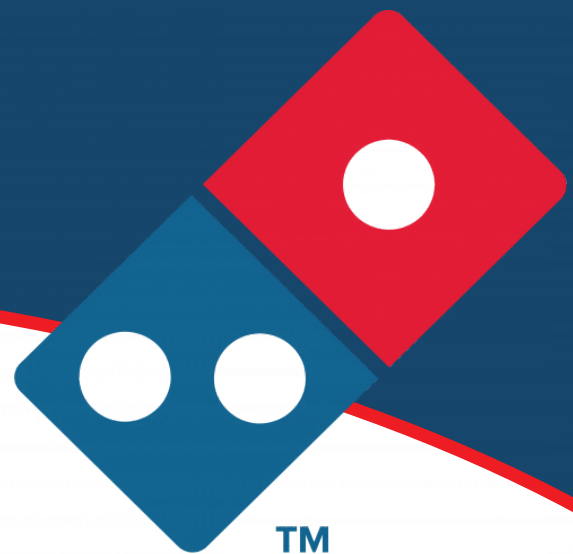




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