This page was exported from - Shelburne Free Press
Export date: Fri Oct 30 5:05:00 2026 / +0000 GMT

Hospice Dufferin holding annual hike

Hospice Dufferin will be holding its 14th annual Hike for Hospice Dufferin and Butterfly Release, at Monora Park on June 11.

Since, 1988, Hospice Dufferin has been providing compassion, care, and support to those in our community who are experiencing the challenges of a life-limiting illness, who are bereaved, or who are caregivers to those they love. The not-for-profit organizations vision is to provide peace, comfort, and dignity for all people in our community.

Hike for Hospice Dufferin is a national event that is connected to National Palliative Care Week in Canada. Each year, Hospices across the country organize and hold Hikes to help generate much-needed funds and awareness about the importance of Hospice Care in our community.

Almost everyone is touched by Hospice Care. Many people have either experienced a life-limiting illness or know someone who has. Everyone experiences grief, and some people will become caregivers to someone they love.

?Hike for Hospice Dufferin brings people together in our community to support, comfort, and reflect on the beautiful trails of Monora Park in Orangeville. This family centered day allows participants to enjoy the beautiful scenic trail consisting of either a 1km, 2km or 5km loop, where they can reflect on the memories of a loved one,? said Hospice Dufferin in a press release.

?It's a very emotional and moving experience, walking through the trails and reflecting on those in our lives who are no longer here.? RaDeana Montgomery resource development communications coordinator said.

?The last couple of years have been difficult on families to properly grieve the loss of a loved one. The hike and the butterfly release allow individuals and families to come together and find comfort and support while honouring those they love.?

Hike for Hospice Dufferin is the organization's largest fundraising event. Over the years, the organization have had amazing community involvement with businesses, clients and families who have come together to walk and support our organization and the people Hospice Dufferin supports.

Registration for the hike, butterfly release and our online silent auction are now open, to raise awareness and funds for our wellness programs.

Included in the day will be a BBQ, live music, a children's activity area, as well as a beautiful butterfly release. Butterflies will be released at the event, however, those that wish to purchase a butterfly in honour of someone are encouraged to do so and can be released in a place that is special to them.

Our celebration of Hospice care includes an online silent auction where you can bid on some great local items as well as experiences and destinations in the GTA.

Supporting the Hike for Hospice Dufferin is as easy as 1, 2, and 3

1. Register yourself as an individual and then create a team to Hike.

2. Purchase a butterfly to release at the Hike or to release in a place that is special to you.

3. Visit our online Silent Auction portal to bid on fantastic items.