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PAULA BROWN PHOTO

**FROM HUMBLE BEGINNINGS:** Ed Crewson (left), Wendy Crewson (centre) and Sherry Robinson (right) commemorate the 40th anniversary of Crewson Insurance by showcasing the original sign from 1985. Crewson Insurance opened in the Town of Shelburne on March 1, 1985 and has since grown to three locations. Turn to Page 7 for a full story.

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## Sylvia Jones re-elected as wave of blue swept Ontario

Written By **PAULA BROWN**  
LOCAL JOURNALISM INITIATIVE REPORTER

Dufferin-Caledon voters have spoken and Conservative politician, Sylvia Jones, has been elected for her sixth consecutive term as MPP of Dufferin-Caledon.

Jones was re-elected after securing 52.1 per cent or 26,072 of cast votes in Dufferin-Caledon during the provincial election last Thursday (Feb. 27). Runner-up Michael Dehn of the Liberal Party had 25.2 per cent, Green Party candidate Sandy Brown had 12.3 per cent, and NDP candidate George Nakitsas received 6.3 per cent of the votes.

New Blue candidate Kris Eggleton, Ontario Moderate Party candidate Alexey Cherkashov, and independent candidate Jeffrey Halsall all received 2 per cent or less of the vote.

Jones said she wanted to thank all the volunteers who knocked on doors for her during her campaign.

"We can't do it without volunteers," said Jones on election night. "When you put different people together for a common goal, we do amazing things."

Jones and supporters gathered at the Orangeville Legion on the 27th to watch election results come in.

Jones said the day after an election is when you get to work and start thinking about the

next campaign. She said she loves Dufferin-Caledon and that the riding feels like her "extended family."

Jones thanked the staff at her constituency office for their "great service" and added that "it is reflected on me and I felt that during this campaign."

With her sixth-consecutive victory, Jones continues her hold on the riding she has represented at Queen's Park since 2007. She also served as Ontario's Deputy Premier and Health Minister from June 2022 to Jan. 2025, following the dissolving of provincial legislature by Premier Doug Ford.

The Progressive Conservatives won 80 seats, followed by the NDP with 27 seats, 14 seats for the Liberal Party, and two for the Green Party. In the 2022 election, the Progressive Conservatives won 83 seats, so they gave up three, but still maintain a strong majority government. This is the third consecutive majority government win for the Conservatives. The last time Ontario Conservatives won three in a row was 54 years ago, from 1963 to 1971.

The Citizen spoke with local candidates following the election results last week. They each commented on how they think their campaign went and the results of the election.

**Michael Dehn (Liberal)**

Dehn said there was some good support

shown for his campaign and that it was encouraging to see — the Liberals got around 3,000 more votes than they did in the last election in Dufferin-Caledon.

Dehn received 12,606 votes or 25.2 per cent in last week's provincial election.

He said the team surrounding him during the election was fantastic, including campaign manager Jeff Rohner-Tensee and CFO James Hodder.

Dehn also thanked Dmytro Basmat, Josh Loeffler, Bob Gordanier, Winston Uytendogaart, Lynda McDougall and all others who helped in his campaign.

"I want to fix broken things, that's why I ran, I think the team genuinely saw how sincere I was and they got behind me and supported me," said Dehn.

Dehn said he's looking forward to discussions with the local riding association about the future. He remains passionate about solving common problems across Dufferin-Caledon like road safety, and wants to improve social services.

"Making sure we have health care for everyone, food for everyone, and that our roads are safe is important," said Dehn. "Those are some of the major local issues that the Province has neglected so far."

Continued on Page 2

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FEATURED ITEM

# Sylvia Jones re-elected as wave of blue swept through Ontario

Continued from Front

**Sandy Brown (Green)**

Sandy Brown, who led the Dufferin-Caledon Green Party and previously sat as Mayor for the Town of Orangeville, said they were able to “move the needle” on understanding the Green Party and presented the party as “viable candidates that would make good parliamentarians.”

Brown received 12.3 per cent or 6,157 of the votes in the Dufferin-Caledon riding.

“There’s a fair bit of disappointment here for all the hard work that we put in and the optimism that was leading up to the day, with a lot of encouragement from people that I had spoken to during the campaign,” said Brown. “We tried to meet as many people as we could in the short period of time that was open. I don’t know what more we could have done; we just needed more time to be able to meet more people.”

Brown referred to the snap winter election as “strategically brilliant” for the Progressive Conservatives, which put the other parties “at a great disadvantage.”

“The snap election doesn’t allow for a great deal of planning and you’re caught flat footed. I think we did as well as we could.”

Discussing the re-election of Jones for her sixth consecutive term, Brown noted her absence during the campaign period.

“We’re looking in our Member of Parliament for somebody who’s going to be more present. I think missing those debates was something I didn’t understand, but clearly didn’t hurt her at all,” said Brown. “I hope that the Conservative government got some

“Making sure we have health care for everyone, food for everyone, and that our roads are safe is important,” ... “Those are some of the major local issues that the Province has neglected so far.”

Michael Dehn, Liberal candidate

messages through the campaign that they need to re-prioritize the money they’re spending.”

**George Nakitsas (NDP)**

Dufferin-Caledon NDP candidate George Nakitsas, who received 6.3 per cent or 3,184 of the votes in the provincial election, expressed his pride in the party’s visibility in the riding.

“We were very proud of [our campaign]. We met as many people as we could. We were at the debates and presented a version of Ontario that is full of opportunities for everyone. Over 3,000 people responded to it, and we were happy to see that,” said Nakitsas.

Nakitsas’ biggest concern with the provincial election was the turnout of voters in Dufferin-Caledon.



ZACHARY ROMAN PHOTO

**BLUE WAVE:** Conservative Sylvia Jones was re-elected on Feb. 27 and will serve her sixth-consecutive term as Dufferin-Caledon’s MPP. Jones and supporters watched election results come in and celebrated her win on the 27th at the Orangeville Legion.

“The turnout was terrible again, and it’s not surprising given the conditions under which this election was called. I’ve made a commitment that whatever I do in the next election to deal with a lot of the pressing issues that our communities face; we’ll be there.”

Nakitsas also spoke of Jones’ re-election as MPP of Dufferin-Caledon.

“People feel disrespected by the fact they were not able to meet important issues raised in the debates,” said Nakitsas. “People that voted for here have their own reasons, but there’s a large number of residents of Dufferin-Caledon that don’t think there’s proper representation, and that their member of Provincial Parliament should be there when she needs them.”

## First local case of measles confirmed by Wellington-Dufferin-Guelph Public Health

Written By **PAULA BROWN**  
LOCAL JOURNALISM INITIATIVE REPORTER

Wellington-Dufferin-Guelph Public Health (WDGPH) is warning the community about the circulation of measles.

The local public health unit announced in

a press release on Monday (March 3), that they have confirmed a local case of measles and a case of an individual from outside the region, who attended an event in Guelph in February.

“This is part of a trend of increasing cases of measles identified in multiple jurisdic-

tions across Ontario,” said Dr. Nicola Mercer, WDGPH’s Medical Officer of Health and CEO. “Measles is extremely contagious – particularly among unvaccinated people – and can be very dangerous, especially for infants under one year of age. With March Break on the horizon, it is important to be vigilant and protect yourself and your family.”

WDGPH said they are following up with anyone who may have been exposed to either case.

Measles is a highly contagious disease that spreads through the air from person to person when an infected person talks, coughs or sneezes. The virus can remain active for as long as two hours after a contagious person has left an area and can spread to others before the infected individual starts to show symptoms.

Common signs and symptoms of measles include fever, runny nose, cough, red watery eyes (conjunctivitis), tiny white spots inside

the mouth (Koplik’s spots), and a red blotchy rash that starts on the face and spreads over the rest of the body.

According to Public Health Ontario, there were 101 confirmed cases of measles reported in Ontario between 2013 and 2023, while in 2024 there were 64 cases reported.

As of Feb. 26, there have been 119 confirmed and 23 probable cases of measles reported in Ontario.

WDG Public Health noted in its press release that the best way to prevent measles is to get vaccinated.

Children routinely receive the measles vaccine at 12 months of age and again between ages 4 and 6. With two doses, the vaccine is nearly 100 per cent effective at preventing measles.

Those experiencing symptoms of measles or anyone who has questions are recommended to contact their healthcare provider or visit the Wellington-Dufferin-Guelph Public Health website for more information.



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Caledon\Dufferin Victim Services (CDVS) is a non-profit organization dedicated to providing immediate, trauma-informed, culturally responsive, confidential support for any person who has experienced crime or sudden tragedy 24/7. CDVS is a Victim Crisis Assistance Ontario (VCAO) program.

CDVS provides assistance and support to individuals and communities in the Town of Caledon and Dufferin County servicing 8 municipalities including Orangeville. Staff and volunteers provide free, confidential and non-judgmental support.

CDVS is funded by the Ministry of Children, Community and Social Services (MCCSS), the United Way, the Town of Caledon and Dufferin County.

#### Executive Director Position

Reporting to the Board of Directors, the Executive Director will play a critical role in shaping the future of Caledon\Dufferin Victim Services. The Executive Director will oversee the organization’s strategic direction, financial sustainability, and program delivery, while fostering a culture of inclusion, collaboration, and innovation within the organization and alongside their community partners. The Executive Director has a staff of 2 FTEs along with 4 PTEs across two sites (Orangeville & Caledon East) as well as managing an operating budget of \$500K.

What you bring to this role:

- Five+ years of senior leadership experience in Victim Services/Victim Witness, crisis intervention, social services, child protective services or similar not-for-profit agencies.
- Strategic leadership – develop and execute long-term strategies that balance immediate community needs with sustainable growth.
- Experience working with or working knowledge of both urban and rural communities, understanding their diverse challenges.
- Well-developed communication, interpersonal, conflict resolution skills; report writing, correspondence and public speaking skills.
- A proactive and visionary leader who embraces innovation and opportunities to foster staff growth and enhance service delivery.
- Exposure in working with Boards would be an asset.
- Proficiency with software applications including MS Office Suite (Microsoft Word, Excel, PowerPoint).
- Financially astute with respect to operational and funding models.
- Education: Bachelor’s or master’s degree in social work, Criminology, Psychology, Public Administration or a related field.
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The deadline for applications is **Friday, March 28, 2025**. Though March 28, 2025, is the deadline date, we strongly encourage early applications.

We thank all the applicants for applying; however, only qualified candidates selected for an interview will be contacted. If someone you know may be interested in this position, please feel free to forward this document to them.

For more information about the position, please contact Liz Latimer at [liz@lizlatimer.com](mailto:liz@lizlatimer.com).



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# Melancthon Against Quarries speaks against application to quarry below water table

Written By PAULA BROWN  
LOCAL JOURNALISM INITIATIVE REPORTER

Concerned Melancthon residents are coming together to protest a proposed application by local aggregate company, Strada Aggregate, to quarry below the water table.

Melancthon Against Quarries, an independent group opposing the expansion of gravel mining, hosted a community town hall meeting on Sunday (March 2) from 3 p.m. to 5 p.m. at the Horning's Mills Community Hall, located at 14 Mill Street in Melancthon.

"We believe that the quarry will be a disaster for our community. If it's going to be stopped, it's going to require a big community effort so our idea is to mobilize the community to reject the whole idea of having a giant quarry in tiny Melancthon," said Larry Taman, organizer of Melancthon Against Quarries.

During the meeting, Melancthon Against Quarries provided residents with information on aggregate quarries, potential environmental factors and the group's plans to approach protesting the quarry application by Strada Aggregate.

In attendance at the event were other advocacy groups including the Forks of the Credit Preservation Group from Caledon and the Reform Gravel Mining Coalition as well as representatives from Melancthon Council.

"Aggregate is an important issue anywhere you go, but its specifically important here, where we have prime agricultural land, where we have access to really clean, superior water and that water is not far underneath the ground," said Melancthon Mayor Darren White. "Our areas, supplies water to communities all around us, and it's important that we be on top of issues like this."

Some of the concerns raised by community members during the meeting included air quality, natural environment, endangered species, and damage to the water table.

"A below the water table, blast quarry, as you can imagine, is a terrible toxic feature of a rural community. It takes us from being a farming community, a rural community and a solid community to a mining community," said Taman. "Once this is approved, if it is approved, it will spread because there's a valuable resource under the water table.

"We believe that the quarry will be a disaster for our community. If it's going to be stopped, it's going to require a big community effort so our idea is to mobilize the community to reject the whole idea of having a giant quarry in tiny Melancthon"

Larry Taman,  
organizer of Melancthon Against Quarries

I think you can count on more applications coming; we're already pretty much back to the beginnings of the mega quarry."

One of the biggest pieces of evidence raised by Melancthon Against Quarries in their quest to protest the local quarry is a 2023 report by the Auditor General on the management of aggregate resources.

According to the report, the Ministry of Natural Resources has not provided the public with complete and accurate information on the supply and demand for aggregates, which has contributed to opposition to proposals for new or expanded pits and quarries.

The report also notes a study from 2016 which estimated that the Greater Golden Horseshoe region had reserves of 3,337 million tonnes of unextracted aggregates in licensed pits and quarries and an annual demand of 11 million tonnes.

"If you have supply, why does anybody want to build this quarry in Melancthon. That's the question the people who are proposing it have to explain or have answers to," said Taman. "We're very clear that it's not necessary."

Strada Aggregates (Strada) has been operating as an existing 360-acre above-water sand and gravel pit in the area of 4th Line and County Rd. 17 in the Township of Melancthon since 2004.

Strada initially brought forward a presen-



PAULA BROWN PHOTOS

VOICING CONCERNS: Melancthon residents raised their concerns about a proposed application from Strada Aggregate to quarry below the water table during a community meeting on Sunday (March 1) at the Horning's Mills Community Hall.

tation to Melancthon Council in October of 2021, which noted their intention to submit an application for a proposed quarry.

Strada has initiated undertaking the field work and technical studies required to determine the feasibility of developing a quarry that would extract and process consolidated dolostone bedrock below the water table within the same footprint of the existing pit.

According to Strada Aggregates, the proposed quarry is being designed to ship 2,000,000 tonnes per year from the site and will continue to use the existing entrance/exits and existing haul route.

Mayor White told the Free Press that Melancthon Council's decision on the quarry will be "fact based" and will "work with the science".

"We will work with the science, a lot of

which is yet to be determined," said White. "I suspect that we will file an object, if for no other reason to allow for the science to be further looked at."

Taman concluded that the next steps in opposing the quarry will wait until Strada Aggregate has submitted its completed application to the Ministry of Natural Resources. Once the application has been submitted, a notice will be posted giving the public 60 days to respond with letters opposing the application.

"For us, it's important to get a very robust public response, but they don't give us very much time to do it. Part of our purpose is to make sure that people have an idea and understand that the next thing they might be asked to do is write a letter opposing the quarry on whatever basis they oppose it," said Taman.



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**Celebrating International Women's Day**

**MARCH 8, 2025 • ACCELERATE ACTION**

International Women's Day (IWD) is a global celebration of the social, economic, cultural, and political achievements of women and girls. For 49 years, this day has served as a reminder of the progress made—and the work still needed—to achieve true gender equality. This year's theme, "Accelerate Action," calls on us all to push forward with urgency and purpose.

At CDVS, action is not just a theme—it's what we do every day. The incredible women of our organization, including our dedicated staff and crisis responder volunteers, rise to the challenge daily. They provide unwavering support and guidance to women of all ages, individuals, families, 2SLGBTQI+ communities, Indigenous communities, and men who have experienced tragedy, crime, or disaster. Their commitment to accelerating action makes a real and lasting impact.

On this special day, we extend our heartfelt appreciation to our staff and crisis responders. Your dedication, strength, and compassion uplift and inspire those around you. You are truly remarkable.

To the women we serve, our community partners, funders, and supporters—we celebrate your resilience, courage, and unwavering spirit.

A special acknowledgment goes to our Executive Director, Dorothy Davis, who is retiring after 27 years of service with CDVS. Dorothy, your leadership, dedication, and countless actions over nearly three decades have transformed and expanded the services that support so many women. We thank you for your profound impact.

May this International Women's Day be filled with love, joy, and appreciation. And let us remember the words of Kofi Annan:

"There is no tool for development more effective than the empowerment of women."

**HAPPY INTERNATIONAL WOMEN'S DAY!**

The Board of Directors for Caledon Dufferin Victim Services

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# OPINION

## Give Buffy a break

There's an old public service commercial from 1970 that a lot of people remember – because it was really well done.

It was at a time when people had very little concern for the environment. Cities in the U.S. were filled with garbage, Lake Erie was a cesspool, and factories would belch toxic smoke into the atmosphere and dump toxic chemicals in public waterways.

In the public service commercial, a Native American is seen paddling his canoe through a lake littered with garbage.

At the end, he stands at the side of the highway. A car drives by and the passenger throws a pile of garbage out of the car window that lands in front of the Native American's moccasin covered feet.

The tagline from the commercial is 'people start pollution, people can stop it.'

In the final shot, the Native American turns to the camera, with a single tear rolling down his cheek, because of the lack of concern for nature and the natural beauty of the country.

It was a powerful commercial, and it really did bring awareness to the public about what a mess the country was in. It was a turning point in North American history where both sides of the border decided to clean things up.

The Native American actor was Iron Eyes

Cody.

Good old Iron Eyes had quite the career as both a personality and as an actor – appearing in more than 200 films as a Native American.

He sure did look the part, dressing in appropriate clothing with his long hair braided and adorned with a single feather.

Except it turns out Iron Eyes wasn't a Native American at all. His parents were Sicilian, and Iron Eyes was born and raised in Louisiana. His birth name was Espera Oscar de Corti.

This wasn't really discovered until after his death, however there was no outrage, and no call for destroying the movies he had appeared in.

Iron Eyes identified as a Native American and made a whole career of it, and when it was discovered he had pulled the wool over the public's eyes, people just smiled and thought, 'What do you know – Iron Eyes wasn't really Native.'

Singer-songwriter, Buffy Sainte-Marie has been performing since the 1960s. She has always performed as an Indigenous Canadian.

She wrote songs about Native American culture and participated in education and social activism, particularly in regards to Indigenous issues.

She was well liked and her activism was appreciated.

It was discovered in 2023, that Buffy isn't Indigenous at all. There have been rumours of this for years, but hard evidence wasn't produced until an investigation by CBC News discovered the truth.

It turns out Buffy was born as a white girl in Massachusetts.

There has been plenty of fall-out for Buffy since then. She was stripped of her Order of Canada Award, and most recently was removed from an exhibit at the Canadian Museum for Human Rights in Winnipeg.

Why the outrage?

Over the past several years, the whole 'I identify as an (insert noun, verb, etc.)' thing has been in the news.

If a 6'8" solidly built male athlete suddenly declares he 'identifies as female', everyone applauds and congratulates him on being so brave.

Buffy identifies as Indigenous and created an entire persona and career around being an Indigenous performer.

That's show business for ya.

The entire business of being a performer or being an actor is all about deception and creating a character that will be noticed by the public.

Marilyn Monroe was not a ditz blonde,

she was actually quite intelligent.

Harpo Marx honked a horn instead of speaking and was never seen speaking in public. However, Harpo was quite capable of carrying on a normal conversation.

Dean Martin was a crooner and notorious drunk. However, that drink he always had in his hand, didn't really contain alcohol. Martin wasn't really a drinker.

Steve Martin had a career as one 'wild and wacky' guy. However, in his personal life, he is reported to actually be quite reserved.

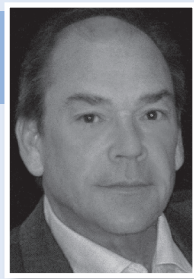
Buffy identified as an Indigenous person and Native American groups appreciated her activism and her efforts at bringing awareness to Indigenous issues.

The question is, what harm did she do? She did a lot more good in her on-stage role as an Indigenous person.

Maybe she wasn't truthful in her role as a performer, but so what? She's a singer/songwriter, she wasn't testifying under oath at a trial.

If creating a false image in the world of show business is a negative thing, then most of Hollywood and the music industry would be in trouble.

**BRIAN LOCKHART**  
FROM THE SECOND ROW



## My father's 'Swedish Pimple'

Since time immemorial, fishermen worldwide have embarked on a personal quest to discover the 'Holy Grail' of fishing lures. The one lure that, when attached to a fishing line, regardless of season, would attract a multitude of fish, leading them to their doom and ultimately, to your frying pan, or, if you finally caught the 'big one' of your dreams, to the taxidermist.

There is much-heated debate amongst anglers about which lure is best. A friend of mine swears by two particular lures, the 'Mepps Spinner' and the 'Hula Popper'. When he was a kid, he witnessed a lot of fish being caught with those two particular lures. His brother-in-law always seemed to do well with the 'Mepps Spinner', and a summer tourist who rented a local cabin always seemed to bring back a large string of fish from his days on the lake, courtesy of the 'Hula Popper'. To the childhood recollections of my friend,

those two particular lures back then always seemed to be 'fish magnets'.

Many fishermen believe they have found their own personal Holy Grail of fishing lures, and my angler father was certainly no different.

Dad loved to go ice fishing during the winter months and enjoyed experimenting with the different lures he kept in his tackle box that were intended to catch the fish that were lurking under his hut during the time he spent on the ice.

And as far as he was concerned, after performing a number of different angling experiments in his hut throughout the winters he spent on the ice, the lure he finally settled on as his personal Holy Grail of ice fishing was the 'Swedish Pimple'.

The 'Swedish Pimple' fishing lure was created more than 50 years ago by three brothers each of two fishing families of Gladstone, Michigan, USA

and was based on other successful ice fishing lures of the time. The reflective brass body, varied coloured designs, and unique movements of the lure made it irresistible to fish as it was jigged under the ice or in the open water.

Named by Field and Stream magazine as one of the 50 greatest fishing lures of all time, the 'Swedish Pimple' name came from the Swedish word 'pimpla', meaning 'to jig'. The lure was so successful that the Nyberg brothers formed the Bay de Noc Lure Company to manufacture 'Pimples' and other successful lures back in 1955.

Starting out as a group of six fishing friends who had trouble finding a steady supply of fishing lures for their passion, the three brothers each of the Nyberg and Apelgren families finally started making their own fishing lures by copying the popular Swedish designs of the time. When the Nyberg brothers finally received a registered trademark for their

own 'Swedish Pimple' design in 1957, their lure became an instant hit. The lure is still hand-made to this day and currently sells 500,000 a year throughout the Mid-western USA, Canada, and all around the world.

The 'Swedish Pimple' fishing lure became a personal favourite of my Father, not only because it got results and caught fish, but also because the name always brought a little smirk to Dad's face every time he said it. And I have no doubt that he was not the only angler out there who was amused by the name.

But silly names aside, the lure always seemed to get results. To my recollection, Dad rarely came home empty-handed from ice fishing, and he usually attributed his angling success to the lure with the silliest name in his tackle box: The 'Swedish Pimple.'

**KEITH SCHELL**  
REMEMBER WHEN





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REMEMBER TO

# Spring Forward


## THIS WEEKEND!





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**NO, I'M CANADIAN.**



**OH YEAH, WHAT'S THE PASSWORD?**

**UM...TOQUE.**



**SPELL IT.**

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# COMMUNITY VOICES

## Monthly Message: Shelburne Food Bank keeps community fed

The Shepherd's Cupboard Foodbank was founded in 1991 out of recognition that community members in Shelburne needed support to access food for themselves and their families.



That need has only grown.

Initially, food banks started as a temporary response to cutbacks to social assistance programs that were occurring in the early 1990s. Who would have thought that 34 years later we would not only still be in existence, but with ever-increasing numbers?

Food insecurity across Canada is at an all-time high with almost a quarter of this country's population struggling to put food on the table.

As we have welcomed new clients every week and struggled ourselves to keep the shelves of the food bank stocked, we realized we needed to take some time to reflect on how we could rise to the challenge to better support our neighbours. We engaged a strategic planner to assist us in coming up

with a three-year plan to help chart our path forward and help us to be sustainable in the future.

From this, we have identified the three priorities for our organization to pursue:

1. Sustainable Leadership
2. Increased Community Support
3. A New Home

As we work on these three priorities over the next few years, we will keep you updated on our progress.

This year, we have changed our name to The Shelburne Food Bank, so clients can find us more easily. Our new logo has retained the shepherd's crook as a nod to our roots as The Shepherd's Cupboard.

We have become a legal non-profit organization and will be working towards getting our charitable status. And with a lot of assistance and support from this community, we are the proud owners of a new Food Rescue Van which will help us in our food rescue efforts as well as at our Senior Markets and hopefully be present at many community events.

We want to express our grateful thanks to those who sponsored our van - The Rotary Club of Shelburne, Compass Run for Food, Shelburne Centre For Health, Town of Shelburne, TransAlta, Jimmy & Stef's No Frills, LC Auto & The Haunt, Caravaggio's Drug Store, Township of Melancthon, Steve & Joanne Bowles, Huntly Christie, GVM Integration, Kinette Club of Shelburne, Giant Tiger, Lennox Farm, Trillium Ford, Anonymous, and many others who donated what they could.

We couldn't have done this without your support! This van will be an invaluable tool in assisting our efforts to serve those in

need, in our community.

We continue to operate Wednesdays and Thursdays out of the Mel Lloyd Centre.

Deliveries to medically fragile seniors happen the second Tuesday of every month and Seniors Markets occur the last Thursday of the month at five locations in Shelburne and the surrounding area.

We are so grateful for the trust that clients put in us every month, the energy and care that volunteers bring to us every shift and the ongoing support our community has shown us over the years through food drives, donations and partnerships. The Shelburne Food Bank is totally volunteer-run which allows nearly 100 per cent of all donations to go directly towards food for those who need some help.

We are at a crossroads now. It is time for us to grow up from a small volunteer-run organization into a more mature charity that can keep up with the needs that we see in our community every day.

We need you now more than ever.

## Mulmur community awaits 2025 Kraft Hockeyville Competition results

Written By PAULA BROWN  
LOCAL JOURNALISM INITIATIVE REPORTER

Mulmur residents have rallied together to show their love of hockey, and now the waiting game begins for the final results of the 2025 Kraft Hockeyville Competition.

"This has been an incredible display of community and people coming together," wrote the My Honeywood initiative. "Some people went above and beyond to show their support and to make things happen for others. When we do more than what is asked of us, everyone wins."

Kraft Hockeyville is an annual competition between communities across the country to receive a grand prize of \$250,000 for arena upgrades. It is sponsored by Kraft Heinz, the National Hockey League (NHL), and the NHL Players' Association (NHLPA).

The 2025 Kraft Hockeyville Competition started on Jan. 1 with the "Nomination and

Rally" phase, which officially wrapped up on Sunday, March 2.

Community members submitted nomination stories, sharing why the North Dufferin Community Centre (NDCC), commonly known as the Honeywood Arena, is important to them and the community, and how winning the competition would help enhance the space for future generations.

"Rally and Nomination" points contribute to 20 per cent of the total scoring of the competition, while judges evaluate the nomination stories for the remaining 80 per cent.

The Top 3 Runner-Ups of the Kraft Hockeyville Competition will receive \$25,000 for arena upgrades.

The North Dufferin Community Centre (NDCC), located in Honeywood has been a long-standing fixture in the community for more than a century. The first rink was built in 1912 by Thomas Crawford but col-

lapsed in 1921 under the weight of heavy snow. In 1948, a total of \$91,000 was raised to build a new arena, which opened the following year.

The Honeywood Arena experienced another tragedy, on Jan. 24, 1965, it burned to the ground. The arena was rebuilt and opened by Christmas 1965 following fundraising efforts from the community.

The Honeywood Arena has seen notable hockey players pass through their doors, including Bert Wilson, who became Honeywood's first NHL player and Aaron Downey, who won the Stanley Cup with the Detroit Red Wings in 2008.

In a January press release announcing their participation in the annual event, the Township of Mulmur highlighted how the Kraft Hockeyville Competition could bring "much-needed" renovations to the Honeywood Arena.

The Township added that the prize money would enable them to make upgrades



CONTRIBUTED PHOTO

**RALLYING THE COMMUNITY:** Results for the 2025 Kraft Hockeyville Competition will soon be announced and the community of Mulmur is hoping it will be named as a winner. The grand prize is \$250,000 for arena upgrades and it will be announced on March 15.

and repair the aging facility, provide a safe and more welcoming space for skaters and hockey players, and continue to foster a love for hockey for future generations.

The final results of the 2025 Kraft Hockeyville will be announced on March 15.

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# Large quantity of fentanyl seized during search warrant in Shelburne

Written By SAM ODROWSKI

Dufferin Ontario Provincial Police (OPP) officers have made five arrests and seized large quantity cocaine, fentanyl, Percocet, methamphetamine, firearms, and items related to drug trafficking.

The arrests and seizure of drugs took place after officers executed search warrants at houses in Bradford and Shelburne between Feb. 19 and 25.

In the fall of 2024, the Dufferin Community Street Crime Unit (CSCU), in collaboration with the Caledon (CSCU), Nottawasaga (CSCU), Central Region K9, Dufferin OPP frontline members and South Simcoe Police Service, launched a multi-jurisdictional drug investigation.

As a result of the investigation, five individuals were arrested and face multiple charges.

Sharlene Byfield, 35, from Bradford, has been charged with:

- Possession of proceeds of property obtained by crime over \$5000 - in Canada
- Unauthorized possession of a prohibited or restricted firearm
- Knowledge of Unauthorized Possession of Firearm
- Possession of loaded prohibited or restricted firearm
- Possession of a Schedule I substance for the purpose of Trafficking - Cocaine
- Careless storage of Firearm, Weapon, Prohibited device or ammunition
- Possession of a Schedule I substance for the purpose of Trafficking - Other Drugs

- Possession of a Schedule I substance for the purpose of Trafficking -Opioid (other than heroin)
- Possession of Weapon for Dangerous Purpose

Stanley Silvera, 37, from Bradford, has been charged with:

- Failure to comply with release order - other than to attend court (three counts)
- Possession of proceeds of property obtained by crime over \$5000 - in Canada
- Possession of Firearm or Ammunition contrary to Prohibition Order (four counts)
- Unauthorized possession of a prohibited or restricted firearm
- Knowledge of Unauthorized Possession of Firearm
- Possession of loaded prohibited or restricted firearm
- Possession of a Schedule I substance for the purpose of Trafficking - Cocaine
- Careless storage of Firearm, Weapon, Prohibited device or ammunition
- Possession of a Schedule I substance for the purpose of Trafficking - Other Drugs
- Possession of a Schedule I substance for the purpose of Trafficking - Opioid (other than heroin)
- Possession of Weapon for Dangerous Purpose
- Possession of a Schedule I substance for the purpose of Trafficking - Opioid (other than heroin)

Justin Gilchrist, 38, from Shelburne, has been charged with:

- Unauthorized Possession of a Firearm
- Careless storage of Firearm, Weapon,

Prohibited device or ammunition

- Knowledge of Unauthorized Possession of Firearm
- Possession of Weapon for Dangerous Purpose
- Possession of a Schedule I substance for the purpose of Trafficking - Cocaine
- Possession of a Schedule I substance for the purpose of Trafficking - Opioid (other than heroin)
- Traffick in Schedule I substance - Opioid (other than heroin)
- Possession of a Schedule I substance for the purpose of Trafficking - Methamphetamine

Samantha Hackson, 39, from Shelburne, has been charged with:

- Unauthorized Possession of a Firearm
- Careless storage of Firearm, Weapon, Prohibited device or ammunition
- Knowledge of Unauthorized Possession of Firearm
- Possession of Weapon for Dangerous Purpose

Timothy Trantau, 36, from Dysart, has been charged with:

- Possession of a Schedule I Substance-



CONTRIBUTED PHOTO

**ITEMS SEIZED:** Dufferin OPP seized firearms, cash, cocaine, fentanyl, methamphetamine, percocet pills and Clonazepam pills from search warrants executed Feb. 19-25.

Other Drugs

Items seized during Bradford search warrant:

- Glock 36, .45 caliber, loaded with 6 rounds
- 937 grams of Cocaine
- 87 grams of Fentanyl (various colors)
- 358 Percocet pills
- 50 Clonazepam pills
- Over \$8,000 in Canadian cash
- 105 rounds of various ammunition
- Drug trafficking paraphernalia

Items seized during Shelburne search warrant:

- Mossberg 590 Pump Action Shotgun
- 190.6 grams of Cocaine
- 366.4 grams of Fentanyl (various colors)
- 17.6 grams of Methamphetamine
- Money counter
- Vacuum sealer
- Drug trafficking paraphernalia

# Dundalk man charged with impaired driving in Mulmur as a result of traffic stop

Dufferin Ontario Provincial Police (OPP) officers recently charged a Dundalk resident with impaired operation related offences as the result of a traffic stop.

On March 2, just after 12:30 a.m., Dufferin OPP officers were conducting traffic enforcement on Highway 89 in Mulmur. Officers

noted a traffic violation and conducted a traffic stop.

After a brief conversation, the officers were quickly led to an impaired driving investigation.

Kevin Williams, 49, from Dundalk, has been charged with:

- Operation while impaired - blood alcohol concentration (80 plus)
- Driving motor vehicle with liquor readily available
- Speeding 1 - 49 Km/h over posted limit
- Fail to surrender insurance card
- Fail to surrender permit for motor vehicle

hicle

The accused individual is scheduled to appear before the Ontario Court of Justice in Orangeville. Their driver's licence was suspended, and their vehicle impounded.

None of the listed charges have been proven in court.

# Brampton man charged with theft related offences after retail liquor store incident

Dufferin Ontario Provincial Police (OPP) officers have charged a Brampton resident with theft-related offences following an investigation at a retail liquor store in Orangeville.

On Feb. 28, at approximately 8:30 p.m.,

Dufferin OPP officers were dispatched to a liquor store on Broadway in Orangeville, where loss prevention officers had a male suspect under arrest for theft. Dufferin OPP Officers arrived on scene, spoke with the involved parties, and after a brief conversation,

took over the theft investigation.

Ravinder Singh, 36, from Brampton, has been charged with:

- Theft Under \$5000 - Shoplifting
- Possession of a credit card

Anyone with information regarding this investigation of any other criminal activity is asked to contact Dufferin OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-TIPS (8477).

You can also submit your information online at ontariocrimestoppers.ca.

# Early morning collision with snowbank, results in impaired driving charges for Shelburne resident

Dufferin Ontario Provincial Police (OPP) officers charged a Shelburne resident with impaired operation related offences following a collision with a snowbank last week.

On Feb. 28, at approximately 5 a.m., Dufferin OPP officers were dispatched to the

area of Tansley Street and Wansbrough Way in Shelburne, where a vehicle had collided with a snowbank.

Upon arrival, officers spoke with the driver, and after a brief conversation, officers were quickly led to an impaired driving investigation.

An 18-year-old male, from Shelburne has been charged with:

- Operation while impaired - blood alcohol concentration (80 plus)
- Novice driver - B.A.C. above zero

The accused individual is scheduled to appear before the Ontario Court of Justice in Orangeville. Their driver's licence was suspended, and their vehicle was impounded.

None of the listed charges have been proven in court.

## CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12	13	
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61				62					63				
64				65						66			
67				68						69			

### CLUES ACROSS

- 1. Cut a little bit off
- 5. State with confidence
- 11. River in NE Scotland
- 14. Not narrow
- 15. Lacking social polish
- 16. Amount of time
- 17. Frame
- 19. Automobile
- 20. Toadstools
- 21. High school dances
- 22. Utilize
- 23. Challenged
- 25. One-sided
- 27. Showing extreme greed
- 31. Potted plants
- 34. Everyone has one
- 35. Lake in Botswana
- 38. E.T. rode in one
- 39. Juniors' parents
- 41. Small amount
- 42. Mother of Perseus
- 44. Ornamental box
- 45. Gov't investigators
- 46. Uncertain
- 49. A cotton fabric with a satiny finish
- 51. The vast grassy plains in S. America
- 55. Your consciousness
- 56. Noted consumer advocate
- 60. Spanish sports club
- 61. Body part
- 62. Tractability
- 64. Woman (French)
- 65. Ready and willing to be taught
- CLUES DOWN
- 1. Brushed aside
- 2. Water sprite
- 3. Ones to look up to
- 4. Monetary units
- 5. A number everyone has
- 6. Marine invertebrate
- 7. One who takes you to court
- 8. Indicates outer
- 9. Parallelograms
- 10. Strains
- 11. Cross
- 12. A way to remove
- 13. Some pages are dog-\_\_
- 18. Ukraine city
- 24. A citizen of Denmark
- 26. Summer month (abbr.)
- 28. Hindu queens
- 29. Jewelry brand
- 30. Fictional rider of Rohan
- 31. Wet dirt
- 32. Russian city
- 33. Observed
- 36. Furious
- 37. Drivers' licenses
- 39. Musical composition
- 40. Auction
- 43. They \_\_
- 45. Women
- 47. Inspire with love
- 48. Japanese ankle sock
- 49. Appears
- 50. Old World lizard
- 52. The leading performer
- 53. Type of protein
- 54. Pennsylvania town
- 57. Art \_\_: around 1920
- 58. \_\_ Blyton, children's author
- 59. Abnormal breathing
- 63. A place to sleep
- 66. Muslim ruler title
- 67. Depressed
- 68. Gradually gave way
- 69. Clear-thinking

*No one has more self-confidence than the person who does a crossword puzzle with a pen.*

# Crewson Insurance celebrates 40 years of business in Shelburne

Written By PAULA BROWN  
LOCAL JOURNALISM INITIATIVE REPORTER

It takes a lot of work to have a small business succeed, and it takes even more for it to succeed for decades.

Crewson Insurance, located at 110 Adelaide St. in Shelburne, has reached a significant milestone as they celebrated 40 years of business on March 1.

"We have been blessed to have 40 years of success and we have been fortunate to have enjoyed the trust of so many people," said Ed Crewson, co-founder of Crewson Insurance.

"I am grateful to our staff that helped us build and grow a business and to the community who has supported us from so many years. We never thought 40 years ago we would have grown as much and still be here," added Wendy Crewson, co-founder.

Ed and Wendy Crewson opened Crewson Insurance in 1985, after buying Delmar Bates Insurance, a small farm-focused

brokerage located on Main Street in Shelburne. At the time, Crewson Insurance was a two-person business with Ed going door-to-door to get more customers and Wendy managing the office and money.

The Crewsons experienced their first big claim just 90 days after opening their business when a tornado ripped through the Dufferin County community on May 31, 1985.

"We had four and a half million dollars worth of losses, which was a lot for the time," recalled Ed. "We were really busy trying to keep people housed while helping them rebuild their lives; it was a difficult period."

It was at this moment, Wendy said, that they created the foundation for their business being trustworthy in the eyes of their clients.

"We had to gain the trust of the clients in a very early stage in our business and we proved that we could help them and would be there for them. There are clients who

lost property in that tornado, who are still with us now."

By the end of their first year of business, Crewson Insurance had doubled in size and brought on their first employees: Steve Gallagher and Sherry Robinson.

"It's been an honour that I could stay on and keep growing with them and to have been part of this experience," said Robinson, who is still an employee with the company.

In 2001, Crewson Insurance expanded to two offices with a second branch opening in Wasaga Beach. Two decades later, Crewson Insurance once again expanded after acquiring Padfield-Nelson Insurance in Mount Forest.

What started out as a two-person company in 1985 has since grown to 27 employees and three office locations spanning Dufferin, Simcoe and Wellington Counties.

"I'm so proud of my parents for what they have built and I'm excited for the future," said Jennifer Crewson, who joined her fam-

ily's business in 2011. "There's pride in seeing all of these people wanting to be here. It tells me we're doing something people want to be a part of and that it's growing."

Community engagement has been a pillar of Crewson Insurance since it's opening and they continue with their philanthropic acts to date including sponsoring sports teams, art competitions, and community events.

"I want to build a community where you're proud to say you're from and where, hopefully, you decide to stay for the rest of your life. We chose to be here. We wanted a business that people would want to be insured and where people want to work," said Ed.

In a message to the community for their 40 years of support, Ed Crewson said, "thank you for allowing us the opportunity to serve you."

As they celebrate four decades in the community, Crewson Insurance has its eyes firmly on the future as it prepares for another 40 years.

# Local resident pitches rollerblade hockey club to Shelburne Council

Written By PAULA BROWN  
LOCAL JOURNALISM INITIATIVE REPORTER

A local resident has expressed interest in establishing a rollerblade hockey club in the community to Shelburne Town Council.

During their meeting on Feb. 24, Shelburne Town Council discussed a letter received from resident Owen Almeida regarding the potential of bringing a rollerblade hockey league to the Town of Shelburne.

"As an avid rollerblade hockey enthusiast, I've noticed a growing interest in the sport within our community. Many residents, both

young and old, enjoy rollerblading and I believe there's a significant untapped potential for a structure club that would foster skill development, sportsmanship, and community spirit," wrote Almeida.

In the letter, Almeida requested the support of the town in exploring potential locations such as existing paved areas and potentially the development of a dedicated rollerblade hockey rink in future years.

"I envision the club catering to various age groups and skill levels, from beginners learning the basics to more experienced players looking for competitive play. We could orga-

nize regular practices, scrimmages, and even league games," he wrote.

Coun. Walter Benotto shared his support for the potential league and enquired about a future report from staff on potential locations.

"I think it's an excellent idea to be honest with you, and I agree that it does provide another form of exercise," said Benotto. "I'd like to see it move forward."

Concerns were raised about the viability of existing locations within the community, with councillors noting that many potential outdoor spaces are already used by other

clubs and sports teams.

Coun. Len Guchardi suggested directing the location request to the Centre Dufferin Recreation Complex (CDRC).

"Rollerblading does require a smooth, polished surface to play on and I do know that the arena has some underutilized times in the summer," said Guchardi. "I think that we [should] direct him there for access to services and playing time."

Coun. Dan Sample, who sits on the Centre Dufferin Recreation Complex (CDRC) Board of Management, recommended the letter be sent to the board for further exploration.

# Shelburne restaurants facing off in annual Best Burger in the 'Burne contest

Written By PAULA BROWN  
LOCAL JOURNALISM INITIATIVE REPORTER

Do you think you know which restaurant in Shelburne has the best burger? Now is your chance to put it to a vote.

The Shelburne Business Improvement Area (BIA) has announced the return of their "Best Burger in the 'Burne" contest, which sees local residents submit votes to decide the best location in Town to get a burger. "The Best Burger in the 'Burne" contest kicked off on March 1 and will run until March 31.

"We are thrilled to bring back this community favourite event. It's a fantastic way to support our local businesses and enjoy some delicious burgers," said Len Guchardi, a representative of the Shelburne BIA.

The burger competition will feature four participating local restaurants, including Beyond the Gate, Dufferin Public House, Main Street Café and Tippy Fox.

Past winners of the "Best Burger in the 'Burne" contest include the Dufferin Public House in 2023 and Tippy Fox Pub and Grill in 2024.

This year, the Shelburne BIA will be utilizing a ranked ballot system to determine the "best burger." Ballots can be submitted by scanning a QR code available at each participating restaurant starting March 14.

The BIA will also accept written ballots, which can be dropped off at the Town of Shelburne office.

For the 2025 "Best Burger in the 'Burne" contest, the Shelburne BIA is also introducing a "mystery taste tester," who will be tasked with sampling each burger and giving their unbiased burger ranking.

The final results for the "Best Burger in the 'Burne" will be determined by blending the community ballots and the mystery judge's ranking.

The restaurant with the most votes at the end of the contest will be crowned as the "Best Burger in the 'Burne" for 2025 and receive a commemorative plaque from the Shelburne BIA.

Participants who complete their ballot will also be entered into a draw to win a \$100 gift certificate to any downtown Shelburne business of their choice.



STOCK PHOTO

**BURGER BONANZA:** Burger lovers rejoice! The Best Burger in the 'Burne contest is back and running until March 31.

# Spring into action with the Ontario SPCA's Draws for Paws 50/50 Lottery

Spring is just around the corner, and you can help animals in need by taking part in the Ontario SPCA and Humane Society's Spring Draws for Paws 50/50 Lottery.

This is your chance to win big and make a difference by supporting animal welfare initiatives across the province. Last year, the grand prize winner took home more than \$142,000.

The Grand Prize draw takes place on April 10, but don't wait – buying your tickets early will enter you into five Early Bird draws, each with a \$500 prize. Tickets are available for as little as \$10 for 10 tickets, or up to \$75 for 500 tickets. Tickets can be purchased at ontariospcalottery.ca

The Ontario SPCA is a registered charity that relies on the generosity of donors, as it

does not receive annual government funding. The Draws for Paws 50/50 Lottery is a fun, easy way to help animals in need across the province, plus you could win big! When you purchase a ticket, you're not just playing for a prize – you're also helping animals who need love, care, and shelter.

"The Draws for Paws 50/50 Lottery is an exciting way to spring into action to support deserving animals who need us," said Stephanie Miller, vice president of development for Ontario SPCA and Humane Society. "Your support helps ensure animals have what they need to thrive. Plus, with the chance to win big, it's a win-win for everyone!"

Get your tickets today at ontariospcalottery.ca and help make a pawssitive impact!



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# Shelburne WOMEN IN BUSINESS



IN RECOGNITION OF  
INTERNATIONAL WOMEN'S DAY ON MARCH 8 AND  
THE WOMEN IN OUR COMMUNITY WHO INSPIRE US



### THE TEAM AT RISE PHYSIO & WELLNESS

They are a team of women who are dedicated, passionate, and caring about those clients who come to see them for treatment.

RISE Physio & Wellness, offers one-to-one care from your initial assessment to each subsequent visit whether receiving hands-on care, learning therapeutic exercises, or receiving a needling treatment.

RISE Physio & Wellness founder, Kathy Thompson, is a caring and skilled Physiotherapist with a degree in Kinesiology from the University of Western Ontario.

Registered Physiotherapist, Alexandra Caramete, has advanced training in several areas and her treatments combine hands-on manual and manipulative therapy, acupuncture / dry needling, and cupping.

Michelle Vanderpol is an experienced and

highly qualified Orthopaedic and Pelvic Health Physiotherapist.

Together, they provide services to help those recovering from injuries or suffering from physical and mobility limiting ailments.

"We are a wellness clinic with a focus on one-to-one care," Kathy explained. "The three of us all have advanced training with attention to manual therapy. We do soft tissue massage and mobilization, and we also do adjustments and manipulation."

With other treatments focusing on pelvic health, concussions, and even vertigo, the team at RISE Physio & Wellness care for clients by involving them in the development of their treatment goals.

The team also includes three massage therapists, an Osteopath, and a social worker.



119 Adeline St, Shelburne  
519-306-1655  
www.risept.ca  
hello@risept.ca

### TERRA ORAGUNYE – TRAINERGAMES FITNESS AND GOLDEN TREE CANNABIS



735 Industrial Road, Shelburne  
goldentrecannabis.com  
trainergamesfitnesscentre.com

A business cannot operate successfully without those people who are behind the scenes and take care of the administrative side of things that keeps everything running smoothly.

Terra Oragunye, along with her husband, own and operate TrainerGames Fitness and Golden Tree Cannabis in Shelburne.

While she works hard to keep the businesses operating as an administrator, Terra enjoys meeting customers and especially those that come to the gym for exercise.

"It's a great experience," Terra said. "People look at our gym like it's a home away from home. At the gym, you can dedicate one hour to yourself and your health and well being. It's

a feel-good business."

As a business owner, Terra admits that the flexibility of being your own boss is a major reason why she enjoys it so much.

"Being able to be in control of my own day and make my own schedule allows me to carve out some time for my kids," Terra explained.

Actively involved in the community, Terra said it is a pleasure to give back to the community that supports them by sponsoring local sports teams, organizations, and being a part of many local events.

As a local woman in business, Terra strives to be a business leader while engaging with the community and making it a better place to live.



### JACI THOMAS – GLOBAL PET FOODS

When Jaci Thomas decided to go into business for herself, she decided to combine two of her favourite things - pets and meeting people.

"I love animals, and I like people - I thought these two things would work well together and be a good fit," Jaci explained. "We're here to help people with their animals. We care about the animals and that's what we're here for. We want to make the animal's lives more fulfilled."

Global Pet Foods supplies quality food for every kind of pet. They also have pet accessories and products you need to keep your pets happy.

Jaci and her staff can advise you on the best diet for your pet and what type of food they

need to thrive.

"We sell products for healthy choices for your pets," Jaci said. "Our job is to help you maintain the health of your animal."

As a business owner, Jaci is engaged with the community and enjoys helping organizations in the region.

Global Pet Foods Shelburne supports the Autism Society, the Shelburne Public Library, the school breakfast club, the Feral Cat Rescue, and other local good causes.

Since taking over Global Pet Foods, Jaci has become a valuable member of the Shelburne business community.

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519-925-3471  
shelburne.globalpetfoods.com/  
shelburne/

### LINDA RODARTE – YES TACOS MEXICAN CUISINE



158040 Highway 10, Melancthon  
226-256-8047  
yes-tacos.com

As a local business owner, Linda Rodarte, of Yes Tacos Mexican Cuisine, said one of the things she appreciates about being in business in Shelburne is the slower pace of life.

Linda said she values how customers stop to talk and are friendly. She says it is far different from a larger city where everyone is in a rush.

Yes Tacos Mexican Cuisine opened at its current location on Highway 10, in Melancthon in August 2024, and has quickly gained a customer base of residents from both the area and nearby towns who love Mexican food.

Linda spent 14 years in the banking industry before deciding to open Yes Tacos Mexican Cuisine.

Prior to that, she had more than a decade

of experience in the hospitality industry in Colombia where she learned the nuances of working with, and serving the public.

During the 24 years of living in Canada, Linda's husband Guillermo has always instilled in his family his customs and passion for northern Mexican food which has been an inspiration for Linda.

Authentic Mexican food is the specialty of the house at Yes Tacos Mexican Cuisine. All dishes are served to preserve the original recipe.

All sauces are made in-house from scratch for an authentic Mexican Cuisine experience.

Linda is a dedicated, friendly local business owner who appreciates her customers and enjoys being a part of the community.





# Celebrating progress and raising awareness of challenges faced by women today

Written By SAM ODROWSKI

International Women's Day is March 8 and there's no shortage of reasons to celebrate all the wonderful women in your life.

Women are essential to our society in many ways, as economic contributors, caregivers and decision-makers.

They are the backbone of families and play a critical role in the development of children.

While society has come a long way in levelling the playing field for women, gender discrimination and domestic violence continue to be problems. Globally, women and girls struggle with a lack of access to education and healthcare.

International Women's Day raises awareness about existing inequality for women and girls, as well as the progress made over the last several decades.

Locally, Family Transition Place is holding an International Women's Day luncheon at Hockley Valley Resort (793522 3rd Line EHS, Mono) on March 7.

The event will feature Tracy Moore, host of the lifestyle talk show Cityline from 2008 to 2024. Previously, Moore was a news anchor on Citytv Toronto's Breakfast Television from 2005 to 2008 and occasionally stepped in as co-host with Kevin Frankish.

This year, we're excited to present Tracy Moore as our special guest," said FTP in a press release. "For over a decade, Tracy spearheaded Cityline, one of Canada's most influential lifestyle programs. Whether speaking on women's empowerment, gender and race-based challenges in the workplace, diversity and inclusion, maternal mental health, and body image or lighting up the stage as an energetic host and emcee, Tracy is celebrated for her friendly nature and down-to-earth attitude."

In addition to featuring Moore as a guest speaker, the International Women's Day event will have a silent auction, door prize items, a three-course gourmet meal and swag bags.

The event will run from 11 a.m. to 3 p.m. on March 7.

Learn more and register at [familytransitionplace.ca/events/international-womens-day](http://familytransitionplace.ca/events/international-womens-day).



## BRENDA HOLMES AND EMILY EICHHORN – ALL-MONT GARAGE DOORS

It is the pride of being part of a successful family business that gives Brenda Holmes and Emily Eichhorn a sense of satisfaction when they help their customers.

Brenda and Emily both work in the administrative side of the All-Mont Garage Doors in Orangeville.

A garage door takes up a large part of the facade of many homes, so choosing the right one to enhance the home's appearance is a big decision.

"I think its the pride of having your own business and meeting and helping people that gives us satisfaction," Brenda said of why she and Emily enjoy working at All-Mont Garage Doors. "We help guide people to find the right

garage door for their home."

Brenda's Dad started the company in 1983. Her two brothers eventually took over the operational side of the business and they have a large regional client base.

With a family run business, having a solid reputation for providing excellent service is necessary to bring customers back and also to ensure referrals after a job well done.

"We take pride in our work," Brenda said. "We help customers across the region including home owners and builders. We put in the extra effort."



48 Centennial Road, Orangeville  
519-942-1956  
[allmontdoors.com](http://allmontdoors.com)



136 Main Street West, Shelburne  
519-306-0073  
[rlb.ca/contact/rlb-shelburne](http://rlb.ca/contact/rlb-shelburne)

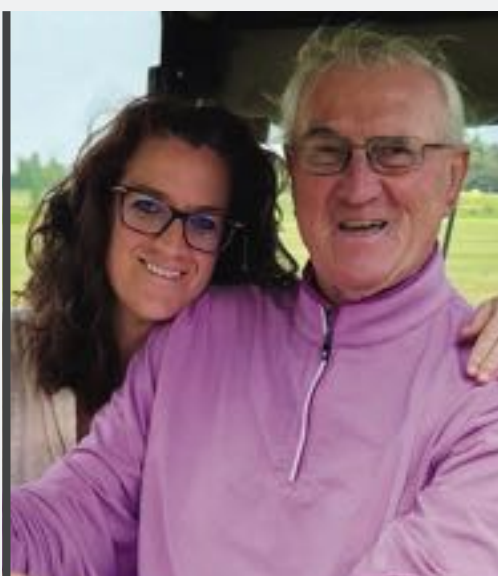
## KAREN WEBSTER – RLB CHARTERED PROFESSIONAL ACCOUNTANTS

If you were to ask Karen Webster, CPA, a Senior Manager at RLB Chartered Professional Accountants, what the secret to keeping her clients feeling confident, she would say "my job is to handle the numbers so that they can focus on what they do best." Karen is passionate about client success and her clients know that she is dedicated to helping them succeed in their own business. A life-long member of the Shelburne community, she knows that her clients are also her neighbors. She is proud to serve the town she grew up in and to help provide Shelburne and the surrounding area with access to a professional public accounting firm, offering a variety of advisory services and support the community needs.

As a CPA with over 25 years of experience,

Karen approaches client service by offering tailored advice rooted in a deep understanding of her client's unique needs and business goals. "We work with a number of small to medium-sized businesses and corporations" Karen explains, "Of course I look for ways to save them money, but it goes far beyond that. I want to know what their personal and professional goals are, and then we work together to make those a reality. That's really where I find joy in my work."

Karen is also actively engaged with the community outside of the accounting scope. She is a member of the Rotary Club, sits on the Headwaters Health Care Foundation board, and is involved with Family Transition Place, among other notable community organizations.



## MEGAN YOUNG – SHELBURNE GOLF & COUNTRY CLUB

Some people pursue a career, others fall into one.

Megan Young, General Manager at the Shelburne Golf & Country Club, was born into the business and has been there ever since.

Megan's father, Sam Young, bought the golf course in 1975, and Megan arrived a couple of years later with a future on the fairways and greens becoming a natural way of life for her.

"I drove my first cart when I was three years-old," Megan explained. "I had my first official job at nine years-old as a rock picker."

Megan describes herself as a 'high energy' person and she thrives on the fast paced and busy atmosphere at the club.

Between managing a golf course and

booking events and weddings in the banquet hall, Megan is busy all the time. On any given day, between 200 and 300 people may be at the Country Club and Megan enthusiastically interacts with visitors and makes sure everything is running smoothly.

Megan is proud of the fact that it is a family business. This allows the Club to be part of the community and hire local people to fill positions at the Club.

Actively engaged in the community and a supporter of many local charities, Megan is a well-known local business leader who enjoys meeting people and successfully operates the local golf course.



516423 County Rd. 124 RR 3,  
Melancthon  
519-925-5581  
[shelburnegolf.com](http://shelburnegolf.com)



730 Industrial Rd, Shelburne  
519-925-2120  
[shelburnephysio.com](http://shelburnephysio.com)  
[info@shelburnephysio.com](mailto:info@shelburnephysio.com)

## THE TEAM AT SHELBURNE PHYSIOTHERAPY CENTRE

Shelburne Physio believes in the power of teamwork, care, and expertise-and the incredible women on our team embody all of these qualities and more. Their kindness, knowledge, and passion for helping others create a warm and supportive environment where healing thrives. Whether they are treating patients, assisting with recover plans, or ensuring that everything runs smoothly at the clinic, their impact is felt every day. We are honoured to work alongside such an amazing group of women and want to take this opportunity to celebrate them for their dedication, hard work and commitment to the well-being of our clients, clinic and community.



# SPORTS

## Centre Dufferin Royals girls hockey team wins District 4 Championship

Written By BRIAN LOCKHART

The Centre Dufferin District High School Royals girls' varsity hockey team have claimed the District 4 Championship with a 2-0 win over the Wellington Heights Secondary School Wolverines in the final game.

The championship game took place on the Royals' home ice at the Centre Dufferin Recreation Complex on Thursday, Feb. 27.

The Royals have had a stellar season finishing in first place in the District standings with a 9-2-1 record.

The Wellington Heights team came to the final as the third-place team with a 4-4-4 record for the season.

In the playoffs, the Royals won their semi-final game 3-2 over Erin District High School to earn the right to advance to the championship game.

In the final game, it was a fast first period but neither team could score.

The Royals got on the scoreboard in the second period on a goal with 6:19 left on the clock.

Returning for the final period, the Royals kept up the pressure and scored at the mid-way mark in the frame.

The Wolverines worked hard to get back in the game but the Royals defence did a good job of keeping them away from the net.

The final was a 2-0 win for the Royals and they were awarded the 2025 District 4 championship title.

Royals goalie, Vienna Brown got the shut-out for the team.

"I thought it was a pretty good game," said Royals centre Abby Flynn after the game. "We had good passing and we were fast. I think we slowed down toward the end, but we managed. I think I did well winning my draws in the offensive zone."

Both teams played well in the final game and it was a fast-paced match-up.



BRIAN LOCKHART PHOTO

**SWEEPING WIN:** The Centre Dufferin District High School Royals girls' varsity hockey team played the Wolverines from Wellington Heights Secondary School during the District 4 Championship game at the Centre Dufferin Recreation Complex on Thursday, Feb. 27. The Royals won the game 2-0 to clinch the 2025 District 4 Championship.

"It was good – I think we worked hard and I feel the effort we put in this year has helped us get to this point," said Royals goalie Vienna Brown. "On offence, I think we did well getting into their end and keeping it out of our end."

As District champions, the Royals have earned the right to go to CWOSSA and compete at the regional level against other District champions.

The CWOSSA competition will take place on March 5 and 6 at RIM Park in Waterloo. Results were not available at press time.



**DISTRICT 4 CHAMPIONS:** The Centre Dufferin District High School Royals girls' varsity hockey team claimed the District 4 girls' hockey championship with a 2-0 win over the Wellington Heights Secondary School Wolverine on Thursday, Feb. 27. The final game was played at the Centre Dufferin Recreation Complex. The Royals finished in first place in the District 4 standings in the regular season.

## CDDHS boys junior and senior basketball teams compete at District 4 championships

Written By BRIAN LOCKHART

The Centre Dufferin District High School Royals boys' basketball teams competed at the District 4 championships on Wednesday, Feb. 26, in Erin.

Both the Junior and Senior teams made it to the final game after having successful seasons.

The Junior and Senior teams both faced the Erin District High School Raiders in the final.

### Junior

The CDDHS Royals Junior team had a successful season, finishing in second place in the District 4 standings with a 6-2 record. They averaged 54 points per game this year.

In the final game, they were up against the first-place Erin District High School Raiders on the Raiders home court.

At the end of the first quarter, the Royals were trailing 14-8.

They matched baskets in the second quar-

ter, and at the half, it was a 30-25 Erin game.

Returning for the second half, the Royals turned it up a notch and had a one-point lead at the end of the third quarter.

The game came down to the fourth quarter to see who could take the lead.

The Raiders got the edge in the final quarter and won the game 63-45.

### Senior

The Royals Senior boy's team finished the regular season in second place with a 6-2 record.

They averaged 59 points per game in the regular season.

Going into the playoffs, the Royals defeated Norwell District Secondary School in the semi-final, leaving the court with a 61-36 win.

That set them up to go to the District 4 championship in Erin against the Raiders.

The Erin team finished the regular season in the top spot with an undefeated 8-0 record. Erin eliminated Emmanuel Christian

High School 73-54 in their semi-final game.

The final game was well played by both teams.

When the final buzzer sounded, the Raiders took a 65-43 win and will advance to regional competition at CWOSSA.



BRIAN LOCKHART PHOTO

**CLOSE GAME:** The Centre Dufferin District High School Royals senior boys' basketball team went to the District 4 Championship in Erin on Wednesday, Feb. 26. The Royals were up against the Erin District Secondary School Raiders in the final game. The Royals had to settle for a 65-43 loss.



BRIAN LOCKHART PHOTO

**SOLID EFFORT:** The Centre Dufferin District High School Royals junior boys' basketball team take on the Erin District Secondary School Raiders during the District 4 Championship game held in Erin on Wednesday, Feb. 26. The Royals had to settle for a 63-45 loss in the final game.

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**ATHLETE OF THE WEEK**

**RYAN FERREIRA**

Relatively new to the sport, Centre Dufferin District High School senior basketball player, Ryan Ferreira, is only in his second year playing basketball.

"All my friends played and it looked like fun so I thought I would try it out," Ryan said of getting involved with basketball. "I like everything about it, offence, scoring, I like it all."

Since joining the Centre Dufferin team, Ryan has become a valuable member of the squad.

**TEAM: CENTRE DUFFERIN DISTRICT HIGH SCHOOL SENIOR BOYS BASKETBALL**  
**POSITION: FORWARD**



JOEL KRAHN PHOTOS



**BARRIERS BROKEN:** The Dufferin County Canadian Black Association held its Annual Black History Month Event at Theatre Orangeville on March 1. It was an evening dedicated to honouring Black legacy, leadership, and contributions to Canada. In addition to distinguished guest speakers, the event featured cultural performances and live music. Award winning artist Sean Jones sung on stage as the event's featured performance. Elite Dance members performed Madam Creole and Danse Danse. HRH King Nan Yaw Osam I delivered a speech during the event and Warrant Officer Patrick Philippeaux shook hands with MC Moy Fung after his keynote speech.



## Local emergency services to square off in annual Charity Hockey Game

Written By PAULA BROWN  
LOCAL JOURNALISM INITIATIVE REPORTER

Members from Dufferin County's emergency services will be "playing for a purpose" as they lace up their skates and square off on the ice for a charity fundraiser.

Dufferin OPP and the Orangeville Fire Department will be co-hosting a charity hockey game at Alder Arena on March 15 at 5 p.m.

"It's all about community engagement. The hockey game is using two emergency services, OPP and Orangeville Fire, to unite the community that we already serve," said Const. Amy Pitton, an organizer for the event. "It's also an opportunity for us to go beyond calls for service and give back to agencies that we work alongside almost every day."

Last year, Dufferin OPP and Orangeville Fire held the inaugural charity hockey game with the local fire department walking away on top following a 6-2 win.

Not only did the event provide entertainment for roughly 800 attendees who filled the arena, but it also raised more than \$7,500

for the Orangeville Food Bank and Dufferin Child and Family Services (DCAFS). The funds were split evenly between the two organizations.

"It's not just playing hockey. We're playing with the intent to support two organizations who already help so many members within the community here in Dufferin County," said Pitton.

In addition to the showdown between two local emergency services, the event will also feature an intermission activity for the local U8 team, as well as a "Chuck a Puck" and a "Shoot for the Loop" game to win prizes.

Tickets for the emergency services hockey game cost \$10 and are available for purchase at the door on the night of the event, or ahead of time during business hours at both the Orangeville Fire Department (10 Dawson Road) or the Orangeville OPP Detachment (390 C Line).

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## Sale of Land By Public Tender

Municipal Act, 2001



THE CORPORATION OF THE  
TOWNSHIP OF

**Melancthon**

**Take Notice** that tenders are invited for the purchase of the land(s) described below and will be received until 3:00 p.m local time on April 10, 2025 at 157101 Highway 10, Melancthon, Ontario, L9V 2E6.

The tenders will then be opened in public on the same day at 3:30 p.m local time at 157101 Highway 10, Melancthon, Ontario, L9V 2E6.

**Description of land(s):** Lot 95, Plan 23A; Melancthon [PIN 34153-0024 (LT)] Roll No. 22-19-000-005-10150-0000

**Minimum tender amount: \$7,644.71**

According to the last returned assessment roll, the assessed value of the land is \$44,000.00.

Tenders must be submitted in the prescribed form and must be accompanied by a deposit of at least 20 per cent of the tender amount, which deposit shall be made by way of a certified cheque/bank draft/ money order payable to the municipality (or board).

**Except as follows, the municipality makes no representation regarding the title to, existing interests in favour of the Crown, environmental concerns or any other matters relating to the land(s) to be sold. Any existing Federal or Provincial Crown liens or executions will remain on title and may become the responsibility of the potential purchaser. Responsibility for ascertaining these matters rests with the potential purchasers.**

Pursuant to the Prohibition on the Purchase of Residential Property by Non-Canadians Act, S.C. 2022, c. 10, s. 235 (the "Act"), effective January 1, 2023, it is prohibited for a non-Canadian to purchase, directly or indirectly, any residential property, as those terms are defined in the legislation. Contraventions of the Act are punishable by a fine, and offending purchasers may be ordered to sell the residential property.

The municipality assumes no responsibility whatsoever for ensuring bidders/tenders comply with the Act, and makes no representations regarding same. Prospective bidders/tenders are solely responsible for ensuring compliance with the Act and are advised to seek legal advice before participating in this sale.

Transfers of properties that contain at least one and not more than six single family residences and are transferred to non-residents of Canada or foreign entities, are subject to the Province's Non-Resident Speculation Tax (NRST).

This sale is governed by the *Municipal Act, 2001* and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and any taxes that may be applicable, such as land transfer tax and H.S.T.

The municipality has no obligation to provide vacant possession to the successful purchaser.

A copy of the prescribed form of tender is available on the website of the Government of Ontario Central Forms Repository under the listing for the Ministry of Municipal Affairs and Housing.

Tender packages and further information about this matter is available online at [www.melancthontownship.ca/municipal-services/public-notices/](http://www.melancthontownship.ca/municipal-services/public-notices/) or you may contact:

SARAH CULSHAW  
TREASURER/DEPUTY-CLERK  
CORPORATION OF THE TOWNSHIP OF MELANCTHON  
157101 HIGHWAY 10  
MELANCTHON, ONTARIO, L9V 2E6  
519-925-5525  
sculshaw@melancthontownship.ca

# Theatre Orangeville brings 'Bed and Breakfast' to the Opera House

Written By CONSTANCE SCRAFIELD

As spring invites us back to Theatre Orangeville's next production, we are to be treated to "Bed and Breakfast" by Mark Crawford, opening March 13 and running to March 30.

A tale of two gay guys, living in Toronto, when one of them inherits his much-loved auntie's home in small-town Ontario. Do we sell? Do we keep it as a dearly remembered property and, then, what do we do with it?

Once the math is done, they admit this city's life is too expensive. Keeping the house wins and they make their plans to move. There are many considerations and unknowns which will have to be discovered in due course. A leap of faith takes the lead.

"It's a residence in a Victorian fief," quipped Patrick Arnott, director of the show. "They are not able to afford Toronto any more."

The play charts the progress of being gay in a small town – about the adjustment, surprises and not necessarily everything they expected.

Arnott was seated in the rehearsal hall with Adrian Shepherd-Gawinski, in the role of Brett and Warren Macaulay as Drew, from where they "Zoomed" an interview with the Citizen earlier this week.

Giving another hint about the plot, Macaulay informed us that, "Drew is estranged from his family. Once he came out, as a young man in his small town out west, his family rejected him."

While Brett spent plenty of his childhood days at his auntie's house, Drew is also familiar with how a small-town culture might look.

These three gentlemen have already had the pleasure of performing Bed and Breakfast at Lighthouse Theatre in Port Dover and they are excited with this second chance to bring it to another audience here in Orangeville. Gawinski is welcomed back to Theatre Orangeville after some time, following his parts in Screwball Comedy and Queen Milli of Galt.

Macaulay is making his debut here. He said about the play. "Mark loves addressing issues in homophobia. There is so

much humour but not backing off either – so much heart. It makes me feel seen."

They are delighted to do "Bed and Breakfast" again for the beauty, warmth and cleverness of how well it is written, and how thoughtfully constructed.

"This is masterful comedy," Arnott commented, "invested in characters we grow to know and love."

These two characters are far from isolated in this story, for there comes a slew of others, twenty-plus in fact, whom the two actors on stage deliver all through the tale. Ten and eleven each, "without any props or costume changes," their director pointed out.

It is the attitudes, commentary, reactions, guidance and all the rest of this small-town population that Brett and Drew must get to know and learn how to win their approbation, at least.

Macaulay and Gawinski play them and everyone. Their director smiled like the ringmaster of any successful circus at his actors' skill to manage it all.

"Such an array of characters," Arnott chimed, "It's a great responsibility with the changes to go deeper into their parts. Each of them has had to be discussed and understood."

The play challenges assumptions about people and the actors that have to portray them. They are asking the audience to think, "how do you see people?"

Yet, this play is not a simple loop, we were told. These two each have a personal journey and there is real change.

Once Brett and Drew finally move into their new home, there are discussions and opinions about what to do with the house and the long and short of it is they decide to open a bed and breakfast establishment.

How many of the multi-characters rest there? We will have to see the show to find out.

For playwright, Mark Crawford, there is always the conversation: "It is not as simple as the guys show up and settle in – it's much more complicated," said Arnott.

How to manage the multi-character quick change, one person from a very different one, was a question. There are exercises



CONTRIBUTED PHOTO

**BED & BREAKFAST CREW:** Meet the creatives bringing Mark Crawford's "Bed and Breakfast" to Theatre Orangeville from March 13 to 30. From left: Warren Macaulay plays Drew, Stewart Arnott is directing this hear-warming comedy and Adrian Shepherd-Gawinski plays Brett.

to learn the energy of each role, moving the body into a different shape so that the audience is instantly aware of who that is. It is an interesting skill to develop. For Macaulay, his approach is starting slowly, over time finding each voice and shape and making them real. For both of these actors, this play presents them with more characters each than they have carried before.

"It is Virtuosoic!" declared their director.

There are reasons galore to hurry and get your tickets for this show and some were listed for us.

Before everything came the idea: we could use a lot more empathy, challenging ourselves about our assumptions. There are all kinds of people in this town. The audience is taken on this journey to put themselves in the shoes of others and to understand each other better.

Gawinski tells us it is so entertaining to put all these ideas into this play.

"It is fun," he said. "There are incredible jokes."

For Arnott, it is the chance to experience a beautiful example of seeing the magic of the theatre.

For more details and to purchase tickets, please see the following from Theatre Orangeville:

"Due to the recent cyber attack on the Town of Orangeville, Theatre Orangeville's emails and phone lines have been affected - BUT FEAR NOT! Their ticketing and patron data has not been affected!"

You can visit the lovely folks at the box office in person at 87 Broadway, Orangeville, or you can purchase your tickets online at [www.theatreorangeville.ca](http://www.theatreorangeville.ca) as normal.

They do have a temporary phone number that you can call for tickets, which is 519-938-7584. You can also reach out via email at their temporary email which is [theatreorangeville@gmail.com](mailto:theatreorangeville@gmail.com).



CONTRIBUTED PHOTOS

**MIXING AND MINGLING:** The Dufferin Board of Trade's 2025 Industry Luncheon, featuring keynote speaker Daniel Lewis, was held at Osprey Valley in Caledon on Feb. 27. Hosted in partnership with Rotary Club of Orangeville, the Greater Dufferin Home Builders Association, the luncheon featured business owners, professionals, entrepreneurs, and local dignitaries. Dufferin-Caledon MPP Sylvia Jones, the riding's MP Kyle Seeback and Orangeville Councillor Joe Andrews were in attendance.



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**SPRING EDITION COMING APRIL, 2025**

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- MAY 2ND** – PLANES, TRAINS & AUTOMOBILES – GAS & OIL W/ VINTAGE VEHICLES (Rev up for some serious nostalgia!)
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### NEW HORIZONS CLUB St Jacob's Playhouse & Lunch

**WEDNESDAY, APRIL 23, 2025**  
**\$155 per person**

Visit the lovely St Jacob's playhouse to catch a matinee performance of the multi-generational comedy

Over the river & through the woods  
 Price includes lunch at Anna Maes restaurant

Departing:  
 Centre Dufferin Recreation Complex at 9:45a.m.  
 Grand valley & District Community Centre, 10:15  
 Call Diane for tickets **905-460-7548**

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**HELP WANTED.** We are looking for a general labourer with fork lift experience to assist with sorting, packaging and organizing wood products for sale. If you are interested please contact Trish for more information. This is a temporary position from March to July 2024. Call 519-925-3984 Monday to Friday from 8a.m. to 12p.m.

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**OBITUARY**

### BARRY ROBERT WOOD



On Tuesday, February 25, 2025, Barry Wood, at the age of 65 years, beloved husband of Ana. Loving son of the late Doreen and Arthur Wood. Dear brother of George Wood (Lynn), Marilyn Terry (Steve), Brian Wood (Cindy), Roy Wood (deceased), and Glenn Wood (Faith). Fondly remembered by many nieces and nephews.



The family will receive their friends at the Egan Funeral Home, 203 Queen St. S. (Hwy. 50), Bolton on Thursday, March 6 from 2 – 4 and 6 – 8 o'clock and on Friday morning, March 7 from 10 o'clock until time of funeral service in the chapel at 11 o'clock.

Spring interment Caledon East Cemetery. A reception will follow the funeral service in the reception room at the funeral home.

If desired, memorial donations may be made to the Heart & Stroke Foundation of Ontario (heartandstroke.ca) or charity of your choice. Condolences for the family may be offered at www.EganFuneralHome.com

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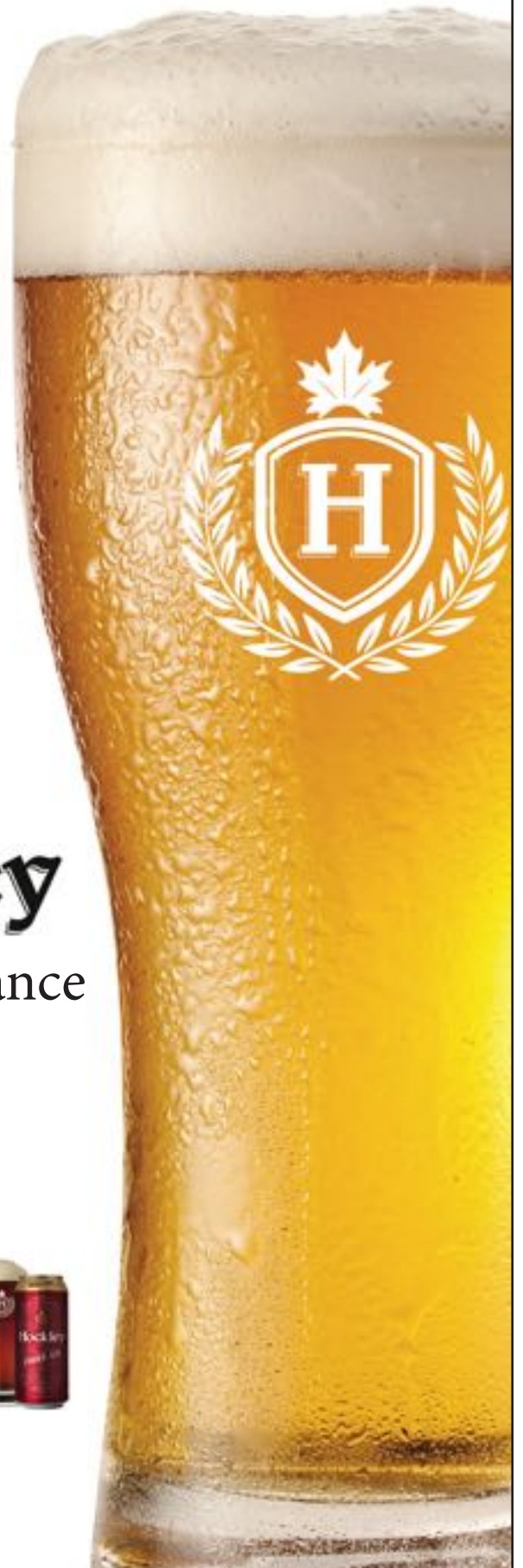
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# Shelburne Public Library shares upcoming events, recommended read

### Upcoming Events

March Break is just around the corner, and we have great entertainment planned for you.

Please note the Birds of Prey event is sold out, but you can join us for Fireside Munsch on Wednesday, March 12 at 2 p.m. at Grace Tipling Hall or Comic Juggler Craig on Thursday, March 13, 2 p.m. at Grace Tipling Hall.

Tickets are \$4 each and must be purchased for children and adults in attendance.

The March Break Book Sale takes place from Tuesday, March 11 to Saturday, March 15 at the Shelburne Public Library. We have many children's books, as well as Young Adult & Adult Fiction ready for your to-be-read piles, just in time for March Break. Bring your bag and fill it for \$2.

### Seed Library

Our Seed Library is still seeking donations. Help our seed library grow by donating spare, viable seed! Seed donations can be dropped off at the Main Circulation desk during open hours. Please label your seeds with the variety, date it was harvested, and the location it was grown. For example – Snow Peas, harvested Fall 2024, Shelburne.

### Recommended read

**Book and Dagger by Elyse Graham:** This is an untold story of the academics who became OSS spies and invented modern spycraft, and tells how they were able to change the course of World War II to help defeat the Nazis.

**Why Molly recommends it:** This is a fascinating book on the inception of spying in the United States. Previous to World War II,

the US didn't have a spy agency of any kind. I was surprised by this, and other facts delivered by Professor Graham.

She deftly relays information on the activities some of us might not know about, while drawing some of her own conclusions. I don't usually enjoy when an author uses supposition about the people they're reporting on factually, however, Professor Graham seems to be coasting on a wave of imagination which has recently captivated other authors.

The shelves are full of stories about librarian spies, bookseller spies, secretary spies and others who tend to rely on their intelligence, rather than their bravado to go through life.

I recommend this book to anyone who loves history, but particularly those who enjoy reading about unlikely heroes.

*Shelburne*  
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**NO FRILLS, 101 2nd Line RR 1, Shelburne** (by the mailboxes)  
First Ave West (by train tracks/ new condo mailboxes)  
Royal LePage RCR Realty, 126 Main Street East, Shelburne  
Stewart Street (Hyland subdivision by mailboxes)  
Hornings Mills (by the Community Centre)  
Dean Road, Mulmur (by news boxes)  
Shelburne Canadian Legion (front entrance on 2nd Ave.)  
Superburger, 506269 ON-89, Shelburne (Corner of Hwy 89 and 10)  
Town Hall, 203 Main St E, Shelburne (inside Town Hall)  
Trillium Ford, 506168 ON-89, Mono  
CDRC, 200 Fiddle Park Lane, Shelburne (Box inside lobby)  
Foodland, 824 Ojibway Rd, Shelburne  
Caravaggio, 128 Main St E, Shelburne  
Autocare Plus, 710C Industrial Rd, Shelburne  
Roys Service, 635202 ON-10, Mono  
Dynes Senior Building, 301 First Ave E, Shelburne  
Town Milk & Variety, 516 Main St E, Shelburne (near New Orleans Pizza)

.....  
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Check our facebook page to see the other kitties looking for their forever home. Donations always needed to help care for the cats as we are not funded at all, and rely on donations and fundraisers. If you would like to volunteer as well we are always appreciative.

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<p><b>NEW AND IMPROVED RECIPE!</b> Deluxe Meat Lasagna 907 g</p> <p><b>SAVE \$7</b></p>	<p>Flatbreads 460 g - 515 g Choose from 4 varieties.</p> <p><b>SAVE \$3</b></p>	<p><b>NEW!</b> Pork Schnitzel 5-7 PIECES 650 g</p> <p><b>SAVE \$6</b></p>	<p><b>SAVE \$3</b></p> <p>Taco Bites 8 PIECES 480 g</p>
<p><b>SAVE \$6</b></p> <p>Haddock Tenders 8-12 PIECES 454 g</p>	<p><b>NEW!</b> Cinnamon Bun Pull-apart Bread 625 g</p> <p><b>SAVE \$5</b></p>		

**Bistro Chicken®**  
114 g

Choose from:  
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**4 for \$9.99**

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142 g

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Apple Blossoms  
2 PORTIONS 230 g  
3 Varieties

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**SALE**

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6 PIECES 330 g

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**SAVE \$3**

100% CANADIAN DAIRY

4.99 Apple Crisps  
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**SNACKS & BITES** **9.99 each**

**SAVE \$2 each**

Crispy Everything Cream Cheese Bites  
14 PIECES 280 g

Artichoke Mac & Cheese Bites  
14 PIECES 280 g

Chicken Spring Rolls  
6 PIECES 432 g

Mini Franks in Pastry  
15 PIECES 279 g

**SALE**

**SAVE \$3**

Cheesy Pizza Rolls  
8 PIECES 460 g  
2 Varieties

**SALE**

Mini Vegetable Spring Rolls  
16 PIECES 384 g

**SALE**

Mini Quiche  
16 PIECES 340 g  
2 Varieties

**FAMILY FAVOURITES**

**SALE** Maple Butter Pork Chops  
4 PIECES 500 g  
**11.99**

**SAVE \$4**

Cod Nuggets  
17-27 PIECES 567 g

**13.99 each**

**SAVE \$3**

**NEW!** Korean Style Fried Chicken  
650 g  
**16.99**

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Meat Loaf Minis  
4 PORTIONS 680 g

**15.99**

**SAVE \$2**

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**10.99**

Broccoli Gratin 500 g

**SAVE \$2**

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**4.99**

**SALE**

Also available, Seasoned Sweet Peas 300 g \$4.99 **SALE**

**7.99**

**SAVE \$2**

Grilled Mini Potatoes 500 g

**10.99**

Also available, Cauliflower Gratin 500 g \$10.99 **SAVE \$2**

**4.99**

Peaches & Cream Corn 500 g

**4.99**

Gourmet Floret Medley 300 g

**4.99**

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**SAVOUR EVERY BITE** **SAVE \$2**

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**NEW!** Montreal Smoked Meat  
2 POUCHES x 200 g

Pulled Pork  
2 POUCHES x 340 g

Smoked Beef Brisket in BBQ Sauce 400 g

Philly Beef Steak  
4 PORTIONS 336 g

**BUY 1, GET 1 50% OFF**

**SAVE \$7.50**

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Jalapeño Cheese Sticks  
13-16 PIECES 434 g

Mozzarella Sticks  
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20 SKEWERS 500 g

**SAVE \$3**

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2 STEAKS x 170 g/6 oz  
3 Varieties

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20 PIECES 500 g

**27.99**

Lobster Tail Skewers  
4 PIECES 200 g

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4 SKEWERS 365 g

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Chicken Teriyaki

Spicy Sesame Chicken & Rice

Fettuccine Alfredo

Homestyle Tuna Casserole

Chicken Pad Thai

Chicken & Broccoli Pasta Bake

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**28.99**

Chicken Strips  
27-33 PIECES 1.36 kg/3 lb

**SAVE \$5**

**28.99**

Breaded Chicken Fillets  
15-25 PIECES 907 g/2 lb

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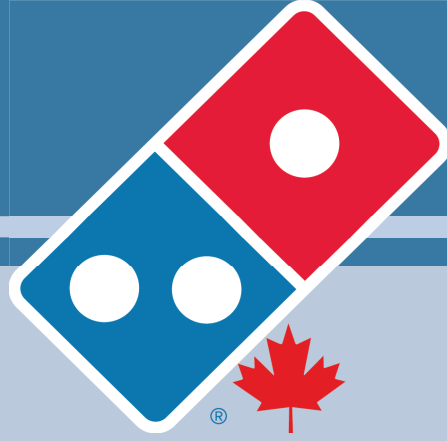
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