

EDITORIAL: Happy Thanksgiving

Thanksgiving is one of my favourite holidays.

I'm not going to lie ? I love a great big turkey dinner with all the fixings and dessert afterward, even though there's not even a slight chance that I'm still hungry.

What I like more than the dinner, is the opportunity to reflect upon what I am truly grateful for ? my health, my family, the country I live in and my freedom.

Abundance isn't for the rich, it's for the rich of heart. Being grateful for what you already have is the best way to get more of the things you truly desire. The pioneers knew this secret, thus they celebrated the harvest, to ensure another harvest would befall them the next time the leaves changed colour.

This Thanksgiving, while you sit with your friends, family and loved ones, take a special moment to truly see what surrounds you ? at the table in your family home and in your heart. Use clear eyes and lift the veil of everyday to gain a better perspective on what you already have, and then, wish for more. There's plenty to go around and the stuff of your dreams is yours for the asking.

Happy Thanksgiving from the Simcoe?York Group of Newspapers family to yours this weekend. May your harvest be bountiful and your hearts and bellies be full.

By Wendy Soloduik