

CALL For **Free Market Valuation**
LOOKING TO BUY OR SELL?
519-925-6948
 McCarthy Realty Team is
 Home Town Proud, Supporting Local
 Experienced . Friendly . Honest . Trustworthy
 Professional . Knowledgeable . Local
 Successful Proven Results
 INFO@MCCARTHYREALTY.CA

The McCARTHY TEAM IMPROVING LIVES EVERYDAY!
 We are Here for You !

ALI MCCOLL REALTOR KATIE PRINCE BROKER MARG MCCARTHY BROKER OF RECORD TONI COLELLA ADMIN TAMMY WOODS REALTOR

MCCARTHY
 REALTY
 BROKERAGE
 519.925.6948

Shelburne Free Press

SHELBURNE'S NEWSPAPER SINCE 1875

www.shelburnefreepress.ca

.75(Tax) Mailing Registration No. 40005412 Thursday, May 29, 2025 Volume 151, No. 21

Edgewood Suites

ADULT LIFESTYLE RENTAL APARTMENTS AVAILABLE NOW IN DUNDALK. COMING SOON TO MARKHAM, OWEN SOUND AND BEETON.

FLATO
 DEVELOPMENTS INC.

DRIVE ON... WE'LL TAKE CARE OF THE REST!

BRIDGESTONE
ROY'S SERVICE CENTRE
 Just South of Primrose on Highway 10 • 519-925-2847

CREWSON INSURANCE BROKERS

Let's not meet by accident

519.925.3145
 info@crewsoninsurance.com
 crewsoninsurance.com



JOEL KRAHN PHOTO

CELEBRATORY START: Members of the Memory Lane Walkers team cheer as they embark on the annual IG Wealth Management Walk for Alzheimer's fundraiser at Island Lake Conservation Area on Sunday, May 25. The team was walking for Jean Elie and raised over \$5,000. Overall, more than \$62,000 has been raised to date for the Alzheimer's Society of Dufferin County, which hosted the event, and donations are still being accepted until June 25. The money raised will support people living with dementia as well as their care partners. The annual walk also helps advance research, advocacy, and support for services in the community. Over 250 people participated this year.

Auto Care
 complete automotive service & repair

BUY 4 and get a **\$50 Gift Card**

Manufacturer's Rebate

519-925-0044
 autocareplus.ca

Shelburne Free Press

For all your advertising needs in the Shelburne Area call **Debbie Freeman** at our Shelburne office **519-925-2832** or **519-216-1021**

Remembering the 1985 tornado that destroyed Grand Valley

Survivor reflects on tornado's impact 40 years later

Written By **BRIAN LOCKHART**

It has been 40 years since a devastating series of tornadoes ripped across central Ontario.

The severe weather incident happened on Friday, May 31, 1985, leaving a trail of destruction in the Town of Grand Valley and killing two town residents.

Another eight people died in Barrie as the storm moved northwest across the province.

According to Environment Canada, a total of 14 tornadoes struck several communities in Ontario, including Arthur, Grand Valley, Orangeville, and Tottenham.

Classified as a powerful F4 level twister, the tornado that stormed across Grand Valley began around 4:15 p.m. near Arthur and moved west for over 115 km, leaving a trail of destruction along its path all the way to Mount Albert.

It was the third recorded tornado of the day and lasted for over an hour, it became the longest-lasting tornado in Canadian history.

The Town of Grand Valley was directly in the tornado's path.

When it was over, many buildings in the town had been destroyed and trees were uprooted. Debris littered the streets of the town.

The Town library was especially hard hit and an employee was trapped in the wreckage.

Stunned residents emerged after the storm

to see much of their town had been left in ruins.

Considering the strength of the tornado, it was a miracle that many people escaped with only minor injuries, but others weren't so lucky.

A man was killed in his pickup truck and a woman died after being blown out of her house.

The tornado moved west and delivered more devastation to Orangeville and crossed Highway 10 where it destroyed the Mono Shopping Plaza.

Many rural residences and farms were damaged as the storm moved west. Two more people were killed in Tottenham, and 25 families lost their homes to the powerful twisting winds.

Grand Valley resident Cindy Groen was 11 years old the day the storm happened. She said the tornado "changed her life."

Cindy was walking home from Grand Valley District Public School with her sisters Michelle and Leanne to their Amaranth Street home when they saw the storm approaching.

Although the skies were getting dark and it was obvious that bad weather was coming, no one was prepared for the ferocity of the winds that were about to wreak havoc in the town.

When she arrived home, the family got in the family van to travel to Canada's Wonderland for a trip with her Girl Guide troupe.



ANDRENA LUSTY PHOTO

A TOWN IN RUINS: On Friday, May 31, 1985, a series of tornadoes ripped across Southern Ontario. One of the hardest hit areas was Grand Valley. The twister killed two people and caused widespread destruction.

They had to stop at a doctor's office in Orangeville for one of her sisters to get an allergy shot when the storm plowed through the town.

"We had a brown GMC van. The hail started and the trees were bending over the van," Cindy recalled. "My dad pushed us under the bench seat of that van and covered us with a blanket."

The buses that were going to take the group on the trip were cancelled, and the family started the drive back home. It wasn't till they arrived back in Grand Valley that they realized how much destruction there was.

Continued on Page 7

MCCARTHY REALTY

Marg McCarthy Broker of Record is Proud to Announce **TAMMY WOODS REALTOR** Has Joined The McCarthy Team

Tammy brings over 22 Years of Full Time Real Estate Experience

Call Tammy at 519-925-6948

BOOK YOUR AUCTION SALE

Now!

McArthur - Bessey Auctions

Farm, Livestock, Estate, Home & Business Auctions with experience & consideration

Please contact us at Kevin 519-942-0264 • Scott 519-843-5083 mcarthurbessey@gmail.com

www.theauctionadvertiser.com/KMcArthur

GIANT TIGER

226 First Ave, Shelburne
 519-925-6857
 www.gianttiger.com

AD MATCH GUARANTEE! WE'LL BEAT ANY PRICE!

Mon - Fri: 8am-9pm
 Sat: 8am-7pm
 Sun: 9am-6pm

Expires Tuesday, June 1, 2025
 Photos displayed may be different from actual items.

saveoneverything store

CHAPMAN'S SUPER FROZEN DESERTS

\$3.97 EACH

8-18 PACK ASSORTED

GOLD LABEL SMOKE HOUSE BACON

\$3.97 EACH

375G LIMIT OF 4

BEATRICE CHOCOLATE MILK

\$1.33 EACH

1L LIMIT OF 4

FEATURED ITEMS



GMC
TRUCK MONTH

PROVIDING THE BEST SERVICE AND VEHICLES TO OUR CUSTOMERS

2025 GMC TERRAIN ELEVATION AWD



25570

FINANCE FROM **\$125**^{+HST/LIC} /WK

FOR 84 MONTHS FOR 4.99% - COB \$7061
BASED ON \$40,671 SELLING PRICE - \$2500 DOWN

2025 GMC ACADIA ELEVATION AWD



25468

FINANCE FROM **\$174**^{+HST/LIC} /WK

FOR 84 MONTHS FOR 4.99% - COB \$9857
BASED ON \$57,201 SELLING PRICE - \$4000 DOWN

2025 GMC SIERRA 1500 PRO CREW 4X4



25552

FINANCE FROM **\$192**^{+HST/LIC} /WK

FOR 84 MONTHS FOR 2.99% - COB \$6845
BASED ON \$66,786 SELLING PRICE - \$3750 DOWN

2025 GMC CANYON ELEVATION 4X4



4 TO CHOOSE FROM

FINANCE FROM **\$170**^{+HST/LIC} /WK

FOR 84 MONTHS FOR 4.99% - COB \$9693
BASED ON \$57,516 SELLING PRICE - \$5000 DOWN

2025 GMC SIERRA 1500 ELEVATION 4X4 2025 GMC SIERRA 2500HD PRO CREW 4X4



25618

\$6000
CASH BONUS

LEASE FROM **\$210**^{+HST/LIC} /WK

FOR 48 MONTHS FOR 5.5% - 20,000KM/YR
BASED ON \$78,581 SELLING PRICE - \$0 DOWN



25299

\$5000
CASH BONUS

FINANCE FROM **\$250**^{+HST/LIC} /WK

FOR 84 MONTHS FOR 2.99% - COB \$8902
BASED ON \$82,036 SELLING PRICE - \$0 DOWN



1-888-279-9922
HWY# 9, EAST OF HWY#10, ORANGEVILLE
macmastergm.com



Debate on future of Shelburne Fire Board postponed by council

Written By PAULA BROWN
LOCAL JOURNALISM INITIATIVE REPORTER

Shelburne Town Council's plans to discuss the future of fire services in the community have been pushed back to a later council meeting.

During their meeting on Monday (May 26), Shelburne Town Council was slated to discuss a report regarding future fire services and the dissolution of the Shelburne and District Fire Board. Deputy Mayor Shane Hall brought forward a motion to postpone the report until their next meeting, as Coun. Len Guchardi, Coun. Dan Sample, and Coun. Kyle Fegan was absent from the vote.

"Based on the importance of this report

that's coming forward, and there's only four of us here, I'd like to defer until the next meeting so we can have a full council discussion," explained Hall.

In December of 2024, Shelburne Town Council supported the recommendation to dissolve the Shelburne & District Fire Department Fire Board and instead take over management of the service as a municipality while contracting out to the surrounding communities.

The Shelburne & District Fire Department, located at 114 O'Flynn Street, serves the communities of Amaranth, Melancthon, Mono, Mulmur and Shelburne. The department consists of one full-time fire chief, one volunteer deputy fire chief and 28 volunteer

firefighters.

In its existing structure, the Shelburne & District Fire Department is operated by the Shelburne District Fire Board, which consists of two representatives from each of the five municipalities, and provides emergency services to the Town of Shelburne and surrounding communities.

The County of Dufferin completed a Multi-Jurisdictional Fire Prevention and Protection Modernization Plan and in September of 2024, four recommendations were approved by Dufferin County Council.

The four options recommended for the Shelburne & District Fire Department (SDFD), included:

1. A single fire department operated by the

County of Dufferin

2. A single fire department operated by the Town of Orangeville

3. Governance of the various fire departments revert to municipal councils with a contract for service model

4. "Status quo" with some enhanced administrative supports

The May 26 report looks to outline a number of aspects surrounding the dissolution of the local fire board including, responses from the other municipalities who utilize the service, the estimated \$15 million expansion of the fire hall, fees for the service model, and one-time capital buy-outs.

The report is expected to return to the Shelburne Town Council agenda for June 2.

Children see public works vehicles up close during Touch-a-Truck event in Shelburne

Written By PAULA BROWN
LOCAL JOURNALISM INITIATIVE REPORTER

Shelburne families got up close and personal with the vehicles and equipment used on a day-to-day basis within the community at an event celebrating National Public Works Week.

The Town of Shelburne hosted an event called Touch-A-Truck on Saturday (May 24) from 10 a.m. to 1 p.m. at the Operations Yard, located at 124 Luxton Way. The Touch-A-Truck event was created as a way for the Town of Shelburne to recognize and celebrate National Public Works Week (NPWW), which ran from May 18 to May 24.

National Public Works Week is an annual week-long celebration that acknowledges the services provided by infrastructure, construction and operations staff. It also serves as a time to educate community members about the role public works play in the quality of life in the community and promotes public works as a career choice.

"It's an opportunity to have community members come out and meet the staff, and get an idea of all the things they take care of in town," explained Jessica Hanzel, coordinator of recreation programs and special events for the Town of Shelburne.

During the event, kids and their families had a chance to explore a lineup of vehicles and equipment the Town of Shelburne uses and meet those who operate them. Participating vehicles included snow ploughs, excavators, backhoes, emergency responder trucks, and a GFL garbage truck.

Rachel Shears, a resident of Shelburne, attended the Touch-a-Truck event with her three-year-old son and one-year-old daughter.

"My son is obsessed with garbage trucks and construction trucks so we knew he'd have a blast," said Shears. "I think it's awesome for the kids to see what goes on and for Shelburne to show off what they've got. From an education standpoint, it allows them to get curious and explore different venues that they may want to go into later on."

Matthew Ly, a prospective Shelburne resident, attended the Touch-A-Truck event with his wife and their niece and nephew.

"It's awesome, the fact that the Town of Shelburne does this. It's so much more interactive and gets the community out all together; it's kind of a look into the community," said Ly.

The Town of Shelburne's Development and Operations staff deliver a wide range of service and capital works projects within the community including maintenance of parks, sports fields, public buildings, storm sewers, the Shelburne Cemetery, and summer and winter maintenance of the town's roads and sidewalks.

Those interested in learning more about the Town of Shelburne Development and Operations service can visit www.shelburne.ca.



PAULA BROWN PHOTO

TRYING IT OUT: Local children got an up-close look at the equipment used by the Town of Shelburne's public works staff during the Touch-A-Truck event on Saturday (May 24) at the Operations Yard, located at 124 Luxton Way. The event was part of National Public Works Week, which was celebrated from May 18 to May 24

Shots fired in two Mono home invasions

Written By SAM ODROWSKI

Dufferin Ontario Provincial Police (OPP) officers are investigating two home invasions that recently occurred at properties on Shady Glen Lane in Mono, where shots were fired.

During the incidents, "one victim suffered some minor injuries from broken glass," who was treated and released, according to Dufferin OPP Const. Andrew Fines.

During the first incident, police were dispatched to a residence for a reported home invasion in progress shortly before 9 p.m. on May 23. Prior to officers' arrival, the suspect fled the scene.

"A preliminary investigation revealed that an unknown suspect forcibly entered the home, displayed a firearm, and demanded valuables from the victim," said Dufferin OPP in a press release. "Shots were fired at this scene."

The second incident occurred just a few hours later, on May 24, shortly after 12 a.m., at another residence on the same street.

"Again, a lone suspect forced entry into the home, displayed a firearm, and demanded valuables. A struggle ensued between the suspect and the victim, during which gunshots were reported," said Dufferin OPP in a press release.

"Police arrived shortly afterward and took the suspect into custody at the scene."

Nezbeth, 24, from Mono, has been charged with:

- Failure to comply with release order - other than to attend court (three counts)
- Careless Use of Firearm, Weapon, Prohibited device or Ammunition
- Possession of Weapon for Dangerous Purpose
- Pointing a Firearm
- Unauthorized Possession of a Firearm
- Possession of prohibited or restricted firearm with ammo
- Mischief - destroys or damages property (two counts)
- Break, Enter dwelling house - commit indictable offence
- Assault Causing Bodily Harm
- Assault with A Weapon
- Assault a Peace Officer (two counts)
- Obstruct Peace Officer (two counts)
- Knowledge of Unauthorized Possession of Weapon
- Knowledge of Unauthorized Possession of Firearm

The investigation is ongoing by the Dufferin OPP with the assistance from the Dufferin OPP Major Crime Unit and the OPP Forensic Identification Unit (FIS).

Anyone with information related to this incident is asked to call Dufferin Major Crime Unit at 1-888-310-1122.

Information can also be provided anonymously by contacting Crime Stoppers at 1-800-222-TIPS (8477) or online at www.crimestoppersdm.com. Tips made through Crime Stoppers are anonymous.

Join us for each of these events!

Celebrate the United Church of Canada with your sisters and brothers in Christ. Please carpool when possible, as parking can be limited at each of these churches.

<p>CHURCH</p> <p>BARN</p>	<p>SATURDAY JUNE 7TH - HIGH COUNTRY UNITED CHURCH (BARN)</p> <ul style="list-style-type: none"> • 11 AM Old time Gospel Service in the BARN • ADDRESS 346255 Side Rd 15, Mono, ON L9W 6R9
	<p>SUNDAY JUNE 8TH - WESTMINSTER UNITED CHURCH</p> <ul style="list-style-type: none"> • 10:30 AM Pentecost / Anniversary / Communion • ADDRESS 247 Broadway Orangeville, ON L9W 1K6
	<p>TUESDAY JUNE 10TH - TRINITY PRIMROSE UNITED CHURCH</p> <ul style="list-style-type: none"> • 7 PM 100th Anniversary Celebration • ADDRESS 200 Owen Sound St. Shelburne, ON L9V 3L4
<p>CHURCH</p> <p>BARN</p>	<p>SATURDAY JUNE 14TH - HIGH COUNTRY UNITED CHURCH (BARN)</p> <ul style="list-style-type: none"> • 7 PM Good Old Fashioned Barn Dance! Music with Greg Holmes. Donations accepted to help cover costs • ADDRESS 346255 Side Rd 15, Mono, ON L9W 6R9

JOIN OUR Leadership Team

We are actively seeking members to join our dynamic Board of Directors. Novel ideas, positive energy, a heart for our mission, and diverse experiences are welcome.

Board Positions Available:

- Secretary
- Land Steward
- Treasurer
- Volunteer Coordinator
- Social Media Coordinator

If you are interested in any of these positions, please drop us a line at nominations@dufferinbruce trailclub.org by June 15. We are eager to hear about your skills and experiences and to meet with you in-person. A complete description of each position can be found here.

ifinance

Payment Plans Available

RISK-FREE 90 DAY | In-Home Trial

Your free hearing checkup will include:

- FREE Hearing Screening
- FREE Hearing Consultation

CHECK YOUR HEARING

Take this quick quiz and check your ability to hear properly.

1. Do people seem to mumble or talk softer than they used to?	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. When in a crowd or in a busy restaurant, is it hard for you to follow the discussion?	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. Do you feel tired or irritable after a long conversation?	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. Do you feel the need to turn up the volume on your TV or radio such that it is too loud for others?	<input type="checkbox"/> Yes <input type="checkbox"/> No
5. Do you often need to ask others to repeat themselves?	<input type="checkbox"/> Yes <input type="checkbox"/> No
6. Has someone close to you pointed out you may have a hearing problem?	<input type="checkbox"/> Yes <input type="checkbox"/> No
7. Do you find it difficult to pinpoint where a noise comes from?	<input type="checkbox"/> Yes <input type="checkbox"/> No

How did you do?
If you answered "yes" to any of these questions, you may be experiencing some hearing loss.

Quality Hearing Care for Less

LIFE IS WONDERFUL! Don't miss a word of it.

North Dufferin Wellness Centre
712 Main Street East, Unit 101
Shelburne • 519-925-1215

OPINION

He sailed the ocean blue

Exactly who were the first Europeans to set foot on North American soil?

In Canada, it is common knowledge that Leif Erikson and his band of Norsemen landed on Newfoundland shores and built a village over 1,000 years ago.

His travels to the New World weren't an accident. In 985, another Norseman named Bjarni Herjólfsson and his band of merry men on a small ship were lost at sea.

They stumbled upon land that they realized was different from what they were used to. He decided not to go ashore and instead returned to Greenland where he reported his findings.

Leif Erikson did find Newfoundland. In fact, he and his band of adventurers built a small village. The remnants of that village are still there.

It is not known exactly how long they remained in that village. Some historians estimate that there were people there for one year.

However, Leif Erikson didn't really have a vision of what could be accomplished on these newfound shores. Living in a remote place with nothing to do, just wasn't for the Vikings.

They eventually packed things up and returned home.

In the US, they teach that the explorer Christopher Columbus discovered America. They make a big deal about this, even having a national holiday called Columbus Day in October.

Columbus, in fact, never set foot in the continental United States.

Recently U.S. President Donald Trump made a declaration to remove the recognition of Indigenous Peoples Day from the holiday to 'restore what he argues are traditional American icons.'

But why the obsession with a man who found new land totally by accident? At the time, Europeans had no idea that two massive continents were on the other side of the Atlantic.

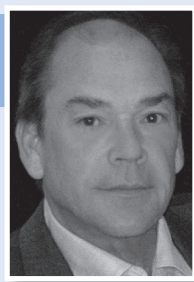
Columbus wasn't looking for land, he was looking for a shipping route to the Far East.

When he did find land, he behaved like a pirate and a criminal.

A look back into history reveals why the U.S. celebrates Columbus Day and glorifies a murderer and slave trader.

At the time of the American Revolution, the country was new - brand new. Because of that, the U.S. did not really have any national heroes. The Founding Fathers wanted to find someone they could use to rally public support. They needed a hero.

BRIAN LOCKHART
FROM THE SECOND ROW



At the time, Columbus was just considered another explorer who sailed around the world looking for gold and new places. He was not considered a stand-out as an explorer.

At that time in history, several great explorers were sailing the seven seas and two oceans.

The Founding Fathers decided to make him a national hero and promoted him as the 'discoverer of America.'

During Columbus' first contact with people in the West, he immediately took some of them prisoner and insisted they lead him to the source of their gold.

He wrote in his journal: 'I could conquer the whole of them with fifty men, and govern them as I please.'

On his next stop, he took more prisoners. He presented some of them to royalty as trophies.

On his second voyage, Columbus ordered some of his men to go across the island of Hispaniola and force it under Spanish control.

His men proceeded to murder, rape, and enslave some of the people on the island. Columbus waged war on the island until they finally surrendered and paid tribute.

They rounded up 1,500 of the locals and

around 500 were sent to Spain as slaves. He treated the locals in a brutal fashion.

There is no doubt that Columbus had a great impact on the world and how history evolved after his voyages, however, there were a lot of other notable explorers of the era who managed to sail oceans without killing and robbing everyone they met.

For the first 100 years after his death, Columbus' legacy was buried in history.

He somehow became this hero despite the atrocities he committed against innocent people.

At one point in the 19th century, some Catholics tried unsuccessfully to promote him for canonization to be declared a saint.

The Vatican realized that bestowing sainthood on a man who clearly was no saint, was not a good idea.

Some heroes need to be remembered for what they did, but not necessarily celebrated.

Columbus may have been an intrepid explorer, but I can't see having a national holiday for a man who murdered, took slaves, and abused the people he 'discovered.'

Israel: The impossible dream

A zombie dream has taken over Israeli Prime Minister Binyamin Netanyahu's government, or at least the extreme right part of it, which is the tail that wags the rest. It is the dream that was once called 'transfer' and is now known as 'relocation.' In its broadest form it includes the expulsion of all Arabs from the lands now controlled by Israel.

Bezalel Smotrich, Israel's current finance minister, is the most articulate exponent of this dream, and he sees the war in Gaza as a heaven-sent opportunity to make it real.

In February he threatened to bring down the coalition if the prime minister did not break the cease fire and stop all food, fuel, water and humanitarian aid to Gaza. The Palestinians should see only "fire and brimstone" from Israel until the Strip was completely occupied and its population expelled. Netanyahu complied.

In March Smotrich expanded his ambi-

tion to include the West Bank as well, warning its three million residents that if they continued to defy Israeli authority, they would face the same fate as the Palestinians of Gaza. "Their cities too will be uninhabitable ruins," he said. "Their residents will be forced to migrate and seek a new life in other countries."

And in May he hailed the new Israeli ground offensive to seize control of all of Gaza, saying that in six months Gaza would be "totally destroyed." The Palestinians there would be "despairing, understanding that there is no hope and nothing to look for in Gaza, and will be looking for relocation to begin a new life in other places."

A thoroughly nasty man, then, and so are a number of his cabinet colleagues, but they are not being realistic. All that is very unlikely to happen.

Israel's only real chance to create a Jewish state in all the territory between

the Jordan River and the sea was in the Independence War of 1948. Jewish fighters did manage to grab five-sixths of the territory of the former British mandate of Palestine (the UN partition had given Israel only half), but the Egyptian and Jordanian armies managed to hold on to the other sixth.

That other sixth became the Gaza Strip and the West Bank, populated by resident and refugee Palestinians. It was conquered by Israel in the 1967 war, but it was already too late to incorporate those territories into Israel. By then the ban on changing borders by force, already included in the 1945 UN Charter, had been accepted by almost every country in the world.

Ignorant people mock international law, claiming that it is powerless, but it is the reason that the Gaza Strip and the West Bank are still separate territories 'occupied' by Israel. Well, half the reason. The other half is that they are full of Palestinian Arabs, five million of them, and Israel only wants the territory, not the Palestinians.

The dream of a Jewish Israel 'from the river to the sea' never entirely died on the right of Israeli politics, and the apocalyptic tone of much Israeli political discourse these days has brought it roaring back to life. It is, however, just as delusional as ever.

The current strategy of the Israel Defence Force (IDF), if such an incoherent wish-list is worthy of the name, involves starving the Palestinians of the Gaza Strip into leaving the entire territory.

First the two million inhabitants must

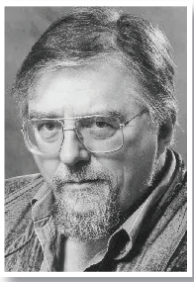
be reduced to desperation by allowing no food into the Strip (11 weeks, done). Then, on the verge of starvation, they will all be forced down to a small piece of land in the far south of the Strip near the Egyptian border. No food will be delivered elsewhere; they will have to move south to get it. This phase is now beginning.

There will be a "minimal" amount of food available there, in Netanyahu's words, distributed by Israeli contractors and guarded by IDF soldiers. Rather than stay in such dreadful circumstances, the starveling Palestinians will then vanish across the border, leaving the Strip free for Israeli resettlement (or Trump's 'Riviera on the Mediterranean', if he still wants it).

This is a cruel fantasy, not a strategy. Egypt, well aware of Netanyahu's intentions, will seal the border tight and allow no Palestinians to cross. If Israel holds two million people there for long, the death toll from hunger and disease will soon reach a thousand a day. Even Israel's closest friends and strongest supporters will rebel.

It's already starting. France, Britain and Canada have condemned Israel's behaviour and threatened sanctions. The European Union is 'reviewing' its free trade agreement with Israel. Even Donald Trump has voiced some concern. Israel will have to change course, or it will become an international pariah. And still the Palestinians won't leave.

GWYNNE DYER
OUR WORLD TODAY





SUBSCRIBE NOW!

Keep up with what's happening in your community.
Have your community news delivered right to your home!

1 year = \$51.00 plus HST (\$53.55)

2 years = \$90.00 plus HST (\$94.50)

3 years = \$125.00 plus HST (\$131.25)

We hope you enjoy your complimentary copy of our Newspaper.
The charge is to cover postage.

YES, I would like to subscribe to, or renew my subscription to:
The Shelburne Free Press

1 year = \$51.00 plus HST (\$53.55) 2 years = \$90.00 plus HST (\$94.50) 3 years = \$125.00 plus HST (\$131.25)

Name: _____

Address: _____

Phone No.: _____

Email: _____

Card type: VISA MasterCard Name on card: _____

Card #: _____ Expiry Date: _____



Mail to: The Shelburne Free Press
109 ADELINE STREET
SHELBURNE, ON L9V 1J8



LONDON PUBLISHING CORP.

For more information about subscribing to the Shelburne Free Press please contact us at 519-925-2832






Shelburne's Newspaper Since 1875


109 Adeline Street, Shelburne, ON L9V 3J8
519-925-2832 Fax: 519-925-5500
Email: shelburnefreepress@gmail.com

SYG Simcoe York Group of Newspapers
"A Division of London Publishing"
Your Community Newspapers


GENERAL MANAGER: **Doug Rowe**
 EDITOR: **Sam Odrowski**
 PRODUCTION MANAGER: **Janine Taylor**
 REPORTER: **Paula Brown**
 SPORTS REPORTER: **Brian Lockhart**
 SALES: **Debbie Freeman, Heather Lawr**
 OFFICE MANAGER: **Debbie Freeman**
 CIRCULATION MANAGER: **Sheila Ogram**




CMCA AUDITED



OCNA
Ontario Community Newspaper Association



Funded by the Government of Canada



Canada

Second Class Mailing Registration Number 0153
 Member of: Ontario Community Newspaper Association
 Canadian Community Newspaper Association
 Ontario Press Council, 80 Gould Street, Toronto M5B 1E9 (416)340-1981

Subscription Rate:
 \$51.00 + \$2.55 (GST) per year (\$53.55) payable in advance

All original editorial and advertising material used in this newspaper remains the property of Simcoe-York Group of Newspapers and may not be reproduced without written permission.
 We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.

Who am I?

I'm the daughter of a loving mother, who is the strongest person I know.

A beautiful French Canadian from "la belle province" of Quebec, her parents and sister moved from the province when she was 14 to Valley East (near Sudbury), in the Town of Capreol. She has battled so many challenges all her life; having tuberculosis and having to be in a sanatorium from age 16 to 18, going home in 1955.

She then met and fell in love with my father and they married in early 1956.

They worked on building their family and by December 1957 they had their first child, my brother.

In November 1958, they had twin girls, myself and my sister. Yes, there are only 11 months between the first three kids (wow for sure). They had two more boys spaced out five years apart between October 1963 and November 1968. Unfortunately, four days after my younger brother was born, my father passed away at the age of 32. My mother, also 32, became an only parent to five young children.

Throughout her life, she struggled, however, with the support of my maternal mère (grandmother) and despite financial challenges, we had a very loving family with all its wonderful imperfections and awesomeness.

Mom's journey of being a caregiver

The reason I bring up my grandmother is that in her later years, she was diagnosed with Alzheimer's. It was my mother who cared for her, being there for all her care (feeding, bathing and security as she was wandering). Although we were all there for my mother in her challenges in caring for my grandmother, she did everything for her and did not want to put her in LTC.

I had to contact my aunt Lucette (mom's sister) who lived in B.C. to come down and convince my mother it was time to put her in long-term care.

My mother wanted to support her mom for all the support my grandmother provided after my father's passing. It took some hard discussions; however, we were able to convince my mother to make the move.

Our position was that LTC was not only for my mother but it was also the best decision for my grandmother. Talk about role reversal, as my mother took an active part in my grandmother's health and daily activities. She visited my grandmother every weekend as I was the person driv-

ing her each week.

Nearing the end, my grandmother had gone back in time, and my mother was not her daughter she was her sister and I was the taxi driver... a title that accepted proudly.

Mom's family history

Although all my research says that Dementia and Alzheimer's are not hereditary, my family history does not match that position. My grandmother had 16 siblings and approximately half of them were diagnosed with Alzheimer's. My grandmother had two daughters; my mom and my aunt, and both were diagnosed with dementia.

Mom was diagnosed with the dementia gene in her late 60s or early 70s, with her starting to show signs in her late 70s and today she is 88.

Her sister was diagnosed with dementia four years prior to her passing. Mom was diagnosed with vascular dementia and my aunt with dementia bordering Alzheimer's. My goal is to see if Dementia and Alzheimer's are generationally passed down through a lineage, similar to my maternal grandmother's.

Our journey to long term care

My mother's journey to long term care began with the support from Peel Seniors Link/LHINS now known as HCCSS, who provided PSW support as my mother lived in a senior's apartment.

They supported us by monitoring my mother as her dementia began to impact her daily activities. My contacts helped me prepare and navigate the process into long term care, although the wait list was three years.

They advised us to start looking at homes and making a list of those we would prefer. They also connected me with The Alzheimer's Society. The PSWs were so supportive and honestly cared about my mom's well-being.

They also helped in ensuring her safety in her apartment, when she began to have memory challenges. In particular, they ensured that we had all the appropriate tools to help her live safely at home, such as turning her stove access off due to memory.

In mid-2019, my mother took a serious fall and smashed her face on the side of a steel chair. I had gone to her apartment after I left the hospital that night and found her walker in the corner and the

chair on the floor tipped over. I suspected that she forgot to use the walker to go to the kitchen.

She incurred other injuries within a few days of her initial fall. At that point, mom was flagged as a priority for LTC. We had to add four more homes to our list making a total of eight homes. Most of our choices were close to Brampton except one.

One of my mother's doctors lived in Bolton and recommended King Nursing Home (KNH). We put that home on our list, as I trusted this doctor and she had one of her loved ones there. She was really impressed with the care provided to her family member.

We flagged KNH as our last choice only due to the distance from Brampton. Mom had several temporary homes while we waited for an LTC bed at one of the locations on our list.

Our journey to king nursing home

King Nursing Home was the first available bed and she was moved there in June of 2020, when COVID was in full-outbreak.

We requested that LHINS (HCCSS) keep mom on the list, and as soon as a bed in our preferred (close to our home) locations. When I received a call on the day they were moving her, I had requested that I accompany my mom and be there for her in this new strange space, and to keep her calm and just help in the transfer.

They were so accommodating to my request despite the outbreak, making all the appropriate processes to keep not only my mother safe, but myself as well. I was so appreciative of that process.

On mom's first day, we were greeted by a wonderful Registered Nurse (RN) who helped us get her registered and settled in. She truly knew how to calm mom, but also reassured me she would be fine.

Unfortunately, mom had to be quarantined for a couple of weeks due to COVID. As anyone with a family member with dementia can agree, that any change to their routine like a new location, coupled with being quarantined, takes a toll on our loved ones.

After those first few weeks, I truly appreciated the way they transitioned my mother. Being there for her despite the challenges with her demeanour and actions.

However, as she was able to start inter-

acting with the staff and the residents, the COVID outbreak did not allow the same level of interaction that we have today.

We were able to Facetime with mom and although it was not ideal, it was a great option.

Mom's settling in and making friends

That first year was challenging, not just for my family, but for all families with loved ones in all LTC homes. But it was the support of the KNH staff that truly helped my mother and many of the residents in the home.

I was truly impressed with the process that KNH implemented during covid to minimize the outbreak infections. Not that there were no challenges, every home had its own challenges. All I can remember is that I was truly grateful for their commitment to the residents, families and staff safety.

Thankfully COVID was finally under control.

Once the residents were able to start interacting with each other again, that is when I was privileged to get to know not only the staff but a lot of the residents on mom's floor.

More importantly, mom was thriving. She was participating in the activities that she was able to participate in, and enjoying so many internal and external excursions in Bolton (like Tim Hortons, Harvey's, Swiss Chalet lunches as well as shopping at stores like Dollarama or Dollar Tree, Canadian Tire and Walmart to name a few.

What a wonderful village

For the past many years, it has been such a pleasure to get to know the King Nursing Home Team, where every department is truly working together to support residents and families.

I saw mom smiling and making friends, not only with residents but seeing staff truly caring and working to make the home a village.

Mom met people from Quebec (one of her first lunch buddies) and got to know so many friends from other countries with common challenges. More importantly, it satisfied the need to find friends and support each other.



NICOLE LANDRIAULT
A CAREGIVER'S STORY

Continued on Page 12

Hi Neighbour,

My name is Annmarie Salmon, and I'm excited to introduce myself not only as your local real estate professional but also as a proud fellow resident of the Shelburne area, a wife, and a mom of three who truly loves this wonderful community we call home.

For me, real estate is about so much more than buying or selling a house it's about new beginnings, smart decisions, and helping families find that special place that feels just right. That's what inspires me every single day.

With a strong background in customer service and a genuine passion for helping people, I bring a caring, personalized approach to every real estate journey. Whether you're curious about your home's current value, considering a move, or exploring your first investment, I'd be honoured to serve as your trusted resource and guide.



You might see me around the neighbourhood maybe stopping by to say hello, sharing helpful information, or chatting about your real estate goals. No pressure, just friendly conversation.

So whether you're ready to make a move or simply have a few questions, I'm here to listen, offer guidance, and support you in any way I can. To me, real estate is about building relationships, not just transactions and earning your trust within our community means everything.

If you or someone you know is thinking about buying, selling, or investing, I would be truly honoured to help.


Warmly,
Annmarie Salmon
REALTOR®

416-846-4692
annmarie.salmon@exprealty.com
annmariesalmon.exprealty.com

exp
REALTY
BROKERAGE


Not intended to solicit buyers or sellers currently under contract.

Hey Orangeville,



presents:

Planting the Future



9 Centre Street, Orangeville
The Door Youth Centre

7 JUNE 2025
10:00AM - 3:00 PM

Join us for an exciting day of community, creativity, and connection as we **plant a beautiful native garden!**

Come get your hands dirty with us, enjoy live music, and take part in fun activities for all ages!



plantingthefuture.eventbrite.ca




STARTING JUNE 1

SPECIALS



TUESDAY
25% OFF
Lunch & Dinner

WEDNESDAY
\$17.99
Tacos Menu

THURSDAY
40% OFF
All entrees

158040 ON-10, Melancthon, ON L9V 2G9 www.yes-tacos.com

BRACKETT
Auto Group

Orangeville Volkswagen
Providing the best service and vehicles to our customers



519-941-3317
633222 ON-10 ONTARIO, MONO
orangevillevw.ca

2025 VW TIGUAN HIGHLINE



VW Tiguan Highline

FINANCE FROM **\$166** +HST/LIC /WK

FOR 84 MONTHS FOR 5.49% - COB \$9,601
BASED ON \$50,399 SELLING PRICE - \$0 DOWN
OR

LEASE A 2025 TIGUAN FROM 3.99% FOR 48M

2025 VW JETTA TRENDLINE



774
3 TO CHOOSE FROM

FINANCE FROM **\$97** +HST/LIC /WK

FOR 84 MONTHS FOR 6.29% - COB \$6,759
BASED ON \$28,549 SELLING PRICE - \$0 DOWN
OR

LEASE A 2025 JETTA FROM 5.99% FOR 48M

2025 VW ATLAS PEAK EDITION



3 TO CHOOSE FROM

FINANCE FROM **\$201** +HST/LIC /WK

FOR 84 MONTHS FOR 6.99% - COB \$15,569
BASED ON \$57,949 SELLING PRICE - \$0 DOWN
OR

LEASE A 2025 ATLAS FROM 5.99% FOR 48M

2025 VW TAOS HIGHLINE



6 TO CHOOSE FROM

FINANCE FROM **\$134** +HST/LIC /WK

FOR 84 MONTHS AT 4.49% - COB \$7,076
BASED ON \$41,874 SELLING PRICE - \$0 DOWN
OR

LEASE A 2025 TAOS FROM 2.99% FOR 48M

OVER **292** PRE-OWNED VEHICLES TO CHOOSE FROM

\$500 GRADUATE PROGRAM AVAILABLE!

SOUTHERN ONTARIO'S *Best* SELECTION OF PRE-OWNED CARS & TRUCKS

2023 HYUNDAI PALISADE URBAN



STK# 7291T - 41,578 KM - AWD, 7-PASSENGER, LEATHER SEATS, HEATED & VENTILATED FRONT SEATS, HEATED SECOND-ROW SEATS, PANORAMIC SUNROOF, NAV, 360° CAMERA, ADAPTIVE CRUISE CONTROL, BLIND-SPOT MONITORING, TRI-ZONE CLIMATE CONTROL, APPLE CARPLAY, ANDROID AUTO, BLUETOOTH, POWER LIFTGATE, AND MORE!

\$183 WEEKLY INCLUDE HST 84 MONTHS WEEKLY LICENSING EXTRA
\$48,584 +HST/LIC \$0 DOWN
@ 9.49% O.A.C. C.O.B \$17,953

2022 VOLKSWAGEN TAOS HIGHLINE



STK# 7397P - 70,940 KM - 1.5L TURBO, AWD, HEATED & VENTILATED LEATHER SEATS, DIGITAL COCKPIT PRO, BEATS AUDIO, NAVIGATION, 8" TOUCHSCREEN, APPLE CARPLAY, ANDROID AUTO, WIRELESS CHARGING, ADAPTIVE CRUISE CONTROL, LANE ASSIST, BLIND SPOT MONITOR, 18" ALLOY WHEELS, AND MORE!

\$134 WEEKLY INCLUDE HST 84 MONTHS WEEKLY LICENSING EXTRA
\$29,341 +HST/LIC \$0 DOWN
@ 6.99% O.A.C. C.O.B \$5,445

2024 CADILLAC CT4 SPORT



STK# 7482P - 21,953 KM - 2.0L TURBO, 8-SPEED AUTOMATIC, AWD, 18" WHEELS, PERFORMANCE GRILLE, ALLOY PADDLE SHIFTERS, WIRELESS CHARGING, HEATED STEERING WHEEL, LED LIGHTING, CADILLAC SMART SYSTEM, AND MORE!

\$176 WEEKLY INCLUDE HST 84 MONTHS WEEKLY LICENSING EXTRA
\$46,827 +HST/LIC \$0 DOWN
@ 9.49% O.A.C. C.O.B \$17,305

2022 VOLKSWAGEN TIGUAN COMFORTLINE



STK# 7372P - 56,515 KM - ACCIDENT-FREE HEATED SEATS, BACKUP CAMERA, AWD, 2.0L TURBO, LEATHERETTE SEATING, 8" TOUCHSCREEN, APPLE CARPLAY, ANDROID AUTO, ADAPTIVE CRUISE CONTROL, TRI-ZONE CLIMATE CONTROL, KEYLESS ENTRY, PUSH-BUTTON START, LED HEADLIGHTS, 18" ALLOY WHEELS, POWER HEATED SIDE MIRRORS!

\$137 WEEKLY INCLUDE HST 84 MONTHS WEEKLY LICENSING EXTRA
\$35,012 +HST/LIC \$0 DOWN
@ 9.49% O.A.C. C.O.B \$7,877

2022 AUDI S4 PROGRESSIV



STK# 7376T - 43,003 KM - 3.0L TFSI V6, QUATTRO AWD, 8-SPEED S TRONIC, HEATED & MASSAGE SEATS, 10.1" TOUCHSCREEN, NAVIGATION, WIRELESS APPLE CARPLAY, AUDI PRE SENSE, LANE DEPARTURE WARNING, ADVANCED KEY, LED HEADLIGHTS, 19" ALLOY WHEELS, AND MORE!

\$189 WEEKLY INCLUDE HST 84 MONTHS WEEKLY LICENSING EXTRA
\$50,351 +HST/LIC \$0 DOWN
@ 9.49% O.A.C. C.O.B \$18,607

2022 AUDI S3 TECHNIK



STK# 7247P - 52,804 KM - 19" ALLOY WHEELS 360° CAMERA, SPORT SUSPENSION, HEATED FRONT & REAR SEATS, HEATED STEERING WHEEL, SUNROOF, WIRELESS CHARGER, APPLE CARPLAY/ANDROID AUTO, DIGITAL COCKPIT, AND MORE!

\$172 WEEKLY INCLUDE HST 84 MONTHS WEEKLY LICENSING EXTRA
\$45,658 +HST/LIC \$0 DOWN
@ 9.49% O.A.C. C.O.B \$16,872

2019 CHEVROLET EQUINOX PREMIER AWD



STK# 7066T - 142,983 KM - 2.0L TURBO ENGINE, 9-SPEED AUTOMATIC TRANSMISSION, AWD, LEATHER-APPOINTED SEATS, HEATED FRONT SEATS, DUAL-ZONE AUTOMATIC CLIMATE CONTROL, BLIND SPOT MONITORING, REAR CROSS TRAFFIC ALERT, 8-INCH TOUCHSCREEN INFOTAINMENT SYSTEM, 19-INCH ALUMINUM WHEELS AND MORE!

\$96 WEEKLY INCLUDE HST 84 MONTHS WEEKLY LICENSING EXTRA
\$25,422 +HST/LIC \$0 DOWN
@ 9.49% O.A.C. C.O.B \$9,394

2024 VOLKSWAGEN JETTA TRENDLINE MANUAL



STK# 7507P - 18,115 KM - 1.5L TURBO, 6-SPEED MANUAL, FWD, ONE-OWNER, ACCIDENT-FREE, 18K KM, LED HEADLIGHTS, APPLE CARPLAY & ANDROID AUTO, REARVIEW CAMERA, HEATED FRONT SEATS, BLUETOOTH, AND MORE!

\$111 WEEKLY INCLUDE HST 72 MONTHS WEEKLY LICENSING EXTRA
\$26,682 +HST/LIC \$0 DOWN
@ 8.99% O.A.C. C.O.B \$7,862

Certified Pre-Owned 112 Point Inspection • Finance as low as 4.99% • Certified Warranties

Orangeville Volkswagen

Providing the best service and vehicles to our customers



BRACKETT
Auto Group

519-941-3317

633222 ON-10 ONTARIO, MONO

orangevillevw.ca



Remembering the 1985 tornado that destroyed much of Grand Valley

Continued on Front

They stopped at a neighbour's house, who told them there had been a tornado.

"We couldn't get into Grand Valley because the roads were blocked," Cindy said. "I remember my Dad taking a long way around to get into town, and even they we had to prove to authorities that we lived there before they let us in."

As a young person, Cindy saw some horrifying sights during the drive through town.

"As we were driving in through one of the back country roads, it was devastating," Cindy explained. "We were all crying. I saw cows walking around with fence posts through their belly. I saw houses that were destroyed. I remember seeing one of my friend's grandparents' house - the barn and house were gone except for one little corner that still had one hanging plant. The closer we got to

town, the worse it got."

The family couldn't get to their home. They had to stay with relatives.

Cindy's father went to their street to see the damage. He had to come back and tell them their family home had been destroyed.

"My telephone was found near Tottenham. One of my sisters had a quilt on her bed, and it was threaded through the tree in our front lawn like a needle."

It took a long time for Grand Valley to recover from the devastating impact of the storm.

However, Cindy said it also brought out the best in people.

"That storm changed my life and the lives of all the kids I went to school with," she said.

Cindy and her family had a picnic and sadly watched as a backhoe knocked down what was left of their house.

"The good news is, this community pulled

together like you wouldn't believe. Neighbour helping neighbour. People helping people," Cindy recalled. "The arena was opened up for people who lost their homes and the food was brought in. It was a long battle watching everything be rebuilt, it was a long haul. The community just pulled together."

Considering the power of the storm, it was

a miracle that more people weren't seriously injured or killed when the tornado tore apart houses and sent deadly debris flying through the air.

Grand Valley survived and was rebuilt, but for those who were there on that day, the memory of seeing their town destroyed in a matter of seconds will never go away.

Grand Valley to commemorate 40th anniversary of tornado

Written By PAULA BROWN
LOCAL JOURNALISM INITIATIVE REPORTER

The Town of Grand Valley will be marking the anniversary of a tornado that swept through and devastated the community 40 years ago.

The Town will host a commemorative event on Saturday, May 31, from 3 to 6 p.m., at the Grand Valley and District Community Centre, located at 90 Main St. N.

"Join us in remembrance and reflection as we mark 40 years since the devastating tornado, that forever changed our community," reads an announcement from the Town of Grand Valley. "Let us come together in memory, resilience, and community spirit."

Shortly before 5 p.m. on May 31, 1985, a tornado touched down in Grand Valley creating a path of damage stretching across Dufferin County. The storm was one of several tornadoes that swept across Ontario that day, including an equally strong one that hit Barrie.

The violent winds of the tornado uprooted giant trees, tossed around cars and shredded homes. The damage ranged from bent antennas to the complete de-

struction of residential homes.

The Grand Valley Star and Vidette reported that Amaranth Street was the hardest hit by the twister with the public library, municipal offices, and senior citizen home left in ruins.

The tornado resulted in the death of two individuals in Grand Valley, 76-year-old Matilda McIntyre and 50-year-old Barry Wood, and left almost 70 people injured.

The commemorative event will start at 2:30 p.m. with a processional march along Main Street to the Grand Valley and District Community Centre. The procession will be led by the Grand Valley Air Cadets, known as the 85 Tornado Squadron, who were named in honour of the destructive weather event.

At the Grand Valley and District Community Centre, community members will have the opportunity to share their memories of the storm and discuss the impacts the tornado had on the community. Historical photos and videos will be on display retelling the story of May 31, 1985.

The Town will also be sharing emergency service and preparedness information, displays and equipment.

The event is free for visitors to attend.



ANDRENA LUSTY PHOTO

TOTAL DESTRUCTION: A series of tornadoes ripped across Southern Ontario on May 31, 1985. One of the hardest hit areas was Grand Valley. The twister killed two people and caused widespread destruction.

Shelburne Public Library shares upcoming events, recommended read this week

UPCOMING EVENTS

The Shelburne Public Library has some exciting events for adults coming up.

- On June 17 at 6 p.m., the library will host *Real or Robot: How archives & libraries are using AI*, presented by Museum of Dufferin.

- On June 22 at 1 p.m., the library will host *An Afternoon with Claire Cameron*, co-hosted by CanHist/STBI.

- On Aug. 10, Authors in the Hills of Mulmur will come to the Shelburne Public Library. Save the date, as there are more details to come.

Please register for any of the above events

by calling the library at 519-925-2168 or by visiting its website at www.shelburnelibrary.ca

The Shelburne Public Library is also gearing up for summer reading, so get ready for another summer of reading, activities, and prizes. The library will have reading challenges for readers of all ages; from kids to teens to adults, there will be fun for everyone. Stay tuned.

RECOMMENDED READ:

How to Survive a Bear Attack by Claire Cameron: When Claire Cameron was nine years old, her father told her he was dying. In the years after he was gone, she found a way to

overcome her grief among the rivers and lakes of Algonquin Park, a vast Canadian wilderness area. Around that same time, in 1991, a couple was killed by a black bear in a rare predatory attack in the park. Claire was shocked and, never fully sure of what happened, the attack haunted her. Claire seamlessly weaves together nature writing with true crime investigation in this unflinching account of recovery. Cameron paints an intimate portrait of an extraordinary animal, a bracing chronicle of pain, obsession, and love, and a profoundly moving exploration of how we can understand and survive

the wildness that lives inside us.

Why Rose recommends it: *How to Survive a Bear Attack* is an exquisite example of narrative non-fiction; the writing is so good you're drawn into the account of true events like you're sitting around a campfire listening to a story. What is most intriguing is the way the author presents the perspective of the bear, which is a vantage point often overlooked in the telling of a bear attack. The author will be here at the Library on Sunday, June 22 at 1 p.m., through a partnership with CanHist/STBI, and it's an event you won't want to miss!

21st Annual

ORANGEVILLE BLUES and JAZZ festival



MAY 30 - JUNE 1, 2025

**CONCERTS IN THE PARK • OPERA HOUSE • BROADWAY STAGE • BLUES & BIKES
CLASSIC CARS BLUES CRUISE • DOWNTOWN RAMBLE AND STREET MARKET
MUSIC IN THE RESTAURANTS AND PUBS • MUSIC WORKSHOPS**

EXPERIENCE 3 INCREDIBLE DAYS OF MUSIC & EVENTS INCLUDING:

**MAPLE BLUES BAND, KENNY BLUES BOSS WAYNE, RAOUL & THE BIG TIME,
LACHY DOLEY, HARRY MANX, JAY DOUGLAS & THE ALL STARS,
STEVE STRONGMAN, CANEFIRE *and much more!***












Scan me
TO VIEW THE FULL SCHEDULE



FOR FURTHER INFORMATION PLEASE VISIT orangevillebluesandjazz.ca

**EXTRA
BIG
SAVINGS!**



SHELBURNE

HOME HARDWARE BUILDING CENTRE

**SAVE ON 1000'S
OF ITEMS!**

! SAVE 70% !



Rotary Lawn Sprinkler
WAS \$4.99
\$1.47

5071 - 023

NI-MH Rechargeable Batteries
WAS \$6.99
\$1.97

5350-290



LIMITED QNTY

SAVE 55%

Campfire Fork
WAS \$8.99



\$3.97

6320-001

SAVE 44%

Nylon Grill Brush 2 Sided
WAS \$8.99

\$4.97

6425-187



SAVE 40%

Ant Traps



WAS \$4.99

\$3.97

5050-060

Multi - Use Sprayer



WAS \$24.99

\$14.97

5050-060

LIMITED QNTY

Gorilla Tape



WAS \$8.49

\$4.97

5540-690

SAVE 25%



Market Umbrellas

WAS \$69.99

\$49.97

6415-245 to 250

5 colours available
Qty varies by colour

**DECKORATORS VENTURE
COMPOSITE DECKING**

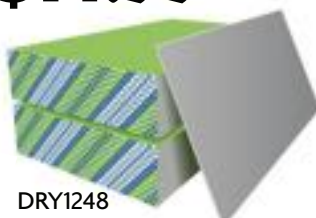


REG \$2.99/FT
SALE \$2.59/FT

DRYWALL

1/2 X 4 X 8
CASH & CARRY

\$14.99



DRY1248

INCREDIBLE DEAL!

2 1/2 GREEN
DECK SCREWS

WAS \$109.99

NOW ONLY

\$29.98



2183-353

CONCRETE MIX

REG \$6.99

SALE \$5.99



2622-678

ROUGH SAWN PINE

1 X 12 - FULL 1"
8' TO 16'

\$1.45/FT



PATIO SLABS

Brick Pattern Savannah



REG \$7.49

SALE \$4.99

24 X 24

0175-0030

Handy Paver Natural



REG \$2.69

SALE \$2.29

12 X 12

2731-920

PRE ASSEMBLED CEDAR FENCE PANELS



2805-052

8X6

REG \$229.99

CLEARANCE

\$69.99

PER PANEL



2805-051

GET YOUR FLOORING

LAMINATE

8MM

REG \$36.99

SALE \$29.99

\$1.47/SQ FT

0732-0117
CUBA OAK



FLOATING VINYL

9" X 60"

REG \$99.99

SALE \$79.99

\$3.55/SQ FT

2530-904 2530-905
LYON NAT OAK

**SPECIAL
BUNDLE
PRICING!**



Follow us on Facebook and Instagram!

**COME ON BY!
725 STEELES STREET SHELBURNE
519-925-3991**

UPGRADE YOUR TOOL BOX WITH SCENE +



TENT SALE

MAY 31 & JUNE 1

SATURDAY 8-5 & SUNDAY 9-4



FUNDRAISING BBQ

ALL PROCEEDS GO TO
U11 REP SOCCER TEAM!

10AM-3PM BOTH DAYS

SPECIAL PRICING ON LAWN FURNITURE

PRICED INDIVIDUALLY -
SPECIAL BUYS!



5 Piece
Conversation Set

Zero Gravity Chair



**Mulch Black
or Cedar**

WAS \$4.99

\$3.77

5093-503 / 5093-501

**Black Earth
Topsoil**

WAS \$3.49

\$1.99

5053-900

RED TAG SALE ON SELECT PLANTS

SAVE
25%



4" Plants

WAS \$3.96

\$2.98

4"PLANTS

4 Cell Pack

WAS \$1.99

\$1.48

BEDPLANTS

**10" Hanging
Baskets**

WAS \$21.99

\$11.98

5063-0018

SELECT BBQ'S - PRE-TARIFF PRODUCT

& SPECIAL PRICING



**GREAT
SELECTION
PRICED INDIVIDUALLY**

TRUCKLOADS OF WINDOWS AND DOORS!

50%-70% OFF



FIRST COME FIRST SERVE!

WOW! GREAT DEALS!

\$19.99!!

WAS \$29.99



Exterior Solid Stain

Perfect for barns, sheds,
fences, siding & shakes!

Soap & water clean-up.

1867-064 Barn Brown &
1867-073 Oxford Brown

3.64L

SAVE 50%

Lighters 2pk

Utility Knife



WAS \$7.99

WAS \$9.99

**ONLY
\$4.97**

6310-290



1034-300

SAVE 45%



Pool Noodles

WAS \$5.49

\$2.97

7160-327

AMAZING SPECIALS



**Benchmark 7 1/4
Saw Blades**

WAS \$12.99

\$6.47

1221-012

**Bamboo
Clothespins**

WAS \$4.99

\$2.97

4427-457



48pk



**Omni Batteries
AA 18pk**

WAS \$16.99

\$8.47

5312-701

Latex Gloves

WAS \$2.19

\$1.47

4441-107/125/134



Shelburne



**STORE
HOURS**

Mon - Fri 7am - 6pm
Saturday 8am - 5pm
Sunday 9am - 4pm

Join now at scenepus.ca/register

SPORTS

CDDHS boys' team does well at District 4/10 track and field championships

Written By BRIAN LOCKHART

The Centre Dufferin District High School boys' track and field team competed on Day 2 of the District 4/10 championships held at St. James Catholic High School in Guelph on Tuesday, May 13.

The team had good results over several events.

In the novice men's 100-meter dash, Jones Enow finished 8th with a time of 12:53. Brayden Newhook finished 9th with a time of 12:59. Dexter Thomson placed 16th with a time of 13:21.

In the men's novice 200-meter dash, Brayden Newhook placed 6th with a time of 26:33. Jones Enow finished 11th with a time of 26:75. Nathan Hamilton placed 23rd with a time of 28:61. Jonah Verner finished 27th with a time of 29:24.

Brayden Newhook placed 9th in the novice men's 200-meter dash with a time of 26:65. Jones Enow finished 11th with a time of 28:22.

Dexter Thomson placed 6th in the novice men's 400-meter race with a time of 59:52. Jonah Verner finished 19th in the novice men's 400-meter with a time of 1:09:32.

In the novice men's 100-meter hurdles, Jones Enow placed 5th with a time of 20:52.

The team of Dexter Thomas, Brayden Newhook, Jonah Verner, and Jones Enow did well in the novice men's 4x1,000-meter relay, finishing in 5th place with a time of 50:38.

In the novice men's high jump, Zac Thompson finished 2nd with a jump of 1.36 meters.

In the novice men's long jump, Brayden Newhook placed 3rd with a distance of 5.32 meters. Nathan Hamilton placed 6th with a distance of 4.88 meters. Nathaniel Nelson finished 12th with a distance of 3.97 meters.

Nathaniel Nelson finished 4th in the men's novice shot-up with a distance of 9.51 meters.

Zac Thompson competed in novice men's discus, finishing 4th with a throw of 20.67 meters. Zac also competed in novice men's javelin, finishing in 3rd place with a throw of 28.95 meters.

In the junior men's 200-meter dash, Jesse Hann placed 9th with a time of 25:88.

Adrian Gomes competed in the junior

men's 400 meters, finishing 16th with a time of 1:00:98.

The team of Adrian Gomes, Dereon Williams, Aadin Nelson, and Elijah Amarte, competed in the junior men's 4x100-meter relay, placing 10th with a time of 52:15.

In the junior men's high jump, Elijah Amarte placed 4th with a jump of 1.50 meters. Elijah also competed in the junior men's long jump, finishing in 8th place with a distance of 5.08 meters.

Dereon Williams competed in the junior men's long jump placing 22nd with a distance of 3.10 meters

In the junior men's javelin throw, Aadin Nelson placed 7th with a throw of 26.63 meters.

Titans Enow had a good result in the senior men's 100-meter dash, finishing in 3rd place with a time of 11:48.

Jeremiah Anokye placed 15th in the senior men's 100-meter with a time of 12:61.

In the senior men's 200-meter dash, Titans Enow placed 4th with a time of 24:10. Corey Sterling placed 10th with a time of 25:69.

In the senior men's 400-meter race, Zakari Hoffman placed 23rd with a time of 1:03:67.

Ewan Wratten competed in the senior men's 1500-meter run, placing 18th with a time of 5:11:63. Ewan also competed in the senior men's 3,000-meter run, placing 11th with a time of 11:34:06.

In the senior men's 110-meter hurdles, Daniel Breadner placed 8th with a time of 23:30.

Titans Enow placed 9th in the senior men's 400-meter hurdles with a time of 1:12:42.

The CDDHS team had three entries in the senior men's 4x100-meter relay.

The team of Corde Williams, Titans Enow, Zakari Hoffman, and Jared Bouchard finished in 4th place with a time of 47:56.

The team of Quinn Millsap, Ishayu Kothamdi, Bryson Sample, and Luca Foladore placed 11th with a time of 49:80.

The team of Jr. Shaw, Aiden Hull, Daniel Breadner, and Aidan Ross, finished in 16th



BRIAN LOCKHART PHOTOS

COMPETING: The Centre Dufferin District High School track and field team competed at the District 4/10 championships held at St. James Catholic High School in Guelph on Tuesday, May 13. Jared Bouchard competes in the senior men's javelin throw. Quinn Millsap competes in the senior men's long jump.

place with a time of 54:76.

Bryson Sample placed 1st in the senior men's high jump with a jump of 1.85 meters. Bryson also won the senior men's javelin throw placing 1st with a distance of 41.50 meters.

In the senior men's javelin throw, Jared Bouchard finished 4th with a distance of 35.67 meters. Aiden Hull placed 16th with a distance of 22.88 meters.

Jared Bouchard placed 10th in the senior men's 100-meter dash with a time of 1:40 meters, and Aiden Hull placed 11th with a jump of 1.40 meters.

In the senior men's long jump, Keymar Lewis placed 16th with a distance of 5.09 meters, Quinn Millsap placed 20th with a distance of 4.91 meters, Corde Williams placed 21st with a distance of 4.61 meters, and Jr. Shaw placed 31st with a distance of 3.94 meters.

Bryson Sample placed 2nd in the senior men's triple jump with a distance of 12.28

meters.

Quinn Millsap finished 8th in the senior men's triple jump with a distance of 11.18 meters.

In the senior men's shot put, Jason Dwo-moh placed 15th with a distance of 7.13 meters, and Jr. Shaw finished 18th with a distance of 6.05 meters.

Aiden Hull placed 16th in the senior men's javelin with a distance of 22.88 meters.

In the senior men's 2,000-meter steeple-chase, Ewan Wratten placed 17th with a time of 8:36:61.

Centre Dufferin had two teams entered in the open men's 4x400-meter relay.

The team of Ewan Wratten, Luca Foladore, Titans Enow, and Elija Amarte, placed 17th with a time of 4:22:59.

The team of Jacob Portillo Aragon, Dexter Thomson, Jonah Verner, and Zac Thompson, finished 19th with a time of 4:31:21.

The top competitors will now go on to compete at the regional level at CWOSSA.

Athletes compete at Dufferin & North Wellington Special Olympics track and field event

Written By BRIAN LOCKHART

Around 260 athletes and an additional 260 peer helpers turned out to compete at the inaugural Dufferin & North Wellington Special Olympics event, hosted by the Upper Grand District School Board (UGDSB). The meet was held on the athletic field at Orangeville District Secondary School on Wednesday, May 21.

Participating athletes came from elementary and high schools around the region and took part in several different events.

Events included running, long jump, standing long jump, ball throw, shot put, basketball shooting, bocce, and t-ball hitting.

There were a lot of volunteers, including students from Orangeville District Secondary School, Westside Secondary School, Centre Dufferin District High School as well

as teachers and community volunteers.

"We split the event this year," explained Special Olympics committee member Kate Heasman. "All the schools in the south end went to the Guelph event. Anyone north of Fergus came here. We have elementary and high school students. This event is for Upper Grand schools."

There are also adaptive events for athletes with special needs who may not be able to take part in some of the competitions. This allows them to still participate in the competition.

The track and field event kicked off with opening ceremonies on the morning before the individual events got underway.

It was a well-run competition, with volunteers making sure the athletes were in place to start each round of competition.

Competitors enjoyed participating in their

chosen sports.

Organizers hope to make this event an

annual tradition of celebrating inclusion, achievement, and community spirit.



BRIAN LOCKHART PHOTOS

SUCCESSFUL DAY: Student-athletes competed at the Dufferin & North Wellington Special Olympics track and field event held at Orangeville District Secondary School on Wednesday, May 21. Hosted by the Upper Grand District School Board, the meet featured several events with around 260 athletes and 260 peer helpers.



800 OJIBWAY ROAD, SHELBURNE • LOCALLY OWNED AND OPERATED



i'm lovin' it



ATHLETE OF THE WEEK

ALYSSA GEE

As an experienced rugby player, Alyssa Gee brings a lot of experience to her team.

She is a key player on the CDDHS Royals varsity team.

"This is the best game we ever played," Alyssa said of her team's recent tie with the squad from John F. Ross, to maintain first place in the district. "It was one of most intense games I've played in."

A well rounded athlete, Alyssa represents the school well and always puts out a good effort on the field.

TEAM: CENTRE DUFFERIN DISTRICT HIGH SCHOOL GIRLS' VARSITY RUGBY
SPORT: RUGBY

Arts & Entertainment LOCAL COMMUNITY EVENTS

Area author to host book signing at Past Glories of Toad Hollows for new novel

Written By PAULA BROWN
LOCAL JOURNALISM INITIATIVE REPORTER

Fans of Ian Fleming's James Bond and Tom Clancy's Jack Ryan may want to look at diving into the work of Inspector William Fox.

Loretto-based author Peter Thomas Pontsa will be hosting a book launch and signing of his latest work, "Sanctity of Freedom," on June 8 from 2 p.m. to 5 p.m. at Past Glories of Toads Hollow in Orangeville.

During the event, Pontsa will read from Sanctity of Freedom followed by an author interview led by former CBC Radio One host and past Theatre Orangeville general manager Bernadette Hardaker.

Sanctity of Freedom is the second book in Pontsa's Inspector William Fox series, which follows an RCMP officer as he becomes embroiled in different international geo-political cases.

Sanctity of Freedom jumps off from the ending of Pontsa's first novel, Outfoxed, and sees RCMP Inspector Fox and FBI Special Agent Patrick Reilly investigating the savage assassination of a Canadian diplomat and two Australian intelligence agents.

"It has the, of course, international politics, but it also touches on human rights, personal sacrifice and family reunion," said Pontsa about Sanctity of Freedom.

In each of his books, Pontsa makes a point of drawing on international political topics such as human rights and environmental disasters.

"Bringing social issues into your book is another way of creating something that's fresh and new, and also brings something that the public can associate with," said Pontsa.

Pontsa began writing the Inspector William Fox series in 2019 and officially published the first book, Outfoxed, in February of 2023. While writing the book Pontsa took inspiration from other authors, such as Tom Clancy, Daniel Silva, Lee Child and Ian Fleming.

"I was reading these types of books and people say, if you're going to write, write what you like," he said.

Pontsa also draws many aspects from his own life into his writing, including his enthusiasm for British sports cars and taekwondo, as a second-degree black belt.

Before becoming a published author, Pontsa spent a number of years in the dental in-

dustry, during which he authored many technical articles for various dental journals and served as an associate publisher for a dentist magazine. After his retirement, he decided to hone his creative side and took a course on Advanced Fiction Writing at the University of Waterloo.

He is a member of the Wordsmiths, a writers' group based in Alliston, Ont., and a member of the Crime Writers of Canada.

Pontsa is in the midst of writing his third book in the Inspector William Fox series, which has been slated for publishing in early 2026.

Those interested in attending the June 8 book launch of Sanctity of Freedom can register for the event at www.peterthomaspontsa.com.

Copies of Sanctity of Freedom will be available for purchase at the book signing.

Pontsa told the Free Press he is hoping to use a portion of the sales to donate to an organization called Crossing Borders, which helps individuals who have defected from North Korea.

Pontsa's Inspector William Fox series is available for purchase online through Amazon and locally through Booklore.



Peter Thomas Pontsa

Shelburne's Trainer Games to hold cancer walk in support of research, raising awareness

Written By PAULA BROWN
LOCAL JOURNALISM INITIATIVE REPORTER

Two Shelburne residents are tightening up their shoelaces and taking steps forward to raise awareness for cancer research.

Parvez Chowdury and Terra Oragunye from Trainer Games Fitness Centre will be leading a cancer awareness walk, starting at the centre (735 Industrial Rd., Shelburne) on June 1 at 3 p.m.

The walk is part of a larger initiative from the Canadian Cancer Society to challenge individuals to walk 100 kilometres throughout the month of June to raise awareness and donations for cancer research.

"Everyone knows someone who has been diagnosed or has been affected by cancer; it's near and dear to everyone's heart," said Chowdury. "If we can help just one person that's a great end of the day."

For both Chowdury and Oragunye, cancer is a disease that hits close to home.

In 2019, Chowdury's mother, Gulshan, was diagnosed with uterine cancer. She underwent chemotherapy and radiation treatments and at the age of 77 has been deemed cancer free.

"She beat it. It was a long haul in terms of having a positive frame of mind that she was going to beat it, and I tried to create

that as a son," said Chowdury.

Last month, Chowdury also participated in a challenge by the Canadian Cancer Society to complete a total run or walk of 80 kilometers.

"My mom got the chance and the hope of beating cancer. Every little effort, in any cause but particularly in the cause to fight cancer, I feel helps. Its giving other individuals who are diagnosed with cancer that same chance and hope," Chowdury said.

For Oragunye the cause is even closer as a cancer survivor herself.

In 2021, Oragunye was diagnosed with stage 1B cervical cancer and underwent treatments five days a week for two months. During her treatment, Oragunye documented and shared her cancer journey in the hopes of educating others on the importance of advocating for their medical needs.

"I knew there was something wrong and I kept pushing doctors to do tests," she said. "Something so small can actually be a symptom. It's a cruel disease that's for sure."

As of October 2021, she has been deemed cancer-free.

Speaking with the Free Press, Oragunye noted the impact the awareness walk can have on those who have experienced cancer themselves.

"A lot of people have gone through their journey in silence and I don't think it's something we should keep hush hush. As weird as this sounds, it really makes me feel like I'm not alone and that we're all working together towards the common goal of hopefully finding cures."

According to the Canadian Cancer Society, two in five Canadians are expected to

be diagnosed with cancer in their lifetime, while approximately one in four Canadians are expected to die of the disease.

Chowdury and Oragunye are encouraging other local residents to participate in the walk on June 1.

Those who are not able to attend the walk are still able to support it through donations. Through the June 1 cancer walk and the month-long 100-kilometre challenge, the goal is to raise \$1,000.

Donations can be made by visiting the link: fundraisemyway.cancer.ca/index.cfm?fuseaction=donordrive.participant&participantID=21653

CLAXTON DENTURE CLINIC
DWIGHT CLAXTON DD

Implant and Denture Solutions
Same day relines and repairs

EAT • LAUGH • SMILE
NO REFERRALS NECESSARY
FREE CONSULTATION
ELECTRONIC CLAIMS PROCESSING
We will be participating in the
CANADIAN DENTAL CARE PLAN

121 FIRST STREET UNIT 2 A, ORANGEVILLE 519-941-9510
141 MAIN STREET WEST, SHELBURNE 519-925-9511

NEED A BODY SHOP?

fix AUTO COLLISION

GIVE US A CALL
519-941-8254
FIND US ONLINE
www.fixauto.com

199 C-Line, Orangeville
(Across from the local OPP station)

"SAFETY IN MOTION"
ATTRIDGE
TRANSPORTATION INC.

NOW HIRING!
SCHOOL BUS AND CHARTERED DRIVERS

Supplement Your Income
Free Training Now

PART TIME OPPORTUNITIES IN
Orangeville, Shelburne, Grand Valley, Mono, Melancthon and Mulmur

SCHOOL BUS DRIVERS NEEDED
Drive a School bus and make a difference in a child's education.

SUPPLEMENT YOUR INCOME
Drive with purpose and earn more.
Join our team of school bus drivers and enjoy extra pay.

PROFESSIONAL TRAINING
Attridge Transportation Inc. is providing friendly training for steady part-time bus drivers (and in some cases spare drivers).

Professional Experience not required.
Vehicles are all automatic.

Attridge Transportation is an inclusive and accessible employer. We welcome a diverse range of candidates to apply for this position. Including people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

APPLY TODAY!
attridge.com
Call 1-888-749-1515 or Email jobs@attridge.com

adopt a cat

Priscilla

Aged like fine wine! Priscilla is 9 years young and is the sweetest girl. She was living in a colony of 120+ cats when their caretaker passed away. Priscilla is timid at first but really loves to be part of the family, and is often found cuddling up with another cat. She would be the perfect couch potato.

She is vaccinated, flea treated, dewormed, spayed and microchipped.

Adoption fee is \$275.

Check our facebook page to see the other kitties looking for their forever home. Donations always needed to help care for the cats as we are not funded at all, and rely on donations and fundraisers. If you would like to volunteer as well we are always appreciative.

FERAL CAT RESCUE INC.
519-278-0707



PETER RICHARDSON PHOTOS

QUACK QUACK: The Grand Valley Lions held their 28th Annual Duck Race Fundraiser, where roughly 1,500 people gathered for a chance to win one of 83 prizes, totalling \$31,074.14. In the end, the Lions raised \$40,000, which goes towards charitable organizations and projects in the community. Some of the charities the club supports include the Groves Hospital Foundation, Grand Valley minor hockey and soccer, the Angels and Hampers program, Grand Valley and District Public School, the Grand Valley Agricultural Society, the Grand Valley Food Bank and the Headwaters Hospital Foundation. Next year's Grand Valley Lions Duck Race will be held on Saturday, May 23, 2026.

A caregiver's story: Who am I?

Continued from Page 5

Having family members who are at the home supporting each other in so many ways (by keeping an eye on your loved one in your absence). Supporting each other as our loved one's challenges increase, and just enjoying each visit no matter that day's challenges, and knowing you have that support. Mom was truly enjoying her time and singing her heart away to the music in the lobby.

Then the unavoidable happens – “who am I?”

This past year (2024) my family and I have been managing the unavoidable challenges, as mom's Vascular Dementia has progressed.

Her recent challenges this past fall and winter have been with Sundowning and increasing memory loss. My heart broke when she showed concern that she could

not remember things anymore.

“That is why you have me and my siblings. We are your memory,” was my response.

However, I want to acknowledge, that the challenges of memory loss are definitely the hardest symptom of dementia on the family and somewhat with our loved ones with the disease.

The first time that mom asked who I was, we were in the lunch room after being together all morning and she knew who I was all morning. Then all of a sudden she turned to me and asked who I was.

Although it was heart-wrenching; my experience with my maternal grandmother helped me along with the past support with the Alzheimer's Association and having the unwavering support of the staff in how to manage the upcoming stages and challenges.

Knowing that I should not say anything that would make her feel bad about

not remembering her own daughter, my response was, “I'm the lucky person to have you as my mother.”

She laughed and we continued with a wonderful rest of the visit. Admittedly, the hardest was when soon after she asked me who she was. That was a little more challenging to manage. Again, just acknowledging our relationship, “you're the wonderful lady who is my mother,” while just continuing our conversation with laughter and hugs.

How do you move forward? Support your loved one and participate in their care

One thing that I have learned in the past 10 years (longer if I factor in my mom's journey with my grandmother) is that you are not in it alone.

It's important to put your faith in your family and work together to manage the various challenges and stages. More importantly, remember it is harder on the caregiver than the person with this awful disease.

It has also been my privilege to get to know so many people on the journey to LTC who have been supportive and a source of knowledge and comfort.

From Peel Seniors Link/LHINS (HCCSS) and the Alzheimer's Association – where they had prepared both my mother and myself as we navigated our mother's challenges – to all the staff at King Nursing Home and the resources that they have provided, we are grateful.

Most importantly that includes the families and friends that I have been able to forge a great relationship of support with. I know that my family and I are not alone and this makes our journey a little easier.

For this reason, once I was aware that King Nursing Home was starting a Family Council, I did some research. In particular on what a Family Council does, or how I

can contribute to my mom's life at LTC.

I did a lot of research on the Family Council of Ontario (FCO). I wanted to help make a difference; not only for my mother, I wanted to help make the home stronger and support all the residents that I have become close with and remember those that we have lost. I want to celebrate the staff; who in my experience as well as so many families that I have spoken with, have been so supportive and caring.

Being able to reach out and get support or get recommendations for some external support, such as the Alzheimer Association, FCO and other specialists, has made it less challenging to navigate the system.

I am aware that my experience may not be the same for everyone. Every situation is different and I get that. I also understand that each family's situation is different and for that reason, the Family Council is here to support all families.

It's not whether you are a member of the Family Council, the key is to have you participate in whatever you can do.

We are stronger together, and many LTC homes have Family Councils. I welcome and suggest that anyone with family in LTC to reach out to your home's Family Council. Especially if you have questions regarding your home as the Family Council can be a great resource for you.

More importantly, when you are available, come join in any of your FC meetings. You are always welcome!

Thanks to everyone who has supported me on this journey that is not finished and to everyone who has and is supporting the KNH Family Council (Alzheimer Association and Family Council of Ontario).

However, for me, it's the unwavering and ongoing support from all the staff at King Nursing Home who has made my mother feel valued and safe.

Thank You.

NOT RECEIVING THE SHELBURNE FREE PRESS?

Interested in staying up to date with local news, community events, sports and more?

Pick up a copy of the newspaper at one of these following locations.

Shelburne Free Press Office, 109 Adeline Street, Shelburne

NO FRILLS, 101 2nd Line RR 1, Shelburne (by the mailboxes)

First Ave West (by train tracks/ new condo mailboxes)

Royal LePage RCR Realty, 126 Main Street East, Shelburne

Stewart Street (Hyland subdivision by mailboxes)

Hornings Mills (by the Community Centre)

Dean Road, Mulmur (by news boxes)

Shelburne Canadian Legion (front entrance on 2nd Ave.)

Superburger, 506269 ON-89, Shelburne (Corner of Hwy 89 and 10)

Town Hall, 203 Main St E, Shelburne (inside Town Hall)

Trillium Ford, 506168 ON-89, Mono

CDRC, 200 Fiddle Park Lane, Shelburne (Box inside lobby)

Foodland, 824 Ojibway Rd, Shelburne

Caravaggio, 128 Main St E, Shelburne

Autocare Plus, 710C Industrial Rd, Shelburne

Roys Service, 635202 ON-10, Mono

Dynes Senior Building, 301 First Ave E, Shelburne

Town Milk & Variety, 516 Main St E, Shelburne (near New Orleans Pizza)

PREFER TO HAVE THE NEWSPAPER DELIVERED TO YOUR FRONT DOOR?

Call 519-925-2832 and subscribe to the newspaper by mail for FREE*

(*postage fees must be paid for by individual)



EXPERIENCE WHAT YOU GET WHEN YOU GIVE

You give hope. You get purpose. Change their story and your own.

Giving can start here

- Centre Dufferin Rec Complex
- Centre Dufferin Recreation Complex
- Friday, June 13 - 3:00 p.m. to 7:00 p.m.

Book now on blood.ca; 888-2-DONATE; GiveBlood app

Scan this code, visit blood.ca or open your GiveBlood app to book your appointment.

Every donation is a chance to do something **quiet but powerful.**
Visit blood.ca to learn more.

Canadian Blood Services
BLOOD PLASMA STEM CELLS ORGANS & TISSUES

CLASSIFIEDS

519.925.2832 • Fax: 519-925-5500 • email@shelburnefreepress.ca
 Email, or call us for pricing. Classified cut-off time is 12 pm Tuesday

AUCTIONS



HOME OF THE 5% BUYERS PREMIUM
 Kidd Family Auctions is calling all buyers and sellers!

Around here at **Kidd Family Auctions**, we treat every bidder like kin. And Dennis? He takes that pretty seriously...
Dennis takes tiny naps between his naps and he calls them "nap-kins." Now that he's recharged, take a peek at what's on the auction calendar:

CONSIGN NOW. SPOTS FILL UP QUICKLY!

- JUN 20TH.....CURRENCY COLLECTOR AUCTION
- JUN 26 & 27TH.....GAS & OIL / TOY MEMORABILIA SALE
- JUL 4TH.....ANTIQUES, COLLECTIBLES & QUALITY HOUSEHOLD ITEMS
- JUL 11TH.....TOOLS & EQUIPMENT AUCTION
- JUL 19TH.....LOCKED & LOADED AUCTION
- JUL 25TH.....INUIT / ART / JEWELRY AUCTION
- AUG 20-23RD.....STRAIGHT SHOOTER SALE

NOTE: DATES COMING FOR CURRENCY SALE. AUGUST PETROLIANA / GENERAL STORE AUCTION. AND OF COURSE, MORE ANTIQUES AND COLLECTIBLES WILL BE UP FOR GRABS SOON.



Selling in the July 11th Auction

Call, text or email anytime. | 519-288-2228
 Lyn@KiddFamilyAuctions.com | www.KiddFamilyAuctions.com

DECKS

DECKS

Transform your backyard space into an outdoor oasis. Whether starting from scratch or replacing your old deck, we can design the perfect space for you, including custom drawings that bring your vision to life.

Get a free consultation today so you're ready to enjoy your outdoor space this spring.

Phone: 437-898-3875
 Email: vcexecute@gmail.com

FOR SALE

SCOOTER FOR SALE

Pride - scooter *model Victory LX*
 Removable walker carrier
 Upgraded captain chair and seat
 Only used 10 months total (2 summers, 5 months each)
 Asking \$2000 or Best Offer
Please call 519-943-5807



ADVERTISING LOCALLY WORKS!
 Call Debbie at 519-925-2832 to book your classified ad today

EVENTS

DECORATION DAY. Honeywood Cemetery Board representative will be at the cemetery between 1-3pm on Sunday June 8th to answer questions regarding plots and Columbarium niches. If you are unable to attend and would like information please call 519-925-6372 or 705-435-4237.

HELP WANTED



TREASURER

Shelburne Public Library will receive applications until May 21, 2025, for the part-time Treasurer position. This is a contract position for approximately 5 hours per week.

The position involves supporting the Shelburne Public Library Board and the CEO/Head Librarian in developing and monitoring the annual operating and capital budgets. This position is responsible for all accounting functions including receipt of revenues, payment of invoices, payroll using ADP, maintenance of financial records, adherence to the budget, financial reporting, oversight of investments, and preparation for the annual audit.

We are looking for a detail-oriented and experienced individual who can work well independently in a fast-paced environment.

Qualifications:

- Working knowledge and experience with QuickBooks online.
- Experience and/or education in finance and accounting
- Experience working with public libraries considered an asset
- Understanding of Municipal accounting practices would be an asset.
 - Keen attention to detail

This is a part-time position with flexible hours.

Resumes should include all educational and training information, work experience and references. The rate of pay for this position \$33 - \$38 per hour commensurate with experience. This position has an anticipated start date of June 30th, 2025.

Shelburne Public Library is an Equal Opportunity Employer - only those applicants selected for interviews will be contacted.

Please send your resume and covering letter to:
Rose Dotten, CEO
Shelburne Public Library
 201 Owen Sound Street, Shelburne, ON L9V 3L2
 Or by email: rdotten@shelburnelibrary.ca

HELP WANTED

HELP WANTED

We are looking for a general labourer with fork lift experience to assist with sorting, packaging and organizing wood products for sale. If you are interested please contact Trish for more information. This is a temporary position from now until July 2025. Call 519-925-3984 Monday to Friday from 8a.m. to 12p.m. Shelburne Location.

HOUSEKEEPER, HOMEMAKER & PERSONAL ASSISTANT wanted. Live in or live out. Ambitious, energetic and fit for youthful senior Business man. Financial arrangements to be discussed. Call 249-594-8925.

DO YOU NEED TO Hire?
 Call Deb at 519-925-2832 to advertise today.
 Shelburne Free Press

SERVICES

HANDYMAN. You need it, I can do it for a fair price. Call Terry. 519-925-4310

VEHICLES WANTED

SCRAP CAR DISPOSAL - Cars, Trucks, Vans - Big or Small. Cash paid. Call Joe at 647-294-2796.

WANTED

!!! WANTED !!!
WE PAY FOR GOLF BALLS
 Pay \$0.15 to \$0.40 per ball
 Year Round! Pick-up available!
 416-889-9365. Peter
NO MIN QTY OR NO MAX!!

DO YOU NEED TO CLEAR YOUR CLUTTER?

ADVERTISE YOUR YARD SALE



WITH US AND REACH LOCAL READERS

2 ISSUES OF THE DUNDALK HERALD AND THE ADVANCE FOR \$15 (TAX INC. / 30 WORDS)

CALL OR EMAIL US TO RESERVE YOUR SPOT
 519-923-2203 • DUNDALK.HERALD@GMAIL.COM

When you buy from a **small business** you're not helping a C.E.O buy a 3rd holiday home, you are helping a little girl get **dance lessons**, a little boy get his **team jersey**, a mom or dad put **food on the table**, a family **pay a mortgage** or a student **pay for college**.

Thanks for shopping local! ❤️



Saddle up: Top talent returning to Orangeville Fairgrounds for Ram Rodeo showdown

Written By SAM ODROWSKI

Get ready for a rootin' tootin' good time. The Orangeville Fairgrounds will be filled with high-level competitors during a rodeo next weekend.

The Ram Rodeo Tour is making a stop at the fairgrounds on June 7 and 8, where cowboys and cowgirls from across Canada will be competing in a variety of competitions.

Fans of the rodeo will see barrel racing, saddle bronc, bareback, bull riding, pole bending and other fun events.

"In Orangeville, where its city meets country, the rodeo is an opportunity for people that maybe aren't as aware of the animals, the agriculture, and so forth, to come out and see it," said Ross Millar, organizer of the Ram Rodeo Tour.

"So many kids like to come out and see the horses and the bulls, and everything."

On Saturday, June 7, the gates open at 1:30 p.m., the Kids Rodeo is scheduled for 2:30 p.m. and the Ram Rodeo performance gets underway at 4 p.m. The grounds will close at 7 p.m.

On Sunday, June 8, the gates open at 10:30 a.m., the Kids Rodeo with the Canadian Cow-

girls is slated for 11:30 a.m., and the Ram Rodeo performance is at 1 p.m. The grounds will close at 5 p.m.

Over \$300,000 in prize money is up for grabs for the competitors who come out on top over the 15 stops of the Ram Rodeo Tour, which travels across Eastern Canada.

Millar said the rodeo will showcase some new bucking horses out of Alberta for the very first time.

Brett Timmermans, who's been the bull riding champion of Ram Rodeo for the past two years, will be looking to retain his title. He had a broken arm over the winter but has recovered and is ready for the competition in Orangeville.

Caitlin Johnson will also be looking to defend her titles as the barrel racing and pole bending champion.

There are also seven kids competing in the rodeo for their second time who recently graduated from the Build a Cowboy School. Competitors range from 13 years old all the way up to 50.

Millar expressed excitement about the Canadian Cowgirls returning to the event to entertain rodeo fans, alongside the free Kids Rodeo.



FILE PHOTO

HOLD ON TIGHT: A bull rider is knocked off its back during last year's Ram Rodeo Tour stop at the Orangeville Fairgrounds. The event will return on June 7 and 8.

"They're always first class," Millar enthused.

Individuals interested in attending Ram Rodeo can save \$10 on tickets by purchasing them in advance online. Buying in advance also ensures attendees won't be disappointed at the door if the event sells out, as interest in the community for the event has steadily

grown over the past few years. Last year, the event had to add 400 more seats and they were full, according to Millar.

"It just continues to kind of grow, and it's usually a full house," he noted.

Tickets can be purchased in advance online at ticketweb.ca/search?q=ram+rodeo+tour.

Shelburne
CHURCH DIRECTORY

BETHEL BIBLE CHAPEL
419 Main Street East, Shelburne
Sunday Services - 9:45am Lord's Supper
10:45am Family Bible Hour, Sunday School
Chapel 519-925-3910 or 519-278-0066
www.bethelshelburne.com - All Welcome!!

TRINITY PRIMROSE UNITED CHURCH
TRINITY PRIMROSE UNITED CHURCH
200 Owen Sound Street, Shelburne
Sunday Service & Children's Ministry
PRIMROSE UNITED CHURCH
486281 30th Sideroad, Mono
Worshipping at Trinity Primrose United Church
Office: 519 925 0905
email: communications@shelburneprimrose.com
www.shelburneprimrose.com
ALL WELCOME

ABIDING PLACE FELLOWSHIP
www.abidingplace.ca
519-925-3651
SUNDAY SERVICE 10:00AM
Mel-Lloyd Centre, Entrance "F" Door,
167 Centre St, Shelburne
Pastor: Rev. Gord Horsley
Come and be Blessed

PRIMROSE FULL GOSPEL CHURCH
A FAMILY CHURCH SUNDAY MORNING SERVICE
10:30 a.m.
Children's Church Available
Pastor Gavin Sullivan
226-200-0843
764213 8th Line
Melancthon, Ontario

SUPPORT LOCAL SMALL BUSINESS AT YOUR *Service*

BRANCH MANAGER TREE CARE
Tree Removal • Trimming • Stump Grinding
Land Clearing • Storm Damage • 24 hr Emergency Services
519-938-6996 branchmanagertreecare@gmail.com

Mullin Bookkeeping
BALANCING BOOKS WISELY
Don't like doing your books?
We offer comprehensive bookkeeping services, so you can concentrate on what you do best!
Serving clients in Feversham and surrounding areas
Tel: 705-444-4674 Email: susan@mullinbookkeeping.ca or info@mullinbookkeeping.ca

GARAGE DOORS
ALL-MONT LTD. GARAGE DOOR EXPERTS
Broken Spring
Broken Cable
519-942-1956 • 1-800-957-5865 • www.allmontdoors.com
48 Centennial Road, Unit #20, Orangeville

647-499-0405
DUNKDISPOSAL.CA
Have JUNK? CALL DUNK!
(647) 499-0405
Dunk Disposal
JUNK REMOVAL & DEMOLITION

DOMINION LENDING CENTRES
DLC AIMI Collective Mortgage Group 211 Main St. E.
FSRA #13717 Independently Owned and Operated Shelburne, ON
Carol Freeman 519-925-6700
Mortgage Broker CELL: 519-938-6518
[carolfreemanmortgages@gmail.com](http://www.carolfreeman.ca)
www.carolfreeman.ca

STANDT "Where Quality and Service is Our Priority"
SHELBURNE TIRE AND TOWING INC.
Oluf Jensen Wreck Master Certified
MICHELIN BFGoodrich TAKE CONTROL BRIDGESTONE
Police approved towing and storage serving Dufferin County for over 30 years
525401 5th Sideroad, Melancthon, RR #4 Shelburne, ON L9V 1Y5
519-925-5002 • 519-925-2795
Email: shelburnetire@hotmail.com

TRU TEMP SOLUTIONS LTD.
705-440-6988
TRUTEMP SOLUTIONS.COM

©2025 Lennox Industries, Inc.

NEWFENCE.CA Your local fencing professionals
• Bonded & insured
• WSIB & CRA COMPLIANT
• 5 year warranty
New Subdivision Specialist
Decks • Fences • Gates
Post Replacement
Tear Down & Disposal
647-53-FENCE(33623)
Email kosta@newfence.ca
One Stop Shop for all your Fencing and Deck Needs

CM ROOFING Solutions
905-757-7663
Serving Orangeville & Surrounding Area
Shingles, Steel, Synthetic, Flats, Repairs

NEED TO Hire?
Shelburne Free Press
SHELBURNE'S NEWSPAPER SINCE 1875
Call 519-925-2832 to advertise.

47 Broadway Ave. ORANGEVILLE 519-942-2573

M&M FOOD MARKET



INCREDIBLE PRICE
SAVE \$12
27⁹⁹

Boneless, Skinless Chicken Breasts
8-12 BREASTS 1.36 kg/3 lb

Other size available,
4-6 BREASTS 680 g/1.5 lb
\$14.99 SAVE \$8

SAVE \$5

Bistro Steaks
2 STEAKS x 170 g/6 oz
Choose from 2 varieties.

Original

14⁹⁹

SAVE \$5

Chicken Strips
680 g

14⁹⁹

NOW ALSO AVAILABLE IN A CONVENIENT SMALLER SIZE

SAVE \$4.98
3 for \$9⁹⁹

MIX AND MATCH

Bistro Chicken® 114 g
Choose from: • Swiss • Ricotta & Spinach

Regular price \$4.99 each

Stuffed, Breaded Chicken 142g
Choose from: • Kiev • Parmesan • Broccoli and Cheese • Swiss

GREAT DEALS!
INCREDIBLE PRICE
9⁹⁹ each

SAVE \$5
Mozzarella Sticks 15-21 PIECES 454 g

SAVE \$6
Jumbo Coconut Shrimp 16-19 SHRIMP 340 g

SAVE \$3
Mini Franks in Pastry 15 PIECES 279 g

SAVE \$3
Jalapeño Cheese Sticks 13-16 PIECES 454 g

SAVE \$3
Cream Cheese Stuffed Jalapeños 10-13 PIECES 360 g

SAVE \$3
Pepperoni Pizza Rolls 8 PIECES 460 g

SAVE \$3
Cream Cheese and Cheddar Stuffed Jalapeños 10-13 PIECES 360 g

PARTY PACKS

SAVE \$4
18⁹⁹
Puff Pastry Quartet 40 PIECES 720 g

SAVE \$3
14⁹⁹ each
Pub Party Pack 32 PIECES 576 g

NEW!
Korean Appetizer Party Pack 21 PIECES 462 g
LIMITED TIME ONLY

Indian Party Pack 32 PIECES 740 g
Sauce included

Asian Party Pack 38-46 PIECES 632 g

SINGLE SERVES 275 g - 340 g **4⁹⁹ each**

SAVE \$1
Six Cheese Tortellini
Fettuccine Alfredo
Three Cheese Pasta Bake
Spaghetti Bolognese
Lasagna
Macaroni & Cheese
NEW! Sesame Japchae Noodles

SAVE \$1.50
Shanghai Style Beef Noodles
Sesame Chicken Noodles
NEW AND IMPROVED RECIPE!
Homestyle Shepherd's Pie
Cabbage Rolls
Chicken Lasagna
Chicken Teriyaki
Butter Chicken

14 VARIETIES

GREAT FOR THE GRILL

SAVE \$2 each
NEW! 17⁹⁹
Steakhouse Style Sirloin Tri Tip 2 STEAKS x 200 g/7 oz

NEW! 19⁹⁹
Brazilian Style Picanha Steaks 2 STEAKS x 200 g/7 oz

SAVE \$3
14⁹⁹
Bacon Wrapped Jalapeño Shooters® 12 PIECES 255 g

SAVE \$3
16⁹⁹
Cedar Wrapped Glazed Salmon 2 PIECES 320 g
LIMITED TIME ONLY

14⁹⁹
Boneless Rib Style Pork Cutlettes 6 PIECES 680 g

10⁹⁹
Gourmet Stuffed Potatoes 4 PIECES 560 g

10⁹⁹
Maple Butter Pork Chops 4 PIECES 500 g

SAVE \$3
NEW! 15⁹⁹
LIMITED TIME ONLY Fall Off the Bone® Cherry Cola Style Back Ribs 1 FULL RACK OF RIBS 680 g

BURGERS
6 BURGERS x 142 g/5 oz

SAVE \$3
16⁹⁹ each

NEW!
SmashHouse Angus Beef Burgers 8 BURGERS x 113 g/4 oz

Angus Beef
Sirloin Beef
Prime Rib Beef
Gourmet Chicken

SWEET LIFE

NEW! 10⁹⁹
Lemon Ice Cream Cookie Sandwiches 6 SANDWICHES 600 mL
3 Varieties
LIMITED TIME ONLY

8⁹⁹
NEW! Confetti Cake Pops 6 PIECES 216 g

7⁹⁹
Fruit Bars 6 PIECES 534 mL

12⁹⁹ each
Cheesecakes 600 g
Chocolate Caramel Pecan
Strawberry
Pralines and Cream

11⁹⁹
Cheesecake Bites 15 PIECES 300 g
Vanilla Bean

8⁹⁹
NEW! Mini Filled Donuts 8 PIECES 184 g

15⁹⁹
Key Lime Pie 800 g

GLUTEN FREE

13⁹⁹
Haddock Tenders 8-12 PIECES 454 g
Sauce included

17⁹⁹
Sirloin Beef Meatballs 60-70 PIECES 907 g

10⁹⁹
Cauliflower Bites 450 g

24⁹⁹
Beef and Bacon Skewers 15 SKEWERS 450 g

11⁹⁹
Nanaimo Bites 15 PIECES 300 g

15⁹⁹
Panko Shrimp 454 g

28⁹⁹
Country Style Chicken Breasts 6-10 PIECES 907 g

Seniors Day Every Tuesday 10% off Regular Priced Items!

BUY 1 GET 1 50% OFF
Regular price \$18.99

SAVE \$9.50

Italian Style Beef Meatballs
89-95 PIECES 907 g

*** MULTI BUY ***
Buy 2 or more for \$5 each
Regular price \$6.49 each

SAVE AT LEAST \$2.98

MIX AND MATCH

Soups 255 g - 400 mL 5 Varieties
Tomato and Grilled Cheese
Broccoli Cheddar
Loaded Potato

To view the full flyer, scan the QR code or go to mmfoodmarket.com

PROUD CANADIAN COMPANY

ALL PRICES IN EFFECT THURSDAY, MAY 29 TO WEDNESDAY, JUNE 4, 2025 UNLESS OTHERWISE STATED.

All discounted prices of products within this flyer are exclusive to members of the M&M Food Market Rewards program. Simply present your membership card or sign up for a free membership in store or online, to take advantage of these exclusive offers. Special pricing and promotions are not valid at M&M Food Market Express and other non-traditional stores, as they offer a limited range of products. We reserve the right to correct any errors. ©2025 M&M Meat Shops Ltd. *Trademark of Celiac Canada. Used under license.



TWICE AS

DELICIOUS



2X TUESDAYS

BUY ANY
PIZZA
AT ANY SIZE &
GET THE 2ND FOR
FREE

USE COUPON CODE 3224

ORDER NOW

802 Main Street East, Shelburne

Call 519.925.2121



Domino's

NEW



**DOMINO'S
REWARDS**

NOW EARN **FREE** DOMINO'S
EVERY 2 ORDERS

1 Order of \$10 or more = 10 points

*Extra large may be available at select locations for an additional charge. Pricing may vary by location. An additional charge may apply for premium toppings, sauces, extra cheese, and special pizza types including: Handmade Pan Pizzas, Thin Crust Pizzas, Gluten Free Pizzas and Feast Pizzas. Please refer to offer when ordering. Limited time. Prices, participation, delivery area & delivery fee may apply. Terms and charges may vary.