

# Investing in Better Mental Health Support for the People of Dufferin-Caledon

by SYLVIA JONES

Ontario's mental health care system is disconnected and difficult for patients and families to access the care and services they need. This leaves many vulnerable Ontarians to navigate a confusing system on their own and access mental health care only when in crisis. Many Ontarians wait too long for the mental health and addictions services they need. This fragmented approach to care is failing Ontario's families and is simply not good enough.

I saw firsthand the challenges in our mental health care system when I served for 18 months on a select committee looking into this very important issue. Christine Elliott, our current Health Minister, also served on that committee.

During the election, we promised to make mental health a priority. That's why our government is investing an additional \$174 million this year to address the critical gaps in our system and support patients, families and caregivers in their communities struggling with mental health and addiction.

I'm very pleased to highlight that Canadian Mental Health Association Peel Dufferin is receiving \$2,375,700 from Ontario's government as part of their recent investment. This funding will include \$700,000 dollars for Opioids Addictions Treatment and Services, \$165,700 dollars in funding for Peer Support Services and \$1,515,000 dollars in funding Mobile Crisis Teams, which help police assist people in crisis.

We are focusing on adding more services on the ground ? in schools, communities and health centres benefiting thousands of Ontarians ? including getting children faster mental health and addiction help in schools, providing people who are homeless with mental health and addiction issues with more housing support and providing those with severe mental illness better support through new mobile crisis teams, which will help police and other first responders better manage interactions with individuals suffering a serious mental health crisis.

Our government is committed to protecting what matters most to the people of Ontario by investing \$3.8 billion over the next 10 years to improve mental health and addictions services across Ontario. Every part of our plan to end hallway health care, and build a modern, sustainable, and integrated health care system, starts and ends with people.

If you have any questions about the investment in mental health and addictions treatment, please call my office at 1-800-265-1603 or visit [www.sylviajonesmpp.ca](http://www.sylviajonesmpp.ca).